# Year 1



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#### **Dear Parents/Caregivers**

Due to the recent announcement by the Premier stating that parents are encouraged to keep children at home, we have prepared work for students not attending school. As you may appreciate it has been very difficult for us to differentiate work as it would be in the classroom. I encourage you to engage with your child about their learning and assist them where needed.

The work provided will be updated on a fortnightly basis. The first lot of work will take us up to the Easter break. After the holidays, more work will be available.

This is new for us all. If you have any feedback regarding work, please contact your child's teacher. We will endeavour to include changes based on suggestions in the next fortnightly cycle.

Please note that the school will remain open. Students who remain at school will follow the same program of work and will be assisted by teachers.

### Learning at home considerations Parent responsibilities during remote learning

Provide support for your children by:

- establishing routines and expectations
- defining a space for your child to work in
- monitoring communications from teachers •
- beginning and ending each day with a check-in
- taking an active role in helping your children process their learning
- encouraging physical activity and/or exercise •
- checking in with your child regularly to help them manage stress
- monitoring how much time your child is spending online
- keeping your children social, but set rules around their social media interactions.

#### Student responsibilities during remote learning

These responsibilities should be adjusted according to the age of your child:

- establishing and/or following a daily routine for learning
- identifying a safe, comfortable, quiet space in their home where they can work effectively and successfully •
- regularly monitoring digital platforms and communication to check for announcements and feedback from teachers
- completing tasks with integrity and academic honesty, doing their best work .
- doing their best to meet timelines, commitments, and due dates
- communicating proactively with their teachers if they cannot meet deadlines or require additional support
- collaborating and supporting their classmates in their learning
- seeking out and communicating with school staff as different needs arise. •

#### Establishing routines and expectations

We have provided your child with a schedule for their learning. This will include regular breaks for activity, eating and drinking. In the activity breaks, it is important that students get up and move around. From the first day, you will need to establish routines and expectations. You should use the schedule provided to set regular hours for school work. Keep normal bedtime routines for younger children and expect the same from your older primary and high schoolaged children too.

#### Setting up a learning environment

Try to create a quiet and comfortable learning space. Your child may have a regular place for doing homework under normal circumstances, but this space may not be suitable for working in for an extended period of time. A space/location for extended learning should be a public/family space, not in a bedroom. It should be a place that can be quiet at times. Above all, it should be a space where you or another adult is present and monitoring your children's learning.

#### Wellbeing

Being confined to home for an extended period of time can cause stress and conflict. Tips for looking after your children during isolation include:

- Talking to your whole family about what is happening. Understanding the situation will reduce their anxiety.
- Help your children to think about how they have coped with difficult situations in the past and reassure them that they will cope with this situation too. Remind them that the isolation won't last for long.
- Exercise regularly. Options could include exercise DVDs, dancing, floor exercises, yoga, walking around the backyard or using home exercise equipment, such as a stationary bicycle, if you have it. Exercise is a proven treatment for stress and depression.
- Encourage your children to keep in touch with family members and friends via telephone, email or social media (where appropriate).
- The Health and Wellbeing page has some great ideas for activities to do at home.

#### Communicating with your child

We encourage you to start and finish each day with a simple check-in. These check-ins need to be a regular part of each day and start straight away. Not all students thrive in a remote learning environment; some struggle with too much independence or lack of structure and the check-ins help keep them on track.

In the morning, ask:

- what are you learning today?
- what are your learning targets or goals?
- how will you be spending your time?
- what resources do you require?
- what support do you need?

In the afternoon, ask:

- what did you learn today?
- acknowledge one thing that was difficult. Either let it go or come up with a strategy to deal with the same problem if it comes up again
- consider three things that went well today. Why were they good?
- are you ok? Do you need to ask your teacher for something? Do you need help with something to make tomorrow more successful?

These specific questions matter because they allow your child to process the instructions they have received from their teachers and help them organise themselves and set priorities. Older students may not want to have these check-ins with parents (this is normal!), but they should anyway.

#### Communicating with the teachers

All teachers have set up communication methods for communicating with parents. Teachers will be in regular contact. Please feel free to ask questions.

