

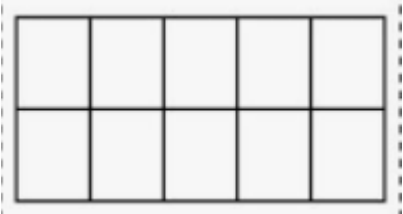
Kindergarten



Term 3

Weeks 6 & 7

Term 3 Week 6 Monday 16 August 2021

	Activities	Optional
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Reading Read or listen to a book with a family member, draw and label a picture of your favourite part.</p> <p>Phonics Pick a letter from your alphabet cards. Find three objects that start with the letter. Have someone else pick a letter and name 3 things that start with it - can you write down the "mystery letter". Try with different beginning sounds.</p> <p>Writing Using your picture from your reading task, write a sentence. Try and use the labels in your sentence.</p> <p>Put a timer on for 1 minute and write all the sounds and words that you know.</p> <p>Put your alphabet sheet in the plastic sleeve and practise writing all of the letters. Say the sound (lower case) and name (upper case) of the letter as you trace them.</p>	<p>Reading Eggs</p> <p>Jolly Phonics - youtube</p> <p><i>Brain Break</i> Go Noodle</p>
Break		
<p>Middle</p>	<p>Mathematics</p>  <p>Can you draw your own ten frame? Try and make it look like this one. How many squares do you need at the top and bottom?</p> <p>Pick a number card and put that many circles into your ten frame.</p> <p>Do star jumps or push ups while counting forwards and backwards from 5, 10 or 20.</p> <p>Make a graph of how many letters and words you wrote down this morning. Put a tick for every letter and word. Fill this in every day this week after you have timed yourself writing your letters and words.</p> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;"> <i>Monday</i></div> <div style="text-align: center;"> <i>Tuesday</i></div> <div style="text-align: center;"> <i>Wednesday</i></div> <div style="text-align: center;"> <i>Thursday</i></div> <div style="text-align: center;"> <i>Friday</i></div> </div>	<p>Mathletics</p> <p>Jack Hartman 'count to 100'</p>

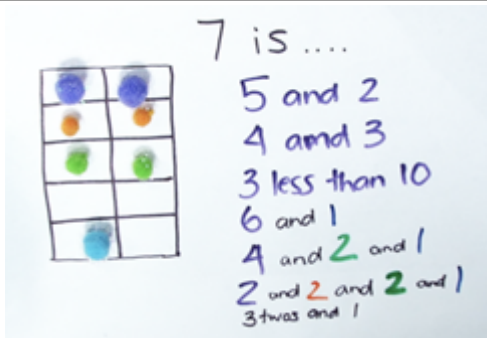
Break	
Afternoon	<p>Geography Think of all the places that you know. Choose 4 to draw and circle your favourite one.</p> <p>Mindfulness: Elephant Breath</p> <p style="text-align: center;">Instruction</p> <p style="text-align: center;">Our elephant helps us remember things. Lets wake up our elephant now!</p> <p>Stand with your feet wide apart, arm/ trunk dangling between your legs. Breathe in and raise the arms high and then breath out and swing your arms/ trunk down again.</p> <p style="text-align: center;">Repeat 5 times</p>

Term 3 Week 6 Tuesday 17 August 2021

Activities		Optional		
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Reading Read or listen to a book with a family member and look and find the word <i>*the*</i></p> <p>Phonics Have a family member read aloud the words and you change a letter to make a new word. If you would like, you can write down the new word.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; padding: 5px;"> <p>Change the first letter in these words to make a new word</p> <ol style="list-style-type: none"> 1. cat 2. pan 3. sand 4. lot 5. fit </td> <td style="width: 50%; padding: 5px;"> <p>Change the last letter in these words to make a new word</p> <ol style="list-style-type: none"> 1. sap 2. dam 3. lip 4. jot 5. his </td> </tr> </table> <p>Writing Sort your sight word cards into groups by how many letters they have e.g is, at, have 2 letters. Write down all the sight words that have 3 and 4 letters in them.</p> <p>Put a timer on for 1 minute and write all the sounds and words that you know. Did you do more than yesterday? Don't forget to fill in your graph.</p>	<p>Change the first letter in these words to make a new word</p> <ol style="list-style-type: none"> 1. cat 2. pan 3. sand 4. lot 5. fit 	<p>Change the last letter in these words to make a new word</p> <ol style="list-style-type: none"> 1. sap 2. dam 3. lip 4. jot 5. his 	<p>Reading Eggs</p> <p>Jolly Phonics - Youtube</p> <p>Jack Hartman-sh, th, ch digraphs</p>
<p>Change the first letter in these words to make a new word</p> <ol style="list-style-type: none"> 1. cat 2. pan 3. sand 4. lot 5. fit 	<p>Change the last letter in these words to make a new word</p> <ol style="list-style-type: none"> 1. sap 2. dam 3. lip 4. jot 5. his 			
Break				
<p>Middle</p>	<p>Mathematics Making equal groups. Pick a number from 2-12 and that's how many groups (large circles) you can draw in your book or on the concrete with chalk. Now have a collection of toys or objects that you need to share into the group to make the equal (the same amount). Repeat this again a few times picking a different number card to create groups.</p> <p>Count how long it takes you to pack away all your toys from your making groups activity. How long did it take?</p>	<p>Mathletics</p> <p>Jack Hartman-'Friend of ten'</p>		
Break				
<p>Afternoon</p>	<p>Science Complete activity sheet 1 - Is It a Living Thing? (attached) Go for a walk around your backyard. Tell someone at home 3 living things that you saw.</p>			

