Year 5



Term 3 Weeks 6 & 7



Term 3 Week 6 Monday 16 August 2021

Time	Activities	Optional
9-25- 10-25	English Spelling: Activities: Look, Cover, Write, Check. Rainbow writing 5x compound sentences	
10:25- 11:30	Writing: Compare two characters from your favourite book, movie, TV series or video game, using a Venn diagram. • What are the similarities and differences between the two characters? • Write some describing words (adjectives) from the beginning of the text that describes the character. • Write some adjectives that describe the character at the end of the book. • Did the character change in the book? How do you know? Example Venn Diagram Apple White floth Fruit Red fleth Multy Severy Apple Severy	typeracer .com Pobble365
Brain b	preak: 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat twice & F	ruit break
11:30-11:45	Reading: Read a book/magazine/newspaper for 20 minutes Choose one reading task from the 'reading matrix'.	Reading Eggs BTN Squiz Kids Kids News EPIC
11:45- 12:25	Lunch Break	
12:25- 1:50	Mathematics Number Talk: Use as many strategies as possible to solve this problem: 9821 - 874 Skills Practice: Multiplication Write out your three times tables. Use a chosen multiplication strategy to answer the questions below. (Strategies: Area model, Lattice strategy, Split strategy, Algorithm)	Mathletics Prodigy Hit the Button

	Introductory	Consolidating	More Challenging		
	One to two-digit (x4)	Two-digit	Two or more digits		
	6 x 4	25 x 43	295 x 43		
	4 x 9	32 x 18	32 x 188		
	11 x 4	37 x 22	137 x 22		
	Create and answer 7	Create and answer 7	Create and answer 7		
	more questions of your	more questions of your	more questions of your		
	own.	own.	own.		
1:50-2:25		Break			
2:25- 3:25	PDHPE Animal fitness circuit (circuit cards are provided at the bottom of the document) There are 9 different exercises, and each exercise comes with a circuit card that explains what to do at each exercise. You will spend 40 seconds doing the exercise followed by 20 seconds rest while moving to the next station. The circuit is performed twice which allows eighteen minutes of circuit time with two minutes setting up. Circuit cards are provided at each station with pictures and information on how to perform the exercise. Get members of your family to join in. It will be more enjoyable if you're doing it with other people. After completing the circuit create your own circuit you can share with your friends and family.				
	Each exercise can be used as a great brain break activity because they require no equipment and they can be done in limited space.				
		e and more time rest e.g. 30	0 seconds exercise 30 s the circuit easier to follow)		

Term 3 Week 6 Tuesday 17 August 2021

Time	Activities	Optional
9-25-	English	
10-25	Spelling: Activities:	
	Look, Cover, Write, Check.	
	Verb, noun, adjective sort	
	Hidden words	

10:25-BTN Writing: 11:45 typeracer Create a list on writing ideas or a mind map. What could you .com write about looking at this picture? (Come up with 5 different plot ideas) Write a list (10 words) of descriptive words, then see if you can up level each word to a WOW word. Use the 10 wow words in 10 sentences. Sentence must relate to the stimulus. Brain break: Put on your best dancing song and dance your heart out & Fruit break Reading: Squiz Kids Read a book/magazine/newspaper for 20 minutes Kids News Choose one reading task from the 'reading matrix'. **EPIC** Reading Eggs 11:45-Lunch Break 12:25 12:25-**Mathematics** Mathletics 1:50 Number Talk: Three of these boxes are alike, one is different. Which three are Prodigy alike? Which one is different and why? $5 \times 2 + 3 =$ 10 - 3 + 3 = $6 \times 3 - 5 =$ $4 \times 2 + 6 =$ Skills Practice: Multiplication Write out your four times tables. Use a chosen multiplication strategy to answer the questions below. (Strategies: Area model, Lattice strategy, Split strategy, Algorithm) Consolidating More Challenging Introductory One to two-digit (x6) Two or more digits Two-digit 3 x 6 58 x 23 258 x 23 6 x 8 49 x 51 49 x 451 17 x 95 12 x 6 157 x 95 Create and answer 7 Create and answer 7 Create and answer 7 more questions of your more questions of your more questions of your own. own. own. Maths Investigation: More Challenging Introductory Consolidating A squad of 20 Apples are cut into 8 A cinema has 21 footballers are each pieces to be shared screens. Each screen given three new pairs of among some students. has 297 seats. How

	boots. Each pair 16 studs. How m studs are there altogether?	any s	Twenty-two bags of seven apples are used. How many pieces of apple are cut?	many seats are then the cinema?	re in	
1:50-2:25			Break			
1.50-2.25			Dieak			
2:25- 3:25	Science Look around your the fridge, cupboa find. Add as many With your parents' them into little cup Fill them up a little Check on them ev Create a table to r	you and put				
	Liquid used	1				
	Milk					
	Answer the following questions: · What took the longest to freeze? · What was the quickest to freeze?					
	What do you think					

