

# Muswellbrook South Public School Newsletter



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TERM 4 WEEK 2

Wednesday 14<sup>th</sup> October 2015

## PBL Focus of the Week: How and why we should work as part of a team.

### PRINCIPAL'S MESSAGE

Dear Parents and Carers,  
We are very excited about our upcoming fete this Friday, commencing after 4.00pm. There is something for everyone at the fete, with market stalls, showbags, delicious food, rides for children and many fun activities such as toss the coin, face painting, throw the wet sponge – just to name a few! We hope you can gather up your friends and come along for a few hours. The money raised will help to upgrade the grounds in the support unit as well as providing some much needed playground equipment.

Next Thursday 22<sup>nd</sup> October we are inviting all grandparents into the school. Grandparents are invited to visit classrooms between 11.00am and 11.25am and then to join us for morning tea at 11.25am – 12noon. Invitations will be sent home this week. We hope all grandparents can join us on the day.

### Staff Development Day

We are planning a variation to the Staff Development Day this term. Staff will be participating in Staff Development on Friday 6<sup>th</sup> November and Saturday 7<sup>th</sup> November. This means we will be requesting that you **keep your children home on Friday the 6<sup>th</sup> November**. In lieu of this day students will then finish school a day later on Thursday 17<sup>th</sup> December, instead of Wednesday 16<sup>th</sup> December. Please contact the office if you have concerns about these arrangements.

Yesterday was the first of 5 Kindergarten Transition days. It was lovely to see more than 40 little excited people have their first experience of 'big school'. The program will continue for 4 more weeks. If you have a child starting school next year and would like them to attend the Transition program please contact the school office this week.

Yours In Education

**Karen Rayner**

Relieving Principal

*Quote of the week: Minds are like parachutes, they only function when they are open.*

### Assembly

On Monday 19<sup>th</sup> October 2015 the Stage 2 & 3 assembly will commence at 2.30pm. 6R & 4/5W will be performing a class item at this assembly.

Early Stage 1 and Stage 1 assembly will be on Tuesday 20<sup>th</sup> October 2015 commencing at 2.30pm. KS will be performing a class item at this assembly.

All parents, carers and friends are warmly invited to attend.

### WEEK 2 AWARD WINNERS

Congratulations to all our students receiving awards this week. MSPS are proud of your efforts!

#### White Awards – 25 Pebbles

Ramon F, Bracken S, Zara B, Teagan A, Tiarna S, Lucy O, Jackson E, Jacobi PR, Noah H, Sophie B, Lillian S, Miley T, Lilly G, Bryan R, Chelsea I, Kade A, Joanne B, Jesmond G, Kobi C

#### Bronze Awards - 50 Pebbles

Xavier Mc, Kunwar G, Drewcilla S, Sakaiah SN, Emily C, Michael W, Jesmond G, Clifford J

#### Silver Awards - 75 Pebbles

Kayla R, Raymond S

#### Gold Awards – 100 Pebbles

Cate H, Thomas L, Harry F, Shauna C

#### White Awards - 5 Merits

Jonah A



### Thinking of applying for a government selective High School for Year 7 entry in 2017?

You must apply online at

[www.schools.nsw.edu.au/shsplacement](http://www.schools.nsw.edu.au/shsplacement)

Application website opens Tuesday 13<sup>th</sup> October and closes Monday 16<sup>th</sup> November 2015.

Getting ready for school...

Children don't understand time in the same way as grown-ups. This can make school mornings a stressful time of day for families. Time pressures and competing demands can turn mornings into a combat zone. Getting along in the morning at home will also help you. Research shows that fighting with children in the morning makes it harder for you to work well. It even increases the risk of you having an accident at work.

The night before

- Try to find out the night before (or even earlier) if there is something special going on at school.
- Prepare lunches and set the breakfast table ready for the morning rush.
- Get your child to have a bath the night before. This means you won't have to worry about this in the morning.
- You might know something is going to come up that could cause conflict (such as buying lunch or choosing which clothes to wear). Talk about it the night before when everybody has time and is less likely to be stressed.
- Try to read school newsletters and check bags for notes the night before. You could also try to prepare clothes, sign school notes, and get schoolbags ready the night before.

