# Muswellbrook South Public School

Year

3



# At Home Learning Plan: Term 3 Week 10 Year 3

You will not need access to a digital device to complete the following activities. You will need help from a parent/carer and possibly resources from your teacher. All activities are to be completed in the exercise book provided.

Some families are finding that there is too much work for students to get through, while others are looking for additional learning activities for their children. Both of these situations are addressed below.

If there is too much work for your needs, just complete whatever activities you can. The activities on the timetable are a guide to help assist with learning from home. The English and Maths activities are the most important. However, it is OK if they don't all get completed every day. The added optional technology activities were included to give the students some added variety in their learning. If you don't have access to the internet to do this, that is OK they are optional only.

If you would like some additional materials for home learning, please see the Department of Education's website dedicated to supporting parents and carers with learning from home. <u>https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-from-home/advice-to-parents-and-carers</u>

**Parents, this is a guide only.** Remember to break the day up with breaks to allow your child to get outside and get active. Children need at least 60 minutes of physical activity daily. Get them to use their imaginations to play and build and get crafty. Get your student to complete as much of the work as they can and remember to "try your best but do not stress".

Term	3 Week 10 Monday 13 September 2021						
Time	Activities	Optional					
Morning	Daily Wellbeing Activity         Begin the day with some deep breathing exercises.         English         Writing-         Complete an activity from the Writing Grid found at the end of your learning pack.         Brain break:       Go Noodle/Just Dance on YouTube Fruit break         Reading-						
Morning	Reading- Read       Read the story 'You Can Have Mine' found at the end of your learn         Sheet 2). If you read aloud to someone or record yourself, you will         assess your fluency and expression. When you have read the stor         a short paragraph explaining your first impressions of it. You might         about the characters, the author's purpose or message, and even         enjoyed the story including an explanation of why or why not.         Spelling-         Year 3 Focus: Trigraph /our/ making the 'eh' sound as in flavour.         Complete LSCWC spelling activity for Monday. See attached Wee         SMART Spelling grid.	be able to self- y, your task is to write t include information whether or not you           Activity:           Spelling           Training           https://www.sp           ellingtraining.c           om/					
	Lunch Break						
Middle	Mathematics         Number Talk:         Show me what you know about 6852         Activity:         Practise your 2,5 and 10 times tables so that you can know the an them quickly.         Create a multiplication bingo game for you and your family to play the answers from the times tables that you have just practised. Do question cards for someone to call out.	together. You can use					
	<b>Extension:</b> If you can confidently recall your times tables you may multiplication questions and answers on your bingo board.	like to use different					
	Break	1					
Afternoon	Science and Technology Look at the picture if the lion. Draw a person at the same age as the lion. EG:	Optional Technology Activity: https://www.i nquisitive.com /video/1481-					
	Age     Lion     Person       10 Days old     Draw a picture of a lion at 10 days old     Draw a picture days old       4-6 Weeks	re of a person at 10					

	3 Week 10 Tuesday 14 September 2021	
Time	Activities	Optional
Morning	Daily Wellbeing Activity         Call or Facetime a friend for a chat!         English <u>Writing-</u> Complete an activity from the Writing Grid found at the end of your learning pack.         Brain break:       5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat	Daily Kindness Challenge Write a letter to someone special, include a picture or drawing and send it in the
Morning	twice Fruit break	mail Ontional
Morning	Reading-         Read the story 'You Can Have Mine' again. Read aloud to someone or record yourself reading it. Have someone listen to your recording or you reading aloud and complete the self- assessment checklist found in your learning pack (Activity Sheet 3).         Spelling-         • LSCWC for Tuesday         • Highlight the spelling rule in your spelling words         • Rainbow Words	Optional Technology Activity: Turtle Diary https://www.turt ediary.com/onli e-games-for- kids.html
	Lunch Break	
Middle	Mathematics Number Talk: 9861+568 – Show how you might work this out.	Optional Technology Activity: Maths Prodigy
	Activity: Create 3 different paper planes, thinking about how each one might fly better than the one before. Go into an open space (outside would be best) and make a start line. Throw each of the paper planes from the start line, one at a time. Measure how far each plane flew in either formal measurements (cm, m) or informal measurements (steps or foot lengths). Put the plane that flew the furthest to the side and make some changes to the other two planes. Try them again and see which plane flew the furthest. Don't forget to record how far each plane flew.	
	Extension: You may like to create a graph of your results.	
	Break	
Afternoon	<ul> <li>Geography</li> <li>Think about your local area, for example Muswellbrook, and answer the following questions: <ol> <li>What is the climate?</li> <li>What natural native plants are there?</li> <li>What native animals can be found there?</li> </ol> </li> <li>Go for a walk around your local area or look in your backyard and draw things that are part of the natural environment.</li> </ul>	Optional Technology Activity: National Geographic Games- https://kids.na onalgeograph c.com/games