Regards

Ghen Kite

Glen Kite Principal

## Year 1 At Home Learning Plan Week 10-11

You will not need access to a digital device to complete the following activities. You will need help from a parent/carer. Use your workbook to complete activities if needed.

Week 10	Monday 30/3	Tuesday 31/3	Wednesday 1/4	Thursday 2/4	Friday 3/4
Morning	English	English	English	English	English
	Reading	Reading	Reading	Reading	Reading
	Choose a book to read aloud with a parent/carer. Before reading, what do you already know about the topic? Read the book aloud together and answer these questions. • What was this book about? • What are three facts you have learnt from reading it? <b>Writing</b> Write about what you did on the weekend? Try and include who, when, where, why, what.	Choose a book to read aloud with a parent/carer. Before reading the book, talk about what you think is going to happen by looking at the pictures. Writing What can you see out your window or door? Use adjectives (describing words) and write what you can see. Brain Break Run on the spot or around your backyard for 1 minute.	<ul> <li>Choose a book to read aloud with a parent/carer. Before reading, discuss what you already know about the topic.</li> <li>Read the book aloud together and after reading, answer these questions:</li> <li>What was this book about?</li> <li>What are three things that happened in the book?</li> <li>Writing</li> <li>Write an information report about an animal of your choice. Use the following headings to organise your research:</li> </ul>	<ul> <li>Choose a book to read together with a parent/carer. After reading, discuss these questions:</li> <li>Does it have a good beginning and ending? Why?</li> <li>Was the book interesting? What makes it interesting?</li> <li>Which illustration/picture in the story was your favourite? Why?</li> <li>Writing</li> <li>Write a letter to a friend using some of your spelling words.</li> </ul>	<ul> <li>Choose a book to read with a parent/carer. Read it aloud together and discuss these questions:</li> <li>How does the title describe the content of the book?</li> <li>Was the title a good one for this book? Why or why not?</li> <li>Writing</li> <li>Write a list of food you would like for dinner. Think of a main dish and dessert.</li> <li>Brain Break</li> <li>Play your favourite song and dance to it.</li> </ul>



Middle	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics
	Number work	Number work	Number work	Number work	Number work
	Please complete the 'Monday' column of your maths mentals sheet. (This is in your resource pack). Use your knowledge of mental strategies to complete the 10 questions.	Please complete the 'Tuesday' column of your maths mentals sheet. (This is in your resource pack). Use your knowledge of mental strategies to complete the 10 questions.	Please complete the 'Wednesday' column of your maths mentals sheet. (This is in your resource pack). Use your knowledge of mental strategies to complete the 10 questions.	Please complete the 'Thursday' column of your maths mentals sheet. (This is in your resource pack). Use your knowledge of mental strategies to complete the 10 questions.	Please complete the 'Friday' column of your maths mentals sheet. (This is in your resource pack). Use your knowledge of mental strategies to complete the 10 questions.
	2-Dimensional Shapes	Problem-solving	Measurement	Patterns	Problem-solving
	Go on a shape hunt around your home! Can you find three of each shape in a different location? You need to find 3 rectangles, 3 triangles, 3 circles and 3 squares. Draw the different shapes you found in your workbook. You can make shapes using toothpicks, paddle pop sticks, string or sticks. Show your family what you made.	Solve the problem below in your workbook. There are multiple correct answers. Use drawings to help you solve the problem. On a farm there were some chickens and sheep. Altogether there are 22 animal legs/feet. How many chickens are there?	Make 3 paper aeroplanes of different sizes and designs. Measure how many steps each plane flies. Record your observations in your workbook. <b>Extension:</b> Put your paper aeroplane data into a picture graph.	Pattern hunt: What patterns can you find in and around your home? Draw the patterns you found in your workbook. Ask someone to help you describe your favourite pattern. Use a pencil, pen, a block or paddle pop sticks to measure five of your favourite toys. Measure how tall your toys are. Order them from shortest to tallest. Draw your toys	Solve the problem below in your workbook. There are multiple correct answers. Use drawings to help you solve the problem. Jenny is planting some carrots in her vegetable garden. She is going to plant 20 seeds. Draw how she could plant the seeds so that each
	Optional Online Activity: Mathletics	How many sheep are there?	Optional Online Activity: Mathletics	in order in your workbook.	row has the same amount of carrots in it.

