

# Muswellbrook South Public School

Proud and Powerful to be a School in Partnership (SiP) school.



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Week 10 Term Three

**STOP PRESS:** Next Term: Summer school uniform is required. New school shirts are **only** available at uniform shop

## Dear Parents and Carers of Muswellbrook South PS

As Term 3 draws to an end I would like to acknowledge the great achievements that our students and staff have achieved. Firstly, the outstanding growth in NAPLAN 2011, the consistent improvement with the wearing of our school uniform, the improved behaviour across the school and the consistent language of our PBL – Respect, Responsibility and Safety, Great sporting results and the outstanding support we get from our school community. Thank you to all for these terrific results.

Our K-2 Fun Day was a great success. Thank you to all family members who came and supported their children and grandchildren. Well done boys and girls, teachers and Mrs Avery for such a successful day.

This week we will celebrate various student's achievements for the past 5 weeks, related to our schools Positive Behaviour for Learning (PBL). Today, our school's 'Honour students' were acknowledged for their achievement by visiting a local restaurant for a celebration lunch. Tomorrow, our students will be participating in Reward Day afternoon activities. This acknowledgment of the student's achievements recognizes our students past 5 weeks positive behaviour actions. Those students who will not be participating in these activities will be completing an activity with me.

Next Term, all students are required to wear Muswellbrook South Public Schools summer uniform.

These requirements have been ratified by our school community representatives of the P&C, staff and students.

### Girls – summer check dress

School shirt with maroon skirts or shorts.

White or maroon socks

Black leather school shoes or black joggers (no multi colours)

School hat or cap

Sport – School shirt with maroon short/skirt, black or white joggers.

### Boys – School shirt

Grey shorts (no cargo)

Black leather or black joggers (no high tops)

Grey or white socks

School hat or cap

Sport – School shirt and maroon sports short, white/ black joggers

**\*\* Please note suitable school footwear that has been ratified by our schools P&C – acceptable footwear – black leather school shoes, black joggers or white joggers (very little colour). PLEASE note canvas, high tops, ballet or flip flop shoes are classed as unacceptable footwear for school.**

Our student's over the last 3 Terms have been wearing their uniform with pride and enthusiasm. I congratulate all students for an outstanding effort.

New school shirts look fantastic!

Have a restful holiday and I look forward seeing everybody back on Monday 10<sup>th</sup> October.

## MSPS Term 4 Uniform, 2011



### Monday to Thursday

#### Girls

School dress  
MSPS maroon shirt  
Maroon skort or shorts  
Socks (maroon or white)  
Black shoes

#### Boys

MSPS maroon shirt  
Grey shorts  
Socks (maroon, grey or white)  
Black shoes

### Friday Sport Days

#### Girls

MSPS maroon shirt  
Maroon skort or shorts  
Socks (white)  
Joggers

#### Boys

Maroon shirt  
Maroon shorts  
Socks (white)  
Joggers



**Please note: plain maroon school shirts will still be accepted next term.**

Yours in Education  
Rebecca Langdon  
Principal

### TERM DATES

The holidays commence from this Friday, 23 September.

Term 4 resumes **for both teachers and students** in NSW public schools on **Monday, 10 October**.

### **Enrolling now for Kinder in 2012:**

If you have a child who is ready to start school in 2012, please collect an information package from the school office. Muswellbrook South Public School can provide an exciting and wonderful K-6 journey for your child.

**Saver Plus:**

Saver Plus assists families on low incomes to develop a savings habit, build assets and improve financial capability. Participants set a savings goal and receive support and education to help them achieve it. When they reach their goal, ANZ matches their savings, dollar for dollar, up to \$500.

**FROM DEPARTMENT OF EDUCATION AND COMMUNITIES**

**New medical info site launched:** A new website which helps explain over 75 different medical, developmental and psychological conditions in children is now available. Physical as anything contains over 50 articles written by medical specialists on subjects as diverse as ADHD, autism, anxiety disorders, fragile X syndrome, major depression, schizophrenia, eating disorders and cancer. The site contains many links, videos, fact sheets, pdfs and resources to help understand and support students with any of these conditions. It was produced by the Department of Education and Communities and the Children's Hospital Westmead.

Go to: [www.physicalasanything.com.au](http://www.physicalasanything.com.au)

**Five ways to a healthy lifestyle:** Have you browsed the new look Healthy Kids website yet? It's full of great information to get kids active and help prevent childhood obesity. All kids can benefit from the five healthy messages:

1. Get active each day;
2. Choose water as a drink;
3. Eat more fruit and vegetables;
4. Eat fewer snacks and select healthier alternatives; and
5. Turn off the TV or computer and get active.

