

Muswellbrook South
Public School

Year 4



At Home Learning Plan: Term 2 Week 1 and 2 Year 4

You will not need access to a digital device to complete the following activities. You will need help from a parent/carer and possibly resources from your teacher. All activities are to be completed in the exercise book provided.

Some families are finding that there is too much work for students to get through, while others are looking for additional learning activities for their children. Both of these situations are addressed below.

If there is too much work for your needs, just complete whatever activities you can. The activities on the timetable are a guide to help assist with learning from home. The English and Maths activities are the most important. However, it is OK if they don't all get completed everyday. The added optional technology activities were included to give the students some added variety in their learning. If you don't have access to the internet to do this, that is OK they are optional only.

If you would like some additional materials for home learning, please see the Department of Education's website dedicated to supporting parents and carers with learning from home. <https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-from-home/advice-to-parents-and-carers>

Parents, this is a guide only. Remember to break the day up with breaks to allow your child to get outside and get active. Children need at least 60 minutes of physical activity daily. Get them to use their imaginations to play and build and get crafty. Get your student to complete as much of the work as they can and remember to “try your best but do not stress”.

Term 2 Week 1 Tuesday 28 April 2020

Activities		Optional										
Morning	<p>Daily Wellbeing Activity Mindful Meditation- put on some relaxing music and lay still on the floor for the length of the song.</p> <p>English <u>Writing-</u> Create an imaginative text about being stuck on a deserted island. Use the following opener for your story: <i>It was a perfect hot summer day to spend at the beach. That was until...</i> Today you will focus on using a variety of imaginative openers..</p> <p>Brain break: GoNoodle on YouTube Fruit break</p>	<p>Daily Kindness Challenge Stick a piece of paper to the fridge and each family member is to write something they are grateful for.</p>										
Morning	<p><u>Reading-</u> Read <i>The Seekers</i> and answer the following questions in your notebook: -What is the author's name? Do you know any other texts by this author? -What do you think the word <i>vain</i> means? Why do you think the author has chosen this word? -What do you think the author meant by <i>mortal view</i>?</p> <p><u>Spelling-</u></p> <table border="1" data-bbox="252 1019 529 1214"> <tr> <td>frog</td> <td>photo</td> </tr> <tr> <td>find</td> <td>flower</td> </tr> <tr> <td>five</td> <td>fresh</td> </tr> <tr> <td>off</td> <td>face</td> </tr> <tr> <td>phone</td> <td>Friday</td> </tr> </table> <p>Complete LSCWC. Write the dictionary meanings for each of your words.</p>	frog	photo	find	flower	five	fresh	off	face	phone	Friday	<p>Optional Technology Activity: -Reading Eggs</p>
frog	photo											
find	flower											
five	fresh											
off	face											
phone	Friday											
Lunch Break												
Middle	<p>Math <u>Number</u> Complete star jumps as you recall your 2, 5, 9 and 10 times table facts.</p> <p><u>Multiplication</u> Create a bingo game using your 2, 5, 9 and 10 times tables knowledge. Have your parents read out the question card and mark off the answer if you have it on your game board.</p>	<p>Optional Technology Activity: -PE with Joe</p>										
Break												
Afternoon	<p>Science and Technology Record the weather each day recording the day of the week, the temperature, the weather.</p> <p>Go into your backyard/front yard, make a list of all of the things that you can see that make up the Earth's surface and describe them e.g. grass- the grass is green, feels wet, soft, itchy, smells fresh, etc.</p>	<p>Optional Technology Activity - Fuse Education</p>										