Term 3 Week 6 Wednesday 18 August 2021

	Activities	Optional
9-25- 10-25	English Spelling: Activities: Look, Cover, Write, Check. Consonant and vowel colour code Pyramid	
10:25- 11:45	Writing: Write a letter to the main character of the last book you read or movie you watched. Ideas to include in the letter Your favourite part of their journey in the book or movie How you would make book or movie plot different What character would you be in the book or movie.	typeracer .com

Brain break: Go outside and look up to the sky. Count how many animals you can find. Fruit break

	Reading: Read a book/magazine/nev Choose one reading task fr	Reading Eggs BTN Squiz Kids Kids News EPIC pobble365			
11:45- 12:25		Lunch Brea	ak		
12:25-1:50	Mathematics Number Talk: How many tri Skills Practice: Multiplicatio Write out your five times tal Use a chosen multiplication for numbers ending with a (strategy, Algorithm)	Mathletics			
	Introductory	Consolidating	More Challenging		
	One to two-digit (x7)	Two-digit	Two or more digits		
	7 x 2 6 x 7	36 x 20 74 x 40	36 x 200 74 x 400		
	11 x 7	91 x 30	91 x 300		
	Create and answer 7	Create and answer 7	Create and answer 7		
	more questions of your	more questions of your	more questions of your		
	own.	own.	own.		
	Maths Investigation:				
	Introductory	Consolidating	More Challenging		
	Marcus has 12 boxes of books. Each box has 18 books in it. How many books does Marcus have?	An office lady purchases 12 boxes of A4 paper. Each box contains 5 reams, with each ream containing 500 sheets of paper. How many sheets of paper are ordered?	A football club has an average attendance of 859 people to each match. What is the total attendance for the 29 matches played in a season?		
1.50 2.25	Descrip				
1:50-2:25		Break		.,	
2:25- 3:25	PDHPE How to stay positive during the Coronavirus Pandemic Poad this article from The Guardian powerpaper			YouTube: PE with Joe	
	Read this article from The Guardian newspaper https://www.theguardian.com/lifeandstyle/2020/mar/17/silver-linings-how-to-stay-positive-during-the-coronavirus-crisis GoNoodle				

Answer these 3 questions:

- 1. How could you implement the 3 tips for happiness suggested by Professor Lea Waters in the article?
- 2. Of the 3 benefits of happiness listed, which do you think is the most important to you right now and why?
- 3. How can small actions make a big difference? Think of some examples in your own life.

Now watch this video from Professor Lea Waters. https://www.youtube.com/watch?v=g5Uulo_AS1Q

- What are her 3 handy hints to avoid cabin fever during the coronavirus crisis?
- Why do you think these 3 tips are handy?
- With your family create a family contract
- Create different zones for you and your family.

Term 3 Week 6 Thursday 19 August 2021

Term 3 Week 6 Thursday 19 August 2021					
Time	Activities	Optional			
9-25- 10-25	English Spelling: Activities: Look, Cover, Write, Check. Fancy words				
10:25- 11:45	Writing: Create an introduction that goes for 2 paragraphs, including who, when and where. Write 2 paragraphs that develop your character's relationships with others, (secondary characters) and include a description. Remember to use your VCOP skills, vocabulary, connectives, openers and punctuation.	Reading Eggs BTN Squiz Kids Kids News EPIC typeracer .com			
Brai	Brain break: 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat twice & Fruit break				
	Reading: Read a book/magazine/newspaper for 20 minutes Choose one reading task from the 'reading matrix'.				

