

Year 5 At Home Learning Plan: Term 3 Week 4 and 5

You will not need access to a digital device to complete the following activities. You will need help from a parent/carer and possibly resources from your teacher. All activities are to be completed in the exercise book provided.

	Friday 6/8	Monday 9/8	Tuesday 10/8	Wednesday 11/8	Thursday 12/8
Morning	<p>English Spelling: <i>Activities:</i></p> <ul style="list-style-type: none"> Look, Cover, Write, Check. Rainbow writing- all words 5x compound sentences <p>Optional Technology Based Activity: go onto Spelling City and complete an activity.</p> <p><i>Brain break:</i> 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat twice.</p> <p><i>Fruit break</i></p>	<p>English Spelling: <i>Activities:</i></p> <ul style="list-style-type: none"> Look, Cover, Write, Check. Verb, noun, adjective sort- all words Hidden words- all words <p>Optional Technology Based Activity: go onto Spelling City and complete an activity.</p> <p><i>Brain break:</i> Put on your favourite song and dance your heart out.</p> <p><i>Fruit break</i></p>	<p>English Spelling: <i>Activities:</i></p> <ul style="list-style-type: none"> Look, Cover, Write, Check. Consonant and vowel- all words Pyramid- all words <p>Optional Technology Based Activity: go onto Spelling City and complete an activity.</p> <p><i>Brain break:</i> 5x burpees; 10x star jumps; Run on the spot for 20 seconds. Repeat twice.</p> <p><i>Fruit break</i></p>	<p>English Spelling: <i>Activities:</i></p> <ul style="list-style-type: none"> Look, Cover, Write, Check. Fancy words- all words Join the dots- all words <p>Optional Technology Based Activity: go onto Spelling City and complete an activity.</p> <p><i>Brain break:</i> Go outside and look up to the sky. Count how many animals you can find.</p> <p><i>Fruit break</i></p>	<p>English Spelling: <i>Activities:</i></p> <ul style="list-style-type: none"> Look, Cover, Write, Check. Alphabetical order- all words Upper and Lower case words- all words <p>Optional Technology Based Activity: go onto Spelling City and complete an activity.</p> <p><i>Brain break:</i> Meditation, put some calming music on for 10 minutes and control your breathing.</p>

	<p>Writing: Character building: Create a mindmap of a character. To think of a character, ask yourself the following. Is it:</p> <ul style="list-style-type: none"> - living or nonliving? - where could you find it? - what is it? - what are its interests (likes, dislikes, hobbies)? <p>Additional Technology Based Activity: Typingclub.com (student complete up to 15 minutes of typing practise).</p> <p>Reading: Read a book/ magazine/ newspaper for 10 minutes. Write a short paragraph summarising what you read.</p> <p>Optional Technology Based Activity: go onto Reading Eggs and complete an activity.</p>	<p>Writing: Character building: Design a complication for your character that links with their interests (check your mindmap: what could possibly go wrong for your character?). Include interesting words you would like to use in your compilation.</p> <p>Additional Technology Based Activity: Typingclub.com (student complete up to 15 minutes of typing practise).</p> <p>Reading: Read a book/ magazine/ newspaper for 10 minutes. Write a short paragraph making connections between what you have read and what you know about it.</p> <p>Optional Technology Based Activity: go onto Reading Eggs and complete an activity.</p>	<p>Writing: Create an introduction that goes for 2 paragraphs including:</p> <ul style="list-style-type: none"> - Who (include interesting details and several sentences) - When (how can you make this interesting?) - Where (use excellent wow words to allow the reader to visualise the setting). <p>Additional Technology Based Activity: Typingclub.com (student complete up to 15 minutes of typing practise).</p> <p>Reading: Read a book/ magazine/ newspaper for 10 minutes. Write a short paragraph explaining the things you could visualise while you were reading.</p>	<p>Writing: Write 2 paragraphs that develop your character's relationships with others (secondary characters). Include:</p> <ul style="list-style-type: none"> - description of secondary characters. - proper punctuation for any kinds of speech. - do not overuse speech marks! Stories are more than just dialogue. <p>Additional Technology Based Activity: Typingclub.com (student complete up to 15 minutes of typing practise).</p> <p>Reading: Read a book/ magazine/ newspaper for 10 minutes. Write a short paragraph making predictions about the text.</p>	<p><i>Fruit break</i></p> <p>Writing: Complete a detailed complication and resolution. Remember to describe the emotional response for your characters in your complication.</p> <p>Additional Technology Based Activity: Typingclub.com (student complete up to 15 minutes of typing practise).</p> <p>Reading: Read a book/ magazine/ newspaper for 10 minutes. Write a short paragraph summarising what you read.</p> <p>Optional Technology Based Activity: go onto Reading Eggs and complete an activity.</p>
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Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break
Middle	<p>Mathematics <i>Skills Practice:</i> Write out your four times tables.</p> <p><i>Number Talk:</i> Use as many strategies as possible to solve this problem: 4 273 - 719</p> <p><i>Number:</i> Choose a number between 10 000 and 99 000. Use words and pictures to create a poster showing as much information about the number as possible.</p> <p><i>Addition and Subtraction</i> What happens when you add an odd number to an even number? Do this 5 times using different numbers, then explain what the rule</p>	<p>Mathematics <i>Skills Practice:</i> Write out your five times tables in the grid provided.</p> <p><i>Number Talk:</i> Write down as many different ways as possible to break down this number: 17 326</p> <p><i>Math Investigation:</i> How many days have you been at MSPS for? Answer as accurately as you can. Try to use the exact number of days, hours, minutes?</p> <p><i>Addition and Subtraction</i> Write 5 real-life word problems that need to be solved using addition. Answer each problem and show your working.</p>	<p>Mathematics <i>Skills Practice:</i> Write out your 3 times tables in the grid provided.</p> <p><i>Number Talk:</i> Use as many strategies as possible to solve this problem: 2 409 - 612</p> <p><i>Math Investigation:</i> 1. Design a maths poster that will help your classmates understand a tricky math idea. 2. Create a timetable of your week. You could include the different lessons you have at school as well as scheduled time for homework, sleeping, eating and your favourite activities.</p>	<p>Mathematics <i>Skills Practice:</i> Write out your 10 times tables in the grid provided.</p> <p><i>Number Talk:</i> Write down as many different ways as possible to break down this number: 73 529</p> <p><i>Math Investigation:</i> 1. Budget a trip for your family to a place of your choice. Think about how much accommodation and food would cost for everyone as well as tickets to any attractions your family would enjoy in that area.</p>	<p>PDHPE Review: Look at your physical activity diary from this week. Calculate how much time each day was spent on physical activity. Challenge: identify two personal goals for a more active lifestyle. Brainstorm how you could achieve each goal.</p> <p>Plan: how you might involve other members of the family in this physical activity challenge.</p>