Term	3 Week 10 Wednesday 15 September 2021	
Time	Activities	Optional
Morning	<ul> <li>Daily Wellbeing Activity         Do 30 minutes of some yoga or exercise.     </li> <li>English         <u>Writing-</u>         Complete an activity from the Writing Grid found at the end of your learning pack.     </li> <li>Brain break: Cosmic Kids Yoga on YouTube Fruit break</li> </ul>	Daily Kindness Challenge Make the person helping you with your learning a nice drink of coffee or something.
Morning	Reading- Read the exerts in Activity Sheet 4 from the story 'You Can Have Mine' and then you are going to complete an activity on proper nouns, nouns and pro nouns.         Remember nouns are people, places or things. A proper noun is a specific name for someone or a place. For example Muswellbrook. A proper noun always begins with a capital letter. A pro noun is a word that substitutes a noun. For example he, she, they. Your task today is to highlight the references to each character using different coloured highlighters (1 colour per character). Highlight the nouns, proper nouns and pro nouns that relate to each.         Spelling- • LSCWC for Wednesday • 5 Dictionary Meanings	Optional Technology Activity: FunBrain online books <u>https://www.fu</u> <u>nbrain.com/bo</u> <u>oks</u>
	Lunch Break	
Middle	<section-header>MathematicsNumber Talk:928 - What do you know about this numberActivity:It's a Party!You have been given \$200 to plan a party for 10 people. You will need to make sure that there is enough food and drinks and some decorations to make it exciting. Pandora's Party Palace have the best prices in town so you can use their catalogue at the end of the learning pack to work out what you can buy for the party.Extension: You might like to make a list of people coming to your party and create an invitation with the location and time of the party.</section-header>	Optional Technology – Maths Playground
	Break	
Afternoon	<ol> <li>Health         <ol> <li>What is Growth Mindset? Write down your understanding of what this is and discuss with someone at home.</li> <li>Have a look at the Growth Mindset vs Fixed Mindset image in the Week 10 resources and decide which side you sit.</li> <li>Using positive self-talk, change the negative thought sentences into positive thoughts- see page with sentences in Week 10 resources.</li> <li>Create your own Growth Mindset poster. Think about positive words and images you could use.</li> </ol> </li> </ol>	Optional Technology Activity: Growth Mindset Youtube clip- https://www.you tube.com/watch ?v=rUJkbWNn Ny4