11:45- 12:25				
12:25- 1:50 How many dots are shown below?	Mathematics Number Talk: How many do Skills Practice: Multiplicatio Write out your six times tab When multiplying a larger n group. Use a chosen multiplying to x9! (Strategies: Area m	Mathletics		
	One to two-digit (x9)	Consolidating Two-digit (x9)	More Challenging Two or more digits	
	9 x 5 12 x 9 9 x 9 Create and answer 7 more questions of your own.	48 x 9 9 x 76 39 x 9 Create and answer 7 more questions of your own.	(x90) 148 x 90 90 x 176 239 x 90 Create and answer 7 more questions of your own.	
	Maths Investigation:			
	Introductory	Consolidating	More Challenging	
	There are 7 days in a week. How many days are there in 5 weeks?	Missy is organising a soccer tournament and she wants 15 teams with 10 people on each team. There are 145 people signed up. Is there enough for 15 teams?	Eggs are sold in trays of 24. In a week, a farmer sells 372 trays. How many eggs does he sell in one week?	
1:50-2:25		Break		
2:25- 3:25	Geography Mapping revision Complete the worksheet lal the world map.		ns, and compass points on	

Term 3 Week 6 Friday 20 August 2021

Time		Activities		Optional		
9-25- 10-25	English Spelling: Activities: Look, Cover, Write, Che Alphabetical order Upper and lower case v					
10:25- 11:45	Writing: If you owned a restaurant, your restaurant.	what food would you sell? C	Create a detailed menue for	typeracer .com		
Brain break	k: Meditation, put some calm	ning music on for 10 minutes	s and control your breathing	- Fruit break		
	Reading: Read a book/magazine/newspaper for 20 minutes Choose one reading task from the 'reading matrix'.					
11:45- 12:25		Lunch Brea	ak			
12:25- 1:50	Mathematics Number Talk: Complete the following number sentences: 4 x 6 = (operation) You can choose +, -, x or ÷. For example, you can pick to do any of these: 4 x 6 = +; 4 x 6 =; 4 x 6 = x; 4 x 6 = ÷ Skills Practice: Multiplication Write out your seven times tables. Use a chosen multiplication strategy to answer the questions below. (Strategies: Area model, Lattice strategy, Split strategy, Algorithm)					
	Introductory	Consolidating	More Challenging			
	One to two-digit (x8)	Two-digit	Two or more digits			
	8 x 3 6 x 8 12 x 8 12 x 8 Create and answer 7 more questions of your own. 48 x 37 48 x 373 161 x 85 122 x 78 Create and answer 7 more questions of your own. Create and answer 7 more questions of your own. 48 x 373 161 x 85 122 x 78 Create and answer 7 more questions of your own. own.					
	Maths Investigation:					
	Introductory	Consolidating	More Challenging			
	In a shop, coloured pencils are sold in packs. Each pack	How many tables are needed to seat 237	In a dance competition, there are 32 teams. Each team has 8			

	contains 7 coloured pencils. If the shopkeeper sells 8 packs, how many pencils are sold altogether?	people when the tables seat 11 people each?	dancers. Each dancer has 5 pairs of shoes. How many pairs of shoes will there be at the competition?	
1:50-2:25		Break		
2:25- 3:25	Sport Practise: throw and catch a that fits in one hand. Throw hand thrown. Record how result original score. Next, find a wall 10 times and attempt the left hand. Next throw with corepeat.	YouTube: PE with Joe GoNoodle		

Term 3 Week 7 Monday 23 August 2021

Time	Activities	Optional
9-25- 10-25	English Spelling: Activities: Look, Cover, Write, Check. Rainbow writing 5x compound sentences	
10:25- 11:45	Writing: Character building: Create a mind map of a character. To think of a character, ask yourself the following. Is it: Living or nonliving? Where could you find it? What is it? What are its interests (likes, dislikes, hobbies)?	typeracer .com
Brain	break: 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat twice &	Fruit break
	Reading: Read a book/magazine/newspaper for 20 minutes Choose one reading task from the 'reading matrix'.	Reading Eggs BTN Squiz Kids Kids News EPIC
11:45- 12:25	Lunch Break	
12:25- 1:50	Mathematics	Mathletics

