## Muswellbrook South Public School

Proud and Powerful to be a School in Partnership (SiP) school.

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Phone: 02 65431896 Fax: 02 65433475

#### Week 9 Term Three

# <mark>sтор press: Next Term: Summer school uniform is required. New school shirts are available at uniform shop</mark>

#### **Dear Parents and Carers of Muswellbrook South PS**

The Year 3 and Year 5 NAPLAN results have arrived at school. Parents are asked to come to the school office to collect these results. Our school's overall results have been sound and our school growth from last year improved significantly. I congratulate all students who sat these assessment tests and our hard working staff who achieved these wonderful results. The data indicates Muswellbrook South Public School in the 2011 NAPLAN is the leading school in the School Educational Group of schools in the district for Reading. This is a very pleasing result. Congratulations everyone.

This Friday, weather permitting our Kindergarten to Year 2 Fun Day will occur. We look forward to our school community supporting the students and everyone enjoying a day of fun.

The last week of Term 3 is not too far away. Next week we will celebrate various students achievements related to our schools Positive Behaviour for Learning (PBL). Next **Wednesday**, I will be taking all 'Honour students' out for lunch. Next **Thursday**, our students will be participating in **Reward Afternoon**, acknowledging the students positive behaviour actions.

Good Luck to those students representing the school at the Wombat Golf Day at Charlestown Golf Club, next Monday and the girls Tag football team who will be playing Denman PS next Thursday.

Please don't forget to come along to our school's P&C meeting which will be held, next Tuesday afternoon in Heritage Hall at 2pm. At these meetings discussions are about school uniforms, directions and policies for the school, concerns and new ideas to support the school and the students .All welcome.

Parent/carer helpers at our school are greatly appreciated. If you would like to become involved in your child's class for reading, maths, craft groups or assist around the school ie the school canteen, uniform shop. Please feel very welcome to approach your child's teacher to ask when it would be an appropriate day, or time to come in and help. Coming into our school gives you an insight into how the school functions and what great learning is occurring in your child's classroom. We look forward to seeing you next Term!

Muswellbrook South PS staff, students and community welcomes our new families to our great school.

# Students return for Term 4 – 10<sup>th</sup> October – MONDAY Out of school uniform day Friday 23<sup>rd</sup> Sept

All students are invited to wear their favourite football team colours, soccer, netball, rugby teams or colours of their favourite sporting team.

Yours in Education Rebecca Langdon Principal

#### **Assembly**

Please note There is no assembly this Friday due to our Fun Day.

#### Congratulations this week's 'Pebble People'

#### Week 9

EStg1: Natha	n
Clydesdale	Lilly Dean
Stg1: Raymond Squires	Lilly Miller
Stg2: Jason Madden	Tyrone Leyton
Stg3: Thomas Story	Darcy Smith

#### **NEW DATE FOR KINDERGARTEN AND STAGE 1 FUN DAY**

Unfortunately, due to the rain, the Kindergarten, Year 1 and Year 2 Fun Day was cancelled last Friday. The Fun Day will now be held this coming Friday 16<sup>th</sup> September on the School Oval from 9.45 a.m. to 1.30 p.m. The children are to arrive at school at the normal time of 9.25 a.m. to allow teachers time to mark the roll. The children will be involved in a march past, running and novelty races as well as participating in a variety of fun activities. The children have taken home a note to inform parents of the Sport House each child has been placed into and we encourage the children to come dressed in the appropriate colours for their team on the day. Parents are invited to attend to watch the races and games and join their child for lunch and then afternoon tea after the activities.

The children are to wear suitable clothes and joggers to run in (no bare feet allowed) and to bring sunscreen, a safety pin and a drink bottle containing water and labelled with their name.

PLEASE NOTE THAT ALL STUDENTS MUST WEAR A HAT (SCHOOL HAT OR COLOURED HAT) IN ORDER TO PARTICIPATE IN THE DAY.

Also parents who missed out on their ordered lunch from the school canteen last Friday can collect their lunch order this Friday.