Term 3 Week 6 Wednesday 18 August 2021

Activities		Optional
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Reading Choose a favourite book to read with a family member. Tell them what happened in the beginning, middle and end of the story.</p> <p>Phonics Mix up your sound cards so they are in a random order and then put them in alphabetical order from a-z. Singing the ABC song while you do this will help you. If you want to be tricky, have a family member remove a card - do you know what letter is missing? As you pack your cards up, think of a word that starts with each letter; eg; a - apple, b - ball, c - cat ... <i>[This is tricky because the alphabet song gives the name of the letter, when packing up we want your child to say the sound the letter makes].</i></p> <p>Writing Draw a picture of your favourite foods. Write this sentence in your book: I like to eat _____ because _____. Advanced option: have student write multiple sentences using different connective (because, and, so, but) Make sure you use a capital letter, finger spaces a full stop and reread so it makes sense.</p> <p>Put a timer on for 1 minute and write all the sounds and words that you know. Did you write more than yesterday? Don't forget to fill in your graph.</p>	<p>Reading Eggs</p> <p>Storyline online</p> <p>Jolly phonics- Youtube</p> <p>Jack Hartman- 'Sight words'</p>
Break		
<p>Middle</p>	<p>Mathematics</p> <p><u>Number busting</u></p> <p>Students select a number, such as 7. Ask them to get 7 items (for example, pasta pieces, counters or pencils).</p> <p>Ask students to reorganise and describe their collection as many times as they can. They may like to use a mathematical structure such as a ten-frame to help them. Parents might like to help their children record their thinking in their learning journals</p>	<p>Mathletics</p> <p>Youtube- Counting down from Twenty Song</p>



Ask students to draw and record 3 different ways they thought about their collection.

Break

Afternoon Sport- Balancing act

Balancing act

Time: 20 minutes

Activity

Individual/partner/group

- Players balance various objects to see which shapes are easiest to balance.
- Players use different body parts to balance the objects, such as palm or back of their hand, or their knee, foot, elbow, chin, or forehead.

Safety

- When balancing objects on the head, the safest places are the chin or the forehead.
- Objects balanced on the nose can slip and fall into the eye.
- Players should not run around while balancing objects.




Equipment


- Various balancing objects, such as:
 - balancing poles (made from rolled up newspaper and sticky tape)
 - feathers (easier)
 - shoes
 - plastic chairs
 - baseball caps
 - broom handles (harder).



Activity variations

- Change the object shape, size or weight.
- Try walking or lying down and getting back up again while trying to balance the object.
- Players 'jump' the balancing object from one body part to another (e.g. one hand to the other).
- Players work in pairs to pass balanced objects to each other using the 'jump' method.
- See who can walk the furthest distance balancing each object.
- Challenge a partner to see who can balance an object for the longest period of time.

