

Muswellbrook South Public School Newsletter



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"Muswellbrook South Public School Official"

TERM 1 WEEK 6

Wednesday 6th March 2019

PRINCIPAL'S MESSAGE

Dear Parents and Carers,

Lunchtime activities

At Muswellbrook South Public School we believe that school should be an engaging and fun place to be. During lunch times we provide a range of supervised activities for students to participate in, including games on the oval run by Mr Adams, dance group in the hall, art club, drama club, science experiments, construction club and Lego play. These activities are run throughout the week and are open to all students. In addition to these activities our fabulous teachers and support staff run other impromptu activities in the playground, such as sand pit play, skipping, bubble blowing handball and dancing. There is some much going on that all students should be able to find an activity to suit them. Of course many of our students are happy to play their own game of footy or basketball or just simply play tips on the oval. We encourage all of this play because we know that sometimes the best part of school is going out to play with friends.

Keeping hands and feet to ourselves

We've had a push this week, which will continue next week, about 'keeping hands and feet to ourselves'. We know that students are continuing to learning how to solve minor conflict in the playground and that at times students become upset and angry – this is part of life. What we as a community need to be teaching our children is that there are many ways to solve this conflict and mostly that involves talking and listening to each other. Our teachers spend many hours each day talking through conflict situations with students, situations such as "He took my ball," "She doesn't want to play with me," "He's not talking it out." These all have the potential to turn into major issues if students are quick to anger and do not listen to each other. If students are having trouble solving minor conflict they must speak to a teacher who will mediate the issue and model how to solve the problem. Please support us by encouraging your child to ignore, tell that person to stop and seek help if needed. Ultimately we want our

students self-regulating and keeping their hands and feet to themselves, so that everyone is safe at school.

Yours in Education

Glen Kite

Principal

SPORTS REPORT

We have had another busy week of sport at our school. Congratulations to the nine students who represented Upper Hunter Zone and our school at the Regional Swimming Carnival at Lambton yesterday. All kids swam outstanding, recording personal best times with tough competition. A special mention to the junior boys relay team of Riley, Flynn, Paxton and Jackson who took a massive 11 seconds off their Zone carnival time.



Next Wednesday 13th March, a selection of students will participate in the Zone Soccer trials. We wish them the best of luck as they attempt for selection in the Upper Hunter Zone soccer team. Our boys cricket team has been practising during lunch breaks and will play their first game of the PSSA Knockout competition against Denman Public School next Thursday 14th March out at Denman. We wish the boys the best of luck.

Mr Adams
PDHPE Teacher

Infants Assembly – Week 6

Friday 8th March is an Infants Assembly that will start at 11am in the school hall.

2RED will be presenting a class item.

Bronze, Silver & Gold PBL Awards will be presented.

All parents & carers are warmly invited to attend.

Please note entry is via the front gate only.

K-2 Attendance Hero

Each week, the K-2 classes like to acknowledge those students who come to school each day, ready to learn, by awarding two students as 'Attendance Heroes'. These lucky students receive a lunch order to the value of \$5 to be used during the week.

To be an Attendance Hero and get your name in the draw, you must be

Here
Every day
Ready
On-time!



Congratulations to the Term 1 Week 4 Attendance Heroes **Phoenix D of 2RED** and **Michaela B of 2BLUE**.



Please note if your child is sick, please do not send your child to school, as it may cause others to be unwell.

School Photos - Wednesday 20th March 2019

School photography envelopes have been sent home.

Families requesting a sibling photograph need to collect a sibling envelope from the office before photo day.

Students are requested to bring completed envelopes into school on school photo day. Please don't seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day. **Please enclose correct money as no change is given.**

WEEK 5 PBL CHAMPS

Congratulations to the following students who were awarded "PBL champs" at last week's whole school assembly.

These students have been **SAFE, RESPECTFUL & RESPONSIBLE** by following all six whole school PBL Expectations.