In the morning

- Getting up an extra 15-30 minutes earlier might help things run more smoothly. Also try to allow plenty of time to get from home to school. Rushing can really increase stress levels.
- Good moods can be infectious. Tackle the morning as positively and as optimistically as you can.
- Mornings are easier if your children can do things for themselves. Once your children are old enough, getting dressed on their own, making their own breakfast, and tidying up after themselves can all make things easier.
- If your children are young, remind them what they are meant to be doing and when. Simple 'to do' checklists, even with pictures, can help as a reminder.
- Some children get up more easily if they have an alarm clock.
- Try to cut down on distractions. Television is one of the culprits that can distract children from getting ready. Consider leaving it off, unless it's a special treat for being ready on time.

**Chalk & Parent Direct Toy Catalogues**

If you are interested in either of these catalogues please come to the office to collect. 20cents of every dollar spent will be donated back to our School.



**Thank You!**  
We would like to thank Singleton Bunnings Warehouse for their generous donation towards our special education grounds upgrade.

**SALE!!**  
**School Backpack with logo \$10**





# IK News

It's certainly been a busy start to the term with lots of exciting things happening in IK. Thanks so much to the parents who have again provided us with simple classroom necessities like tissues and glue sticks. There have also been some generous fete donations. THANK YOU!

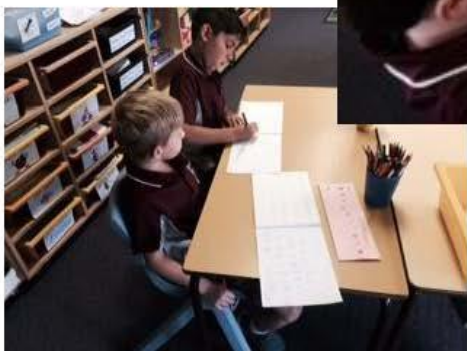
So far this term we have enjoyed learning about how others have spent their holidays and have also done lots of writing about these.

In Maths we are continuing lots of hands on activities through our TEN program. You can use simple materials at home too to play these games. Items like cards, dominos and dice can be used in many different ways for learning Maths.

This term, Stage 1 will be attending Fighterworld for our HSIE excursion. There are also some exciting rewards days for students who continually are Safe, Respectful and Responsible.

Lots of IK children have been changing their home reader several times a week which is fabulous. It is really important have your child's home reader changed 2-3 times per week to encourage interest and enthusiasm in reading. Homework completion has also been very positive.

We are looking forward to a happy and productive term in IK!







# P&C News



MUSWELLBROOK SOUTH PUBLIC SCHOOL FETE  
FRIDAY 16<sup>TH</sup> OCTOBER ~ 4PM to 7PM ~  
57 MAITLAND STREET MUSWELLBROOK

Thank you to each and every one of the local business who have kindly supported our Fete in some way. The Fete promises to be a fun family afternoon enjoyed by many past and present school and community members. The Fete would not be possible without your generosity. Thank you to the following major sponsors –

<b>MANGOOLA</b> OPEN CUT GLENCORE	<b>BENGALLA</b>	<b>United</b>
"YOUR CLUB, MY CLUB, OUR CLUB" <b>MUSWELLBROOK</b> <b>RSL</b> CLUB	<b>O'Brien</b> Glass with care	Energy in action! AGL Since 1837
<b>MMS</b> ENGINEERING	<b>BERRY &amp; FRENCH</b> 47 Bridge Street, Muswellbrook Phone: 6543 3230 or 6542 5500	<b>the fresh food people</b> <b>Woolworths</b>

## LAST CHANCE TO PRE-PURCHASE AT A CHEAPER PRICE!!

**MUSWELLBROOK SOUTH PUBLIC SCHOOL FETE**  
AMUSEMENTS

- \* Inflatables Climbing Pyramid
- \* 2 x 3ig Dual Lane Slides
- \* Inflatables Dual Lane Bungee Run
- \* Obstacles Run and Knock Down
- \* Jumping Castle with Slide
- \* Mechanical Surf Board Ride

Unlimited amusements wrist bands \$15 each or \$20 on the night of \$4 per amusement on the night.  
Pre-purchase wrist bands from the School Canteen on Monday, Wednesday & Friday's between 9am and 9.30am.  
Wrist bands for on the night amusements will only be sold for the first hour of the Fete night.

