

Muswellbrook South Public School Newsletter



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 "Muswellbrook South Public School Official"

TERM 3 WEEK 2

Wednesday 22nd July 2015

PBL Focus of the Week: What does being safe look like?

PRINCIPAL'S MESSAGE

Dear Parents and Carers,

We enjoyed Jump Rope for Heart today. It was great to see students skipping to the music and practising some new skills. All money raised from the gold coin donation will be sent off to use for further research into heart disease.

Our students are looking good in their winter uniform. The school and P&C are very keen to see all students in the correct shoes, coloured shoes are not part of our uniform. We thank you for your support in this matter.

Next week is Education Week. We will be inviting parents into our classrooms later in the term when we celebrate the achievements our students have made in achieving their learning goals, which was mentioned in last week's newsletter. A combined schools Education Week ceremony will be held next Thursday, 30th July at 4.30pm at Muswellbrook High School. Each school has nominated some award winners for each of the special categories. Our award winners will be in next week's newsletter.

All parents are invited to the Public Speaking Finals next Thursday. A note with all details will be sent out this week.

Yours In Education
Karen Rayner
Relieving Principal

Quote of the week: Experience is a hard teacher because it gives the test first and the lesson awards.

Assembly

On Monday 27th July 2015 the Stage 2 & 3 assembly will commence at 2.30pm. 5/6T will be performing a class item at this assembly.

Early Stage 1 and Stage 1 assembly will be on Tuesday 28th July 2015 commencing at 2.30pm. 2C will be performing a class item at this assembly.

All parents, carers and friends are warmly invited to attend.

Financial support for your children

This week we are sending out statements for all unpaid school contributions. Please consider paying these as they provide classroom resources for your child/ren. Thank you to those families who have paid their contributions.



Enrolments for Kindergarten 2016 are now being taken.

Children turning 5 on or before 31st July 2016 are eligible to enrol.

Please contact the school office on 6543 1896 to register your child's name and to pick up an enrolment form.



SCHOOL BAGS

We have a limited number of school bags available for sale in the school office.

Bags are \$20 and include library bag, wallet & lunch bag.



BOOK PARADE AND BOOK FAIR- 2015

There will be a Book Parade on Friday 28th August starting at 12.30 p.m. and finishing around

1.30 p.m. The theme for Book Week is **BOOKS LIGHT UP OUR WORLD**. Parents are invited to have a picnic lunch with their children after the Parade. It will be an out of uniform day and children can either wear their costume to school or change for the Parade.

The Book Fair will operate all day from 8.30 a.m. until 4.00 p.m. on **Friday 28th August**, only closing while the parade is on.

Thanking You
Anne Solman – Teacher Librarian

Mural Preparation for Heavy Horse Field Day

On Monday 20th July, a selection of SW & SA students participated in some mural painting with local Artist Andrew Davis. The mural, when complete, will form a part of the St Heliers Heavy Horse Field Day event, 8th-9th August, 2015. It is a celebration of the Upper Hunter's beautiful pioneering past, and the strong bond between man/woman and horse. The work is being undertaken by students of Muswellbrook South Public School and Service clients of Challenge Disability Services, Muswellbrook, under the guidance of Muswellbrook community artist, Andrew Davis. Art provides opportunities to connect with our cultural heritage, and build community and benefit the region economically and culturally. The work will be displayed at the event, this year, and then have a permanent place for display.



SMART Science Show – coming soon!

The SMART team are really excited to be bringing amazing science to your school. Be prepared to be inspired by our interactive science shows! With the generous sponsorship of Coal and Allied the SMART team from the University of Newcastle will be coming to WOW you with one of our interactive science shows. During Weeks 2 - 5 of Term 3, the Science Maths and Real Technology (SMART) team will be touring around the Upper Hunter Area and sharing the wonders of science.

Brought to you by Coal and Allied and the University of Newcastle.



Netball News – NSW Schools Cup

On Thursday two Netball teams represented Muswellbrook South at Rose Point Park as part of the annual NSW Schools Cup. It was a very exciting event, as the Netball World Cup is being held in Sydney this year. The Netball World Cup Trophy was present to be viewed by the students, and Nettie the World Cup mascot was wandering through the courts, watching the games.

South Shooters (our PSSA team) played 4 games throughout the day, winning three! These results are a reflection of the commitment and improvement this team has made throughout this year.