Activities Daily Wellbeing Activity	Optional
Daily Wellbeing Activity	
Plan and create a healthy meal for your family English <u>Writing-</u> Complete an activity from the Writing Grid found at the end of your learning pack.	Daily Kindness Challenge Read your siblings a story
<i>Brain break:</i> 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat twice <i>Fruit break</i>	
Reading-         Re-read the Activity Sheet 4 exerts about the Cockroach and the Crow. Today's activity is about analysing feelings and wants. Summarise the main points about each character and highlight the information about the character's feelings and wants.         Spelling-       • LSCWC for Thursday         • Write 5 of your words into interesting sentences	Optional Technology Activity: Free Children's Stories- https://www. freechildren stories.com/ age-8-10-1
Lunch Break	
Mathematics         Number Talk:         8921+368 – How could you work this out?         Activity: Symmetry is the term used when one half of an image or shape is a reflection (the same) as the other side. When the image or shape are folded in half each side would sit directly on top of the other side. Complete the owl picture at the end of the learning pack ensuring you keep the side you draw symmetrical.	Optional Technology Activity: Mathletics
Break	
<ul> <li>PE Animal Walks</li> <li>Think about different ways animals move and have a go. Examples include walking like a bear, slithering like a snake, walking like a crab or turtle, imagine how a flamingo might walk.</li> <li>OR</li> <li>If you have access to a device</li> </ul>	Optional Technology Activity: PE with Jo
	Writing- Complete an activity from the Writing Grid found at the end of your learning pack.         Brain break: 5x star jumps; 10x squats; Run on the spot for 20 seconds. Repeat twice Fruit break         Reading- Re-read the Activity Sheet 4 exerts about the Cockroach and the Crow. Today's activity is about analysing feelings and wants. Summarise the main points about each character and highlight the information about the character's feelings and wants.         Spelling- <ul> <li>LSCWC for Thursday</li> <li>Write 5 of your words into interesting sentences</li> </ul> Mathematics         Number Talk: 8921+368 – How could you work this out?         Activity: Symmetry is the term used when one half of an image or shape is a reflection (the same) as the other side. When the image or shape are folded in half each side would sit directly on top of the other side. Complete the owl picture at the end of the learning pack ensuring you keep the side you draw symmetrical.         PE Animal Walks       Think about different ways animals move and have a go. Examples include walking like a bear, slithering like a snake, walking like a crab or turtle, imagine how a flamingo might walk.         OR       OR

Term	3 Week 10 Friday 17 September 2021	
Time	Activities	Optional
Morning	Daily Wellbeing Activity         Listen to your favourite music and have a dance, it's almost the holidays!         English         Writing-         Complete an activity from the Writing Grid found at the end of your learning pack.	Daily Kindness Challenge Set up a fun treasure hunt for your family to do.
	Brain break: GoNoodle on YouTube Fruit break	
Morning	Reading- Your task today is to read aloud/record yourself reading 'You Can Have Mine' for a third time. Have someone help you complete the self-assessment checklist again. Discuss any differences between your first analysis and this one. Hopefully you see progress with fluency, expression and automatic word recognition. Your final task is to complete the matching adjectives and adverbs activity found at the end of your learning pack (Activity Sheet 10).	Optional Technology Activity: Online Literacy Games- https://www.pri marygames.co m/puzzles/
	<ul> <li>Spelling-</li> <li>Quiz: Have your parent/carer quiz you on your spelling words</li> <li>Write out any words you spelt wrong 3 times correctly.</li> </ul>	
	Lunch Break	
Middle	Mathematics         Number Talk:         How did you count the stars on the picture?         Activity:         Complete the Maths Mentals page at the end of the learning pack.         Image: Complete the Maths Mentals page at the end of the learning pack.	Optional Technology Activity: Maths Playground
Afternoon	Break Creative Arts	Optional
Alternoon	Before music was available online or places like Spotify (like when I was young!) the only place we could hear new music was on the radio or going to the 'Record Shop' and hearing new music there. We used to get our music on vinyl to play on a record player. Records were easy to scratch and took up more space than a phone or iPod, but one awesome thing about them is that they had amazing cover art. <u>Design your own album art</u> You need to imagine that you have written an album of songs all about yourself. Use the square provided to draw your own album cover, one that is all about you. Think about things that make you special, things you love to do, things you like or are good at and use those ideas to design a cover for your album. Name it after yourself, or maybe use your nickname if you have one.	Technology Activity: Online music games- <u>https://lagged.</u> com/en/music

# Week 10 Resources

# Weekly Spelling Sheet Week 10

# Focus: Trigraph /our/ making the "eh" sound as in colour.

Say the word, write the word	Monday	Tuesday	Wednesday	Thursday
		Red Spelling Words	<b>,</b>	
colour				
favour				
flavor				
odour				
glamour				
honour				
	(	Orange Spelling Wor	ds	
flavoured				
odourless				
glamorous				
neighbor				
colourful				
humour				
		Green Spelling Word	ls	
flavouring				
flavoursome				
neighbouring				
neighbourhood				
neighbourly				
colourless				
honourable				
favourite				