		Optional Online Activity: Mathlatice		Optional Online Activity: Mathletics	Optional Online Activity: Mathletics		
Break	Break	Break	Break	Break	Break		
Afternoon	Geography What is the weather like today? Describe it to a family member. Predict what you think the weather will be like tomorrow. Walk around your backyard and draw 3 natural features and 3 built features you can see. Optional Online Activity: Choose an activity from the digital resource list	<ul> <li>Science and technology</li> <li>Collect recycled items to start planning a design for a bird feeder.</li> <li>Rules:</li> <li>1. Do not make anything that could hurt the bird. Honey will make good glue for seeds.</li> <li>2. Do not use anything dangerous like sharp scissors. You can ask an adult for help.</li> <li>3. Make it from things that are recycled like plastic bottles.</li> <li>Don't make it today. You will make your design next week.</li> <li>Optional Online Activity: Choose an activity from the digital resource list</li> </ul>	PDHPE Practice doing support positions you have learnt: V sit, tuck, angry cat, plank, back support plank. Teach another member of your family how to do the support positions. Time each other. Optional Online Activity: Choose an activity from the digital resource list	Creative Arts Draw a self-portrait. Be sure to add colour to your artwork and include as much detail as possible. Have a good look at your face in a mirror before you start! Optional Online Activity: Choose an activity from the digital resource list	Catch-up Finish tasks from Monday -Thursday OR Creative Arts Listen to your favourite song and make up your own dance. Practice and perform your dance for your family. Optional Online Activity: Choose an activity from the digital resource list		

Week 11	Monday 6/4	Tuesday 7/4	Wednesday 8/4	Thursday 9/4	Friday 10/4
Morning	English Reading Choose a book to read aloud with a parent/carer at home. Before reading, look at the front cover and predict what the story could be about. After reading, answer these questions: • What happened in the beginning, middle and end of the story? • Was the story different to your prediction? How? Write about what did you do on the weekend? Try and include who, when, where, why, what. Brain Break Meditation: put some calming music on for 10 minutes and control your breathing. Spelling Choose 5 words that contain the sound/letter 't' (be sure to choose words that you can read). For an extra challenge,	English Reading Choose a newspaper/magazine article to read with your parent/carer. Discuss the following questions: • What is a headline? • Who has written the article? • Using the headline, picture and caption, what do you predict the article will say? Read the article and then compare with your prediction. <b>Writing</b> If you were a superhero, who would you be and why? Make sure you use capitals, full stops and spaces between words. <b>Brain Break</b> With a parent/carer or sibling play 'Paper, Scissors, Rock'. <b>Spelling</b> On a blank page in your workbook, use your spelling list to complete a <b>'Look, Say, Cover,</b>	English Reading Choose a book to read with a parent/carer at home. Read the book aloud together. Choose a character from the story and answer these questions about the character. •Use some describing words to explain how the character feels throughout the story. •Does this character remind you of another character from a different story? •Would you make friends with this character if you met them? Write an information report about an animal of your choice. Choose a different animal from the one you wrote about last week. (See Week 10 for instructions). Brain Break 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat	English Read the attached sheet on 'Honey Bees' and complete the 'Honey Bees' worksheet. Writing Draw an item that is important to you in your workbook. Write 4 sentences about your chosen item. Brain Break With a parent/carer or sibling play 'thumb wars' five times. Who won the most rounds? Spelling Sentences: Write a sentence for each of your spelling words. Make sure you use capitals, full stops and spaces between words. Dptional Online Activity: Reading Eggs	Good Friday

