

Muswellbrook South Public School Newsletter



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"Muswellbrook South Public School Official"

TERM 1 WEEK 7

Wednesday 13th March 2019

PRINCIPAL'S MESSAGE

Dear Parents and Carers,

This week our teachers and students have been focused on being responsible at school. One way that our students demonstrate responsibility is to 'follow instructions the first time'. This is important at school for a range of reasons. It means that learning time is maximised, that everyone stays safe and that our school is a place where our students learn how to be cooperative citizens in the community. At school we change behaviour by acknowledging and rewarding the behaviour we want to see. So in this case, when a student is asked to do something and they follow that instruction the first time, we acknowledge that and praise the behaviour. We'll be explicit and name the behaviour and congratulate the student publicly because we want to use that opportunity to show other students the behaviours we expect. In this way we are rewarding the expected behaviour for that student and highlighting to others how they can do the same. I'm sure at home too, many parents would appreciate their children following instructions the first time. When you're at home and your child follows an instruction the first time, please let them know they're being responsible and that you appreciate that behaviour. If we can work together on something as simple as 'follow instructions the first time', we help each other, and we teach our children how to behave responsibly.

Yours in Education

Glen Kite

Principal

Primary Assembly – Week 7

Friday 15th March is a Primary Assembly that will start at 11am in the school hall.

Bronze, Silver & Gold PBL Awards will be presented.

All parents & carers are warmly invited to attend.

Please note entry is via the front gate only.

WEEK 6 PBL AWARDS

Congratulations to the following students who received PBL awards at last week's infant's assembly. MSPS are proud of your efforts!

Bronze Award (25 Pebbles) – Nathan P, James C

K-2 Attendance Hero

Each week, the K-2 classes like to acknowledge those students who come to school each day, ready to learn, by awarding two students as 'Attendance Heroes'. These lucky students receive a lunch order to the value of \$5 to be used during the week.

To be an Attendance Hero and get your name in the draw, you must be

Here
Every day
Ready
On-time!



Congratulations to the Term 1 Week 6 Attendance Heroes -

Stage 1 - **Jayden P 2RED and Phoenix D 2RED**



Please note if your child is sick, please do not send your child to school, as it may cause others to be unwell.

School Photos - Wednesday 20th March 2019

School photography envelopes have been sent home.

Families requesting a sibling photograph need to collect a sibling envelope from the office before photo day.

Students are requested to bring completed envelopes into school on school photo day. Please don't seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day. **Please enclose correct money as no change is given.**

SPORTS REPORT

Another busy sporting week for Muswellbrook South.

We have seven students travelling to Scone today for the Upper Hunter PSSA Soccer trials. Good luck to those students, we hope you do really well.

Tomorrow, Thursday 14th March, our senior boy's cricket team will travel to Denman to play against Denman Public School in the PSSA Knockout competition. The boys are really excited for the challenge. Good luck boys!

We have a lady from NSW Netball coming each week for the next 3 weeks to help train our Stage 2 and 3 netball teams for upcoming netball competitions.

This Friday 15th March the Stage 2 Netball team is participating in a gala day at Singleton. The team has been practising during lunch breaks with Miss Bashford. We wish them the best of luck.

Our rugby league teams are busy training most lunch breaks with Mr Wild and countless parent helpers. Thank you to the parents who have taken time out of their days to help train these teams, Kristal Foot for her super organisation, and all the parents who have organised to get children to these different upcoming gala days. Without your support we would not be able to offer the students these wonderful opportunities.

This Sunday, 17th March 2019, we have a record five teams entered in the Group 21 Scone Schoolboys Rugby League competition. We wish all the teams the best of luck but most importantly have fun and enjoy the day.

On Monday eight students are partaking in the PSSA Zone Rugby League trials at Olympic Park Muswellbrook. The boys will join boys from schools across the Upper Hunter vying for selection in the zone team. Good luck boys.

Finally, next Tuesday 19th March, we are taking two teams to Mount View Park Cessnock to play in the Under 10's Knights Knockout competition. The two teams will play five games throughout the day with the winner progressing to the grand final that will be played at McDonald Jones stadium on Tuesday 2nd July.

Have a great week, and good luck to all of our sporting teams and individuals over the next week.

