

Muswellbrook South Public School Newsletter

Proud and Powerful as a Schools in Partnership (SiP) school.



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TERM 3 WEEK 7

Wednesday 28th August 2013

This Week's PBL Focus: Accept the consequences for your actions.

PRINCIPAL'S MESSAGE

Dear Parents and Carers,

What a great Book Week Parade and Fair we had last week. The students and staff looked fabulous dressed up as various alien and space characters. Thank you to all the parents who came along to support their students, watch the parade and buy a book. I think we had record numbers of parents and family members this year. Many thanks must go to Mrs Solman for organising such a wonderful event and hosting the space model and drawing competitions. The library looks amazing with all the models on display. Congratulations to all those students who made a model or who did a drawing, it was a very hard job to choose the overall winners of the competition.

The Blokes BBQ date has been rescheduled for the 12th of September due to a clash with the Stage One excursion next week. More details to follow at a later date.

Both Kindergarten and Stage 1 have excursions organised for late this term or early next term. All students are required to wear full school uniform when participating in an excursion, including the correct hat and shoes.

We are hosting our 2014 Kindergarten Information night tonight commencing at 6:00pm and finishing around 7:00 in the school library. All parents of Kinder children for next year are warmly invited to attend.

Yours in Education,
Karen Rayner
Relieving Principal

Assembly

This Friday 30th August, we will be having a whole school assembly. All parents, family members and friends are warmly invited to attend. The assembly commences at 9.45am in the hall. The assembly item will be performed by 3/4H.

Parents Corner

Here are a few ideas for how to make eating the recommended 2 serves of fruit and 5 serves of vegetables easier:

- Canned and frozen fruit count. Stay healthy with canned fruit in juice not syrup and canned vegetables with no added salt.
- Try adding dried peas, beans and lentils to meals.
- Fruit or vegetable juice is 1 serve but water is the ideal drink.
- Dried fruit only counts once – a small serve of sultanas or 4 dried apricots equals one serve.
- A little and often – children may eat more if you offer smaller serves more times a day

Uniform Reminders

School shoes are still required to be black leather with black laces or white joggers with white laces. **Coloured joggers are not acceptable.** Students are required to wear the correct shoes to school excursions and when representing our school.



All uniform requirements are completely endorsed by the MSPS P&C. All parents are welcome to attend meetings which are held on the 3rd Tuesday of each month at 1.30pm.

'Readers on the up'

Students at Muswellbrook South Public School have been actively engaging in targeted reading groups to enhance their skills in reading and punctuation. In term three, year two has been the focus and I would like to take a moment to recognise the wonderful progression that all students are displaying. It is clear that students understand how to recognise speech marks and adjust their reading voice to include expression, understand that the volume of their voice needs to be loud and clear for listeners and most importantly, they are all enjoying their reading. Special mention to the 'Star Readers' of the week, Ramano D. (2H), Amber L. (2H) and Dylan J. (2H). All three are great to listen to and they are still improving all the time. CONGRATULATIONS!

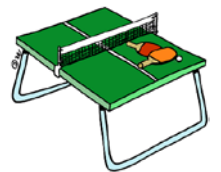
Mr West



'Table Tennis in the Shed'

Students at Muswellbrook South Public School have recently been enjoying playing table tennis during their lunch break time. Since the beginning of term three, the enthusiasm to play table tennis has gone through the roof. I have coached many students (boys and girls) on the rules and techniques needed when playing table tennis and it's fair to say that everyone is enjoying learning, playing and improving, not to mention those students that don't need coaching! It has become so popular that I decided to create a couple of knockout tournaments to cater for all students who wanted to participate in some fun, competitive table tennis action. In the first knockout tournament, 16 players signed up with Kyle B. just getting ahead of Callen H. in the final. The second tournament is still running but this time around 32 signed up including more girls and six teachers. Stay tuned for the results.

Mr West



Coloured Hair and Jewellery

Coloured hair and excessive jewellery are not considered part of MSPS uniform or for general presentation.

Collecting students in the afternoon

It would be appreciated if all parents could wait for their students in the infant's quad area of an afternoon after 3pm.

Kindergarten Enrolments 2014

If your child turns 5 before 31 July 2014 they are eligible for enrolment. Simply visit or phone school to register your child's name, date of birth and contact details. Our 6 week transition program will commence early Term 4. See invitation attached.

Canteen News

Thank you to the volunteers for helping on Friday in the canteen. Sarah Osborne, Sue Pollard, Melissa Kelman, Rebecca Donaldson, Kylie Cronly, Alison Bradstreet and Odette Edwards.

Canteen is open Break 1 & 2 on Fridays only. Please order all hot food. Break 1 & 2 need to have separate orders. Please have orders in between 9am and 9.30am.

Apologies for price error on menu. Sausage rolls with sauce are still \$2.80 not \$3.50.

What's Happening in the Community?

Australia Red Cross

Mobile Blood Service
Muswellbrook PCYC
Carl Street Muswellbrook
Wednesday 28th August 1.30pm-7pm
Thursday 29th August 9am-3pm
Every blood donation saves three lives



“ADDITIVE FREE PANTRY” Workshop

Muswellbrook Pre School is excited to invite you to our “ADDITIVE FREE PANTRY” Workshop. Food is part of everyday life and has major effects on you and your family's health and well-being. Additive-Free Pantry aims to help educate, advice and boost your confidence in the choices you make for your family.

Have you ever wondered/are you interested in.....