## Monday 13/9/2021 SMART Spelling Grid

					-	No	ime:				
Vrite, say, sound, c	ount, writ	e.									
Write the word											
Say the word Sound it out											
Count the sounds											
. Write the letters, then write t	the tricky part o	ogain									
Write the word	How										Tricks
Say the word	manu	Write	the letter	rs broke	s up inte	o graphs	digrapi	ia, trigr	ophs etc		part?
	counds?		1	_		1			1	1	
weekend	6	w	ee	k	e	n	d				ee
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	_										
	_										
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# Monday 13/09/2021 - Friday 17/09/2021 Writing Grid - Complete an activity from the Writing Grid each day.

You are a reporter for a television show. You are going to interview the Prime Minister. Write the questions that you would ask him.	"Run faster!" I shouted, just as the	Make a list of all the ways that you are helpful to your friends and family.	I stepped outside and a monkey	Describe someone who is a hero to you. Why are they a hero?	The scream echoed around the room
The wind howled through the trees as	Explain the rules of your favourite sport or game.	Which character from a book would you most like to meet and why?	Go onto http://www.pobble365.co <u>m/</u> Using the picture of the day write a story.	I wish I never	Make a list of all the things you would take with you on a trip to the Moon.
FREE CHOICE	Should junk food be sold at school? Why/why not?	Her heart was pounding as	The world's largest theme park just opened. Be a reporter and describe the theme park in a report.	Convince someone to give money to charity.	The birds were chirping and the sun was shining
Make a list of all the things that you are grateful for in your life.	It was midnight and I was	Choose any animal that you would like to have as a pet. Write a letter to your parents or carers convincing them to allow you to get it.	The massive bolder raced down the hill, directly toward	If you had \$100,000, how would you spend it?	FREE CHOICE

#### Monday 13/9/2021 – Friday 17/9/2021 Reading Activities

#### Activity sheet 2: You Can Have Mine

#### Instructions

Record yourself reading the story, or a section of the story, You Can Have Mine.



#### You Can Have Mine

Story by Alison McLennan, illustrated by Cheryl Orsini

When Hazel was born, the universe gave her a rainbow coat.

Most caterpillars wriggled into the world in shades of beige, green or black. Some were white or had one or two colours. But Hazel was every colour of the rainbow.

Because she was different, the other caterpillars stayed away. Perhaps they were jealous of her, or a little in awe. Either way, this meant Hazel was lonely. She would have given anything to have friends.

She wriggled the world alone until one day she crossed paths with a toad. The toad was crying softly on a lily pad when Hazel asked him what was wrong.

'Oh, hello,' said the toad. 'I'm just sad because I'm so ugly and disgusting.'' Hazel felt confused. She thought the toad was beautiful. 'Well that's silly,' said Hazel. 'I don't think you're ugly at all.'

The toad blinked. 'Oh, but I am,' he said. 'All my cousins are green and shiny like emeralds, but I'm grey and dull like a piece of coal. I'd give anything to be green.'

Hazel wriggled closer to the toad and said, 'Don't be sad. You can have mine.' And she gave the toad all her green. The toad was so gleeful and grateful! He leapt high in the air, called out 'Thank you caterpillar!' and landed in the pond with an almighty SPLASH.

Hazel was happy she'd been able to help the toad. She wriggled the world alone once more until she crossed paths with a cockroach. The cockroach was staring forlornly at the ground, rubbing its legs together, when Hazel asked him what was wrong.

'Oh, hi,' said the cockroach. 'I'm just feeling low because I'm so plain and ordinary.'

Hazel felt confused. She thought the cockroach looked really interesting.

'Well that's silly,' said Hazel. 'I don't think you're plain at all.'

#### Activity sheet 2: You Can Have Mine (continued)

The cockroach looked up. 'Oh but I am,' he said. 'All my cousins are bright shiny beetles who glisten in the sun, but I'm just brown. I'd give anything to be red.'