	Activities	Optional
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Reading Read or listen to a book with a family member. Draw your favourite character from the book and tell your family member why they are your favourite.</p> <p>Phonics Write your name in your book. Draw a picture or write a word that has the beginning sound for each letter in your name (eg: Sam - sun / apple / man)</p> <p>Use your sound cards as flash cards. Show your child each card and ask them to say the sound.</p> <p>Writing look at the image from Pobble 356- Magic Biscuits</p>  <p>Can you write about what has happened to the dogs? Use your imagination and write a story. What is the man's name? The dog's name? What are the dogs eating/ drinking? How big will they get? Why are they so big?</p> <p><i>*Remember to use an uppercase letter, finger spaces, a full stop, connectives (and, because, so, but) and re-read to make sure it makes sense.</i></p> <p><i>Stretch your-self, can you write 2 sentences? 3 sentences?</i></p> <p>Put a timer on for 1 minute and write all the sounds and words that you know. Are you writing more every day? Don't forget to fill in your graph.</p>	<p>Reading Eggs</p> <p>Jolly phonics - Youtube</p> <p>Jack Hartman - Rhyming song</p>

Break		
<p>Middle</p>	<p>Mathematics <u>Guess my number</u> Ask students to write the numbers from 1 to 12 (for example) on a piece of paper or use cards to set the number range they will be using. In this example, the student chose to use between 1 and 8</p>  <p>The student asks someone at home (the 'secret holder') to choose a secret number within the given range.</p> <p>Students can play two variations of the game: The student can try to guess the secret number in the fewest number of guesses possible, or, they must try to guess the number with only 3 guesses.</p> <p>After every guess, the 'secret holder' tells the student whether their number is greater or less than their guess.</p> <p>Reflection:</p> <ul style="list-style-type: none"> • What is an effective strategy to guess the number quickly? • If you played the game again tomorrow, what would you do differently? Why? 	<p>Mathletics</p> <p>Jack Hartman- 'Subitising'</p>
Break		
<p>Afternoon</p>	<p>Health - Wellbeing focus Mindful breathing - Guard dog breath:</p> <p style="text-align: center;">Instructions:</p> <p>Our Guard Dog keeps us safe. But sometimes it thinks we are in danger when we actually are not! Let's wake up our Guard Dog now so it can tell the difference between big and small problems today.</p> <p style="text-align: center;">Raise your hands up to make ears on top of your head Pretend you are dog that has just sensed danger Smell the air super slowly. Breathe out super slowly Listen, what sounds can you hear as you again smell the air super slowly? Breathe out super slowly Listen again, what sounds can you hear as you again smell the air super slowly</p>	<p>Cosmic Yoga</p> <p>Smiling Minds</p>

Breathe out super slowly. Share what you heard.

Strengths

It is important to know and grow our Strengths

Talk to an adult about what your strengths are.* **Remember:** Strengths are **tasks** or **actions** that we can do well).

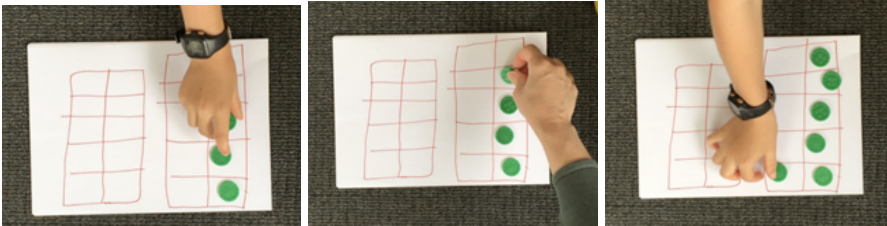
Examples of strengths


Kindness, friendly, fairness, zest, bravery, confidence, joy, perseverance, creativity, honesty, respect, leadership, flexibility, compassion, empathy, judgment, spirituality, forgiveness, hope, tact, tolerance etc.


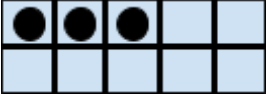
Draw your-self in your journal or on a big piece of paper to stick on the fridge or your bedroom door and write down all **your** strengths surrounding your picture.





	Activities	Optional
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Reading Read a book with a family member. find and write down all the words that have a /p/ in it. How many did you find?</p> <p>Phonics Place the sound cards in a pile face down. Choose a card. Ask your child to tell you the sound. Work to complete the pages sound out and real or not, attached.</p> <div data-bbox="236 636 743 815" data-label="Image"> </div> <p>Writing Look at the image below and draw a picture and write a sentence about what you think is hidden behind the door? Could it be treasure? or fairies or maybe something else...</p> <div data-bbox="384 1043 1129 1637" data-label="Image"> </div> <p>Put a timer on for 1 minute and write all the sounds and words that you know. How many did you write? Don't forget to fill in your graph.</p>	<p>Reading Eggs</p> <p>Jolly Phonics - Youtube</p> <p>Jack Hartmann-Workout to the letter sound</p>
<p>Break</p>		

