Muswellbrook South Public School Newsletter

57 Maitland Street, Muswellbrook NSW 2333 Telephone: (02) 65431896 Fax: (02) 65433475

TERM 1 WEEK 8

PRINCIPAL'S MESSAGE

Dear Parents and Carers,

The P&C elected a new executive team last night at the Annual General Meeting. I would like to congratulate our returning President, Gina Philpott. Gina has done an excellent job organising the P&C and ensuring that money raised by the P&C is put to good use in the school. Jan Kamstra and Alison Bradstreet were elected Vice Presidents and Rachel Smith as Treasurer. Having these positions filled ensure that our P&C continue the fine work that they have been doing. As a school we are tremendously grateful for the support of our P&C and particularly those parents who volunteer on the executive.

Last year the P&C helped fund new playground equipment and this year there are plans to install fans in our hall and update the playground equipment on the oval. The P&C also support many of our sporting representative teams and this year provided school swimming caps for our Upper Hunter Zone swimming team.

P&C membership is open to all parents. If you would like to join you can see Gina in the canteen or join us for the next meeting on 21 May at 6:30pm in the library.

Yours in Education *Glen Kite* Principal

Infants Assembly – Week 8

Friday 22nd March is an Infants Assembly that will start at 11am in the school hall. 2YELLOW will be presenting a class item. Bronze, Silver & Gold PBL Awards will be presented.

All parents & carers are warmly invited to attend. Please note entry is via the front gate only.

WEEK 7 PBL AWARDS

Congratulations to the following students who received PBL awards at last week's primary assembly. MSPS are proud of your efforts! **Bronze Award (25 Pebbles)** – Kayla R, Mitchell M, Hazem H, Marlon G, Lilly G, Olivia G, Chloe C, Kaitlyn C, Dax V, Brodie S, Ezra S, Tai-ron S, Flynn S, Danny-Boy V, Koia R, Aylah P, Hayden E, EMAIL: muswellbrs-p.school@det.nsw.edu.au

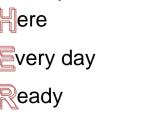
Wednesday 20th March 2019

James M, Liam T, Zayne B, Wayne D, Cory S, Bailey C, Emma B, Adriel A, Isaac G, Dexter Mc, Tyus O, Erica S, Sara W, Terren V, Shanika T, Indigo S, Jackson R, Riley S, Jorja S, Dominic B, Saderina C, Tyson C, Kiara D, Sophie F, Jasmine F, Noa K, Aiden L, Althea M, Patrick P, Jacobi P and Riley J.

K-2 Attendance Hero

Each week, the K-2 classes like to acknowledge those students who come to school each day, ready to learn, by awarding two students as 'Attendance Heroes'. These lucky students receive a lunch order to the value of \$5 to be used during the week.

To be an Attendance Hero and get your name in the draw, you must be





On-time!

(Please note if your child is sick, please do not send your child to school, as it may cause others to be unwell).

Congratulations to the K to 2 Term 1 Week 7 Attendance Heroes -

Sadie J KGREEN, Kieren C 2GREEN Ruby C KBLUE, and Savannah R KBLUE.



Muswellbrook South Public School



would like to give a big shout out to Northwest Mining Company Pty Limited for their very kind donation of \$5,000 for resources for our Warrae Wanni Prior to School Program.



Wednesday 20th March 2019



What a fantastic week we have had with various sports and competitions occurring all throughout the week.

Upper Hunter PSSA Soccer Trials 13.03.2019 Last Wednesday 13th March, six students travelled to Scone to participate in the Upper Hunter Zone soccer trials. Congratulations to Teegan, Sophie and Declan who were selected in the Upper Hunter team to play at the Hunter PSSA soccer trials. Congratulations on your fantastic efforts as well as the other students who trailed on the day.