Term 2 Week 1 Wednesday 29 April 2020

Activities		Optional
Morning	<p>Daily Wellbeing Activity Using an electronic device (ipad, computer, phone, tablet etc) complete a cosmic kids yoga video.</p> <p>English <u>Writing-</u> Write an informative piece on the Platypus. You can use the following link to Taronga Zoo's YouTube channel for some assistance. https://www.youtube.com/watch?v=dxc22ChHal0 Today you need to focus on using headings to organise your information.</p> <p>Brain break: 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat twice & Fruit break</p>	Daily Kindness Challenge Pick a room in the house that needs cleaning or organising and work together with someone and get it done.
Morning	<p><u>Reading-</u> Epic books (Online) or a book from home/library. Choose a story and answer the following questions. -Who is the author? -Do you know any other books written by this author? -Draw a picture of the main characters based on the description given by the author.</p> <p><u>Spelling-</u> Complete LSCWC. Using coloured pencils, write out your words in rainbow colours</p>	Optional Technology Activity: -Typing Club
Lunch Break		
Middle	<p>Math <u>Number</u> The mother bought 4 oranges, 3 apples and 2 bananas. How many pieces of fruit did she buy?</p> <p><u>Addition</u> Using an old shopping catalogue, create a shopping list of items to buy. Write down how much each item will cost and work out the total price of all the items together.</p>	Optional Technology Activity: -Ed Ted
Break		
Afternoon	<p>History Brainstorm what does Australia mean to Aboriginal and Torres Strait Islander Peoples? Why do you think this? The relationship Aboriginal people have to their country is a deep spiritual, physical, social and cultural connection. Land management and care are vital for Aboriginal health and provide jobs. This could be through dreamtime stories. Create your own dream time story using an animal or an item of nature and tell a story.</p>	Optional Technology Activity: History for Kids https://www.historyforkids.net/

Term 2 Week 1 Thursday 30 April 2020

Activities		Optional
Morning	<p>Daily Wellbeing Activity Read some of your favourite book. Read it to yourself or to a family member.</p> <p><u>Writing-</u> The world's largest theme park just opened. Be a reporter and describe the theme park in a report. Today you need to focus on uplevelling your descriptive words.</p> <p>Brain break: Cosmic Kids Yoga on YouTube Fruit break</p>	<p>Daily Kindness Challenge Send a video, make a phone call or write a letter to a friend or loved one.</p>
Morning	<p><u>Reading-</u> Epic books (Online) or a book from home/library. Choose a story and answer the following questions. -Who do you think the author wrote this story for? -What do you think the moral of this story is? Design a bookmark about the text (including title/illustrations/summary).</p> <p><u>Spelling-</u> Complete LSCWC. Using two coloured pencils. Use one colour to write your vowels and the other to write consonants.</p>	<p>Optional Technology Activity: -Scholastic student activities</p>
Lunch Break		
Middle	<p>Mathematics <u>Number</u> If you had 2 coins and you flipped them, is it likely that they will both land on the same thing?</p> <p><u>Probability</u> Predict how many times a coin would land on heads or tails when flipped 20 times. Flip a coin 20 times and compare your results.</p>	<p>Optional Technology - Activity: Prodigy game</p>
Break		
Afternoon	<p>STEM Find out about the wings of different birds and other flying animals, ie a bat. Plan your design by drawing a diagram and labelling your design. Collect some paper/card and tape. Create the plane to look like your design. Does it fly? Explain to someone why you chose this design.</p>	<p>Optional Activity: Jelly Bean Building</p> <p>https://lemonlimeadventures.com/engineering-for-kids-building-with-jelly-beans/</p>

Term 2 Week 1 Friday 1 May 2020

Activities		Optional
Morning	<p>Daily Wellbeing Activity What is something you have enjoyed about being at home and doing your learning activities? Answer the question in your book or on paper.</p> <p>English <u>Reading-</u> Epic books (Online) or a book from home/library. Choose a story and answer the following questions. -Who was the main character in the story? -What do you think the main reason for writing the book is? -Design a new front cover for the book, now that you have read it.</p> <p><u>Spelling-</u> Complete LSCWC. Create a wordsearch using your words.</p> <p>Brain break: 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat twice Fruit break</p>	<p>Daily Kindness Challenge Listen to an online Podcast or story. What did you learn?</p>
Morning	<p><u>Writing-</u> Write a persuasive text about What should be taught this term at school. Today you need to focus on using strong verbs to enhance your writing.</p>	<p>Optional Technology Activity: -Primary Homework Help</p>
Lunch Break		
Middle	<p>Mathematics <u>Number</u> Add the number of sides on 4 squares. What does it total and how did you work it out?</p> <p><u>Space and Geometry</u> Go on a shape hunt around the house. Can you see any objects at home that are in the shape of a square, rectangle, circle or triangle. Write them down.</p>	<p>Optional Technology Activity: -Khan Academy</p>
Break		
Afternoon	<p>PDHPE <u>PE:</u> 30 seconds jogging on the spot 30 seconds hopping on the spot (alternate legs) 20 arm circles 20 step up and down a step Repeat</p> <p><u>PDH:</u> What do we do everyday to stay healthy? Examples might include brush our teeth, eat healthy foods, exercise, wear a hat outdoors. Create a collage from old newspapers and magazines showing different ways people stay healthy.</p>	<p>Optional Technology Activity: PE with Joe.</p>