<p>Middle</p>	<p>Mathematics</p> <p><u>The counting game</u></p> <p>This game is easily adaptable to suit a broad range of learners. For this example, we have used the target of 24. Choose an appropriate target number such as, 10, 15 etc.</p> <p>How to play</p> <p>Collect 24 items. Using 24 as a target number, take it in turns to count on by saying the next 1, 2 or 3 number words in the sequence, placing items into a central pile as they are counted.</p> <p>Players collect a point if they say the target number. A new target number is chosen and players play again. Try playing forward and backward. For example</p> <p>Target number 24</p>  <p>Player A: 1, 2, 3... Player B: 4... Player A: 5, 6...</p> <p>Play again, starting at 24 and counting backwards to zero</p>	<p>Mathletics</p>
<p>Break</p>		
<p>Afternoon</p>	<p>Creative Arts</p> <p>Sing a song with a family member, for example 'Heads shoulders, knees and toes' or 'Row, row, row your boat'. Can you make some actions to go with the song?</p> <p>Make up a dance sequence and perform it for your family.</p>	<p>YouTube: PE with Joe</p> <p>GoNoodle</p>


	Activities	Optional
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Reading Choose your favourite book and read it to your toys. Remember to use expression.</p> <p>Phonics Pick a card out of the alphabet pack. Say the sound and have your child write it down, show them the card so they can check it. If it is wrong, say the sound again and have them write it after looking at the card.</p> <p>Use your sound cards as flashcards. Ask your child to say each sound. Are they getting faster?</p> <p>Play make a word. Say a word below. Have your child listen to the beginning, middle and end sound. Ask them to use their sound cards to make the word. cat sun duck big leg mop tap chip shop sing quit</p> <p>Writing look at this image. The animals all went for a ride in the van.</p> <p>Write about where they went to and what animals went along for the ride? Try and use adjectives (describing words) in your writing such as, colours e.g, <i>The big yellow lion and the black and white striped zebra.</i></p>  <p><i>*Remember to use an uppercase letter, finger spaces, a full stop, connectives (and, because, so, but) and re-read to make sure it makes sense. Can you write 2 sentences? 3 or more sentences?</i></p>	<p>Reading Eggs</p> <p>Jolly Phonics - Youtube</p>
<p>Break</p>		

<p>Middle</p>	<p>Mathematics</p> <p>Choose a number 1-20. In your book write the number, then show how it looks in dots, on a ten frame, tally marks, on fingers, in a collection.</p> <p>e.g. 3, three, , III, </p> <p>In your books, trace around something round to make a clock, add the numbers on the clock. Can you use your fingers to show 3 o'clock? What other hour times can you make with your fingers?</p>	<p>Mathletics</p>
<p>Break</p>		
<p>Afternoon</p>	<p>Geography</p> <p>Draw the rooms that are in your house. Tell someone in your family what you do in each room.</p> <p>Mindful breathing</p> <p style="text-align: center;">Finger breath 2-5minutes</p> <p>Hold out a hand and with the index finger of the other hand place it at the base of your thumb. Breathe in and trace up the thumb, then breathe out and trace down the thumb, continue until you have traced the whole hand. That was 5 mindful breaths! Well done.</p>	

	Activities	Optional												
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Reading Read a book with a family member. Write down all the words that start with /t/ in the story. How many did you find?</p> <p>Phonics Have a family member read aloud the words and you change a letter to make a new word. If you would like, you can write down the new word.</p> <table border="1" data-bbox="248 582 1168 1120"> <thead> <tr> <th data-bbox="248 582 702 725">Change the first letter in these words to make a new word</th> <th data-bbox="708 582 1168 725">Change the last letter in these words to make a new word</th> </tr> </thead> <tbody> <tr> <td data-bbox="248 734 702 806">6. lap</td> <td data-bbox="708 734 1168 806">6. rig</td> </tr> <tr> <td data-bbox="248 815 702 887">7. dog</td> <td data-bbox="708 815 1168 887">7. from</td> </tr> <tr> <td data-bbox="248 891 702 963">8. mop</td> <td data-bbox="708 891 1168 963">8. lop</td> </tr> <tr> <td data-bbox="248 967 702 1039">9. jump</td> <td data-bbox="708 967 1168 1039">9. fan</td> </tr> <tr> <td data-bbox="248 1043 702 1115">10.peg</td> <td data-bbox="708 1043 1168 1115">10.but</td> </tr> </tbody> </table>	Change the first letter in these words to make a new word	Change the last letter in these words to make a new word	6. lap	6. rig	7. dog	7. from	8. mop	8. lop	9. jump	9. fan	10.peg	10.but	<p>Reading Eggs</p> <p>Storyline online</p>
Change the first letter in these words to make a new word	Change the last letter in these words to make a new word													
6. lap	6. rig													
7. dog	7. from													
8. mop	8. lop													
9. jump	9. fan													
10.peg	10.but													
	<p>Writing Take a look at this image if you could travel anywhere in this tiny house, where would you travel to and why?</p>  <p>Write a sentence using the words and or because to tell us where you would travel to. You can even write an extra sentence on who you would take with you and why.</p>													