	choose an extra word that you would like to learn. Rainbow words: Write your words in rainbow colours. Optional Online Activity: Reading Eggs	Write and Check' activity (see Week 10 for instructions). Optional Online Activity: Reading Eggs	twice. Spelling ABC: Practise writing your spelling words in alphabetical order. Optional Online Activity: Reading Eggs	
Break Middle	Break Mathematics Number work Please complete the 'Monday' column of your maths mentals sheet. (This is in your resource pack). Use your knowledge of mental strategies to complete the 10 questions.	Break Mathematics Number work Please complete the 'Tuesday' column on your maths mentals sheet. (This is in your resource pack). Use your knowledge of mental strategies to complete the 10 questions.	Break Mathematics Number work Please complete the 'Wednesday' column on your maths mentals sheet. (This is in your resource pack). Use your knowledge of mental strategies to complete the 10 questions.	Break Mathematics Number work Please complete the 'Thursday' column on your maths mentals sheet. (This is in your resource pack). Use your knowledge of mental strategies to complete the 10 questions.
	Addition and Subtraction Write and solve the problems below in your workbook. Use drawings to represent your work.	Skip-counting Solve the problem below in your workbook. There are multiple correct answers. Use drawings to help you solve the problem. Choose an even	Addition and Subtraction Write and solve the problems below in your workbook. Use drawings to represent your work.	Problem-solving Solve the problem below in your workbook. There are multiple correct answers. Use drawings to help you solve the problem. I am thinking of 2
	For example: 5 + 2 = (2) (2) (2) + (2) (2) =	number to start at and then count up by 2's, 10 times.	For example: 3 + 2 = 2 2 2 2 4 2 4 2 4 2 4 2 4 2 4 2 4 2 4 2	numbers. When I add them together, the total is 25. What numbers could I be thinking of?

	a) $10 - 3 =$ b) $9 + 2 =$ c) $5 + 10 =$ d) $8 - 4 =$ e) $10 + 1 =$ f) $13 - 4 =$ g) $6 + 3 =$ h) $15 - 9 =$ Optional Online Activity: Mathletics	Optional Online Activity: Mathletics	a) $4 + 10 =$ b) $15 - 5 =$ c) $12 + 10 =$ d) $18 - 9 =$ e) $14 - 3 =$ f) $9 + 9 =$ g) $17 + 3 =$ h) $14 - 7 =$ Optional Online Activity: Mathletics	Write as many combinations you can think of. Optional Online Activity: Mathletics
Break	Break	Break	Break	Break
Afternoon	<b>Geography</b> Go for a walk around your home and observe how each room is set up and arranged for different activities e.g. the kitchen, bathroom, living room and bedroom. In your workbook create a floor- plan of your house. Label your bedroom, kitchen and bathroom and any other key areas you would like to add.	Science and Technology Build your bird feeder that you designed last week and hang it up in your garden. You may want to take photos of any birds you see using it. Optional Online Activity: Choose an	PDHPE Create an obstacle course in your backyard. Skip through your obstacle course 3 times. Optional Online Activity: Choose an	Creative Arts Ask a family member about a favourite song of theirs. Get them to teach you the lyrics of the chorus so you can practice it to perform to another family member. Optional Online Activity: Choose an

	Optional Online Activity: Choose an			
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		Digital Resource List	
https://www.storylineonline.net/	https://www.getepic.com/	https://www.mathletics.com/au/	https://readingeggs.com.au/
https://www.phonicshero.com/	https://www.abcya.com/	https://www.youtube.com/user/JackHartmann	https://new.phonicsplay.co.uk/resources
https://www.mathplayground.com/	https://au.ixl.com/	https://www.freechildrenstories.com/	https://www.youtube.com/user/CosmicKidsYoga

 $\infty$  $\overline{\mathbb{C}}$ Count backwards from II: Count backwards from 8: Add Fill in the missing numbers: There are Count how many: Write the number before. Irace (⊲: (⊲: the dots: the numbers: + +0  $\overline{\mathbb{C}}$ Monday T C J gr ⊲∶ <u>لو</u> <<p> 11 11 birds.  $\overline{\mathbb{Z}}$ F (⊲∶ (⊲: TO IS F  $\sum$  $\mathcal{O}$ There are Colour 8  $\overline{\Im}$ Count backwards: Fill in the missing numbers: Write the number atter: Count how many: 6  $\overline{\bigcirc}$ Trace it: dots in the ten frame Tuesday ZØ  $\infty$ rings.  $\overline{\mathcal{N}}$ 0  $C \Sigma U \Sigma D$  $\mathcal{O}$ laurer fairclough v