Term 2 Week 2 Monday 4 May 2020

Activities		Optional										
Morning	<p>Daily Wellbeing Activity Put on some calming music and do some colouring in or drawing.</p> <p>English <u>Writing-</u> Create a persuasive text based on the topic of Children should not do chores at home. Don't forget to edit your work in a different coloured pencil. Today you need to focus on using strong verbs in your writing.</p> <p>Brain break: GoNoodle on YouTube Fruit break</p>	<p>Daily Kindness Challenge Get active and dance! Put on a Just Dance or create your own dance routine. Do it with a family member</p>										
Morning	<p><u>Reading-</u> Epic books (Online) Choose a story and answer the following questions. -What questions would you like to ask the author? -Name three important points about the book you have read. -What sort of text was this? (Informative, Persuasive, Imaginative)</p> <p><u>Spelling-</u> Use the words below to complete activities for the week.</p> <table border="1" data-bbox="256 992 512 1184"> <tr> <td>was</td> <td>pocket</td> </tr> <tr> <td>want</td> <td>across</td> </tr> <tr> <td>what</td> <td>holiday</td> </tr> <tr> <td>stop</td> <td>strong</td> </tr> <tr> <td>body</td> <td>upon</td> </tr> </table> <p>Write your words out once, completing your Look, Say, Cover, Write, Check. Write each of your words into a sentence.</p>	was	pocket	want	across	what	holiday	stop	strong	body	upon	<p>Optional Technology Activity: -Pobble 365</p>
was	pocket											
want	across											
what	holiday											
stop	strong											
body	upon											
Lunch Break												
Middle	<p>Mathematics <u>Number:</u> Complete attached Maths Mentals page Column 1 questions.</p> <p><u>Addition:</u> Race to 100. Using either a dice or pieces of paper numbered 1-6. Player 1 turns over a numbered card or rolls dice and each time adds their answer to their number. For example, Player 1 first rolls a 4 and their next turn they roll a 2, their total will now be 6. Play by alternating turns and until someone reaches exactly 100 without going over.</p>	<p>Optional Technology Activity: -ABCYA</p>										
Break												
Afternoon	<p>Creative arts Choose a simple story to read then create a short play using the storyline of your chosen book. Perform your play for your family. Use costumes and props from around the house for added fun.</p>	<p>Optional Technology Activity: Art Hub on YouTube.</p>										