Stage 2 Netball Gala day 15.03.2019

A massive thank you and congratulations to our Stage 2 netballers who played in a gala at Scone last Friday. Everyone had such a great day, filled with sportsmanship, enthusiasm and smiles. Thank you to all the parents for their help and support and to Emma who helped umpire all day. It was definitely appreciated. We look forward to further gala days in the future. Miss Bashford (Coach)



PSSA Round 1 Knockout Cricket 14.03.2019 Match Report -

Driving to our first UHPSSA cricket knockout competition I knew that the boys had a large challenge ahead of them but were never going to give in. Our 2019 team consisted of mostly Year 5 students and only one who played cricket out side of school. It was quite the contrast coming up against a team who had numerous rep cricket players.

Bailey opened up the bowling against Denman Public School on Denman's home turf. It was a tough start with a 4 off the first ball. After a few overs the boys got into the groove and began getting right into the match. There were some super efforts from our bowlers; Bailey, Harrison, Ryan, Henry, Xavier, Patrick and Mitchell. Some of our fielding was slightly 'hit and miss' but when we hit we really did just that with an incredible run out from captain Mitchell hammering one stump from the covers.

Denman Public School batted really well and scored a total of 193 off 25 overs.

The boys spirit and determination throughout our batting innings was somewhat remarkable. As the wickets fell each boy was asked how they were feeling on their way out to the crease and it was a resounding "nervous". Christian even described the feeling as "a thousand little butterflies in my belly". Well said! Some shining moments were Xavier belting two 4's back to back with a grin ear to ear. Taurus was so excited to get out into the middle he bolted to the crease before the bails even hit the ground. A comment from the side line was "where did he come from?". Taurus was unfortunately bowled that very next ball, gingerly walking back to the rest of the boys who still cheered him on for giving it a go. Trey relished in his first game of cricket seeing out the final overs with the likes of Teale and Wayde. Unfortunately our boys were bowled out for 63 from 22 overs but left the ground knowing they had tried their best. Mr Adams (Coach)



Scone School Boys Rugby League Carnival 17.03.2019

In a first for many years, MSPS school took a record 5 teams to participate in the Scone Schoolboys knockout competition in Scone last Sunday. The students exceeded above all expectations, doing our school, and their families proud.

MSPS Under 7's coached by Ngaomi and Zane, played brilliantly as a team, recording two wins against St James Muswellbrook and Denman Public qualifying for the Final. The final was a tight try-for-try affair against Scone PS with our team only narrowly being defeated by one try - 15 tries to 14. A huge congratulations to Archie Burch who Group 21 officials chose as Muswellbrook Souths player of the match.



MSPS 8's coached by Mick blew everyone away in their first game of the day with the upset of the round, defeating St Mary's Scone. It was a great team effort by everyone in attack and their defence held tight when it mattered, to secure an impressive win. In their second game they came up against a skilled Scone Public School team who were the eventual winners of the 8's division. The 8's should be very proud of their achievements.



MSPS 9's coached by Jaye had to wait until 12.45pm for their first game. By then it had started to rain which made the field and ball very slippery. The 9's played Scone Public School in a very physical game, with a few calls not going their way, and a few unforced errors, they ended up going down 6 tries to 4. A very gallant effort boys.

Wednesday 20th March 2019



MSPS 10's coached by the Rob and Rob duo, had a great start with two flying tries down the side to Kayne to be leading their first game against Denman PS. Denman snuck back in with a couple tries and finished the game 1 try/four points ahead. MSPS 10's just missed out on a second game on a for-and-against and penalty countback by one penalty to play another game. Hold your heads high boys, recover and train hard ready for the Knights Knockout that will be held in Week 6 next Term.



MSPS 11's coached by Jaye, Jye and with Mick's assistance, played in the final of the 11's Division against a strong St Mary's Scone side. The game unfortunately was played in the pouring rain which made for a very messy game with lots of dropped balls and missed tackles. The score was only 12-4 at half time, however Muswellbrook could not turn any attacking chances they had into points with the final score being 20-4. Big congratulations to Terry Russo who was awarded Muswellbrook South's Man of the Match.