Maroon Magic was a team made up of girls who have regularly come to Netball Club this year, and have shown dedication and a love of the game. Maroon Magic played with enthusiasm and vigor, and on the way home you could not wipe the smiles off these girls faces!

A special thank you to Melissa Kelman, who has helped at all Netball events this year, as well as training.

And an extra special thank you to our parents who have helped transport and support our girls this year in netball! Your help is much appreciated.

Netball Club

Netball Club is an opportunity for students to learn the netball rules, acquire netball related skills and some game experience.

If you are in Years 4 or 5 and wish to represent our school for netball next year now is a great opportunity!

Who? Stage 3 girls Monday, Stage 2 girls Tuesday

When? 1st Break

Where? Netball Courts



COOKING WITH 6R

At the end of Term 2, students in 6R were learning about how to write a procedure.



6R would like to say a massive thank-you to Mrs Dolbel for her assistance in making our delicious chocolate brownies.

Chocolate Brownies

Ingredients – (Makes: 8 brownies)

- 150g butter
- 200g sugar
- 65g cocoa powder
- 1 teaspoon vanilla extract
- 2 eggs
- 100g plain flour

Method:

Preparation: 5min › Cook: 5min ›
Extra time: 10min cooling › Ready in: 20min

1. In a bowl, melt the butter in a microwave on high for about 30 to 40 seconds. Add the sugar, cocoa and vanilla in that order and mix well.
2. Add the eggs, slightly whisking after each one. Add the flour and mix well.
3. Grease a microwave safe dish and spoon in the brownie mixture. Cook on high for 4 to 5 minutes (the more powerful your microwave the less time it will take). Let rest for 10 minutes before cutting.

We have re-launched our Facebook Page. We hope to showcase our school and make it a very positive page highlighting the wonderful achievements of our students.

“Muswellbrook South Public School Official” is the only official Facebook Page.



School sores

A few cases of impetigo (school sores) have been reported. These are very contagious and must be treated by a doctor. On securing treatment students are able to return to school providing the sores are covered and treatment continues. Parents with any concerns re sores on their children are advised to seek medical advice.

FOR SALE SYMPHONY PIANO

Made in Australia by CE Davis and Sons Mascot NSW

REDUCED!! NOW \$200

Please see the front office



Upper Hunter AECG Invitation

Please come along to our

3rd Upper Hunter AECG meeting for 2015

When: Wednesday 12th August, 2015

Venue: Muswellbrook South Public School

Time: 4.30pm

Agenda Items

- > Previous Minutes
- > Business Arising
- > President & Treasury Report
- > School Reports
- > NAIDOC Events
- > Junior AECG
- > Training Opportunities
- > Next Meeting

Our AECG's focus is on communities having input into Aboriginal Education.

We strive to empower our communities to become involved in all levels of Education & Training for the positive effect this can have on our students.

To find out further information or to RSVP please contact

Bareki Knox – Secretary of the Upper Hunter AECG
Phone: 0487 593 972
Email: Bareki.88@outlook.com

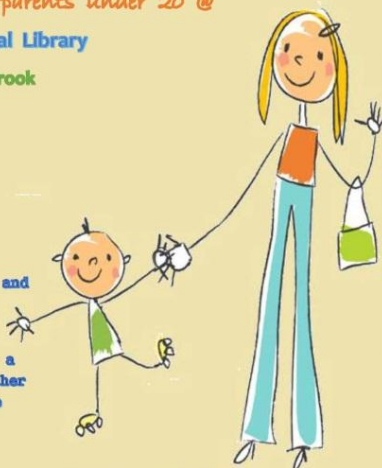
Elizabeth Howard – President of the Upper Hunter AECG
Phone: 0447 063 692 or 1300 363 757
Email: upperhunteraecg@gmail.com

Muswellbrook Young Parents Group

A FREE group for parents under 20 @ Upper Hunter Regional Library 126 Bridge St Muswellbrook

Join in for LOTS of FUN and PLAY activities!

Feel free to bring along a FRIEND or mingle with other YOUNG PARENTS, just like yourself!



When: Thursdays, 10, 30 am to 11, 30 am, (fortnightly during school terms)

Term 3: 16 July • 30 July • 13 August • 27 August • 10 September

Phone: 6542 2728 for details, or just turn up!

AN INVITATION TO CARERS

Do you provide care and support to another person?

You are invited to Carer Connections Take the Opportunity to Connect with other Carers and listen to our Guest Speaker!