MSPS are proud of your efforts!

Early Stage 1 – Tyler P, Chelsea R

Stage 1 – Lucas C, Sienna T, Lillian S, Skye D

Stage 2 – Bella F, Toby G, Kye M, Ruby G

Stage 3 – Dylan S, Hennasie L, Travis C, Christine R

Support – Ikra A

BOOKCLUB

CASH/CHEQUE ORDERS:
Please return book club order forms with correct money and student's name and class clearly marked to School Library by **Friday 15th March 2019.**

ONLINE ORDERS:

Orders are to be placed online via LOOP (Linked Online Ordering & Payment Platform) by **Friday 15th March 2019.**

CLOTHING DONATIONS

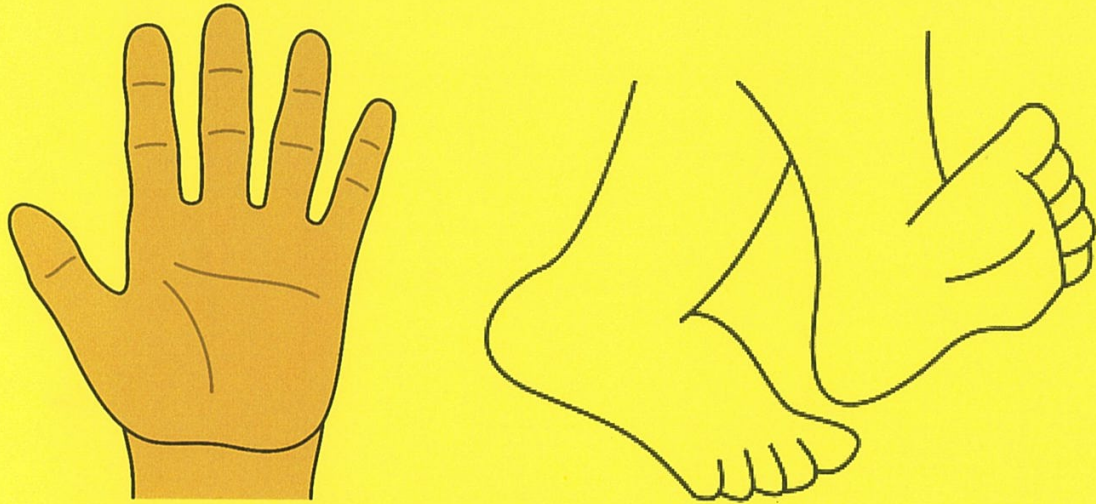
If you have any old school uniforms, socks or shoes at home that no longer fit your child would you please consider donating them to the school.



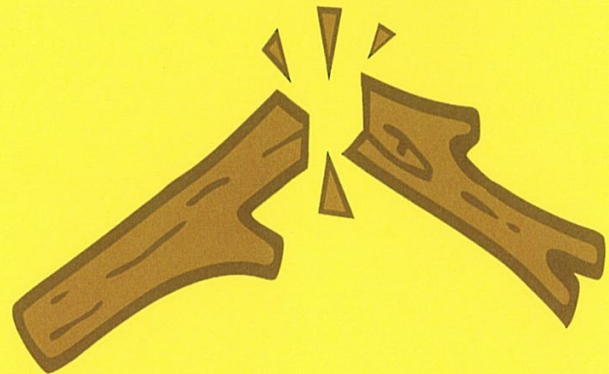
PJ says – "I always follow school PBL expectations like keeping hands, feet and objects to myself".

P&C EASTER EGG RAFFLE

All families will receive raffle tickets this week for our Easter Eggstravaganza Raffle. If you did not receive a ticket book or would like more, please see the ladies in the front office. All money and ticket booklets (sold and unsold) are to be returned to the school office by Wednesday 3rd April 2019. Prizes will be drawn at the Whole School Assembly on Friday 5th April.