Hazel wriggled closer to the cockroach and said, 'Don't be sad. You can have mine.' And she gave the cockroach all her red. The cockroach was so thrilled and thankful! He cried, 'Thank you, caterpillar!' as he scuttled away.

Hazel was happy she'd been able to help the cockroach. She wriggled the world alone once more until she crossed paths with a crow. The crow was covering her eyes with her wings and singing a sad little song, when Hazel asked her what was wrong.

'Oh no,' said the crow. 'I didn't want anyone to see me because I'm so dull and drab.'

Hazel felt confused. She thought the crow looked sleek and elegant.

'Well that's silly,' said Hazel. 'I don't think you're dull at all.'

The crow uncovered her face. 'Oh but I am,' she said. 'All my cousins are covered in fluorescent feathers that look like the sunset, but I'm invisible. I'd give anything to be covered in colours.'

Hazel wriggled closer to the crow and said, 'Don't be sad. You can have mine.' And she gave the crow all the colours she had left. The crow was so excited and ecstatic! She swooped up into the air, singing 'Thank you, caterpillar!' as she flew away on the wind.

Hazel was happy she'd been able to help the crow, but with all her colours gone, she felt so cold and exposed. She wriggled onto a low hanging branch and started to cry. The toad, who had hopped back to find her, felt the plop plop plop of her tears on his head. The cockroach, who had scurried back to find her, saw her clinging sadly to her branch.

The crow, who had flown back to find her, could feel Hazel shivering as she landed next to her. Before they could even ask her what was wrong, Hazel curled and swirled suddenly, wrapping herself in a thick silken blanket of snowy white, where she stayed in silence and stillness.

'It's my fault,' said the toad. 'She gave all her green to me.'

'No, I think it's my fault,' said the cockroach. 'She gave all her red to me.'

'No. It's my fault,' said the crow.' She gave all her colours to me, and now she has no colour at all.'

One by one they took their colours and laid them over Hazel like a patchwork quilt. Then they waited and hoped she would wake up.

While she slept, the universe gave Hazel a brand- new coat. When she emerged from under her blankets, her caterpillar-self had disappeared and in its place was the most magnificent butterfly her new friends had ever seen. Hazel's wings were every colour of the rainbow and she was more beautiful than before. She thanked her friends for staying with her. She felt sure she would never be lonely again.

Image and text acknowledgement: The School Magazine

#### Activity sheet 3: Fluency self-assessment

#### Instructions

Use the categories below to complete your final fluency self-assessment.

- 1
- 1. Expression think about your volume and tone.
- I didn't read with expression.
- I read with a little bit of expression.
- I read with too much expression.
- I read with just the right amount of expression that showed I understood what was happening in the story.
- A9
- 2. Automatic word recognition read effortlessly and at a good pace.
- · My pace was too slow and I wasn't reading the words automatically.
- My pace was too fast and my reading didn't sound conversational.
- I read the words automatically and at the right pace so that others could follow the story easily.

# 5

- 3. Rhythm and phrasing pay attention to the punctuation and use a natural rhythm.
- My reading was too choppy.
- My reading was in awkward word chunks.
- I read with no breaks so it sounded unnatural.
- I read with rhythm and paid attention to the punctuation and the natural phrases.

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#### 4. Smoothness - sound smooth and fix any mistakes.

- · I struggled with a lot of words so my reading didn't sound smooth.
- I knew most of the words but not all.
- · I knew most of the words and fixed any mistakes so my reading sounded smooth.

Adapted from The Megabook of Fluency by Tim Rasinski and Melissa Cheesman Smith.

#### **Activity sheet 4: Tracking characters**

#### Instructions

- 1. Read the next sections of the story.
- 2. Highlight the references to each character using a different colour.
- 3. Remember that you are looking for proper nouns, nouns and pronouns.

#### The cockroach

Hazel was happy she'd been able to help the toad. She wriggled the world alone once more until she crossed paths with a cockroach. The cockroach was staring forlornly at the ground, rubbing its legs together, when Hazel asked him what was wrong.