Carers are usually family members or friends who provide support to children or adults who have a disability, mental illness, chronic condition or who are frail aged.

Guest Speaker: **interrelate** relationship experts since 1926

Topic: Strengthening Changing Relationships within Caring Roles

WHERE: Kahibah Sportsclub, 63 Kenibea Avenue, Kahibah

TIME: 10.00am – 12.00pm

COST: FREE - includes Morning Tea

WHEN: Tuesday 11 August 2015

RSVP: Wednesday 5 August 2015



For more information or to Register Contact HNE Carer Education & Support Program – Hunter

on: 4921 4895 or 1300 887 776 or Email: Educare-Admin@hnehealth.nsw.gov.au (We ask that you RSVP for catering purposes)



P&C News

Order forms for Thompson's pies were sent home last week. If you did not receive one please contact the school office.

ORDER FORM AND MONEY DUE BACK BY THURSDAY 30th JULY 2015.

PLEASE HAND IN TO THE FRONT OFFICE.



Please note the following are not acceptable at MSPS -



Coloured Hair

- * Any unnatural colours are not acceptable at school.
- * Unnatural coloured hair pieces are not acceptable.



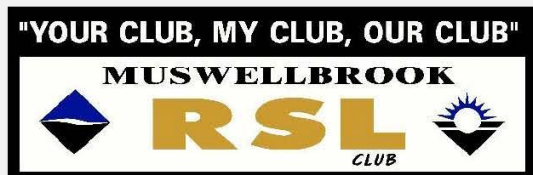
Nail Polish / Fake Nails

- * Are not acceptable.
- * Fake nails are a safety



MUSWELLBROOK SOUTH PUBLIC SCHOOL FETE
FRIDAY 16TH OCTOBER ~ 4PM to 7PM ~
57 MAITLAND STREET MUSWELLBROOK

FETE MAJOR SPONSORS -



THANK YOU FOR YOUR SUPPORT!

FETE MARKET STALL FOCUS OF THE WEEK -



Providing Personalised Products
For The Whole Family

www.woodyounameit.com.au



An extensive range of beautiful linen,
manchester, and home decorator items

www.lorrainelea.com/public

Upcoming Events

23rd July 2015 at 3.30pm

Fete Meeting in school library

18th August 2015 at 2.00pm

P&C Meeting in school library

Canteen News

Open 5 days a week 9am to 2pm.

Lunch orders must be handed to the canteen before 10am with child's name and class clearly marked on the lunch bag.

EFTPOS is available for lunch order payments by adults only.

Thank you to last week's canteen helpers - Gina, Rachel & Catherine. If you can spare a few hours on any day please see Megan in the canteen.

Last week's meal deal winner -
Jez W 5B (to the value of \$5.00).

Meal Deals

Garlic Bread Meal Deal \$6.00 -
Lasagne or spag. bol, popper & zooper dooper

Slush Puppie Meal Deal \$5.00 -
Slush puppie and sausage roll

Pie Meal Deal \$5.00 -
Pie and an Oak milk

Pizza Meal Deal \$4.00 -
Pizza and a paddle pop

Dino Nuggets Meal Deal \$4.00 -
6 dinosaur nuggets and a pop top

Potato Bake Meal Deal \$5.50 -
Potato Bake, garlic bread and an Orchy pop top

PLEASE NOTE: It is important that students do not purchase food for other students. Some students have food allergies and it makes it hard to monitor if students are buying food for each other.

Uniform Shop

Located in the school canteen, it is

Open 5 days - 9am to 10am ONLY.


The office has order forms for you to order over the counter at any time. These orders can then be collected between 9am and 10am weekdays.

We accept cash, cheque and EFTPOS. Layby system also available.

No items can be taken without full payment.

THIS WEEKS FETE DONATION REQUEST - BAGS OF BALLOONS.


Normal & Helium quality. Please hand in to the school office.

 Nutrition Snippet

The simplest way

...to add vegies, every day!

Eating the right amount of fruit and veg can lower your risk of cancer by 5-12 percent. Yet most adults don't eat enough of either, particularly veg – and what adults eat affects the whole family.




Did you know legumes like baked beans are a type of vegetable?

Add legumes across your day to get some extra veg in:

- Baked beans on toast for brekky, or an easy dinner, or pack a small tin for lunch
- Add drained chickpeas to your salads
- Red Kidney beans make a tasty addition to bolognese sauce, add towards the end of cooking.