Mr Adams
PDHPE Teacher



Support Dog - Skye
MSPS is excited to announce that from Friday Week 7, we are welcoming a new staff member. Our new staff member is a dog named Skye and will spend her days in class with students, as well as in the playground supporting students. Research has proven that support dogs can be a fantastic addition

to any learning environment. Support dogs offer emotional support for anxiety, improved concentration and communication skills as well as reducing the incidence of antisocial behaviour and bullying.

Skye will be visiting classes around the school with Mrs North and students will be learning about what Skye's job is and what the expectations are when Skye visits their class.

BOOKCLUB



CASH/CHEQUE ORDERS:
Please return book club order forms with correct money and student's name and class clearly marked to School

Library by **Friday 15th March 2019.**

ONLINE ORDERS:

Orders are to be placed online via LOOP (Linked Online Ordering & Payment Platform) by **Friday 15th March 2019.**

EASTER RAFFLE DONATIONS

The P&C are requesting donations for the Easter Egg Raffle. Please bring all donations to the front office ASAP. Thank you very much for your support.

P&C EASTER EGG RAFFLE

All families will receive raffle tickets this week for our Easter Eggstravaganza Raffle. If you did not receive a ticket book or would like more, please see the ladies in the front office. All money and ticket booklets (sold and unsold) are to be returned to the school office by Wednesday 3rd April 2019. Prizes will be drawn at the Whole School Assembly on Friday 5th April.



Stage 1 students will be attending a free performance of the 'Bubbles and Supa Squirt Water Saving Show' in the school hall on Friday the 22nd of March. The performance incorporates the use of clowning, circus skills, magic, slap stick, music and song to deliver a very entertaining and memorable experience to everyone who sees it, including the teachers. The show centres around Supa Squirt, the Supa Water Saving Man, teaching Bubbles the Clown eight handy hints on how to save water in and around the home while doing everyday tasks. These tasks include showering, bathing, cleaning your teeth and flushing the toilet as well as jobs in the yard. Bubbles even turns into a 'drip detective' to find the leaking tap. As Bubbles learns along the way so do the children in the audience. The performance links with the Science and Geography units Stage 1 students are currently studying and compliments the recent excursion to the Wetlands.



PJ says – "We want you here every day and on time. School starts at 9.25am. Don't forget, if you are late, an adult needs to sign you in at the front office".

Muswellbrook & Upper Hunter

EISTEDDFOD Inc.

The Speech and Drama section of the Muswellbrook and Upper Hunter Eisteddfod is being held during Week 6 of Term 2 at St James Primary School Muswellbrook.

Our school would like to encourage students to enter individual items in this section of the Eisteddfod.

Transport to and from St James Primary School is the responsibility of the parent/carer.

Please note there are admission fees payable for each entry.

MSPS Eisteddfod Committee will be available to assist children with rehearsals at school leading up to the Eisteddfod.

Children interested in entering individual sections of the Eisteddfod are to advise their teacher or contact the school office.

Entry forms will be sent home and must be returned to the school, completed with money by **Friday 29th March 2019**.

If you have any questions please do not hesitate to contact the office and someone from the Eisteddfod Committee will phone you back.

Leadership Excursion

What a great experience! The Leadership Conference was amazing! We met famous people such as Cate Campbell, who spoke about her career in swimming and how she said she suffered from a disease known as 'laziness'. Holly Ferling, who spoke about her career in cricketing and being a journalist. Tamsin Janu - she is an award winning children's author of the 'Figgy' books. Tim Diamond, who helped build a better school for Uganda along with the Cotton On foundation. DJ Raf and Liv Phyland from the Loop were the hosts, and DJ Raf was cool. He had little in-between dance parties which were awesome! Something we all took back from the day was: "You don't have to have a shiny, golden badge to be a leader. You can be a leader just by setting the example for younger children." It was an amazing day, even though most of us ended up being very, VERY tired. By Bailey & Josie.



News from 2 Red

Things in 2 Red have been buzzing along nicely this term however, it's not just the students.

We have been learning about "Living Things" in Science. As a class we have discussed the difference between living and non-living things also creating decorative collages of them both.



It has been two week since we planted our mystery seeds. There has been many ideas about what we are growing from a rose to apples and vegetables.

Do you know what we are growing? Shhhh.....please keep our secret.

Whatever our seeds turn out to be they sure are growing at a very quick rate.