Number Talk: Black or Whit know this?	re? Which colour is covering	g more area? How do you		
Use a chosen division strate remainders as well! (Strate	egy to answer the questions gies: Short division, Split			
Introductory	Consolidating	More Challenging		
Half (÷2)	Two by one-digit	Two or more digits		
14 ÷ 2 24 ÷ 2 50 ÷ 2 Create and answer 7 more questions of your	48 ÷ 4 56 ÷ 5 69 ÷ 3 Create and answer 7 more questions of your	348 ÷ 4 956 ÷ 5 691 ÷ 3 Create and answer 7 more questions of your		
	own.	own.		
Wattis IIIVestigation.				
Introductory	Consolidating	More Challenging		
Anthony took a 20m piece of rope and cut it into 4 equal pieces. How long is each piece of rope?	The dress Emily bought was \$100. She is paying it off over 5 weeks. How much does she pay each week?	Mary was tiling her bathroom. She needed 105 tiles to complete the job. They come in boxes of 14. How many boxes does she need to order to make sure she has enough to tile her bathroom?		
Break				
PDHPE Throlf (throwing golf) – to be played inside or outside https://www.sportaus.gov.au/ data/assets/pdf_file/0013/704002/Throlf.pdf 1. Create 3 targets that you can safely throw a soft object towards. Choose a 'starting point' where you will throw the object from. Place each target at different distances from the 'starting point'. 2. Choose or create at least one object that will act as an obstacle. The obstacle needs to be placed between the 'starting point' and the target.			YouTube: PE with Joe GoNoodle	
	Skills Practice: Division Write out your seven times Use a chosen division strat remainders as well! (Strate grouping, Inverse operati Introductory Half (÷2) 14 ÷ 2 24 ÷ 2 50 ÷ 2 Create and answer 7 more questions of your own. Maths Investigation: Introductory Anthony took a 20m piece of rope and cut it into 4 equal pieces. How long is each piece of rope? PDHPE Throlf (throwing golf) – to b https://www.sportaus.gov.ai 1. Create 3 targets tha a 'starting point' where you different distances from the 2. Choose or create at	Skills Practice: Division Write out your seven times tables. Use a chosen division strategy to answer the questions remainders as well! (Strategies: Short division, Split grouping, Inverse operations) Introductory Consolidating Half (+2) Two by one-digit 14 + 2	Skills Practice: Division Write out your seven times tables. Use a chosen division strategy to answer the questions below. Include any remainders as well! (Strategies: Short division, Split strategy, Halving, Equal grouping, Inverse operations) Introductory Consolidating More Challenging Half (+2) Two by one-digit 14 + 2 48 + 4 348 + 4 956 + 5 69 + 3 Create and answer 7 more questions of your own. Maths Investigation: Introductory Consolidating More Challenging Create and answer 7 more questions of your own. Maths Investigation: Introductory Consolidating More Challenging More Challengine More Challengine More Challengine More Challengine More	

3. Discuss with your parent/caregiver or sibling the type/s of throw you plan to use so you can hit the target in as few throws as possible. Predict which type of throw you think will be most effective. Example throwing styles include overarm, underarm, two-hand overhead, two-hand underhand, shoulder throw, your own throwing style. Target 1	
Target 2	
-	
Target 3	
- "	
4. Throw the object towards the target. You should aim to hit the target. Pick up the object from where it landed and throw the object again until the target has been hit.	
5. Record how many throws it took to hit the target.	
6. Repeat the challenge 5 times for each of the 3 targets (see if you get better your score)	
Resources	
A soft object to throw (for example, soft ball, pair of socks, soft toy,	
scrunched-up paper).	
 3 objects or landmarks to create a target for the object to hit (for example, bucket, a long piece of string laid in a circle, an 'X' formed by two pieces of tape/material, a t-shirt laid on the ground, a chair/bench, a wall, a tree). 3 or more different unbreakable safe objects to act as an obstacle. 	
	to use so you can hit the target in as few throws as possible. Predict which type of throw you think will be most effective. Example throwing styles include overarm, underarm, two-hand overhead, two-hand underhand, shoulder throw, your own throwing style. Target 1 Target 2 Target 3 - 4. Throw the object towards the target. You should aim to hit the target. Pick up the object from where it landed and throw the object again until the target has been hit. 5. Record how many throws it took to hit the target. 6. Repeat the challenge 5 times for each of the 3 targets (see if you get better your score) 7. Explain how you refined your throwing during the game of 'Obstacle golf' to effectively throw your object to the target. Resources A soft object to throw (for example, soft ball, pair of socks, soft toy, scrunched-up paper). 3 objects or landmarks to create a target for the object to hit (for example, bucket, a long piece of string laid in a circle, an 'X' formed by two pieces of

Term 3 Week 7 Tuesday 24 August 2021

Time	Activities	Optional
9-25- 10-25	English Spelling: Activities: Look, Cover, Write, Check. Verb, noun, adjective sort Hidden words	
10:25- 11:45	Writing: The aim of this activity is to write a non-fiction text about yourself in the format of an information poster. It will include many common non-fiction text features. Include: A large main heading A minimum of 4 sub-headings followed by a paragraph of text that relates back to the subheading A text box of basic facts A family tree diagram A map A photograph or realistic illustration	typeracer .com