Term 2 Week 2 Tuesday 5 May 2020

Activities		Optional
Morning	<p>Daily Wellbeing Activity Have a dance around the house to your favourite song! Make sure you sing out loud</p> <p>English <u>Writing-</u> Write a letter to your teacher and tell them all about what you have been doing at home during your time away from school. Today you need to focus on using paragraphs in your writing.</p> <p>Brain break: Just Dance on YouTube Fruit break</p>	<p>Daily Kindness Challenge Participate in a new skill. Some ideas- baking, knitting, sign language, drawing, painting or learning and new language.</p>
Morning	<p><u>Reading-</u> Epic books (Online) Choose a story and answer the following questions.</p> <ul style="list-style-type: none"> - What made you choose this book to read? - What sort of text was this? (Imaginative, Persuasive, Informative) - Who was the author? Do you have any questions for them? <p><u>Spelling-</u> Complete LSCWC.. Write the dictionary meanings for each of your words.</p>	<p>Optional Technology Activity: -Reading Eggs</p>
Lunch Break		
Middle	<p>Maths <u>Number:</u> Complete attached Maths Mentals page Column 2 questions.</p> <p><u>Subtraction:</u> Race to Zero. Using either a dice or pieces of paper numbered 1-6. Each player starts with the number 100 and takes it in turns to roll the dice or flip a number card and take it away from 100. For example, Player 1 starts with 100 and rolls a 5 they then have 95. The next turn they roll a 3 and they now have the number 92.</p>	<p>Optional Technology Activity: -Canva</p>
Break		
Afternoon	<p>Science and Technology Record the weather each day recording the day of the week, the temperature, the weather.</p> <p>Brainstorm all of the changes that happen on the Earth's surface e.g. seasons (gets colder, warmer etc), and environmental change e.g. drought, etc. Do you think that this is good for the environment? Why? Do you think this is good for humans? Why?</p>	<p>Optional Technology Activity: Interactive Science Games http://www.sciencekids.co.nz/gamesactivities.html</p>

Term 2 Week 2 Wednesday 6 May 2020

Activities		Optional
Morning	<p>Daily Wellbeing Activity Name 5 things you can see. Name 4 things you can touch. Name 3 things you can hear. Name 2 things you can smell. Name 1 thing you can taste. Complete in your book or discuss with a family member.</p> <p>English <u>Writing-</u> Create a persuasive text that argues why Students must do school work at home. Today you need to focus on using strong, persuasive openers such as Research suggests, Undoubtedly...</p> <p>Brain break: Cosmic Kids Yoga Fruit break</p>	<p>Daily Kindness Challenge Fill a bucket with soap and water and wash some of your hard plastic toys. Wash the soft toys in the washing machine and hang them out on the clothes line.</p>
Morning	<p><u>Reading-</u> Epic books (Online) Choose a story and answer the following questions. -Is this text fiction or non - fiction? -What is the author's message in this text? -What are some interesting facts from this text?</p> <p><u>Spelling-</u> Complete LSCWC.. Using coloured pencils, write out your words in rainbow colours</p>	<p>Optional Technology Activity: -Typing Club</p>
Lunch Break		
Middle	<p>Mathematics <u>Number:</u> Complete attached Maths Mentals page Column 3 questions.</p> <p><u>Area:</u> Using cm grid paper provided. Write students' names in block letters and count how many squares have been used.</p>	<p>Optional Technology Activity: -NatGeo Kids</p>
Break		
Afternoon	<p>History Create your own language and alphabet. Create key word phrases and record them in your notebook. Have a family member try and guess what you're saying.</p>	<p>Optional Technology Activity: History for Kids https://www.historyforkids.net/</p>

Term 2 Week 2 Thursday 7 May 2020

Activities		Optional
Morning	<p>Daily Wellbeing Activity Go on a nature walk in your backyard or nearby your house with an adult. Name all the different things you can see.</p> <p>English <u>Writing-</u> Create an informative text based on someone who lives in your house. Today you need to focus on using headings to organise your work into separate paragraphs.</p> <p>Brain break: 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat twice Fruit break</p>	<p>Daily Kindness Challenge Remember to drink enough water today. Recommended amount is 1L for 5-8 year olds, 1.5L for 9-12 year olds.</p>
Morning	<p><u>Reading-</u> Read <i>Travel Games</i> and answer the following questions in your notebook: -In <i>Single Spotto</i>, What was the last item that was suggested that you can look for? -In <i>Car Cricket</i>, What coloured car gives you 6 runs? -In <i>No yes and no</i>, how do you get out when answering a question?</p> <p><u>Spelling-</u> Complete LSCWC.. Using two coloured pencils. Use one colour to write your vowels and the other to write consonants.</p>	<p>Optional Technology Activity: -Kids News</p>
Lunch Break		
Middle	<p>Mathematics <u>Number:</u> Complete attached Maths Mentals page Column 4 questions.</p> <p><u>Statistics and Probability:</u> Using the same size coin or size same of another item(for example rocks or lego pieces) and an empty jar. Guess how many of the item is needed to fill the jar. Test your guess and explain how different your guess was to the actual amount.</p>	<p>Optional Technology Activity: -PBS Kids</p>
Break		
Afternoon	<p>STEM Design and create a hat to keep your head warm in winter. The hat material must be something that acts as a good insulator, such as fabric, cotton, elastic or other insulating material. Draw a picture of yourself wearing your hat or take a photo and send it to your teacher.</p>	<p>Optional Activity: Create a crank winch. https://littlebinsforlittlehands.com/build-a-winch-simple-machine-recycled-stem-activity/</p>