C. Avery

**Enrolling now for Kinder in 2012:** If you have a child who is ready to start school in 2012, please collect an information package from the school office. Muswellbrook South Public School can provide an exciting and wonderful K-6 journey for your child. More details further in this newsletter

## Healthy Dad's Healthy Kids – Comes to Muswellbrook

**Could Dad lose a few kilos?** The Healthy Dad's Healthy Kids program is an award winning weight loss program for dads/stepdads which is funded by Coal and Allied and is coming to Muswellbrook. The program covers the nine best weight loss tips for men, so dad can shed some unwanted kilos (without having to eat like a rabbit). In 2009, dads in Newcastle lost almost 9kg on average by joining the program.

Healthy Dads, Healthy Kids will give dad new ideas for spending active, quality time with the kids and advice on how to get kids eating well without creating a battleground at the dinner table. Healthy Dads, Healthy Kids involves 4 dads-only sessions and 3 dads and kids sessions across twelve weeks. All sessions are in the early evening and will only cost you some time (and potentially a few kilos!). any dads who have been through the program recommended it, with one dad commenting "I cannot recommend this program enough. It has probably added years to my life expectancy, but probably more importantly it has added immeasurably to my quality of life and my family's. Healthy Dad's, Healthy Kids works."

This program starts on Tuesday 20<sup>th</sup> September (shift worker friendly) at 5.45pm at Muswellbrook South School.

More information, please contact Drew Miller on 49216721 or email Andrew.miller@newcastle.edu.au

Yes I would like to attend the Healthy Dad's Healt	hy Kids program
Name	Student

## Homework Centre – Term 4 We will commence Week 2 Term 4

Who: Students in Stage 2 and 3
When: Every Monday 3.30-4.30pm

Where: The Library

Cost: 50 cents to cover the cost of afternoon tea.

If you would like your child to attend, please fill in this form below and return it to the front office no later than Friday 14<sup>th</sup> October.

Mrs Rayner

Homework	Cantra	_ Tarm	4 2011
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YES my child is interested in attending the homework centre at Muswellbrook South Public School, starting Monday 17 <sup>th</sup> October Week 2 Term 4		
Name(	Child's Class	
I would like my child to be taken home by the school Yes/No	ol bus after homework centre at 4.30pm	
Parent's Name	Phone Number	

#### **Triple P - Positive Parenting Program**

**Triple P** is a parenting program for all families that provides practical answers to everybody parenting concerns.

Families NSW is offering Triple P for FREE to all families with children aged 3-8 years.

## When: Wednesday 21<sup>st</sup> September 10am -2pm

Where: at the Hunter Park Family Centre, Wollombi Road Muswellbrook

Morning tea and a light lunch will be provided.

## Please note that BOOKINGS ARE ESSENTIAL so that we can keep course sizes manageable.

To find out more or to book into a course please contact:

Ann Watson 65413000

Parenting and Early Years Coordinator Upper Hunter

#### Attention Year 3 And 5 Students

NAPLAN results are now available to be signed for and collected at the front office. These results should be collected by this Friday 16<sup>th</sup> September.

#### **Kindergarten Transition program**

#### What is a transition to school program?

It is a set of planned activities collaboratively planned by a range of staff to make starting school as successful as possible for children, families and teachers.

#### Why is it important?

Evidence suggests that children who have made a positive start to school are more likely to engage well and to experience academic and social success. Children's perceptions of themselves as learners and as someone who belongs at school are often formed early in their schooling.

Our program will build on your child's prior learning and will aim to develop strong links between the home and the school.

#### How does our program operate?

- 6 week program which will be conducted on a Tuesday from 9.30 11.15, beginning 18<sup>th</sup>
  October.
- Morning tea consisting of fruit and water is given each week based on the school's crunch and sip program.
- At the first session we will ask you to come to school hall with your child. After a welcome and
  a small presentation by some students from our school, your child will be asked to go to the
  kinder rooms by our staff where they will participate in some activities. We will conduct an
  information session and morning tea for parents finishing when it is time for the children to
  finish, at approx 11.15.