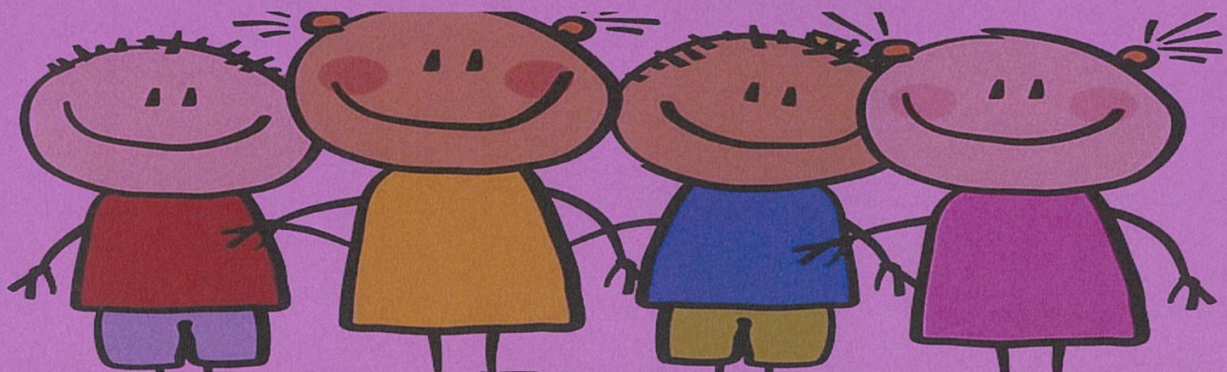
This week we have decided to plant them in Mrs Anderson's garden to help them grow even bigger. Feel free to admire them when you visit.



From 2 Red and Miss Hill



Follow teacher instruction the first time



HARMONY DAY



Harmony day is held each year on 21st March. MSPS will be celebrating Harmony Day on

Thursday 21st March 2019.

It's a day to celebrate our cultural diversity.

The central message for Harmony Day is that **'everyone belongs'**, reinforcing the importance of inclusiveness to all Australians.

Children attending Muswellbrook South have heritage from Scotland, India, Thailand, Germany, Korea, Brazil, New Zealand, Philippines, United Kingdom, England, Netherlands as well as Australia.

At MSPS we respect, include and provide a sense of belonging for everyone.

Orange is the colour chosen to represent Harmony Day. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect.

On Thursday 21st March students and staff are invited to come dressed in orange coloured clothes or national multicultural costume.



EVERYONE BELONGS
www.harmony.gov.au



**P&C
Easter
EGG
STRAVAGANZA**

Donations required

Donations Required

Donations required

Donations required

Donations required

The P&C is currently organising an Easter Egg Raffle and needs your help! If you are able to donate any Easter Eggs or other items for our Easter Raffle, please bring them to the school office. Thank you!

MSPS Dates for the Diary – Term 1 2019

<i>weeks</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
March 7	11	12	13	14 Knockout cricket - Denman	15 Primary Assembly Yr3/4 Netball Gala Day
March 8	18 PSSA Rugby League Zone trials Digi Ed Claymation - Stage 3 Workshop	19 Knights Knockout U10's Rugby League	20 School photos	21	22 Infants Assembly
March /Apr 9	25	26	27	28	29 Primary Assembly
April 10	1	2 PSSA Zone Touch trials	3	4	5 Whole School Assembly Opens Rugby League PSSA Classic Shield
April 11	8	9	10 School Cross Country	11	12 Primary Assembly

2K19

#teamsouth

Getting to know...



Name: Kate Weekes

Age: 24

School position: Classroom Teacher

Star sign: Cancer

Home town: Cessnock

Lives: Nulkaba

Favourite Food: Anything but seafood

Favourite Movie: A Star is Born, 10 Things I Hate
About You

Favourite Music: I love Pink

Interests: Basketball, netball

**If you were stuck on an Island, and had to take
only 2 things with you, what would they be?** My
sausage dog and a boat so I can leave when I
wanted to get food

How about 10 minutes late a day? Surely that won't affect my child? . . .

He/she is only missing just . . .	That equals . . .	Which is . . .	And over 13 years of schooling that's . . .
10 minutes per day	50 minutes per week	Nearly 1 ½ weeks per year	Nearly ½ year
20 minutes per day	1h 40mins per week	Over 2 ½ weeks per year	Nearly 1 year
30 minutes per day	Half a day per week	4 weeks per year	Nearly 1 ½ years
1 hour per day	1 day per week	8 weeks per year	Over 2 ½ years

Every day counts!