Break		
Middle	<p>Mathematics</p> <p>Using different shapes you are going to build your own robot from paper or cardboard. Draw different shapes for the robots; legs, head, eyes, mouth, arms, body and nose. You can draw any shape you would like for each robot part. Here is an example of someone else's robot.</p>  <p>Time game</p> <p>Using the number cards from 1-12 and a timer you have 2 minute to turn over a card and find that many objects in your house. Keep turning over a card and collect the amount of things till the time runs out. Keep all the objects in a pile. How many objects did you collect altogether? Play again did you get more or less objects this time?</p>	<p>Mathletics</p> <p>Jack Hartman 'count to 100'</p>
Break		
Afternoon	<p>Sport - throwing</p> <p><u>Keep it up</u></p> <p>You will need a ball or a balloon and a family member to play this game. For this game you need to move around the room passing the ball or hitting the balloon but you can't let it touch the ground. Time how long you can keep it up for.</p> <p>Mindful breathing - Bumblebee Breath</p> <p>Put your index finger gently into your ear, then breath in through your nose, pause and then breath out making a humming sound with your mouth. Repeat 5 times.</p>	<p>YouTube: PEwith Joe</p> <p>GoNoodle</p>

Term 3 Week 7 Wednesday 25 August 2021

Activities		Optional
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Reading Read a book with a family member. Discuss the big main ideas of the story and then retell the story back remembering to include the beginning, the middle and the end.</p> <p>Phonics Lay your sound cards out so that you can see them. Have a family member say a word, find the card with the beginning sound and turn it over. Can you and your family member get all the cards turned over?</p> <p>Writing Write a note to your teacher telling them what your favourite activity is at school. Have a family member send a photo of your note to your teacher via Dojo.</p> <p>Using your alphabet sheet as a guide, practise writing all of the letters in your book.. Say the sound (lower case) and name (upper case) of the letter as you write them.</p>	<p>Reading Eggs</p>
Break		
<p>Middle</p>	<p>Mathematics Make a set of number cards within an appropriate number range - 0-6, 0-10, 0-20, 0-30. Use your cards to:</p> <ul style="list-style-type: none"> • Mix them up, turn over one card at a time and read the numeral • Match the correct number or pegs or paperclips to the card • Order the cards from smallest to biggest and biggest to smallest • Close your eyes and ask someone at home to remove a card - which ones is missing? 	<p>Mathletics</p> <p>Jack Hartmann-Subizing</p>
Break		
<p>Afternoon</p>	<p>Science/Creative Arts Watch the video of Ms Edwards reading “Hold On! Saving the Spotted Handfish”. Have a family member trace around your hand on a piece of paper and decorate this including an eye to make it look like a fish. Send a photo on Dojo to your teacher.</p>	

Term 3 Week 7 Thursday 26 August 2021


the Elephant that tries to remember things, the Sensitive Octopus that helps us show empathy and our Sifting Sooty that helps us focus when we practice being kind. We also calm our guard dog.



In your journal or on a big piece of paper record your ideas using words, drawings or cut out images from magazines of all the ways you can be and show kindness.

Reflection:

How can you be kind to someone/ animal in your house today ?
How can you be kind at school?