#### Woolworths Earn & Learn

Woolworths are extending their Earn and Learn campaign. You now have until the 18<sup>th</sup> October to collect Earn and Learn points for our school. Voucher tally as at 14 September is 2896

### **Coles 2011 Sport for School Program**

Coles has launched their 2011 Sports for Schools program. The more vouchers we collect the more sports equipment we will receive. Voucher Tally as at 14 September is 22040

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#### Whooping Cough

We currently have cases of whooping cough within our school. Please consider having your child immunised.

### What Is Whooping Cough?

- Whooping cough is a serious respiratory infection that causes a long coughing illness. In babies it can lead to pneumonia and brain damage.
- Older children and adults can get whooping cough and can spread it to others, including babies.
- Antibiotics can prevent whooping cough spreading if given early but the cough often continues after treatment.

### What are the symptoms?

- Whooping cough starts like a cold with a blocked or runny nose, sneezing, a mild fever and an occasional cough.
- The cough gets worse and severe bouts of uncontrollable coughing develop. Coughing
  can be followed by vomiting, choking or taking a big gasping breath which causes a
  "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns don't cough at all but stop breathing and turn blue.
- Older children and adults may just have a mild cough that doesn't go away.

## **How is Whooping Cough Spread?**

A person with whooping cough can spread it to others in the first 3 weeks of illness.
 Bacteria coughed into the air can be inhaled by babies, children or adults nearby. These people are then in danger of getting whooping cough.

#### **Protect Your Baby**

- Newborns are not immune until they have had their whooping cough vaccines. To protect them until they are immune, keep people with a cough away from your baby.
- Whooping cough vaccine is effective but doesn't protect all babies. You still need to watch out, even if your baby is immunised.

#### Older children

- By immunising older children with boosters at 4 years and in high school, you give them some protection against whooping cough. This also helps to stop spread to others.
- Check if your child has been vaccinated. Look at their Blue Book, speak to your GP.
- Remember that even immunised children can sometimes catch whooping cough.

#### **Dress Down Drug Free**

Dress Down at work and help support the delivery of Life Education at our school.

- 1. **Choose** a fun dress theme that everyone will enjoy
- 2. **Register** your business as a participant in the campaign
- 3. Receive a **supporters pack**
- 4. Encourage everyone at your work to **be involved**, bring a gold coin and dress down on Friday September 23<sup>rd</sup>.

Great prizes to be won for best theme and most funds raised!

Visit <u>www.hunterlifeeducation.org.au</u>, or call 1300554246 or Miss K McMillan at the school to get involved!

## CANTEEN MANNER

Children visiting the canteen will be required to:

SMILE and be pleasant
Say PLEASE and THANK YOU
Stand QUIETLY in line
Have your MONEY ready
Know WHAT you want to buy

## WE NEED TO SPEAK POLITELY TO ALL WE MEET!

Our school newsletter is available on our school's website. If you would like our newsletter sent home electronically please fill out the form below with your name and email address. Please complete the accompanying form and return to the school office.

I would like the school newsletter to be emailed home:

My email address is:
Name:

#### **School Website**

If you would prefer to read the newsletter on our website, it is available each week at www.muswellbrs-p.schools.nsw.edu.au

#### **A Night Before Christmas Market**

The Muswellbrook Pre-School is planning a Christmas market shopping night on October 21<sup>st</sup> from 7pm -10pm. There is a \$15 entry, with the first 200 ticket holders given a free gift bag filled with products. Wine, Cheese, Tea, Coffee and Cake will be available. There will also be lucky door prizes and a multi draw raffle. Some wonderful ideas for those hard to find Christmas presents.

Tickets are available at the Muswellbrook Pre-School.

#### **DATES FOR THE DIARY - 2011**

15 September	Kindergarten Excursion – Hunter Valley Zoo
23 September	Dress Down Drug Free Day
23 September	Last Day Term 3
10 October	First Day Term 4
12 October	Fighterworld Excursion
18 October	First Kindergarten Transition Day
2 November	Stage 2 Sun Surf Day
4 November	Cultural Music Show
8 November-	Great Aussie Bush Camp
11 November	
8 November-	Canberra Excursion
11 November	
2 December	Sports Presentation
9 December	Presentation Day

This week's news letter was edited by William Irwin.