	<p>might be.</p> <p>Optional Technology Based Activity: go onto Mathletics and complete an activity.</p>	<p>Optional Technology Based Activity: go onto Prodigy and complete an activity.</p>	<p>Optional Technology Based Activity: go onto Mathletics and complete an activity.</p>	<p>Optional Technology Based Activity: go onto Prodigy and complete an activity.</p>	
Break	Break	Break	Break	Break	Break
Afternoon	<p>PDHPE Keep a diary of physical activity you participate in each day this week. Record the time spent each time.</p> <p>Practise: throw and catch a ball in different settings. Use a tennis ball or small ball that fits in one hand. Throw the ball overhead 10 times and catch it with the same hand thrown. Record how many times they caught the ball out of 10 throws. Swap hands and repeat the above process. Now try this again and try to beat the original score. Next, find a flat or uneven wall. Right hand under arm</p>	<p>History Create a mindmap of all the facts you can remember about federation.</p> <p>Read the information on the front of the sheet <i>Steps to Federation</i>. Using a highlighter or a pencil, highlight the important events leading up to Federation.</p> <p>Complete the worksheet on the back.</p>	<p>CAPA- Art Strengths: Refer to the strength list below and pick a strength that you believe refers to you. Create an artwork that has your name in it as well as the strength you have chosen.</p>	<p>Science Begin to create a healthy menu using sustainable resources (eg. using vegetables from a garden rather than frozen vegetables from the supermarket.</p> <ul style="list-style-type: none"> - What are the ingredients you need to create this meal? - How do you make this meal? (Write step-by-step instructions on how to create it. Be sure to be clear and concise with your instructions: don't forget anything!) - What are the sustainable practices 	<p>Catch-up Finish tasks from Monday -Thursday that you didn't complete.</p> <p>Make a paper airplane. Measure how far the plane flies. Repeat the flight three more times and average the measurements. Try a new design to see if you can beat that distance.</p>

	throw at the wall 10 times and attempt to catch the ball with the same hand. Repeat with the left hand. Next throw with one hand and catch with an alternate hand. Swap and repeat.			you used in creating this meal? - Write this in your notebook.	
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Friday 13/8					
Morning	<p>English Spelling: <i>Activities:</i></p> <ul style="list-style-type: none"> • Look, Cover, Write, Check. • Rainbow writing- all words • 5x compound sentences <p>Optional Technology Based Activity: go onto Spelling City and complete an activity.</p> <p>Brain break: Complete 10 minutes of mindfulness, put on some calming music and relax by focusing on your breathing.</p>				

	<p>Optional Technology Based Activity: go onto GoNoodle and complete a meditation activity.</p> <p>Fruit break</p> <p>Writing Write a narrative about the following topic: <i>Through the doorway.</i> Where is the doorway? What type of door is it? Perhaps your character will find something on the other side of the door?</p> <p>Reading: Read a book/ magazine/ newspaper for 10 minutes. Write a short paragraph making connections between what you have read and what you know about it.</p> <p>Optional Technology Based Activity: go onto Reading Eggs and complete an activity.</p>			
Break	Break			
Middle	Mathematics			