	Brain break: Put on your	best dancing song and dar	nce your heart out & Fruit bro	eak
	Reading: Read a book/magazine/newspaper for 20 minutes Choose one reading task from the 'reading matrix'.			Reading Eggs BTN Squiz Kids Kids News EPIC
11:45- 12:25		Lunch Brea	ak	
12:25- 1:50	Mathematics Number Talk: How many times can you make the number 45, using the digits 1, 2, 3, 4, 5 or 8 and any of the four operations (+, -, x, ÷)? Skills Practice: Division Write out your eight times tables. Use a chosen division strategy to answer the questions below. Include any remainders as well! (Strategies: Short division, Split strategy, Halving, Equal grouping, Inverse operations)			Mathletics
	Introductory	Consolidating	More Challenging	
	÷3	Two by one-digit	Two or more digits	
	18 ÷ 3 23 ÷ 3 42 ÷ 3 Create and answer 7 more questions of your own.	48 ÷ 7 43 ÷ 9 64 ÷ 5 Create and answer 7 more questions of your own.	148 ÷ 7 243 ÷ 3 421 ÷ 5 Create and answer 7 more questions of your own.	
	Maths Investigation: Introductory	Consolidating	More Challenging	
	Mrs Small divided the 25 children in her class into 5 groups. How many children are in each group?	There are seventeen boys and fourteen girls in a class. The children sit at tables of 4. How many tables are needed?	Jason bought a 12-month gym membership for \$418. How much does he need to pay per month?	
1:50-2:25		Break		
2:25- 3:25	PDHPE Watch this short video about Turia Pitt https://vimeo.com/484245677 Turia has built a life of love, hope and generosity. She has shown resilience and determination to overcome many challenges. • What would make your day awesome? YouTube: PE with Joe GoNoodle		with Joe	

Ask your family member the same question and tell them your response.
How do you think Turia felt when she was told she could never run again?
Have you ever been told you can't do something before? What did you do to overcome this challenge?
Trace your hand, in each finger write the name of a person you could turn to if you had a problem.
Draw yourself doing the things you love most in life. What activity would you be most sad to have to give up?
Extension:
How can we be resilient in times like now?
What are 3 things you are grateful for?
Write down different ways you could practice gratitude.

Term 3 Week 7 Wednesday 25 August 2021

Time	Activities Activities	Optional
9-25- 10-25	English Spelling: Activities: Look, Cover, Write, Check. Consonant and vowel colour code Pyramid	
10:25- 11:45	Writing: Create a detailed WANTED poster for your favourite movie/ tv-show/ book character. This should include a picture of them, a detailed explanation of their setting, their connections with other characters, their personality traits, their physical traits.	
Brain	break: Go outside and look up to the sky. Count how many animals you can find &	Fruit break
	Reading: Read a book/magazine/newspaper for 20 minutes Choose one reading task from the 'reading matrix'.	Reading Eggs BTN Squiz Kids Kids News EPIC
11:45- 12:25	Lunch Break	
12:25- 1:50	Mathematics Number Talk: Find out the highest possible number by moving only two match sticks. Find out the highest possible no. by moving only 2 match sticks Skills Practice: Division Write out your nine times tables.	Mathletics

	Use a chosen division strategy to answer the questions below. Include any remainders as well! (Strategies: Short division, Split strategy, Halving, Equal grouping, Inverse operations)			
	Introductory	Consolidating	More Challenging	
	÷4	Two by one-digit	Two or more digits	
	38 ÷ 4 44 ÷ 4 21 ÷ 4 Create and answer 7 more questions of your own.	38 ÷ 6 44 ÷ 5 21 ÷ 9 Create and answer 7 more questions of your own.	368 ÷ 6 454 ÷ 5 281 ÷ 9 Create and answer 7 more questions of your own.	
	Maths Investigation: Introductory	Consolidating	More Challenging	
	Jenna, Kristy and Andrew are going to split the cost of a present equally. How much will each person pay if the gift costs \$18?	A teacher has 2 boxes of pencils. One has 173 pencils and the other 149 pencils. He puts the pencils together and shares them equally into 7 pots. How many pencils will there be in each pot?	45 students and 2 teachers are at a pizza party. 23 students want 2 pieces of pizza and the remaining students and teachers want 3 pieces. Each pizza has 8 pieces. How many pizzas should they order?	
1:50-2:25		Break		
2:25- 3:25	Science Gases Gases are an important part of matter. Create a list of what gases you can think of.		YouTube: PE with Joe GoNoodle	
	Have a look at the picture below: Enter in the different identifying solids, liquids and gas. Look at the diagrams below. Wite in each box whether the labelled part is a gas, a liquid or a solid. Here is a list of different types of gases. Draw a picture to represent the different types: · Wind			