**Keep hands, feet
and objects to
yourself**





MSPS Dates for the Diary – Term 1 2019

| <i>weeks</i> | <i>MONDAY</i> | <i>TUESDAY</i> | <i>WEDNESDAY</i> | <i>THURSDAY</i> | <i>FRIDAY</i> |
|------------------------|--|---|-------------------------------|---------------------------------|---|
| March 6 | 4 | 5 | 6 | 7 | 8 Infants Assembly |
| March 7 | 11 Halogen Leadership Workshop - Sydney Yr 6 Leaders | 12 | 13 PSSA Zone Soccer trials | 14 Knockout cricket - Denman | 15 Primary Assembly Yr3/4 Netball Gala Day |
| March 8 | 18 PSSA Rugby League Zone trials Digi Ed Claymation - Stage 3 Workshop | 19 Knights Knockout U10's Rugby League | 20 School photos | 21 | 22 Infants Assembly |
| March /Apr 9 | 25 | 26 | 27 | 28 | 29 Primary Assembly |
| April 10 | 1 | 2 PSSA Zone Touch trials | 3 | 4 | 5 Whole School Assembly Opens Rugby League PSSA Classic Shield |
| April 11 | 8 | 9 | 10 School Cross Country | 11 | 12 Primary Assembly |

2K19

#teamsouth

Getting to know...



Name: Miss Suzan Wilson

Age: 31

School Position: Support Yellow, Classroom Teacher

Star sign: Gemini

Home town: Scone

Lives: Muswellbrook

Favourite Food: Chinese

Favourite Movie: 7 Brides for 7 Brothers

Favourite Music: Bit of everything

Interests:

- Reading
- Movies
- Watching the footy & soccer

If you were stuck on an Island, and had to take only 2 things with you, what would they be?

- Sunscreen
- My dog Pip



One or two days a week doesn't seem much but . . .

| If your child misses . . . | That equals . . . | Which is . . . | And over 13 years of schooling that's . . . |
|----------------------------|-------------------|-------------------|---|
| 1 day per fortnight | 20 days per year | 4 weeks per year | Nearly 1 ½ years |
| 1 day per week | 40 days per year | 8 weeks per year | Over 2 ½ years |
| 2 days per week | 80 days per year | 16 weeks per year | Over 5 years |
| 4 days per week | 120 days per year | 24 weeks per year | Over 7 years |

Book Club LOOP

LOOP is the Scholastic Book Club
Linked **O**nline **O**rdering & **P**ayment platform.

It's easy to order and pay online for your child's Book Club order using your credit card. If your school is not yet in the **LOOP**, speak with your school's Book Club Organiser.

Head to **scholastic.com.au/LOOP**

or



Download on the
App Store



GET IT ON
Google play

Follow these **easy** steps!

- 1 Simply grab your child's Book Club catalogue and either **SIGN-IN** or **REGISTER** your account.

- 2 Add your child's first name and last initial (so the school knows who the book is for), then select your **SCHOOL** and your **CHILD'S CLASS**.

Note: You can order for multiple children at once if they attend the same school.

Looking for **MORE** product information? Additional content such as videos and downloads are available for select titles. Select your issue and enter the item number to view information on titles and some great resources, such as videos and reviews.

[HOME](#) | [ABOUT](#) | [REGISTER](#) | [HELP](#)



LOOKING FOR MORE PRODUCT INFORMATION?

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Item No.

FIND

- 3 Click on **ORDER** and enter the item number from the Book Club catalogue.

- 4 All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date.

That's it! There's no need to return paper order forms or payment receipt details to your school.

 **SCHOLASTIC**



Muswellbrook & Upper Hunter



The Muswellbrook and Upper Hunter Eisteddfod is being held during Week 6 of Term 2 at St James Primary School Muswellbrook.

Our school would like to encourage students to enter individual items in the Eisteddfod in either the Speech or Drama sections.

Transport to and from St James Primary School is the responsibility of the parent/carer.