A big thank you to our wonderful parent coaches who have taken time out of their days to help train these teams, and to all the parents and families who brought children to Scone and helped support and cheer on our little teams, even when the weather was miserable and raining for most of it. Thank you to Mr Wild for helping with training sessions at school the last couple of weeks and for accompanying the teams to Scone. Thank you to Miss Marshall for also coming up and watching. The kids loved seeing you there!

Upper Hunter PSSA Rugby League Trials 18.03.2019

On Monday 18th March we had eight representatives participate at the Upper Hunter PSSA Rugby League trials at Olympic Park Muswellbrook.

Mitchell Moss and Bailey Chick were successful in making the Upper Hunter PSSA side. They will play at the Hunter trials next Wednesday in Raymond Terrace. Congratulations and good luck boys.



SAVE THE DATE – School Cross Country -Wednesday 10th April. Information to come in next weeks newsletter.

Mr Adams PDHPE Teacher

P&C EASTER EGG RAFFLE

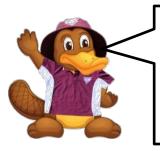
All families should have received raffle tickets last week for the P&C's Easter Eggstravaganza Raffle. If you did not receive a ticket book or would like more, please see the ladies in the front office. All money and ticket booklets (sold and unsold) are to be returned to the school office by Wednesday 3rd April 2019. Prizes will be drawn at the Whole School Assembly on Friday 5th April.

Wednesday 20th March 2019



Stage 1 students will be attending a free performance of the 'Bubbles and Supa Squirt Water Saving Show' in the school hall on Friday the 22nd of March. The performance incorporates the use of clowning, circus skills, magic, slap stick, music and song to deliver a very entertaining and memorable experience to everyone who sees it, including the teachers. The show centres around Supa Squirt, the Supa Water Saving Man, teaching Bubbles the Clown eight handy hints on how to save water in and around the home while doing everyday tasks. These tasks include showering, bathing, cleaning your teeth and flushing the toilet as well as jobs in the yard. Bubbles even turns into a 'drip detective' to find the leaking tap. As Bubbles learns along the way so do the children in the audience.

The performance links with the Science and Geography units Stage 1 students are currently studying and compliments the recent excursion to the Wetlands.



PJ says – "Remember it's not always about winning the game but how well you played! Always be safe, respectable and responsible when playing on the oval, infants and primary quads".

CANTEEN SLUSH PUPPIE MACHINE OUT OF ORDER

We apologize our slush puppie machine is currently out of order until Tuesday 26th March. Children who have already ordered may purchase something else or may hold onto their bag and collect when the machine is back up and running. Thank you



Wednesday 20th March 2019

Something has been eating me!



We measured out the soil and planted our seeds. We don't know what we will grow. Some have seeds labelled 'A' and some have seeds labelled 'B'. -Catelyn

Maybe I watered mine TOO much! -Chad



My 'B' seed has started to sprout! I think I am growing a rose. -Riley My 'A' seeds have started to sprout! I think I am growing asparagus.-Lillian

We use teaspoons and measure in mL to water our plants just the right amount. Mine is the biggest! -Connor

> As part of our 'Living and Non-Living Things' unit in Science, we are looking at how to care for living things. What do you think we are growing? -2 Yellow



Harmony day is held each year on 21st March. MSPS will be celebrating Harmony Day on

Thursday 21st March 2019.

It's a day to celebrate our cultural diversity.

The central message for Harmony Day is that **'everyone belongs'**, reinforcing the importance of inclusiveness to all Australians.

Children attending Muswellbrook South have heritage from Scotland, India, Thailand, Germany, Korea, Brazil, New Zealand, Philippines, United Kingdom, England, Netherlands as well as Australia. At MSPS we respect, include and provide a sense of belonging for everyone.

Orange is the colour chosen to represent Harmony Day. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect.

On Thursday 21st March students and staff are invited to come dressed in orange coloured clothes or national multicultural costume.



Student Spotlight

Kyesha of KGREEN



Mrs Kelman, MSPS Aboriginal Education Officer, visits classrooms daily working with ATSI students. Each week a student will be showcased for their achievements in their learning. Kyesha has been working really hard in class. She can now write her name independently, count to 20 and backwards from 10 to 0.