 Car exhaust Helium balloons Smoke Any other you can think of 	
Optional: Create these pictures on the computer	

Term 3 Week 7 Thursday 26 August 2021

Time	Term 3 Week 7 Thursday 26 August 2021 Time Activities Optional			
9-25- 10-25	English Spelling: Activities: Look, Cover, Write, Check. Fancy words			
10:25- 11:45	Writing: Create a poster on your favourite animated character, this should include a picture, their personality, family & friends, where they live, and why they are your favourite.			
Brain	break: 5x star jumps; 10x s	quats; Run on the spot for 2	20 seconds. Repeat twice &	Fruit break
	Read a book/magazine/newspaper for 20 minutes Choose one reading task from the 'reading matrix'.			Reading Eggs BTN Squiz Kids Kids News EPIC
11:45- 12:25	Lunch Break			
12:25- 1:50	Mathematics Number Talk: Use the numerals 1, 9, 9 and 6 exactly in that order to make as many of the following numbers as possible: 35, 73, 76. You may use any operation or brackets. Example, 1x9+9x6=63. How many other kinds of numbers can you make? Skills Practice: Division Write out your eleven times tables. Use a chosen division strategy to answer the questions below. Include any remainders as well! (Strategies: Short division, Split strategy, Halving, Equal grouping, Inverse operations)			
	Introductory	Consolidating	More Challenging	
	÷5	Two by one-digit	Two or more digits	
	60 ÷ 5 47 ÷ 5 81 ÷ 5	60 ÷ 4 74 ÷ 5 81 ÷ 7	601 ÷ 4 754 ÷ 5 841 ÷ 7	

		1	1
	Create and answer 7	Create and answer 7	Create and answer 7
	more questions of your	more questions of your	more questions of your
	own.	own.	own.
	Maths Investigation:		
	Introductory	Consolidating	More Challenging
	Carla had 16 friends over for dinner. They were seated with equal numbers at 2 tables. How many guests sat at each table?	A grocer has 189 baking potatoes. The grocer puts 75 baking potatoes out individually and bags the rest of the potatoes into packs of 6. How many packs of 6 does the grocer make?	It is recommended that you drink 2L of water every day. If your cup holds 210mL, how many cups of water would you need to drink to have 2L?
1:50-2:25	Break		
2:25-	Geography		
3:25	Trace the outlines of Australia and New Zealand to make your own map. • Add a compass point. • Find and label the capital cities of Canberra and Wellington. • Label the states of Australia. • Label the North and South Islands of New Zealand. • Label the surrounding oceans and seas. • Give your map a title.		

Term 3 Week 7 Friday 27 August 2021

Time	Activities	Optional
9-25- 10-25	English Spelling: Activities: Look, Cover, Write, Check. Alphabetical order Upper and lower case words	
10:25- 11:45	Writing: Think about what has been happening at your house during the past week. Choose 3 things that have happened to turn into reports for a news program called "News from Our Place." Even if not much exciting is happening, do your best to turn the events into exciting news items. For eg, if your house has become super messy with everybody trying to work at home, you could turn that into a weather report about a hurricane. Your sports report could include commentary about an amazing trick performed on the trampoline. You might decide to interview your sibling about the great achievement of completing their school work before lunchtime. Be creative.	typeracer .com
Brain bre	ak: Meditation, put some calming music on for 10 minutes and control your breathing	& Fruit break