Term 2 Week 2 Friday 8 May 2020

Activities		Optional
Morning	<p>Daily Wellbeing Activity Name as many things as you can that have made you laugh this week. Answer in your book or on paper.</p> <p>English <u>Writing-</u> Create an imaginative text about a boy looking through a hole in the fence. Think about what could be on the other side, or maybe there is a creature looking back at him. Today you need to up-level your feeling verbs such as cold, hot, happy...</p> <p>Brain break: GoNoodle on YouTube Fruit break</p>	<p>Daily Kindness Challenge Play a board game or start a puzzle. Set a timer for 30 minutes and make sure you move every time the timer goes off.</p>
Morning	<p><u>Reading-</u> Read <i>Travel Games</i> and answer the following questions in your notebook: -In <i>Aunt Sally's Suitcase</i>, What suggestion was given for the first item found in the suitcase? -In <i>The quiet game</i>, what was the one thing you are not allowed to do other than talk? -In <i>Travel games</i>, go through and colour all of the connectives in green.</p> <p><u>Spelling-</u> Complete LSCWC.. Create a wordsearch using your words.</p>	<p>Optional Technology Activity: - Primary Homework Help</p>
Lunch Break		
Middle	<p>Mathematics <u>Number:</u> Complete attached Maths Mentals page Column 5 questions.</p> <p><u>Space and Geometry:</u> Draw a variety of shapes on a piece of paper. Cut out the shapes and use shapes to create a picture.</p>	<p>Optional Technology Activity: -Make Me Genius</p>
Break		
Afternoon	<p>PDHPE <u>PE:</u> Create an obstacle course in your backyard or local park. Include activities in the course where you need to run, hop, jump and climb. Invite someone from your household to complete the obstacle course and make suggestions for improvements.</p>	<p>Optional Technology Activity: PE with Joe.</p>

Travel Games

Article by YAKKA and YIP / Illustrated by CHERYL ORSINI

Summer fun isn't far away now. Some of you may be going far away—on holiday. Here are some ideas to while away the hours as you drive or ride or fly or walk or sail away. With any luck, you'll be having too much fun to even think to ask, "Are we there yet?"

And if you're having a stay-at-home-holiday, you can play most of these games at home, too ... Save them up for a rainy day!



Single spotto

In this game, the first person names something everyone must look out for: a tow truck, a white horse, a letterbox, a seagull, an interstate numberplate or something else you're likely to spot as you travel along. The first person to see it yells "Spotto!" and then names the next thing for everyone to look out for. Keep a tally of how many things you 'spotto' first.

Car cricket

When you're 'batting', you score 'runs' by looking at the cars coming towards you:

- RED CAR = 4 RUNS
- YELLOW CAR = 6 RUNS
- A WHITE CAR = YOU'RE OUT!
- ANY OTHER CAR = 1 RUN
- All other vehicles, such as buses or trucks, don't count.

There are quite a lot of white cars on the road, so you'll find the 'batter' changes quite often. When you're out, the next person in the car in a clockwise direction is in.

No yes and no

Take turns being the person who has to answer questions without ever saying "yes" or "no". If someone asks you "Are you awake?", you're out if you say "yes". (And you're asleep if you answer "no"!) Instead, you could reply, "I am." You win if you survive 20 questions. Then the next player takes on the challenge.

