


Muswellbrook South Public School

Kindergarten




Week 10

Term 3 Week 10 Monday 13 September 2021

Activities		Optional
Morning	<p>Reading Read or listen to a book with a family member. Find a book at home, at Storyline Online https://www.storylineonline.net/, or on class Dojo.</p> <p>After reading the book: See if you can spot the characters using any character strengths such as kindness, bravery, perseverance or teamwork.</p> <p>Phonics Complete the spin a vowel phonics sheet attached below.</p> <p>Sight Words Pick the 5 sight words you find the trickiest, say and write them down 5 times each.</p>	<p>Watch the short clip on how a tomato plant grows. Put the pictures in order From Seed To Fruit (d3tt741pwxgwm0.cloudfront.net)</p> <p>Jolly Phonics, A-Z - Youtube</p>
	<p>Mindful Jar Create a glitter mindful jar to help increase attention and focus.</p>  <p>You can use a mason jar, a spice jar, or even a plastic water bottle. Be sure to use glitter that sinks rather than floats.</p> <p><i>* If you'd prefer to avoid using glitter, you can make a more eco-friendly version by using different-coloured beads, a mix of food colouring and oil, or even pieces of LEGO you already have around the house.</i></p> <p>Fill the jar to the top with water.</p> <p>Pick three colours of glitter: one to represent thoughts, one to represent feelings, and one to represent behaviours.</p> <p>Drop a few pinches of each colour glitter into the water, which represents their mind, and maybe a few drops of food coloring.</p> <p>Seal the jar with its lid.</p> <p>https://www.mindful.org/how-to-create-a-glitter-jar-for-kids/</p>	<p>Reading Eggs</p> <p>Brain Break Silly Pirate Song- Jack Hartmann</p>
Break		

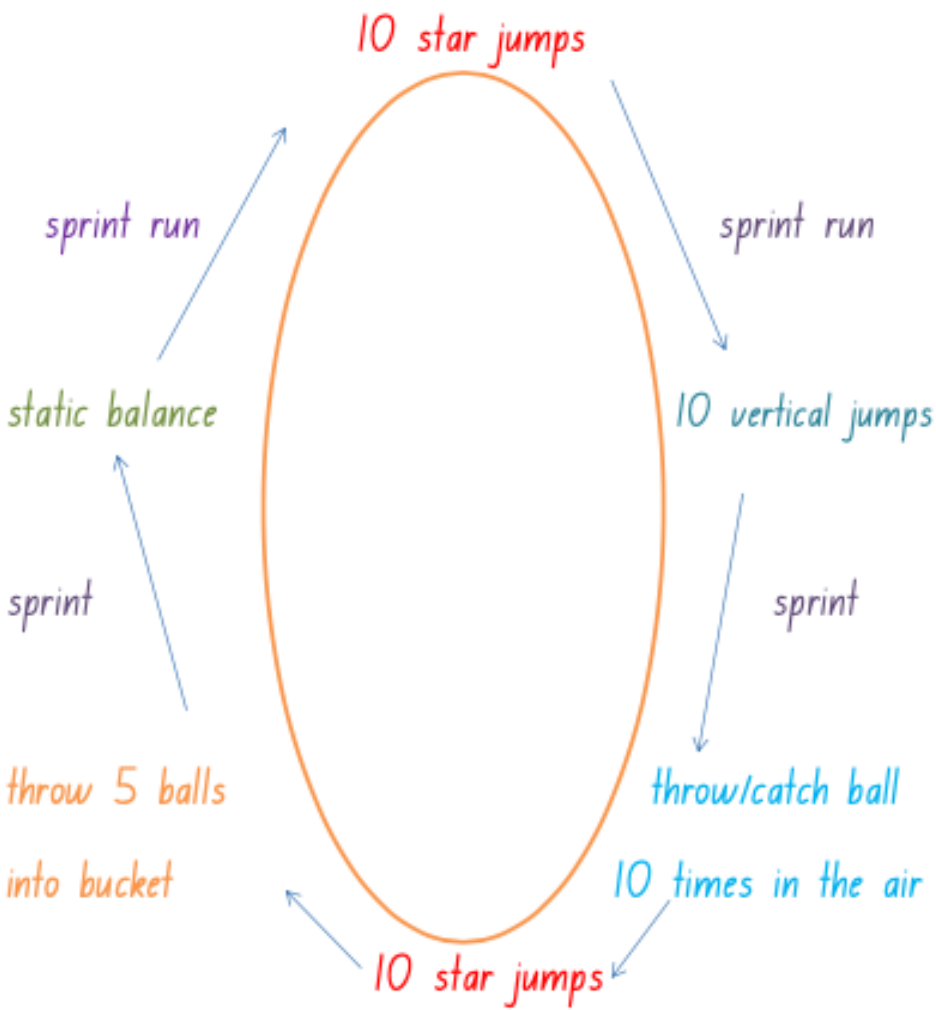
Middle	<p>Mindfulness - Sensitive Octopus breaths</p> <p><u>Instructions:</u> Our Sensitive Octopus helps us to be a good friend. This means we can be trusted and we treat people with respect. You can also be a good friend to yourself! We need to love ourselves so that we can also love people and animals around us.</p> <p>Breathe in deeply through your nose as you do this. wrap your arms around your body (, like you are giving yourself a hug.) Breathe out of your mouth as you give yourself a gentle hug and</p> <p>Snakes and ladders- board games attached (1-20, 1-50)</p> <p>Practise counting forwards to 30 and backwards from 20.</p>	<p>Mathletics</p> <p>Jack Hartmann- Count to 100</p> <p>Jack Hartmann - Subitize Country style</p>									
<p>Break</p>											
Afternoon	<p>Health</p> <p>Kindness bingo In the grid attached below brainstorm some ideas on how you can show kindness at home. It could be simple things like, helping set the table for dinner, help wash the dishes, make a special card for someone at home. Fill in the grid and cross off each time you complete one of your kindness activities. See how many you can do in a week.</p> <table border="1" data-bbox="308 1305 1220 1787"> <tbody> <tr> <td></td><td></td><td></td></tr> <tr> <td></td><td>Kindness Bingo</td><td></td></tr> <tr> <td></td><td></td><td></td></tr> </tbody> </table>					Kindness Bingo					<p>Just Dance 2016 - I Gotta Feeling (Classroom version) https://www.youtube.com/watch?v=m3402DZvbVU</p> <p>Smiling Minds</p>
	Kindness Bingo										