**GJ'S LASER TAG**  
WILL BE AT  
MUSWELLBROOK SOUTH PUBLIC SCHOOL FETE  
FRIDAY 16<sup>TH</sup> OCTOBER ~ 4PM to 7PM  
57 MAITLAND STREET MUSWELLBROOK

**\$5 PER PERSON / PER GAME / PRE-BOOK NOW!**  
Spots are limited (20 people per game) so book your game now to avoid disappointment.

Games will be played at:  
4.00pm 4.20pm 4.40pm  
5.00pm 5.20pm 5.40pm  
6.00pm 6.20pm 6.40pm

At time of booking, please nominate your preferred playing time.  
Please note if it rains a spot reserved when pre-booking you will be placed into a second time slot.

Tickets can be pre-purchased from the School Canteen between 9am and 9.30am on Monday, Wednesday & Friday's.

### Fete unlimited amusements wrist bands & pre-book Laser Tag

The amusements will be Bigger & Better than last time. Seven (7) inflatables in total! Fete unlimited amusements wrist bands are available to purchase from the school canteen this Thursday & Friday between 9.00am-2.30pm. Open to the general public. Wrist band presale cost is \$15 each. Cash only. Wrist bands will only be available to purchase on the night of the fete for the first hour and will cost \$20 each. If a wrist band is not purchased, each amusement will cost \$4 per go on the night. Inflatable amusements strictly for children 12 years and under.

**Uniform Shop News** Purchase now ready for Christmas & the new school year. All uniforms in stock plus



- Waterproof Library bag \$10.50
- Pack of 2 scrunchies \$2.00
- Large school bag \$45.00
- Small school bag \$20.00



BRING ALL YOUR LOOSE COINS TO THE FETE TO PARTICIPATE

## Upcoming Events

16<sup>th</sup> October 2015  
4pm to 7pm - Fete

20<sup>th</sup> October 2015 3.30pm  
P&C Meeting in school library

## Canteen News

Open 5 days a week 9am to 2pm.

EFTPOS is available for lunch order payments by adults only.

Lunch orders must be handed to the canteen before 10am with child's name and class clearly marked on the lunch bag.

No longer available –  
Ham, cheese & pineapple wraps

**REMINDER:**  
Spoons & Forks cost 10c each.  
No reheating of food is permitted.  
BBQ & Tomato sauce cost 50c each.

Thank you to last week's canteen helpers – Catherine, Kristy, Gina & Colleen. If you can spare a few hours on any day please see Megan in the canteen.

Last week's meal deal winner –  
Netise W 2C (to the value of \$5.00).

## Meal Deals

**Garlic Bread Meal Deal \$6.00** –  
Lasagne or spag. bol, popper & zooter dooper

**Slush Puppie Meal Deal \$5.00** –  
Slush puppie and sausage roll

**Pie Meal Deal \$5.00** –  
Pie and an Oak milk

**Pizza Meal Deal \$4.00** –  
Pizza and a paddle pop

**Dino Nuggets Meal Deal \$4.00** –  
6 dinosaur nuggets and a pop top

**Potato Bake Meal Deal \$5.50** –  
Potato Bake, garlic bread and juice

## Uniform Shop

Located in the school canteen, it is Open 5 days – 9am to 10am ONLY.

The office has order forms for you to order over the counter at any time. These orders can then be collected between 9am and 10am weekdays.

We accept cash, cheque and EFTPOS. Layby system also available.