TERM 1 WEEK 8			Wednesday 20 th March 2019			
MSPS Dates for the Diary – Term 1 2019						
weeks	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
March 8	18	19	20	21	22 Infants Assembly	
March /Apr 9	25	26	27	28	29 Primary Assembly HALF DAY PUBLIC HOLIDAY FROM 12pm	
April 10	1	2 PSSA Zone Touch trials	3	4	5 Whole School Assembly Opens Rugby League PSSA Classic Shield	
April	8	9	10 School Cross Country	11	12	

HALF DAY PUBLIC HOLIDAY - FRIDAY 29 MARCH 2019

Due to the Muswellbrook Cup and Muswellbrook Shire Council having a half day public holiday, our school will be closed from 12:00pm on Friday 29 March 2019. Students need to be picked up from classrooms at 12:00pm and will not need to be signed out from the office. Local bus companies will not be operating at the earlier time.

2K19 #teamsouth *Getting to know...*



Name: Jenna North Age: 32 School Position: Teacher Star sign: Leo Home town: Sydney Lives: Scone Favourite Food: Apple pie Favourite Movie: Notting Hill Favourite Music: A mix of everything Interests: Riding my horse, spending time with my family, reading If you were stuck on an Island, and had to take only 2 things with you, what would they be? A good book and a hammock



Pick one food from each food group:

Breads & Cereals: rich in carbohydrates, the body's preferred source of energy perfect for kids to play and learn all day.



Vegies & Salads:

high in fibre and packed full of vital vitamins and minerals to boost health and help maintain a healthy weight.

Meat & Alternatives: rich in protein, iron and zinc.

Dairy: important for growing healthy bones and teeth.

Fruit: naturally sweet and refreshing the perfect snack for growing bodies.

For simple ideas on foods from each group visit healthylunchbox.com.au

PCYC POLICE CITIZENS

8 WEEK

CHALLENGE

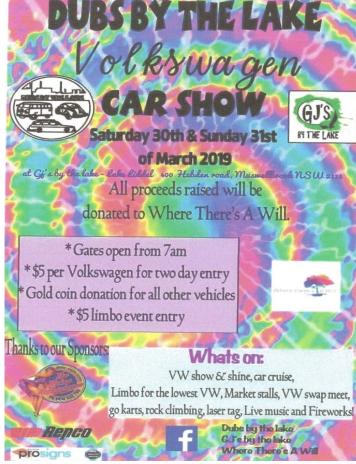
STARTS 22 March

nutes of physical activity

9 March

11.

healthylunchbox.com.au



Community

"Yarn Up"

Please join us to discuss current conversations in Aboriginal heritage, culture and affairs. Jade Perry, Aboriginal Health Care worker will be in attendance. Jade is available to offer support for people interested in being involved in the 6-week PCYC Healthy Lifestyle Challenge.

When: Thursday 28th March 2019

Where: Warrae Wanni grounds

(Muswellbrook South Public School, entry via 57 Maitland Street)

Time: 10am

Morning tea will be provided.

Everyone welcome

PROGRAM SCHEDULE

Muswellbrook

HEALTHY & WELL

swellbrock Healthy & Well is partnering with Muswellbrook PCYC to deliver a 8-week Healthy Lifestyle Challenge. L ADULTS LIVING IN THE MUSWELLBROOK SHIRE ARE WELC

Week 1	6 includes 45 minute nutrition d	hat & 45 mi
Getting	started	Friday 22
Week 1	Food groups and portion control	Friday 2
Week 2	Goal setting & mindful eating	Friday 5.
Week 3	Eating for good health	Friday 13
School I	loliday Break	
Week 4	Managing stress & self motivation	Friday 3
Week 5	Label reading	Friday 10
Week 6	Preparing healthy meals	Friday 1
Miner on	- 10 - 32 - 43	Televis T

WHAT'S INCLUDED?