Eating vegies doesn't have to be complicated – aim for five serves a day, across your day.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit



COLLECT EARN AND LEARN STICKERS FROM WOOLWORTHS BETWEEN WEDNESDAY 15th JULY and TUESDAY 8th SEPTEMBER

Start collecting for your school now

The Woolworths Earn & Learn program gives Schools and Early Learning Centres around Australia the chance to earn new educational resources.

Make a difference for your local school

- Simply shop at Woolworths and you will receive one Woolworths Earn & Learn Sticker for every \$10 spent.*
- Stick the Woolworths Stickers onto the Woolworths Earn & Learn Sticker Sheet inside.
- Once it's complete, pop it into a Collection Box at your school or local store. You can download more Woolworths Earn & Learn Sticker Sheets from our website woolworths.com.au/earnandlearn

*excluding tobacco, liquor and gift cards.

Last year more than 14,500 schools and Early Learning Centres benefited from the program, boosting supplies in classrooms, libraries, music rooms, gymnasiums and science labs.

It's easy to earn valuable resources to help your local school, so start collecting your Woolworths Earn & Learn Stickers today.

Go to woolworths.com.au/earnandlearn for more information, terms and conditions and answers to frequently asked questions.



the fresh food people
Woolworths

DATES FOR THE DIARY – 2015

Every Wednesday	Read 2 Learn / Playgroup supported by Family Insight 10am to 12pm in "The Shed" at MSPS. 0-6 years. No cost.
23 rd July	KS, KB & KM Kindergarten Zoo Excursion
24 th July	KC & KW Kindergarten Zoo Excursion
24 th July	Free Science Show Stage 2 & 3
31 st July	Zone Athletics at Scone
7 th August	Jeans for Genes Day
19 th August	Kindergarten 2016 Parent Information Night 6pm
20 th August 2.15pm to 3pm	Conservatorium Quintet Concert – K to Year 6 in Hall
26 th August	Newcastle Permanent Maths Competition
28 th August	Book Parade/Book Fair
4 th September	Snake tails travelling show for Kindergarten to Year 2
8 th Sep to 11 th Sep	Year 6 Excursion to Canberra
11 th September	K-2 Fun Day

Muswellbrook South Public School

The correct shoes - what to wear and why?

Black leather enclosed footwear



According to the Work Health and Safety Act 2011, Muswellbrook South Public School (through the NSW Department of Education) must ensure:

- * Students are not exposed to risks to their health or safety while they are on school premises
- * The school identifies and eliminates (or controls) any foreseeable hazard that has the potential to harm the health and safety of any person on its premises.

Suede leather is ok too. Just check the label



What do I wear for sport?



School shoes - what not to wear.

No colours or coloured laces. No canvas, ballet flats or boots. Minimal logos please!



Muswellbrook South Public School

Jewellery at MSPS

Jewellery that is acceptable -



Causes - Only on the day



Medical alert wrist band



Medical alert bracelet / necklace



Jewellery that is not acceptable -



Jewellery of cultural / personal significance - Parents must let the school know.

Also not acceptable at MSPS



facial piercings

- * Are not encouraged or preferred.
- * If student already has piercing then it is to be no larger than 2mm, clear if possible or covered.



Coloured Hair

- * Any unnatural colours are not acceptable at school.
- * Unnatural coloured hair pieces are not acceptable.



Nail Polish / Fake Nails











- * Are not acceptable.
- * Fake nails are a safety issue.

My Woolworths Earn & Learn Stickers

Stick Woolworths Earn & Learn Stickers in the squares below, then drop your completed Sticker Sheet into the Collection Box at your school or your local Woolworths. They will be redeemed for educational resources.

My name is: _____

My school is: _____

Entry to the promotion is open to registered Primary and Secondary schools and eligible Early Learning Centres (ELC) in Australia. Promotional period is from Wednesday 15th July 2015 until Tuesday 8th September 2015. Speak to your school or ELC to ensure they are registered, or visit woolworths.com.au/earnandlearn and check online. One Woolworths Earn & Learn Point is given for every \$10 spend. Excludes purchase of liquor, tobacco and gift cards. Woolworths Earn & Learn Points will not be accepted by Promoter unless attached to a Sticker Sheet. Woolworths Earn & Learn Points must be received by your school by 8th September 2015 for counting. For full set of terms and conditions please visit woolworths.com.au/earnandlearn.



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