Trace the numbers:	Friday	Count backwards from 15: 15	Write the numbers before and after:	There are snails.	3 5 2 Count how many:	Trace it: Trace it: Circle the biggest number:
I found rectangles!		Count backwards from 10: 17 13	Seven Six Six	Trace the numbers and words. Join the numbers, words and dots.	tinue this patter	Draw II faces: .

<ul> <li></li></ul>	How many ()?		11 8	Which number is before?	16 17 18 19	9 10 11 12	4567	5 16 8 12 What comes next?	<b>q 14</b> nole the <b>smallest</b> number:	ggest number:	Mondal	5 minute math
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How many squares?	12 19	13 18	7 15	Circle the <b>smallest</b> number in each row:		Continue this ABpattern:	7 21		smalled to blogest:	Order these numbers from	Spar	evision

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12	15	13	Circle the <b>largest</b> number in each row:		00		2	Order these numbers from <b>biggest</b> to <b>smallest:</b>	15	10	Which number comes <b>nex</b> <del>!</del> ?	2	13	Which number is before?	pdl	
10	19	Ν		$\sim$		$\sim$					-0	25	0			
16 17 19 20			Fill in the number lines:	•		Write the numbers next to the dice:		13	Count forwards starting from:	XOXOX XOXOX		MANA MANA	7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	How many S 2	THMRSDAY	



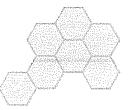


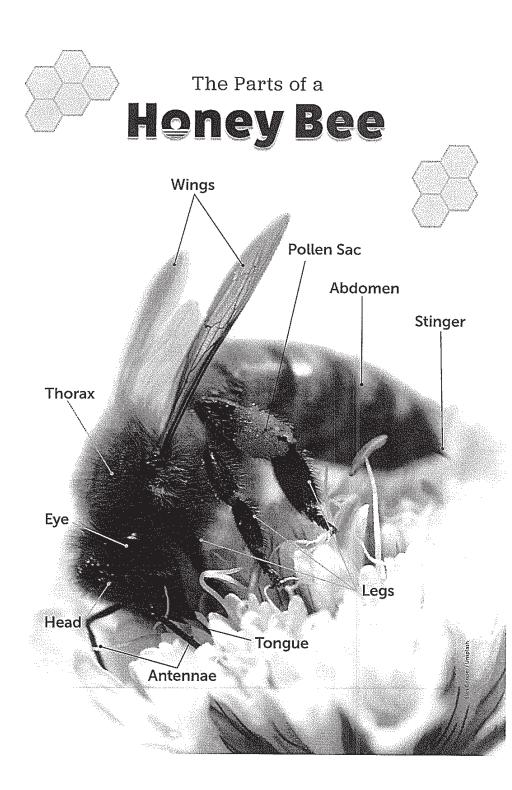
Honey bees move pollen so more flowers can grow. Flowers give honey bees nectar. They need each other.

> Honey bees drink nectar from flowers. They turn •this into honey. They feed baby bees with the honey.

ackground: cs333/Shutterstock.com ee. left: Peter Waters/Shutterstock.com ae. tog: trip.k/Shutterstock.com Honey bees live in hives. They make hives from wax. Rooms in the hive are shaped like hexagons and have six sides.

> There are three types of honey bee – the queen, the drones, and the workers. They all have different jobs.





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5. Honey bees move from flower to flower.	4. Honey bees and need each other.	3. Honey bees make their from wax.	2. Honey bees turn nectar into	1. Honey bees can be queens, or workers.	Honey Bee Facts Fill in the missing words.	Word Bank         thorax wings stinger abdomen eye         head tongue pollen sac legs antennae	Use the word bank to fill in the missing bee parts.	The Parts of a Honey Bee	Species Snapshot: Honey Bees	Name: Date:	Species Snapshot: Honey Bees – Worksheet