'Oh, hi,' said the cockroach. 'I'm just feeling low because I'm so plain and ordinary.' Hazel felt confused. She thought the cockroach looked really interesting.

'Well that's silly,' said Hazel. 'I don't think you're plain at all.'

The cockroach looked up. 'Oh but I am,' he said. 'All my cousins are bright shiny beetles who glisten in the sun, but I'm just brown. I'd give anything to be red.'

Hazel wriggled closer to the cockroach and said, 'Don't be sad. You can have mine.' And she gave the cockroach all her red. The cockroach was so thrilled and thankful! He cried, 'Thank you, caterpillar!' as he scuttled away.

#### The crow

Hazel was happy she'd been able to help the cockroach. She wriggled the world alone once more until she crossed paths with a crow. The crow was covering her eyes with her wings and singing a sad little song, when Hazel asked her what was wrong.

'Oh no,' said the crow. 'I didn't want anyone to see me because I'm so dull and drab.' Hazel felt confused. She thought the crow looked sleek and elegant.

'Well that's silly,' said Hazel. 'I don't think you're dull at all.'

The crow uncovered her face. 'Oh but I am,' she said. 'All my cousins are covered in fluorescent feathers that look like the sunset, but I'm invisible. I'd give anything to be covered in colours.'

Hazel wriggled closer to the crow and said, 'Don't be sad. You can have mine.' And she gave the crow all the colours she had left. The crow was so excited and ecstatic! She swooped up into the air, singing 'Thank you, caterpillar!' as she flew away on the wind.

#### Activity sheet 3: Fluency self-assessment

#### Instructions

Use the categories below to complete your final fluency self-assessment.

#### 1. Expression - think about your volume and tone.

- I didn't read with expression.
- I read with a little bit of expression.
- I read with too much expression.
- I read with just the right amount of expression that showed I understood what was happening in the story.

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#### 2. Automatic word recognition - read effortlessly and at a good pace.

- · My pace was too slow and I wasn't reading the words automatically.
- · My pace was too fast and my reading didn't sound conversational.
- · I read the words automatically and at the right pace so that others could follow the story easily.

# 5

- 3. Rhythm and phrasing pay attention to the punctuation and use a natural rhythm.
- My reading was too choppy.
- My reading was in awkward word chunks.
- I read with no breaks so it sounded unnatural.
- · I read with rhythm and paid attention to the punctuation and the natural phrases.

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#### 4. Smoothness - sound smooth and fix any mistakes.

- · I struggled with a lot of words so my reading didn't sound smooth.
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Adapted from The Megabook of Fluency by Tim Rasinski and Melissa Cheesman Smith.

#### Activity sheet 10: Matching adjectives and adverbs

#### Instructions

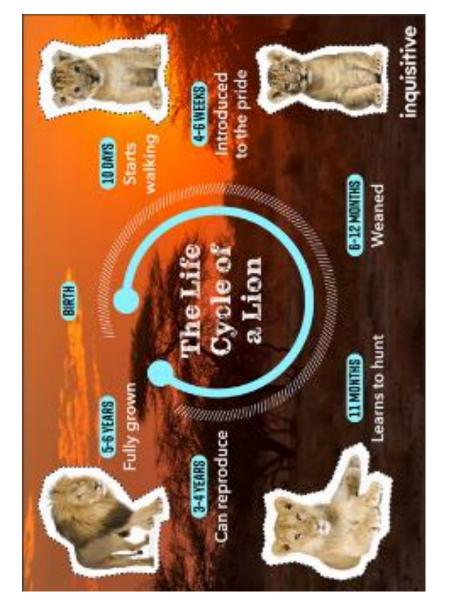
- 1. Read the list of words that includes both adjectives and adverbs.
- 2. Re-write the adjectives under the adjectives heading.
- 3. Re-write the adverb next to the matching adjective.

Example: One has been completed for you.