Please note there are admission fees payable for each entry.

MSPS Eisteddfod Committee will be available to assist children with rehearsals at school leading up to the Eisteddfod.

Children interested in entering individual sections of the Eisteddfod are to advise their teacher or contact the school office.

Entry forms will be sent home and must be returned to the school, completed with money by **Friday 29th March 2019.**

If you have any questions please do not hesitate to contact the office and someone from the Eisteddfod Committee will phone you back.



The simplest way

... to swap a packet of chips

Chips are high in saturated fat and salt, are not very filling and do not contain the nutrients needed to fuel your kid's for the school day.



SWAP chips FOR:

- Plain popcorn
- Plain rice crackers
- Dry roasted chickpeas
- Baked pita bread triangles
- Baked veggie chips

For more snack ideas, swaps and recipes visit our [website](http://healthy lunchbox.com.au).

healthy lunchbox.com.au

ZERO & REWARDS CARD HOLDER EXCLUSIVE OFFER



INSTORE & ONLINE THURSDAY 14TH MARCH.

* Excludes gift cards, all suit packages & Schoolwear laybys. Cannot be combined with other offers or discounts. Floor stock only. Styles and colours may vary from store to store. No rain checks. Please choose carefully, exchanges and refunds only with docket. Includes existing 5% discount. Offer ends midnight (AEDT) 14/03/19. Must use Zero or Rewards card to receive discount.

Good for Kids good for life

WHAT ARE FUNDAMENTAL MOVEMENT SKILLS?

Fundamental movement skills are the building blocks for movement. They are the skills which children need to participate successfully in all types of games, physical activities and sports. Examples of these skills can be frequently seen in popular games and activities played by children in the school playground.

These twelve skills represent a solid foundation for the development of specialised skills, enabling children to participate in a wide range of physical activities. They are:

1. Static balance
2. Sprint run
3. Vertical jump
4. Catch
5. Hop
6. Side gallop
7. Skip
8. Overarm throw
9. Leap
10. Kick
11. Two-hand strike
12. Dodge



Source: GET SKILLED GET ACTIVE
A K-6 resource to support the teaching of fundamental movement skills
NSW Department of Education and Training 2016.



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



say cheese

School Photo Day is

20 March 2019

Have your child's school memories captured forever

Please take time to read the relevant information on the MSP Photography payment envelopes and remember these helpful points:

i

- Don't seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day
- Family envelopes are available at the school office upon request
- Please enclose correct money as no change is given.
- Credit card payments are available online - You will need your personalised shoot key located on your child's envelope to place your order online.

For any enquiries, please feel free to contact us

e admin.nhvcc@msp.com.au
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www.msp.com.au



Upper Hunter Youth Services Inc - Youth Centre

MARCH Calendar 2019

Located in The Showground- Maitland Street Muswellbrook NSW 2333

Phone: (02) 65434841

Email: jharris@uhys.org.au

Opening Hours

Wed- Fri 3pm-6pm

School Holidays

Tues- Thurs
11am-3pm

FREE BUS RUN!!!
Muswellbrook area **ONLY**

FOCUS OF THE MONTH HARMONY



| Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--------------------|---|---|---|-----|
| | | | | 1 Physical Activity Dodgeball | |
| | | 6 Group Discussion What makes you HAPPY? | 7 Life Skills Kitchen Duties | 8 Free Choice! | |
| | | 13 YOUTH CENTRE CLOSED | 14 YOUTH CENTRE CLOSED | 15 YOUTH CENTRE CLOSED | |
| | | MUSWELLBROOK SHOW | | | |
| | | 20 Group Discussion What is Harmony Day? | 21 Art and Craft Harmony Day! | 22 Physical Activity Touch Footy! | |
| | 26 Chill and Tunes | 27 Life Skills Make your own sandwich | 28 Physical Activity Soccer on the Lawn! | 29 YOUTH CENTRE CLOSED Sorry WE'RE CLOSED | |