Term 3 Week 10 Tuesday 14 September 2021

Activities		Optional
Morning	<p>Library with Mrs Bendeich</p> <p>Read or listen to the story Magic Beach by Alison Lester. https://www.youtube.com/watch?v=gNPjUOVP9dg</p> <p>Complete the At the beach worksheet</p>	<p>Reading Eggs</p> <p>Jolly Phonics - Youtube</p> <p><i>Brain Break</i> If You're Happy and You Know It- Jack Hartmann</p>
Break		
Middle	<p>Mathematics</p> <p>Practise counting forwards to 30 and backwards from 20. Complete the 2 Number lines worksheets</p>	<p>Youtube- Count back from 20 with the count back cat</p>
Break		
Afternoon	<p>Wellbeing</p> <p>Gratitude game </p> <p>How to play: Print and assemble the dice attached. Roll one or two dice together. If using 2 dice, add up the numbers to match the prompts below. Take turns sharing what you are thankful for with your family.</p> <ol style="list-style-type: none"> 1. Name a person you are thankful for 2. Name a place you are thankful for 3. Name a food you are thankful for 4. Name a thing you are thankful for 5. Name a game you are thankful for 6. Name something that starts with the first letter of your name you are thankful for 7. Name a song you are thankful for 8. Name a scent you are thankful for 9. Name a holiday you are thankful for 10. Name a animal you are thankful for 11. Name a memory you are thankful for 12. Name anything you are thankful for. 	<p>Smiling minds</p> <p>Just Dance Kids 2- I'm a gummy bear https://www.youtube.com/watch?v=6Q7-tzCCh3w</p> <p>Gonoodle - Grow gratitude</p>