The quiet game

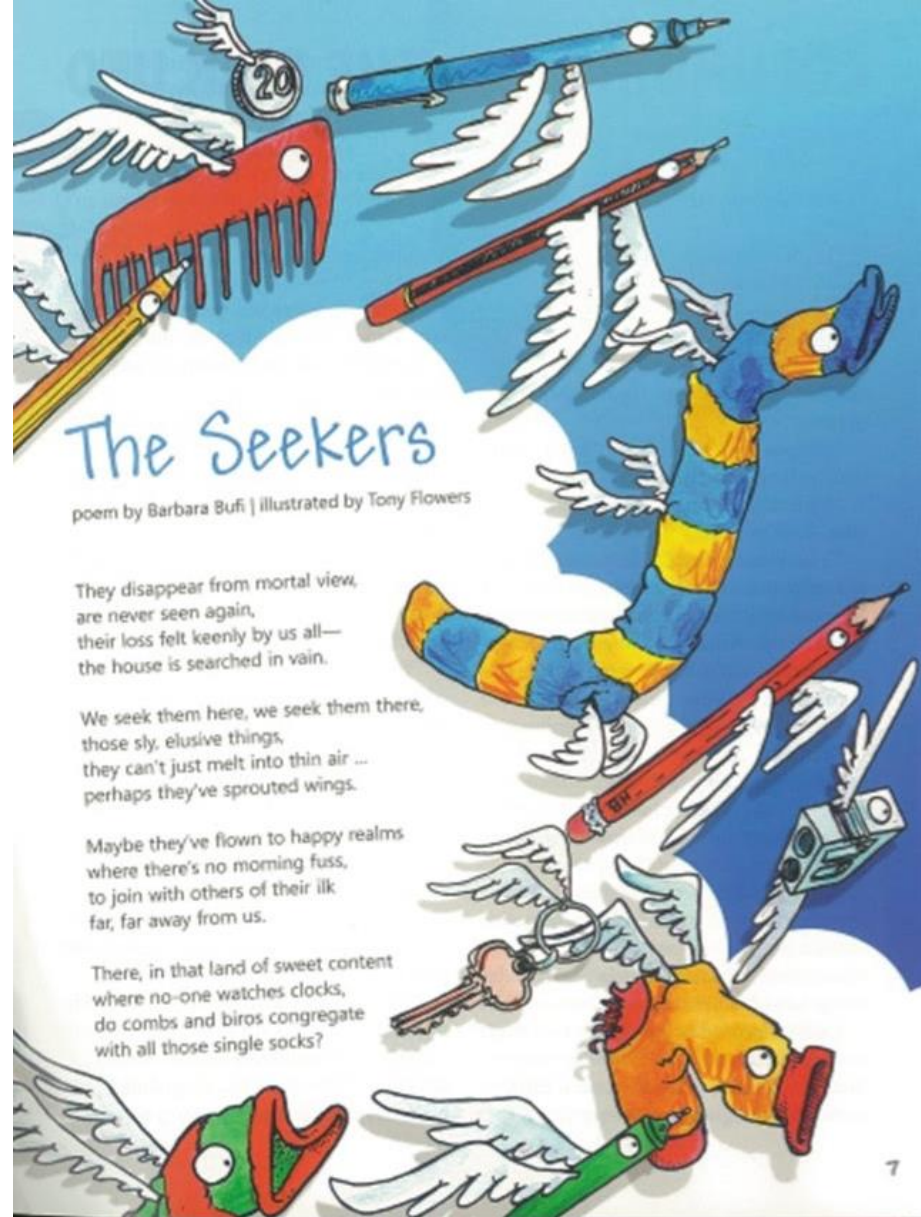
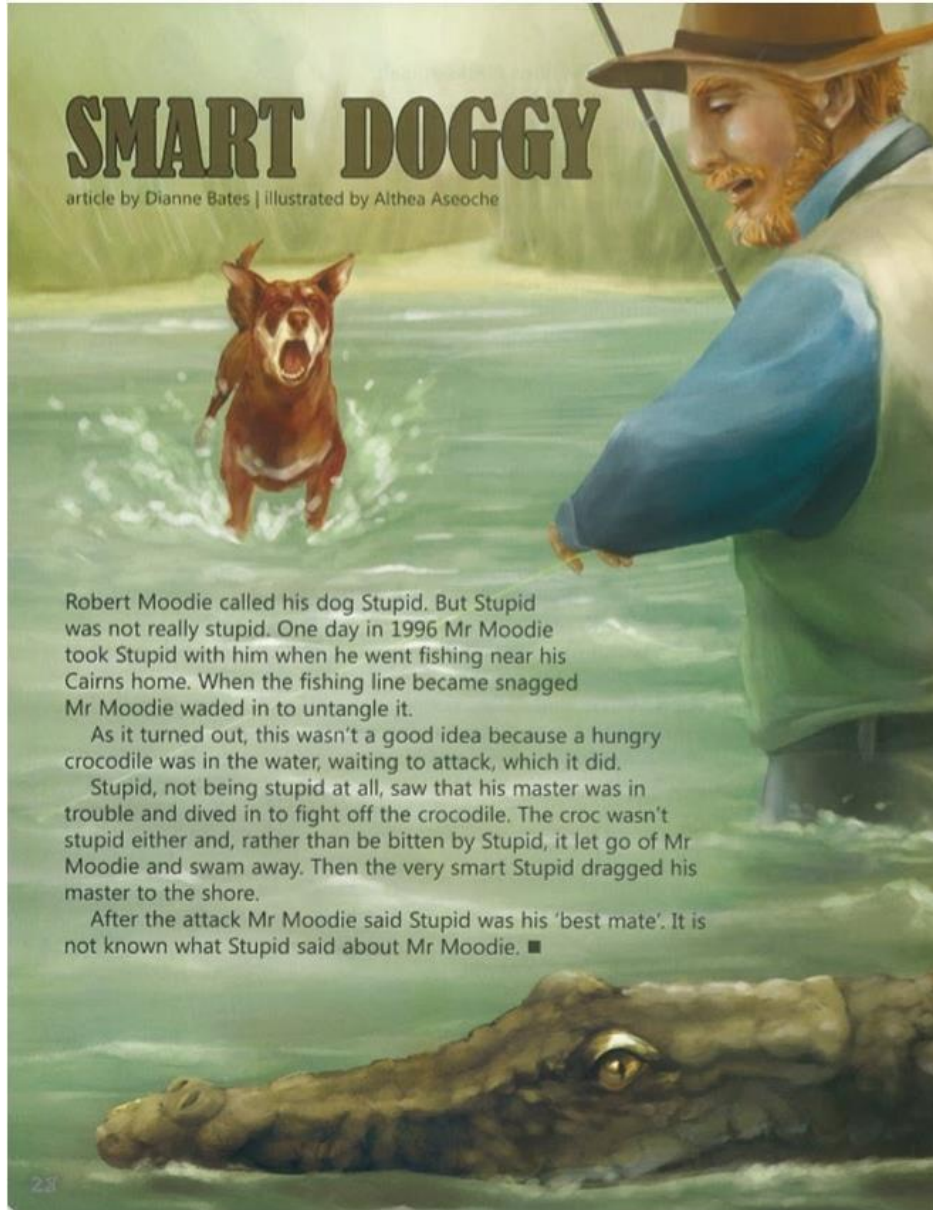
This is easy ... for some people. You're out if you're the first person to speak. Some people set time limits for this. Can you stay silent for 15 minutes? Or until you stop for lunch? You can try to make other people speak, but you're not allowed to touch anyone else, or to make any noise at all, not even a squeak or a giggle. Good luck, and shhh!