Words: oddly, happy, desperate, fearfully, gladly, miserable, clumsy, cheekily, happily, glad, brazenly, fearful, odd, sadly, cheeky, brazen, miserably, desperately, sad, clumsily

Adjective	Adverb
Forlorn	Forlornly

#### Monday 13/9/2021 Science



#### Wednesday 15/9/2021 PDH

# **Growth Mindset vs Fixed Mindset**

A person with a growth mindset believes they can improve their knowledge, skills and talents if they work hard and try new things.

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# **Positive Thinking**



In pairs, turn these negative comments into positive thinking:

Negative Comment	Positive Thinking
I'm not good at this.	
This is too hard, I give up!	
I made another mistake.	
They're smarter than me.	
I can't do this.	
I can't make this any better.	

TeachStarter.com

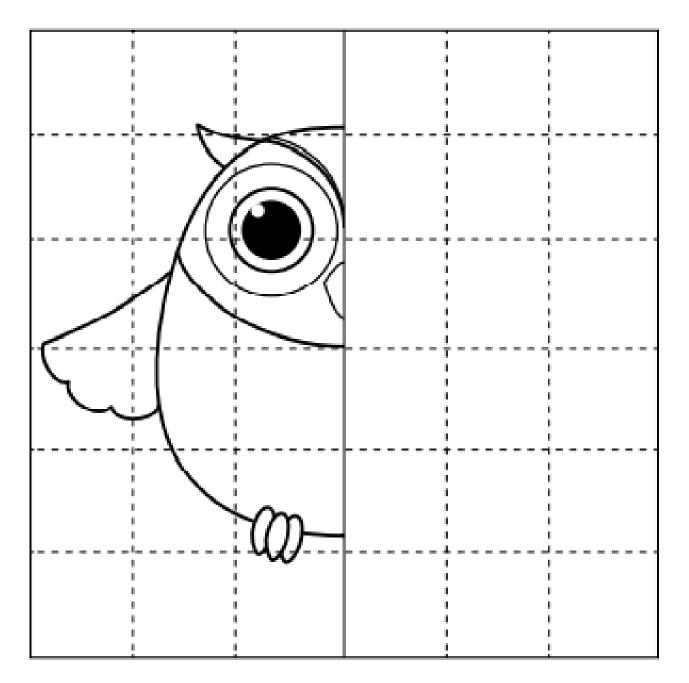
Teach Starter.com

#### Wednesday 15/9/2021 Maths

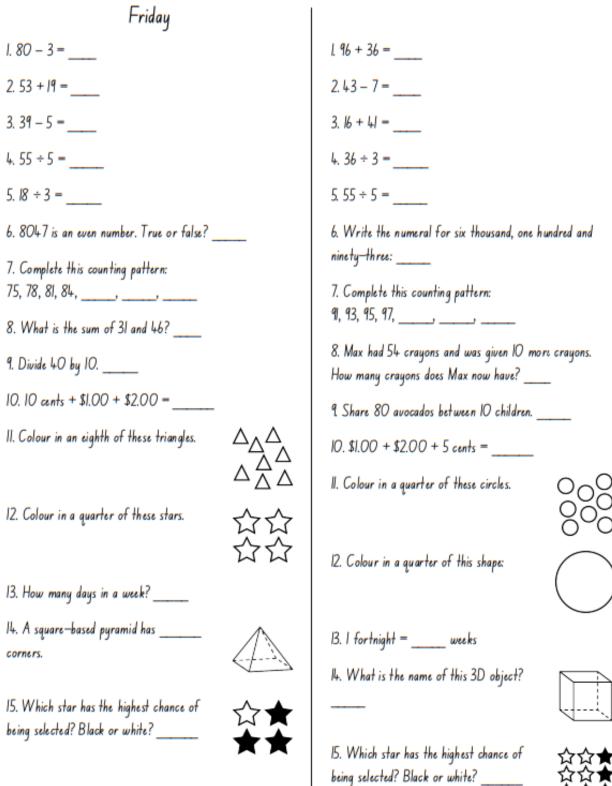




# Thursday 16/9/2021 Maths



#### Friday 17/9/2021 Maths





## Friday 17/9/2021 Music

## My Album Cover