	<p><i>Skills practice:</i> Write out your 5 times tables on the grid provided.</p> <p><i>Number Talk:</i> Write down as many different ways as possible to break down this number: 62 810</p> <p><i>Maths investigation:</i> 1. If the answer is 256, what could the equation be? For example: $257-1=256$. What are the most complicated equations you can come up with? Complete this in your exercise book.</p> <p>Optional Technology Based Activity: go onto Mathletics and complete an activity.</p>			
Break	Break			
Afternoon	<p>PDHPE Using last weeks physical activity log, choose 2 fundamental movement skills that you did not attempt in that week (balancing, running,</p>	-		

	<p>jumping, catching, hopping, throwing, galloping, skipping, leaping and kicking). Create an activity that focuses on improving these fundamental movement skills. Attempt the activity and record the first, second and third attempt to see if your fundamental movement skill improves.</p>			
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<p><u>Compound sentences</u> Pick 5 of your spelling words. Write down a compound sentence for each word. Remember to use the connectives you have learnt in class.</p>	<p><u>Verb/noun/adjective sort</u> Sort out your spelling words underneath the headings verbs, nouns, adjectives. Sort them into their correct group</p>	<p><u>Consonant and vowel</u> Vowel: a, e, i, o ,u Consonant: every other letter of the alphabet Write out your spelling words using a different colour for vowel and consonant.</p>	<p><u>Fancy words</u> Write each of your words using fancy writing. Your letters could be curly or dooty... or whatever you decide! Be creative!</p>	<p><u>Alphabetical order</u> Write your words out in alphabetical order</p>
<p><u>Rainbow writing</u> Write out all of your spelling words, use a different colour for each letter.</p>	<p><u>Hidden words</u> Write out all of your spelling words. With each word, try and find as many hidden words as possible. e.g. <i>sandwich</i>: sand, and, an, hand, hid etc...</p>	<p><u>Pyramid</u> Write each of your words like a pyramid s so som some</p>	<p><u>Join the dots</u> Write each of your words using dots. Then join the dots with a coloured pencil to make your word.</p>	<p><u>Upper and lower case words</u> Write each of your words out two times. Write in UPPERCASE the first time and in lowercase the second time.</p>

Virtue of Wisdom

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Creativity
Original, adaptive, ingenuity, seeing and doing things in different ways
- 

Curiosity
Interest, novelty-seeking, exploration, openness to experience
- 

Judgment
Critical thinking, thinking through all sides, not jumping to conclusions
- 

Love of Learning
Mastering new skills & topics, systematically adding to knowledge
- 

Perspective
Wisdom, providing wise counsel, taking the big picture view

Virtue of Courage

- 

Bravery
Valor, not shrinking from threat or challenge, facing fears, speaking up for what's right
- 

Perseverance
Persistence, industry, finishing what one starts, overcoming obstacles
- 

Honesty
Authenticity, being true to oneself, sincerity without pretense, integrity
- 

Zest
Vitality, enthusiasm for life, vigor, energy, not doing things half-heartedly

Virtue of Humanity

- 

Love
Both loving and being loved, valuing close relations with others, genuine warmth
- 

Kindness
Generosity, nurturance, care, compassion, altruism, doing for others
- 

Social Intelligence
Aware of the motives and feelings of oneself and others, knows what makes others tick
- 

Teamwork
Citizenship, social responsibility, loyalty, contributing to a group effort
- 

Fairness
Adhering to principles of justice, not allowing feelings to bias decisions about others
- 

Leadership
Organizing group activities to get things done, positively influencing others

Virtue of Temperance

- 

Forgiveness
Mercy, accepting others' shortcomings, giving people a second chance, letting go of hurt
- 

Humility
Modesty, letting one's accomplishments speak for themselves
- 

Prudence
Careful about one's choices, cautious, not taking undue risks
- 

Self-Regulation
Self-control, disciplined, managing impulses, emotions, and vices

Virtue of Transcendence

- 

Appreciation of Beauty & Excellence
Awe and wonder for beauty, admiration for skill and moral greatness
- 

Gratitude
Thankful for the good, expressing thanks, feeling blessed
- 

Hope
Optimism, positive future-mindedness, expecting the best & working to achieve it
- 

Humor
Playfulness, bringing smiles to others, lighthearted – seeing the lighter side
- 

Spirituality
Connecting with the sacred, purpose, meaning, faith, religiousness

Weekly Spelling Words Week 5

Focus: Blue Spelling Rule

Name:

Monday

Tuesday

Wednesday

Thursday

Red Spelling Words

tapping

tapped

patting

patted

batter

flattest

Orange Spelling Words

bedding

shredder

stepped

wetter

pinned

winning

Green Spelling Words				
chopped				
stopping				
runner				
hugging				
rubbed				
choppy				