Term 3 Week 10 Wednesday 15 September 2021

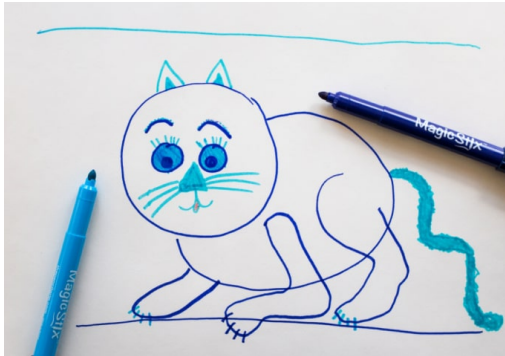
Activities		Optional
Morning	<p>Reading</p> <p>Read or listen to a book with a family member. Find a book at home, at Storyline Online https://www.storylineonline.net/, or on class Dojo.</p> <p>Find the Decodable Sentence Jumble at the back of the pack, read the sentences and tick the one that matches the picture.</p> <p>Sight Words</p> <p>Play Memory. Have two copies of every sight word on cards. Students lay them all face down and take turns to make a 'pair'. Remember to say the word.</p> <p>Writing</p> <p>Being grateful is about focusing on what's good in our lives and being thankful for the things we have. Gratitude is pausing to notice and appreciate the things that we often take for granted, like having a place to live, food, clean water, toys, friends, family, even computer access. Think about two things you are grateful for, draw and label a picture showing this.</p>	<p>Play matching game - living/ non-living things Living and non-living things - Match The Memory</p> <p>Storyline online</p> <p><i>Brain Break</i> Tooty Ta Tooty Ta Fun Dance Song for Kids Brain Breaks Tooty Ta Jack Hartmann - YouTube</p>
Break		
Middle	<p>Mathematics</p> <p>Shape scavenger hunt - have a look in and around your house to find objects that are circles, squares, triangles and rectangles.</p> <p>Draw and label the objects that you find.</p>	<p>Mathletics</p> <p>Youtube- The Big number song</p> <p>Jack Hartmann- Count to 30</p> <p>Friends of ten- Jack Hartmann https://www.youtube.com/watch?v=73av5oijolU</p>
Break		

<p>Afternoon</p>	<p>Sport</p> <p><i>Outdoor Fun! Practicing our Term 3 Skills!</i></p> <p><i>To make things a little more interesting this week, we're going to set up an obstacle course in the yard and practice each skill we have learnt so far.</i></p> 	<p>The Sid Shuffle - Ice Age: Continental Drift https://www.youtube.com/watch?v=uMuJxd2Gpxo</p>
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Term 3 Week 10 Thursday 16 September 2021

Activities		Optional
Morning	Reading Read or listen to a book with a family member. Find a book at home, at Storyline Online https://www.storylineonline.net/ , or on class Dojo.	Reading Eggs
<i>Fruit Break</i>	Writing Continued from Wednesday's lesson Review your drawing from yesterday, feel free to add in any more details to your drawing. Using your drawing, write a sentence about what you are grateful for. *Remember to try and use the word because in your writing to explain why you are grateful. For example: I am grateful for my dog Bella because she makes me smile when we go swimming in the river.	7 days of the week song https://www.youtube.com/watch?v=3tx0rvuXIRg Youtube- Jolly phonics song, a-z Jack Hartmann-Digraphs
Break		
Middle	Mathematics Rainbow treasure hunt Students need to search around the backyard or house for items that symbolise each colour of the rainbow (Red, Orange, Yellow, Green, Blue, Indigo and Violet). It is hard not to be in the moment when doing this task, and students will love the array of colours at the end. Once students have collected items around the house representing each colour they can count to see what colour they found the most of. They could also order the colours from the most to the least. For example: If students found 5 red, 3 orange, 6 blue, 2 yellow, 10 green, 1 indigo and 4 violet objects. The order would go green, blue, red, violet, orange and indigo (from the most to the least).	Mathletics Jack Hartmann-Let's Get Fit, Count to 100 Jack Hartmann-Subitize Super Fast, Subitize to 10
Break		
Afternoon	Art The back and forth drawing game	YouTube: Cosmic kids peace out


One person starts the drawing with something simple and quick. For example, the first person might draw a circle or a line, a pair of eyes, or the outline of a house. Then you just take turns adding elements back and forth.



















































mindfulness

Living/
non-living
things quiz
[Living and
Non-living
Things -
Science Game
for Kids |
Turaco Games](#)