Activities		Optional
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Reading Read a book with a family member. Make up a different ending.</p> <p>Phonics</p> <p>Sound bingo - draw up a bingo board with 9 boxes:  Write a sound in each box. Place your sound cards face down. Draw a card. If your child has that sound on their board they put a counter on it. Keep playing until all their sounds are covered.</p> <p>Place some sound cards in different spots around the room. A family member will call out a sound and how the child needs to move to the sound. Example: run to /s/, Skip to /m/ and so on.</p> <p>Writing Fabulous Friday writing! If you could travel to space who would you go with? What would you do? When would you go? Why would you go? How would you go? Draw and write about it in your workbook..</p>	<p>Reading Eggs</p> <p>Jolly Phonics - Youtube</p> <p>Jack Hartman - Rhyming song</p>
Break		
<p>Middle</p>	<p>Mathematics</p> <p>Get 10 small objects from around the house and line them up along the edge of the table.</p> <p>Click on the link to ten green bottles hanging on the wall or search on youtube https://www.youtube.com/watch?v=T0ooQv7oHvw</p> <p>If you don't have access to youtube you can sing the song with your child together.</p> <p>'Ten green bottles hanging on the wall, Ten green bottles hanging on the wall, And if one green bottle should accidentally fall, There'll be nine green bottles hanging on the wall.'</p> <p>This pattern continues until the number of bottles reaches zero.</p> <p>Sing along and remove an item each time a bottle falls. Find 10 items in your home (spoons, forks etc).</p> <p>Roll a dice and subtract that away. Repeat this 10 times.</p>	<p>Mathletics</p> <p>Youtube- The Big number song</p>
Break		
<p>Afternoon</p>	<p>Creative arts</p>	<p>YouTube:</p>

	<p>Use your socks to create a puppet show for your family. It could be based on your favourite story or make it up. Be creative and have fun!</p> <p>Mindful Breathing - Sensitive Octopus Breath</p> <p style="text-align: center;">Instructions:</p> <p>Our Sensitive Octopus helps us to be a good friend. This means we can be trusted and we treat people with respect. You can also be a good friend to yourself! We need to love ourselves so that we can also love people and animals around us.</p> <p>Breathe in deeply through your nose as you do this. wrap your arms around your body (, like you are giving yourself a hug.)</p> <p>Breathe out of your mouth as you give yourself a gentle hug and squeeze</p> <p style="text-align: center;">Repeat 3 times</p>	<p>PEwith Joe</p> <p>GoNoodle</p> <p>Just Dance</p>
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PEAK 1

Sound out.
Blend.
Read.

SET 1 • s a t p

FAST
PHONICS

1 Circle the correct picture.



Pat

○ ○ ○



tap

○ ○ ○



2 Circle the correct words.



Pat sat

○ ○ ○ ○ ○ ○



sap Pat

○ ○ ○ ○ ○ ○



tap at

○ ○ ○ ○ ○



tap sat

○ ○ ○ ○ ○ ○





1 Join the real words to the Furball.

tap



at

sa

sap

pas



2 Colour the real words.

taps

sat



pas

Pat

as

sas


s




Complete the words. Change 1 letter each time.

a p n s t p i




m a p 



 a p




m a 

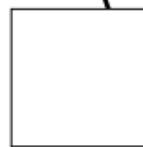


t  p



 a n




 i p



p  n



p i 



Game

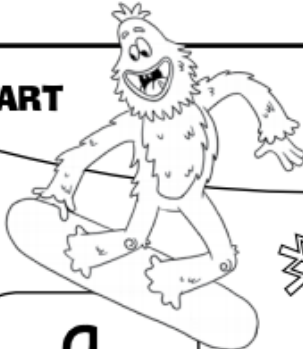
**FAST
PHONICS**


Race through the snow


You will need: a pencil, a timer and a partner.



How to play


- 1 How many words can you read out loud in 1 minute?
Get your partner to time you.
- 2 Start from Yeti. Finish at Furball.
- 3 Cross out each word you can read. ~~and~~

START 


sad 

a  **did** **pit**

as  **and**  **tan**

it  **an** **nap**

am **is** **tap**

in **at** **FINISH** 

 I read _____ words.

GetActive@Home



Activity logbook

MONDAY

HOW DID YOU GET ACTIVE TODAY?



TUESDAY

HOW DID YOU GET ACTIVE TODAY?

WEDNESDAY

HOW DID YOU GET ACTIVE TODAY?



THURSDAY

HOW DID YOU GET ACTIVE TODAY?

FRIDAY

HOW DID YOU GET ACTIVE TODAY?










For ideas on how to GetActive visit:
<http://app.education.nsw.gov.au/sport/participation/getactive>

Activity 1 – Is it a living thing?

Look at the pictures in the table below. Think about what you know about living things. Put a tick if you think it is living or a cross if you think it is not living. Talk to your parent or carer about why you think it is living. Trace the words in the last column. Can you read some of the words?

All images from Pixabay.com.

Is it a living thing?	Tick/cross	What is it?
		dog
		butterfly
		bag
		snake
		crayons
		snail
		rocks