- How manufacturers can hide MSG
- Aspartame, what causes and where to find it
- The very misleading 5% loophole
- Marketing and label reading

- What is in canteen/tuckshop foods?
- Additives to avoid
- Understanding natural colours & flavours
- Asthma, ADHD and Autism facts in Australia

If you are interested to find out more, join us on Thursday 29th August

6-8pm

At Muswellbrook Pre School

\$10 per person

Please book your seat before 22nd August

Contact the Pre School on 65432637

Everyone welcome- families, friends, community etc.

Engaging Adolescents

Tuesday 10th September 9.30am – 2.00pm

Venue: QEII Building

CNR Market & Bridge St's Muswellbrook

Bookings Essential

Phone: 02 65423555

Email: group@uhcs.org.au

Muswellbrook Touch

Junior Touch: The 2013-2014 Junior touch competition commences on Monday 9th September at Olympic Park. Team Nominations close on 31st August and Registration days will be held at Olympic Park on Wednesday 21st and 28th August between 4-6pm and Saturdays 24th and 31st August between 10am and 1pm. Age divisions for both boys and girls are 6 years and under, 7-8 years, 9-10 years, 11-12 years, 13-14 years and 15-17 years.

Junior State Cup: Players who are interested in representing Muswellbrook in next years Junior State Cup at Port Macquarie must register their names on or before 29th August 2013.

Ladies and Mixed: The competition commences on September the 2nd, team nominations close 24th August. Further information is available on nomination form.

Mens: The competition commences on Wednesday 11th September. Nomination form will ONLY be accepted at the Annual General Meeting at the Muswellbrook Golf Club 28th August commencing at 6pm. At least one player from each team must attend.

All nomination forms for any competition are available at Fine N' Dandy or on our website. For further information please contact Betty Nicol on 65432477 or Paul Benkovic on 0411278244.



Quirindi Public School P&C Horse Sports Day

Friday 11th October 2013

Quirindi Showground

8am sharp gear check for 8.30am start

Ring Events – Rider, Hack, Pair of riders & Pleasure Hack

Champion & Reserve Rider Junior & Senior

Spring Events – Barrels, Bending, In & Out of the Paddock, Flag Race & Keyhole

Entry Fee \$20.00 per rider

Entries close 9th September, 2013

GREAT PRIZES!!

Canteen will be in operation from 7.30am

Free camping available

STRICTLY RUN UNDER PONY CLUB RULES

For more information contact

Simon Smith – 0428485355 or

Mary Frear - 0427912421

Junior Cricket Registration

Location: Victoria Park Muswellbrook

Thursday 5th September 2013

from 4.30pm to 6.00 pm

Thursday 12th September 2013

from 4.30 pm to 6.00 pm

Saturday 14th September 2013

from 10.30 am to 12.30 pm

Costs:

Milo (formerly known as Kanga) \$60

U10 \$65

U12, U14, U16 \$75

Please note new players are required to bring their birth certificate

Many Thanks,

Annabelle McLoughlin

Secretary

Muswellbrook Junior Cricket Club

TAKE HOME A BIG BROTHER OR BIG SISTER

Give your children the wonderful opportunity to have an international big brother or big sister by hosting one of our exceptional international students arriving in Australia in February 2014 for their 3, 5 or 10 month programs. Our international students from France, Germany, Italy, Austria, Sweden, Norway, Denmark, Finland, the U.S.A, South America and Japan will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at www.scce.com.au, email scceaustr@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!



BioDiversity Day at Blue Gum Hills Regional Park
THURSDAY 26th September, 2013

10.00am-3.00pm

Blue Gum Hills Regional Park, Minmi

Wetland on Wheels (live animals from the Wetland Centre)

NPWS Discovery Ranger Activities

Tree planting

Free BBQ lunch with Jesmond Lion's Club

Try orienteering with the Newcastle Orienteering Club

Coffee and Drinks from M & K Coffee

Passport activity for kids

Prizes to be won

Bush poetry with the Minmi Magster

Information stalls and activities from many Environmental Organisations



Coolah Horse Sports

Just letting everyone know that the annual Coolah Horse Sport event is still on, for ONE day only Friday 18th October 2013.

Entry forms are available at the office. Entries are due back to Coolah Central School by end of term 20th September 2013.



WHATS HAPPENING IN MATHS IN 1/2W?

This term, 1/2W have been busy playing lots of new maths games to help with learning about addition and subtraction. Some of our favourites are Clear the Board, Four in a Row, Doubles Bingo and Trading Tens. We are also practising counting on from the largest number, quick recall of doubles and number facts to 20.

We have also been learning about two dimensional shapes using pattern blocks to create models and tessellating shapes. Here are some photographs of us playing these games.



BOOK WEEK 2013





2013 Staff Profile: Miss Kristy Marshall

Classroom Teacher: 1M



Name: Kristy Marshall

Age: 31

Star sign: Capricorn

Hometown: Singleton

Studied: Bachelor

Teaching/Bachelor Arts at
University of Newcastle

Favourite food/drink: Thai-DinTai
Fung

Interests: New York, shopping,
shopping in New York!

Skills: Double jointed fingers and
cooking

DATES FOR THE DIARY – 2013

Every Wednesday	Playgroup every Wednesday, 0-4 years in Heritage Hall from 9:30-11:30. All are welcome and there is no cost!
Week 7	Father's Day stall 50c-\$7
28 th August	Kinder Information Night
30 th August	Regional Athletics
Week 8	Band workshop
12 th September	Bloke's Breakfast-7:45am
13 th September	K-2 Fun Day
20 th September	Last day of Term 3
Term 4 10 th Oct	Songroom Garden Launch-Special Assembly

LEARNING
IS
FUN