Term 3 Week 10 Friday 17 September 2021

Activities		Optional
<p>Morning</p> <p><i>Fruit Break</i></p>	<p>Library with Mrs Bendeich</p> <p>Read or listen to the story Elmore by Holly Hobbie.. https://www.youtube.com/watch?v=ROtpjETq0FI</p> <p>We are all unique and love people for different reasons. In the story, Elmore was different because of her spikes. Some would say these were a bad feature, but as you saw, they could actually be very useful! Write about your best friend. What do you love about them? Maybe they can do something that you can't? Perhaps they're a great listener or look after you when you are sad or hurt? Draw a picture of your best friend.</p> <p><i>Here is a picture of my best friend! She is my Mum! In the picture she is with my 2 little boys, Leo and Noah. I love my Mum because she always has time to listen to me, helps me solve problems and she is always fun! We love to go shopping together.</i></p>  <p>Friends Make You Happy Learning Goal: To reinforce positive relationships.</p> <p>Step 1: Discuss with students how it feels when there are/aren't friends to play with – focus mainly on the positive aspects e.g. sharing positive emotions, importance of friends and inclusion of others.</p> <p>Step 2: Have students draw pictures of doing something fun/special with a friend.</p> <p>Step 3: Share these pictures with others and put them on display.</p>	<p>Reading Eggs</p> <p>Storyline Online</p> <p>Seasons song https://www.youtube.com/watch?v=8Zjpl6fgYSY</p> <p>Brain Break Jack Hartmann- Animal dance and freeze</p>
Break		

Middle	<div>Mathematics</div> <div>Play Minute to Win It with a family member. You will need a dice each and counters (cheap pasta works really well). Set the timer for a minute, each person rolls their dice and collects that many counters - as many times as they can in one minute. Once the minute is up, sort the counters so they look like a ten frame and count.</div>	<div>Mathletics</div> <div>Jack Hartmann-count to 100, welcome to the zoo</div> <div>3D shapes I Know https://www.youtube.com/watch?v=2cg-Uc556-Q</div>																
Break																		
Afternoon	<div>Go on a nature walk scavenger hunt. See how many items you can tick off the list below.</div> <div><div><div>NATURE SCAVENGER HUNT</div><div>See if you can find all the items below.</div><table><tr><td> Bird</td><td> Flower</td><td> Water</td><td> Grass</td></tr><tr><td> Tree</td><td> Dirt</td><td> Brown Leaf</td><td> Ant</td></tr><tr><td> Clouds</td><td> Rocks</td><td> Butterfly</td><td> Bug</td></tr><tr><td> Green Leaf</td><td> Spiderweb</td><td> Fern</td><td> Bark</td></tr></table></div></div>	 Bird	 Flower	 Water	 Grass	 Tree	 Dirt	 Brown Leaf	 Ant	 Clouds	 Rocks	 Butterfly	 Bug	 Green Leaf	 Spiderweb	 Fern	 Bark	<div>Let's Dance: I am Alive - will.i.am https://www.youtube.com/watch?v=2pgR87RVD14</div>
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 Tree	 Dirt	 Brown Leaf	 Ant															
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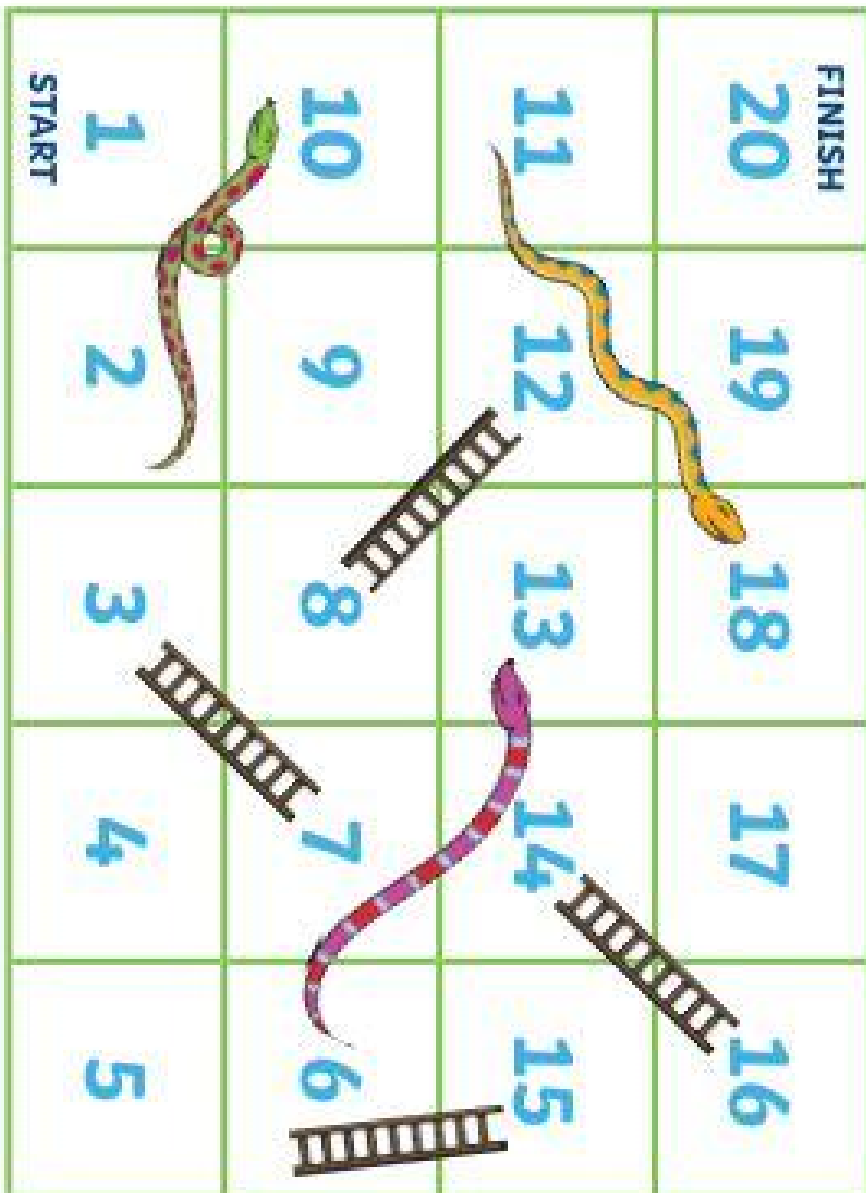