 SunSmart Snippet

The simplest way

... to choose a SunSmart hat

A SunSmart hat not only protects the face, head, neck and ears, it can also reduce the amount of UV radiation reaching the eyes by 50%.



CHOOSE a SunSmart hat:

- Broad-brimmed hats
- Bucket hats
- Legionnaire style hats

Baseball caps and sun visors do not protect the cheeks, ears and back of the neck and are not recommended.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartsnw.com.au

DUBS BY THE LAKE

Volkswagen CAR SHOW

Saturday 30th & Sunday 31st of March 2019

at GJ's by the lake - Lake Liddell 400 Hobden road, Muswellbrook NSW 2333

All proceeds raised will be donated to Where There's A Will.

* Gates open from 7am
 * \$5 per Volkswagen for two day entry
 * Gold coin donation for all other vehicles
 * \$5 limbo event entry

Thanks to our Sponsors:

Whats on:
 VW show & shine, car cruise,
 Limbo for the lowest VW, Market stalls, VW swap meet,
 go karts, rock climbing, laser tag, Live music and Fireworks!

 Dubs by the lake
 GJ's by the lake
 Where There's A Will

Good for Kids good for life

MANAGING SCREEN TIME

Australian guidelines recommend that **kids spend no more than 2 hours each day on small screen entertainment**. Long periods of use should be broken up as often as possible. While computers and TV can be valuable for education and learning, the health benefits, skills and enjoyment that kids and teens get from being physically active are just as important.

Office of the Children's eSafety Commissioner

Keeping an eye on screen time

Are your kids constantly glued to a screen? Where do you draw the line to keep screen time in check? This quick guide can help parents manage screen time.

What is screen time?
Screen time is the amount of time spent watching a screen or electronic media for entertainment. It includes:

- Watching TV
- Watching DVDs & other online shows
- Using computers or other devices to access online entertainment
- Playing games on consoles, computers and mobile phones
- Texting



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



say cheese

School Photo Day is

20 March 2019

Have your child's school memories captured forever

Please take time to read the relevant information on the MSP Photography payment envelopes and remember these helpful points:



- Don't seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day
- Family envelopes are available at the school office upon request
- Please enclose correct money as no change is given.
- Credit card payments are available online - You will need your personalised shoot key located on your child's envelope to place your order online.

For any enquiries, please feel free to contact us

e admin.nhvcc@misp.com.au
p +61 2 4966 8292
f +61 2 4966 8293
www.msp.com.au

SCHOOL HOLIDAY TENNIS CAMP

Tuesday 16th April 2019
8.30 to 12 noon.
Cost: \$ 45 per child

Run by (Located at Muswellbrook Park Tennis Club)

INVITE A FRIEND WHO HASN'T BEEN BEFORE & GET \$10 OFF

For more information & to grab a rego form...
Ph Brad on: 0403 195 100,
Email: bradwestgatetennisacademy@yahoo.com.au or
find us on Facebook (Brad Westgate Tennis Academy)

Registration forms need to be in by 7th April 2019

ZERO & REWARDS CARD HOLDER EXCLUSIVE OFFER

LOWES

1 DAY ONLY

20% OFF

SCHOOLWEAR AND EVERYTHING ELSE



INSTORE & ONLINE THURSDAY 14TH MARCH.

* Excludes gift cards, all suit packages & Schoolwear keyby's. Cannot be combined with other offers or discounts. Floor stock only. Styles and colours may vary from store to store. No rain checks. Please choose carefully, exchanges and refunds only with doctor. Includes existing 5% discount. Offer ends midnight (AEDT) 14/03/19. Must use Zero or Rewards card to receive discount.

Upper Hunter AECG Meeting

Please come along and join us for the next Upper Hunter AECG meeting.

Where:- Muswellbrook South Public School (Library)

Afternoon tea will be provided

When:- Thursday 14th March, 2019

Time:- 4:30pm

Our AECG's focus is on communities having input into Aboriginal Education.

We strive to empower our communities to become involved in all levels of Education and Training for the positive effect this can have on our students.

To find out further information or to RSVP to our meeting please contact.

Raylene Price – President of UHAECG
raylene.price@aes.org.au
0499 112 669 or 0407 216 646

Melisa Powell – Secretary of UHAECG
melisa.powell@det.nsw.edu.au
0409 692 785