The website has nine fact sheets for families to download and there are also five new fact sheets which have been designed specifically for children. It includes sound advice on assessing a child's weight status and on safe ways to work towards a healthy weight. There are also easy, healthy recipes to download, info to help you find your local sporting clubs, and a section especially for teens. Check it out at: [www.healthykids.nsw.gov.au](http://www.healthykids.nsw.gov.au)

**Assembly**

There will be an assembly this Friday, commencing at 12.45pm. **Please note change of time.** All parents and friends are welcome to attend. KW will provide the assembly item.

**Thank You For Making Fun day A Success!**

Kindergarten and Stage 1 students had a great day at their Fun Day.

The weather was perfect and we had a wonderful turn out of parents, grandparents and friends who came to watch the children. Congratulations to all of the students who participated keenly in the activities. A special thank you goes to the wonderful parent helpers who assisted on the day with judging, marshalling and pinning on ribbons. We could not make the day such a success without your help. Thank you also to the parents who came along to watch and cheer on the children.

C. Avery

**Top Soil Donated**

A big thank you to Craig and Lennie Kelman from Muswellbrook Landscaping who kindly donated the top soil for our new garden. MSPS greatly appreciate your kindness.

Muswellbrook Landscaping is having an open day this Saturday 24<sup>th</sup> September. Feel free to go along and browse.

**Healthy Dad's Healthy Kids – Comes to Muswellbrook**

**Please note change of date – This program is now starting term 4. it is not to late!!!!**

**Could Dad lose a few kilos?** The Healthy Dad's Healthy Kids program is an award winning weight loss program for dads/stepdads which is funded by Coal and Allied and is coming to Muswellbrook. The program covers the nine best weight loss tips for men, so dad can shed some unwanted kilos (without having to eat like a rabbit). In 2009, dads in Newcastle lost almost 9kg on average by joining the program.

Healthy Dads, Healthy Kids will give dad new ideas for spending active, quality time with the kids and advice on how to get kids eating well without creating a battleground at the dinner table. Healthy Dads, Healthy Kids involves 4 dads-only sessions and 3 dads and kids sessions across twelve weeks. All sessions are in the early evening and will only cost you some time (and potentially a few kilos!). any dads who have been through the program recommended it, with one dad commenting "I cannot recommend this program enough. It has probably added years to my life expectancy, but probably more importantly it has added immeasurably to my quality of life and my family's. Healthy Dad's, Healthy Kids works."

**All sessions are from 5.45pm to 7.15pm.**

Session 1: Tuesday 11<sup>th</sup> October (dad's only)

Session 2: Tuesday 25<sup>th</sup> October (dad's only)

Session 3: Thursday 3<sup>rd</sup> November (dad's and kids)

Session 4: Tuesday 8<sup>th</sup> November (dad's only)

Session 5: Thursday 17<sup>th</sup> November (dad's and kids)

Session 6: Tuesday 22<sup>nd</sup> November (dad's only)

Session 7: Tuesday 6<sup>th</sup> December (dad's and kids)

More information, please contact Drew Miller on 49216721 or email

Andrew.miller@newcastle.edu.au

Yes I would like to attend the Healthy Dad's Healthy Kids program

Name.....Student.....

**Attention Year 3 And 5 Students**

NAPLAN results are now available to be signed for and collected at the front office. **These results must be collected by this Friday 23rd September.**

**Tents For Sale**

The school has some surplus tents for sale. They are 4 man tents and can be purchased at the front office for \$20. Cash only.

**Great Aussie Bush Camp**

It is getting closer!!

Please remember that the forms, booklet and recommended payment is due today. Final payment is no later than Friday 21<sup>st</sup> October.

Miss McMillan

## Homework Centre – Term 4

### We will commence Week 2 Term 4

Who: Students in Stage 2 and 3  
When: Every Monday 3.30-4.30pm  
Where: The Library  
Cost: 50 cents to cover the cost of afternoon tea.

If you would like your child to attend, please fill in this form below and return it to the front office no later than Friday 14<sup>th</sup> October.