Snakes and Ladders



41	42	43	44	45	46	47	48	49	50 FINISH
40	39	38	37	36	35	34	33	32	31
21	22	23	24	25	26	27	28	29	30
20	19	18	17	16	15	14	13	12	11
1 START	2	3	4	5	6	7	8	9	10

Snakes and Ladders



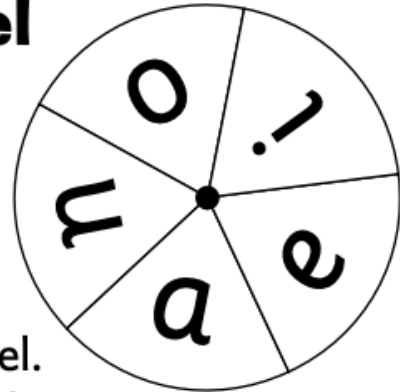


Spin a vowel

You will need: a paperclip, red and green pencils and a partner.

How to play

- 1 Use the paperclip to make a spinner. Take turns to spin a vowel.
- 2 Write the vowel in your first word.
- 3 Colour the ❄ green if it is a real word.
Colour the ❄ red if it is not a real word.
- 4 Continue until you have made 10 words.
- 5 The person with the most real words wins!



1 ❄ p ____ t

6 ❄ t ____ ck

2 ❄ s ____ p

7 ❄ r ____ t

3 ❄ r ____ g

8 ❄ t ____ n

4 ❄ s ____ ck

9 ❄ p ____ g

5 ❄ m ____ p

10 ❄ s ____ t

At the beach



I see _____

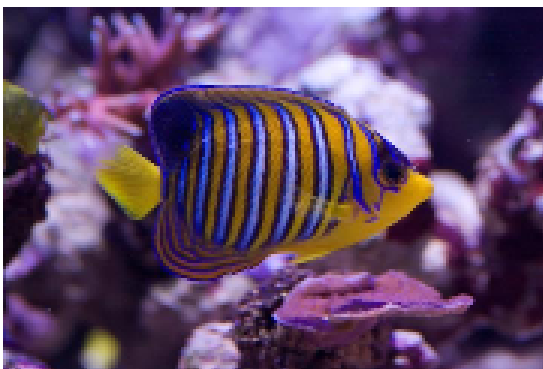
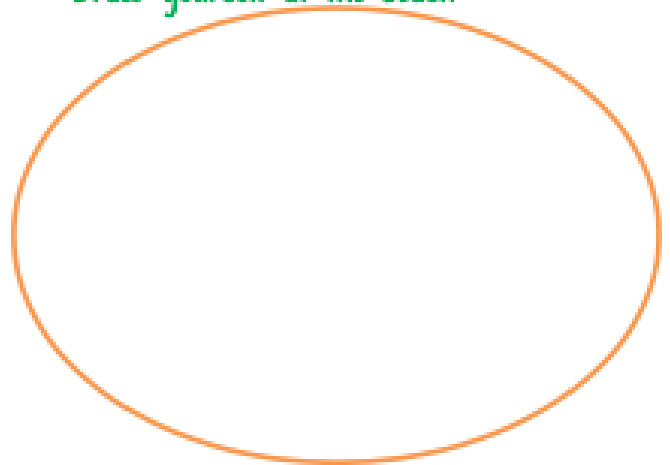
it looks _____