**No items can be taken without full payment.**

IN A RANGE OF FUN ACTIVITIES



EXCLUSIVE INVITATION TO  
**EZY-WAY CREDIT CARD & REWARDS CARD HOLDERS**



**LOWES**  
**1 DAY ONLY**  
**THURSDAY 15TH OCTOBER**

**20% OFF**  
ORIGINAL PRICES  
**SCHOOLWEAR & EVERYTHING STOREWIDE**

**OFFER AVAILABLE INSTORE & ONLINE**

\*Cannot be combined with other offers or discounts. Floor stock only. Styles and colours may vary from store to store. No rain checks. Please choose carefully, exchanges and refunds only with receipt. Includes existing EzyWay 5% discount. Excludes gift cards. Must use Ezy-way credit card or Rewards Club card to receive offer.



**2nd Muswellbrook Scout Group and Bricks at the Bay present**

# UPPER HUNTER BRICK SHOW

A LEGO FAN EVENT



**SUNDAY 18<sup>TH</sup> OCTOBER 2015**  
**9AM TO 2PM**

**MUSWELLBROOK SCOUT HALL**  
**80 FORD STREET, MUSWELLBROOK**

**LEGO DISPLAYS**    **LEGO FOR SALE**  
**FREE BUILD AREA**

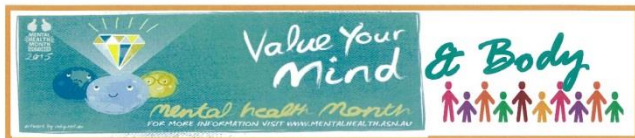
**DISPLAYS BY BRICKS AT THE BAY AND MEMBERS OF RAINBOW LUG AND SYDNEY LUG**

**SAUSAGE SIZZLE AND DRINKS AVAILABLE**

**ENTRY \$5 EACH OR \$10 PER FAMILY**



Free Parking available in Ford Street and Aberdeen Street



## Sunday Roast

Are you a grandparent caring for your grandchildren?

**Grandparent Families**  
are invited to celebrate as our guests on  
**Grandparents Day 2015**



**Sunday 25th of October 2015**

**12.00 noon—3.00pm**

**Scone Grammar School, Kingdon St, Scone**

**Cost: Free**

**Come along and share in a Sunday Roast with your grandchildren along with some great fun activities across the generations**

**Rsvp UHCS**  
**6542 3555**  
**22/10/2015**



Scone Grammar School

Proudly supported by BHP Billiton Mt Arthur Coal



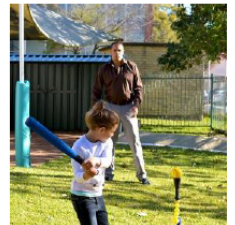
## Good for Kids good for life

### Active as a Family

Busy lives and long work schedules can mean that many families spend time apart during the week and exercise on their own.

Here are some ways to connect as a family, revive energy levels and feel fit and healthy:

- A simple walk after dinner
- Join an all ages group like a fun run or cycling group
- Play touch football or cricket in the backyard on weekends
- Go for a hike or bike ride around local walking tracks
- Spend the day at the beach or your local swimming pool.



PHONE 4924 6499

Source: Murrumbidgee Local Health District

# DATES FOR THE DIARY – 2015

Every Wednesday	Read 2 Learn / Playgroup supported by Family Insight 10am to 12pm in "The Shed" at MSPS. 0-6 years. No cost.
13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> October and 3 <sup>rd</sup> & 10 <sup>th</sup> November	Kindergarten Transition Program
16 <sup>th</sup> October	MSPS FETE
22 <sup>nd</sup> October	Grandparents Day
23 <sup>rd</sup> October	Beating Around The Bush Show
28 <sup>th</sup> October	Fighter World Stage 1
30 <sup>th</sup> October	Fighter World Stage 1
2 <sup>nd</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> November	Year 5 Camp
6 <sup>th</sup> November	Staff Development Day – Students stay home
12 <sup>th</sup> November	Power FM Breakfast
23 <sup>rd</sup> November – 4 <sup>th</sup> December	Intensive Swimming Program Years 2 & 3
11 <sup>th</sup> December	Presentation Day
17 <sup>th</sup> December	Last Day Term 4 Students