Mrs Rayner

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### Homework Centre – Term 4 2011

YES my child is interested in attending the homework centre at Muswellbrook South Public School, starting Monday 17<sup>th</sup> October Week 2 Term 4

Name \_\_\_\_\_ Child's Class \_\_\_\_\_

I would like my child to be taken home by the school bus after homework centre at 4.30pm  
 Yes/No

Parent's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

### Dress Down Drug Free

Dress Down at work and help support the delivery of Life Education at our school.

1. **Choose** a fun dress theme that everyone will enjoy
2. **Register** your business as a participant in the campaign
3. Receive a **supporters pack**
4. Encourage everyone at your work to **be involved**, bring a gold coin and dress down on Friday September 23<sup>rd</sup>.

Great prizes to be won for best theme and most funds raised!

Visit [www.hunterlifeeducation.org.au](http://www.hunterlifeeducation.org.au), or call 1300554246 or Miss K McMillan at the school to get involved!



### Dress Down for Healthy Harold

Remember this Friday is out of uniform day. We want to raise money to bring Healthy Harold to school next year. You can wear any of your favourite football colours or shirts. It can be Rugby League, Rugby Union or Soccer. You could be dressed as the Tigers (for Mrs Langdon!), St George, The Knights, England, Australia, Melbourne Storm. **Remember to bring a gold coin to pay to be out of uniform.**

### Magazine's Needed

If you have any magazines that you no longer have a use for Mrs Moore would love them for the pre-School. Thanks.

### **Woolworths Earn & Learn**

Woolworths are extending their Earn and Learn campaign. You now have until the 18<sup>th</sup> October to collect Earn and Learn points for our school. Voucher tally as at 21 September is 3,454

### **Sport for School Program**

Coles has launched their 2011 Sports for Schools program. The more vouchers we collect the more sports equipment we will receive. Voucher Tally as at 21 September is 30,800

### **Kindergarten Transition program**

#### **What is a transition to school program?**

It is a set of planned activities collaboratively planned by a range of staff to make starting school as successful as possible for children, families and teachers.

#### **Why is it important?**

Evidence suggests that children who have made a positive start to school are more likely to engage well and to experience academic and social success. Children's perceptions of themselves as learners and as someone who belongs at school are often formed early in their schooling.

Our program will build on your child's prior learning and will aim to develop strong links between the home and the school.

#### **How does our program operate?**

- 6 week program which will be conducted on a Tuesday from 9.30 – 11.15, beginning 18<sup>th</sup> October.
- Morning tea consisting of fruit and water is given each week – based on the school's crunch and sip program.
- At the first session we will ask you to come to school hall with your child. After a welcome and a small presentation by some students from our school, your child will be asked to go to the kinder rooms by our staff where they will participate in some activities. We will conduct an information session and morning tea for parents – finishing when it is time for the children to finish, at approx 11.15.

### **Kindergarten Excursion To Hunter Valley Zoo**

On Thursday the Kindergarten children caught a bus down to the Hunter Valley Zoo at Cessnock. We were able to see a monkey feed and an alligator feed and then we were able to feed some animals ourselves! We saw kangaroo's, goats, sheep and even a baby calf. After we had our lunch we got to touch a baby alligator and a snake!

It was such a fun day.

Miss Matthews



Our school newsletter is available on our school's website. If you would like our newsletter sent home electronically please fill out the form below with your name and email address. Please complete the accompanying form and return to the school office.

**I would like the school newsletter to be emailed home:**

**My email address is:**.....

**Name:**.....

### October Tennis Camp

The October Tennis Camp will be held at Olympic Park Tennis Club during the school holidays.

Tuesday 4<sup>th</sup> October coaching

Wednesday 5<sup>th</sup> October coaching

Thursday 6<sup>th</sup> October coaching

Friday 7<sup>th</sup> October coaching, presentation and BBQ

Coaching is from 9am to 12pm. The cost is coaching \$20 per day or \$60 for the four days.

Bookings are essential before Sunday 2<sup>nd</sup> October.

Enquiries to Dean on 0412735113 or email [dkahanut@gmail.com](mailto:dkahanut@gmail.com)

### DATES FOR THE DIARY - 2011

23 September	Dress Down Drug Free Day
23 September	Last Day Term 3
10 October	First Day Term 4
12 October	Fighterworld Excursion
18 October	First Kindergarten Transition Day
2 November	Stage 2 Sun Surf Day
4 November	Cultural Music Show
8 November- 11 November	Great Aussie Bush Camp
8 November- 11 November	Canberra Excursion
2 December	Sports Presentation
9 December	Presentation Day