I hear _____

it sounds _____

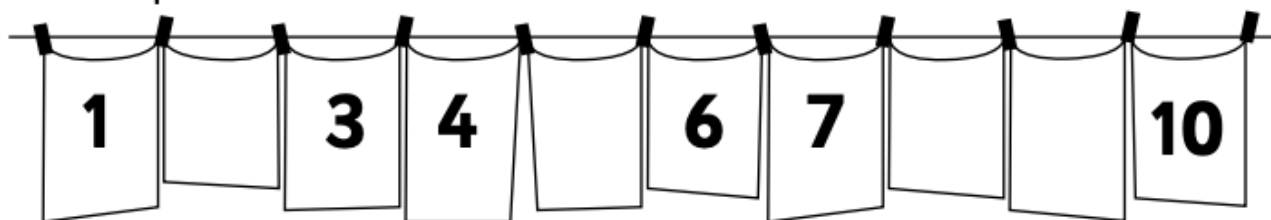
I feel _____

Draw yourself at the beach



Number lines Worksheet

1 Complete the number line.

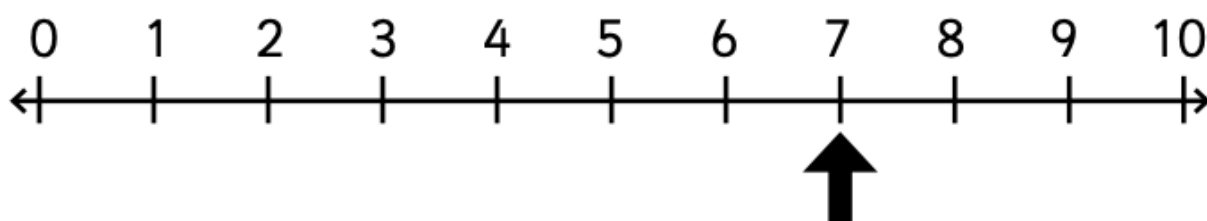
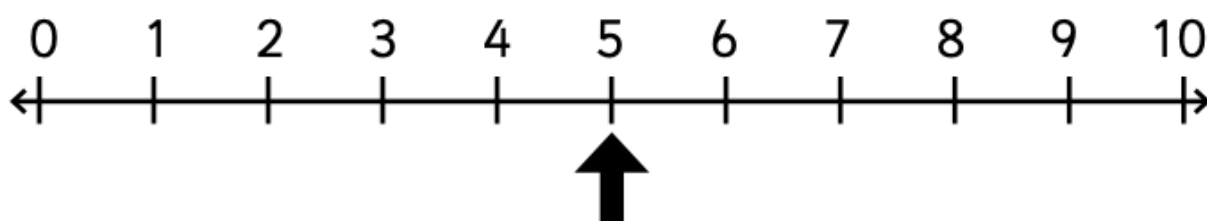
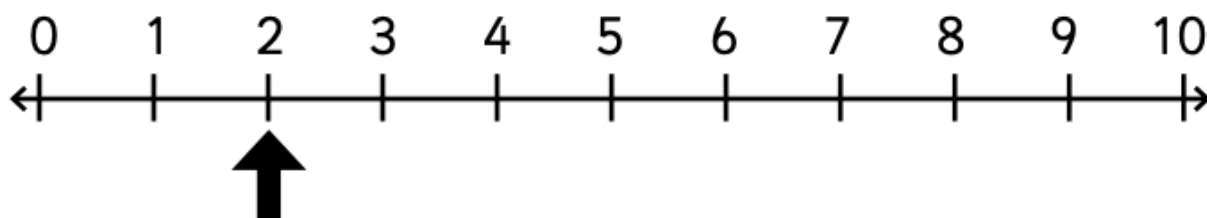


2 Draw lines to match each picture to its number.

A matching exercise with 10 numbered fence posts (1 to 10) and various groups of objects:

- Two cows (2)
- Six chickens (6)
- Four pigs (4)
- Eight sheep (8)
- Five apples (5)
- One pineapple (1)
- Nine carrots (9)
- Ten eggs (10)

1 Count forwards 3 places. Circle the number.



2 Complete the number line on Ruby's beads.