11:45- 12:25 12:25- 1:50	Reading: Read a book/magazine/newspaper for 20 minutes Choose one reading task from the 'reading matrix'. BTN Squiz Kids Kids News EPIC Lunch Break Mathematics Number Talk: How can I get the answer 45 by using these numbers: 8, 8, 3 and 3? You can use +, -, x, ÷ or () and must use all the numbers. Skills Practice: Division Write out your twelve times tables. Use a chosen division strategy to answer the questions below. Include any remainders as well! (Strategies: Short division, Split strategy, Halving, Equal grouping, Inverse operations)			Eggs BTN Squiz Kids Kids News EPIC
	Introductory ÷6	Consolidating Two by one-digit	More Challenging Two or more digits	
	36 ÷ 6 41 ÷ 6 50 ÷ 6 Create and answer 7 more questions of your own.	96 ÷ 6 41 ÷ 3 50 ÷ 7 Create and answer 7 more questions of your own.	396 ÷ 6 441 ÷ 3 510 ÷ 7 Create and answer 7 more questions of your own.	
	Maths Investigation:			
	Introductory	Consolidating	More Challenging	
	15 friends are going to the beach. How many cars would they need if each car could hold 5 people?	A toy warehouse has 156 packs of 3 cars. The cars are to be re-boxed in packs of 5. How many packs of 5 can be made from these cars?	A teacher has 7 packs of 12 pencils and 2 packs of 54 pencils. The teacher shares these pencils out into 8 pencil pots. How many pencils will be in each pot?	
1:50-2:2	Break			
5 2:25- 3:25	Sport Steps: You will need a rubber ball (high bounce ball) or a tennis ball for this activity Rebound the ball off a brick wall, the ground and then catch – repeat 5 times in a row After you catch the ball 5 times in a row, try some of these variations: Rebound the ball up and clap 1,2,3 or more times – what your best score? Rebound the ball, turn around and catch Rebound the ball, touch the ground with one hand, stand up and catch		with Joe	

- Try with your right hand, left hand, both hands
- What other tricks can you come up with for catching can you teach someone else in your home.
- Can you turn this into a game that includes scoring?

Answer these questions in your book:

What part of your hand do you catch with?

What was your best score for clapping your hands when you threw the ball in the air?

what was your favourite catching trick?

Frog Squats

- 1. While standing, set your feet so they are wider than your shoulders.
- 2. Lean forward and place your elbows on the inside of your knees.
- 3. Squat down and try to touch your backside on the back of your legs.
- 4. Extend your legs back straight so you feel a stretch in the back of your legs.
- 5. Continue this movement for the allotted time.







Speedy squirrel (kick sits)

- 1. Start on your hands and knees
- 2. Slide your right leg to the left until your hip is on the ground
- 3. While bringing your right leg back to the middle slide your left leg to the right until your hip is on the ground.
- 4. It should be a smooth constant movement.
- 5. Repeat movement for the allotted time.





Donkey Kicks

- 1. In a push up position with your knees slightly bent and head over the top of your hands.
- 2. Jump and flick your legs so the back of your heels touch your backside.
- 3. Repeat the movement for the allotted time.

18Framework

4. While doing the movement, flex your abs and have a tight core







Mountain Goats

- 1. Get onto hands and knees on the floor and then up on your toes (plank position)
- 2. Pull one knee up towards your chest
- 3. Repeat action with your other knee
- 4. Continue alternating the movement with both knees





Dead Bugs

- 1. Lie on your back and lift your bent knees so that your shins are in line with the floor.
- 2. Bend your arms directly in front of your face or rest them on the knees.
- 3. Pull your abs in and crunch up into a crouched position lifting your shoulders off of the floor as well as your tailbone.



© NSW D

Struggling turtle

- Lay flat on your back and bend your knees up so your feet come in closer to your body.
 Keeping your back flat on the ground, use your core muscles to reach down and touch your right heel with your right hand.
- Doing the same thing, reach down with your left hand to touch your left heel.

Peeping meerkat

- 1. Start in a standing position, then drop to the ground into a push up position.
- 2. Drop your chest to the ground, then push up ad bring your legs up so you are on your hands and feet.
- 3. From this position, stand up, jump, and raise your hands above your head.
- 4. Land back into your standing position, then repeat steps 1, 2 and 3.
- 5. Repeat these steps until time runs out.





Cheetah runs

- 1. Get yourself in a standing start position to begin the sprint.
- 2. Push off your back foot and begin to run.
- 3. Keep your head down and body low over the first 5 steps to build speed.
- 4. Proceed to a full sprint, making sure you are using your arms and picking up your knees in your stride (run for 5 to 10 metres)
- 5. When you reach the cone gently bring yourself to a stop, set up and do the same back to the other cone.