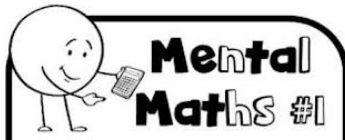
Aunt Sally's Suitcase

This is one of those games where you keep adding to a list which you have to remember in the right order.

The first person says, "In Aunt Sally's suitcase I found—(and they then add whatever they want)." Maybe a pair of gardening gloves. So they'd say, "In Aunt Sally's suitcase I found a pair of gardening gloves." The second person repeats this and adds their own item, say a chocolate cake. So the second person would say, "In Aunt Sally's suitcase I found a pair of gardening gloves and a chocolate cake." The third person would say, "In Aunt Sally's suitcase I found a pair of gardening gloves, a chocolate cake and a gorilla (if that's what they wanted to add to the list!). This goes on and on, around and around the group, until someone can't remember the items in the right order. (Where on Earth would Aunt Sally be going with gardening gloves, a chocolate cake and a gorilla, I wonder?)







Mental Maths #1

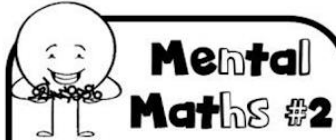
Date: _____

1. $2 + 3 =$ _____
2. $6 + 1 =$ _____
3. $8 - 2 =$ _____
4. $7 + 3 =$ _____
5. $8 + 0 =$ _____
6. $6 - 3 =$ _____
7. $9 - 5 =$ _____
8. $8 + 4 =$ _____
9. $8 - 6 =$ _____
10. $9 + 8 =$ _____
11. $5 + 7 =$ _____
12. $9 - 2 =$ _____

Total: _____

CHALLENGE:

Add nine, twenty-three and thirty-eight.



Mental Maths #2

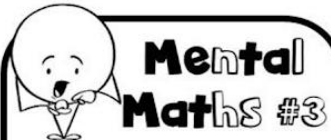
Date: _____

1. $5 + 6 =$ _____
2. $8 - 3 =$ _____
3. $7 + \square = 11$ _____
4. $2 - 1 =$ _____
5. $5 + 3 = 3 + \square$ _____
6. $4 - 0 =$ _____
7. $\square + 2 = 7$ _____
8. $8 - 4 =$ _____
9. $9 - 5 =$ _____
10. $9 - 4 =$ _____
11. $4 + \square = 9$ _____
12. $7 + 6 =$ _____

Total: _____

CHALLENGE:

There are 35 boys and 39 girls in a country school. How many children are there altogether?



Mental Maths #3

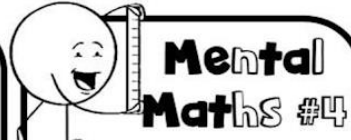
Date: _____

1. $7 + 4 = 4 + \square$ _____
2. $11 - 4 =$ _____
3. $3 + 0 =$ _____
4. $8 + 8 =$ _____
5. $5 - 3 =$ _____
6. $7 - 3 =$ _____
7. $9 + 5 =$ _____
8. $6 + \square = 13$ _____
9. $6 - 4 =$ _____
10. $6 - \square = 4$ _____
11. $2 + 4 =$ _____
12. $5 + 5 =$ _____

Total: _____

CHALLENGE:

What must be taken from 73 to leave 28?



Mental Maths #4

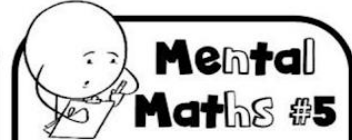
Date: _____

1. $7 + 7 =$ _____
2. $8 - 6 =$ _____
3. $9 - \square = 6$ _____
4. $4 + 8 =$ _____
5. $9 + 6 =$ _____
6. $5 - 4 =$ _____
7. $6 - 0 =$ _____
8. $2 + 5 =$ _____
9. $1 + 9 = 9 + \square$ _____
10. $0 + \square = 8$ _____
11. $4 + 4 =$ _____
12. $7 + 2 =$ _____

Total: _____

CHALLENGE:

There are 43 houses on one side of the street and 20 on the other. How many houses are there in the street?



Mental Maths #5

Date: _____

1. $\square - 6 = 6$ _____
2. $9 + 9 =$ _____
3. $7 + 8 =$ _____
4. $6 - 1 =$ _____
5. $3 - 2 =$ _____
6. $8 + \square = 17$ _____
7. $6 + 6 =$ _____
8. $7 - 4 =$ _____
9. $8 + 6 =$ _____
10. $5 + \square = 8$ _____
11. $8 - 5 =$ _____
12. $8 - \square = 5$ _____

Total: _____

CHALLENGE:

We ordered ninety-six bottles of lemonade for our party and had seventeen left over. How many bottles were used?