- · Weekly nutrition and exercise sessions · Fre and post program health assessment
- Facebook support group
 Supporting resources

Carly Hughes

TO REGISTER CONTACT CARLY 0438 264 610







HEALTHY LIFESTYLE

JOIN THE CHALLENGE

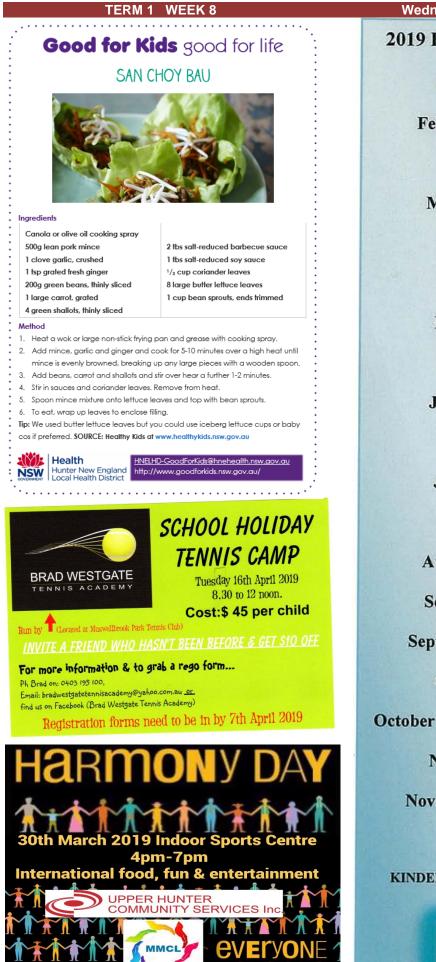
Muswellbrook PCYC - Cnr Carl and Market St Cost: \$25 PCYC Membership

STARTS Friday 22 March 2019

Friday's 10:30 - 12:00pm (Nutrition & Physical Activity Session)

REGISTER TODAY

CHALLENGE



rsci

🌿 Hope City Church

2019 FRIDAY FUN NIGHTS \$6.00

February 8th Movie Night

February 15th Blue Light Disco

March 8th Movie Night

March 15th Blue Light Disco

April 12th Movie Night

May 10th Movie Night

May 17th Blue Light Disco

June 14th Movie Night

June 21st Blue Light Disco

July 12th Movie Night

July 19th Blue Light Disco

August 9th Movie Night

August 16th Blue Light Disco

September 13th Movie Night

September 20th Blue Light Disco

October 11^h Movie Night

October 31st (Thursday) Halloween Disco

November 8th Movie Night

November 15th Blue Light Disco

KINDERGARTEN TO YEAR 6 5:30 - 7:30PM





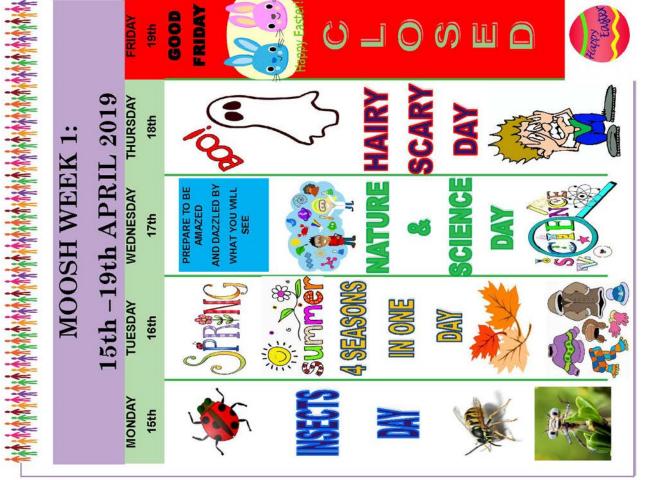
Wednesday 20th March 2019

COMMUNITY SERVICES INC.

COMMUNITY SERVICES Inc.

-









Girls League Tag (ages 10-16) Girls Tackle Rugby League (ages 12-16)

Bianca Johnston 0401 419 144 Email: mdjrlc@bigpond.com