Gorilla crawls+





- 1. Start at the cone standing with your feet wider than shoulder-width apart. Then bend over and reach your hands out on the ground in front of you.
- 2. You will shift your weight forward to your hands on the ground and then jump your feet forward outside your hands.
- 20Framework fo
- 3. Repeat step 2 until you reach the other cone
- 4. Stand up, turn around and hop back to the starting cone like a kangaroo 5. Repeat from the start till time is up









Spelling Lists			
Week 6	Week 7		
Focus: Vowel suffix -ology	Focus: q as in queen/cq acquire saying "k"		
R	ed		
ideology	queen		
mythology	question		
audiology	quilt		
geology	quit		
anthropology	equip		
criminology	quirky		
Ora	ange		
etymology	aquatic		
theology	acquire		
climatology	queasy		
embryology	squad		
archaeology	equal		
astrology	lacquer		

Green	
oncology	equipment
pharmacology	questionable
immunology	acquainted
futurology	quietest
toxicology	acquaintance
Egyptology	acquisition

Reading Matrix

Character profile Draw a picture of a character in your text. Label your character. Write a short biography for this character.	<u>Different Ending</u> Change the ending of your story/chapter. Illustrate after you have written.	Summarising Jot down as many very important Points from the text as you can.	Character comparison Choose two characters and compare. How are they different? How are they the same?
Mapping it out Have a go at drawing a map of one of the places from the text you have just read. See how much detail you can include in your map, including different places, keys and colour.	about the text you have read. To create a concrete found poem, students must only use words, phrases or even whole sentences "found" in their text. Then, they	Connecting Based on the text you have just read, share a story about yourself that is related to an event or character that was in the book. How do you relate to this character? Do you share the same opinions? Friendships? Family life? Interests?	
Status Update Write 3-4 'status updates' on your character/object in your text. This might be what they are doing right now, what their opinion is on a topic, what they are thinking about.	Predicting Before you read your text predict what you might be reading, use the images and subheadings to guide your predictions.	Visualising Draw a picture of what is happening from what you visualised in your head. Write about this scenario.	Character poster Create a wanted poster, based on a character from your text. This should include a picture of them, their interests, personality traits etc.



Some wellbeing ideas and conversation started to do whilst in lockdown Wellbeing Idea Conversation Starters – discuss with family over dinner. If you could click your fingers and be anywhere in the world right now, where would Create a gratitude tree. What are you grateful for? Get your family you be? Why? involved and sharing what they are grateful for. Wellbeing journal – write down how you are feeling, what are you doing If you could have three people, dead or alive, famous, or not, to come for dinner, who would you choose? Why? to boost your moods. Create/Draw/Paint some encouraging quotes to displays around your If you had the power to change one thing about the world that would help, what would vou change? Why? home. If you could turn into a different animal for a week, which one would it be and why? Great out in nature, take some photos or watch some clouds. You are an amazing person – create a list of 10 reasons why. You could If you had the power to make either kindness or humour compulsory for all also do this activity for a family member as well. students, which would you choose? Why? Yoga and mindfulness. If you lived inside the story of a book, would it be Harry Potter or Narnia? Why? What do you think makes a good friend? (Trust, respect, honesty, Would you rather be able to breathe underwater or fly? Why? humour, empathy etc). Write a letter to a friend about your friendship. Call, Facetime or zoom a friend and talk to them for 10minutes about Would you rather swim in the waters of Antarctica in your swimmers or walk through the Sahara Desert in winter jackets you couldn't take off? Why? anything other than COVID-19. Write a week of affirmation cards to use. Positive talk will boost your If it could rain food on you, what would you choose it to be? Why?

mood.

Learn a new skill. examples: cooking, knitting, juggling, learn a new language or do a cartwheel.

If you could choose to have a superpower, just for one day, which one would you choose? Why?

WORLD MAP

WORD BOX

EQUATOR

PRIME MERIDIAN

NORTH AMERICA

SOUTH AMERICA

AUSTRALIA

DIRECTIONS:

- 1. Draw and label the Prime Meridian in PURPLE. Draw and label the Equator in ORANGE.
- 2. Fill in the compass rose with the cardinal directions.
- 3. Color the oceans in BLUE and label all five oceans.
- 4. Color & label the continents. Color North America RED. Color South America in ORANGE. Color Europe in PURPLE. Color Africa in YELLOW. Color Asia in GREEN. Color Australia in BROWN. Color Antarctica in GREY.

AFRICA ASIA ANTARCTICA **EUROPE** PACIFIC OCEAN ATLANTIC OCEAN INDIAN OCEAN SOUTHERN OCEAN ARCTIC OCEAN NORTH SOUTH EAST WEST