## MUSWELLBROOK SOUTH PUBLIC SCHOOL

### CANTEEN MENU

<u>Wraps</u>	<u>½ Full</u>	<u>Hot Food</u>	<u>Salad Bowl</u>	<u>Snacks</u>
Ham \$2.30	\$4.30	Pizza (Ham & Pineapple/Meatlovers) \$2.70	Salad Bowl \$4.10	JJ's \$1.40
Ham & Cheese \$2.80	\$4.80	Chicken Wedges (3) \$2.20	Ham Salad \$5.10	Red Rock Deli \$1.40
Ham & Tomato \$2.80	\$4.80	Noodles (Beef/Chicken) \$2.20	Chicken Salad \$5.40	Grainwaves \$1.40
Ham,Cheese & Tomato \$3.30	\$5.30	Fried Rice \$2.40	<b>ADD EXTRA</b>	Popcorn \$0.10
Ham,Cheese & Pineapple \$3.30	\$5.30	Sausage Roll (Lite) \$2.60	Beetroot 30c	Mousse \$0.60
Ham & Salad \$4.10	\$6.10	Pie \$3.30	Carrot 30c	Finger Bun \$1.60
Chicken \$2.60	\$4.60	Hot Dog \$3.30	Cucumber 30c	
Chicken & Cheese \$3.10	\$5.10	Lasagne \$3.30	Lettuce 30c	<b>Pikelets</b> Lrg \$0.50
Chicken , Lettuce & Mayo \$3.20	\$5.20	Spaghetti Bolognese \$3.30	Pineapple 50c	Med \$0.20
Chicken & Salad \$4.40	\$6.40		Cheese 50c	
Chicken Tender ,Lettuce ,Mayo \$3.60	\$5.60	<b>Burgers</b>	Tomato 50c	<b>Jelly Cups</b> Lrg \$0.80
Chicken Tender & Salad \$4.90	\$6.90	Chicken Burger Plain \$3.20	Boiled Egg 50c	Medium \$0.60
		Chicken Burger with lettuce & mayo \$3.60	Mayo 20c	Small \$0.10
<b>Sandwiches &amp; Rolls</b>		Chicken Burger with salad \$4.60	Bread Roll 50c	
Vegemite/Jam/Honey \$1.20		Chicken Tender Roll Plain \$3.40	<b>+Toasted wrap/sandwich 30c</b>	
Cheese \$1.60		Chicken Tender with lettuce & mayo \$3.60	<b>Tomato Sauce/ BBQ Sauce 50c</b>	
Chicken \$2.60				
Chicken,Lettuce & Mayo \$3.20		<b>Drinks</b>	<b>Frozen Treats</b>	<b>Fruit</b>
Chicken Salad \$4.40		Water 350ml \$0.70	Quelch Ice Block \$0.60	Apple 60c each
Ham \$2.30		Milk (Plain) \$1.00	TNT Sticks \$0.60	Orange ¼ 15c each
Ham & cheese \$2.80		Milk (Chocolate/Strawberry/Banana) \$1.80	Calippo \$0.90	Pear 60c each
Ham & Tomato \$2.80		Fruit Juice Poppa \$1.40	Moosie \$1.10	Banana 60c each
Ham,Cheese & Tomato \$3.30		Slush Puppie \$2.50	Lemonade Twist \$1.10	Fruit Cup \$1.50 sml
Ham Salad \$4.10		Orchy Pop Tops \$1.50	Paddle Pop \$1.40	\$3.00 lge
Egg \$2.10		(Apple/OrangePass/Appleblackcurrant)		
Egg,Lettuce & Mayo \$2.60				
Ham & Salad Roll \$5.00				
Chicken & Salad Roll \$5.50				