

Muswellbrook South Public School Newsletter



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"Muswellbrook South Public School Official"

TERM 4 WEEK 8

Wednesday 4 December 2019

PRINCIPAL'S MESSAGE

Colour Run

We are almost at the end of 2019 and Week 7 finished with a burst of colour thanks to our ever hardworking P&C team. Students enjoyed being showered in colour, with a special guest appearance from the fire brigade. You can find photos, if you haven't already seen them, on our Facebook page. Funds raised from this day will be put into the P&C piggy bank and used to support our students in the classroom and playground.

Superhero Disco

Thank you to Mrs Felan and students who are represented by the Student Representative Council (SRC) for treating the school to a day of fun, laughter and groovy moves. Students chosen to be on the SRC have been given many leadership tasks this year, helping to support and advocate for our students.

Colour Your Threads for Pos Ed

Last week we partnered with Upper Hunter Where There's a Will, a charity working to raise awareness and understanding of Positive Education in our schools and communities, and to encourage students, teachers, families and the community to learn and talk about how to grow their own wellbeing, and support the wellbeing of those around them. The day's theme - *Colour Your Threads for PosEd* - invited students and teachers to wear colourful clothes to make Positive Education visible in schools. There are plenty of photos online.

Sports Captains

Congratulations to our sporting leaders for 2020: Rylee & Reagan (Edinglassie), Ryan & Mitchell (Skellatar), Chloe & Dax (Gyarran), Letisha & Wayde (Balmoral). Captains will be announced at our Sports Presentation on Friday.

Glen Kite
Principal

NSW Teachers Federation Meeting – Thursday 5th December 2019

Federation members in public schools are attending statewide mass meetings from 8.30am on Thursday 5 December to hear a report on salary negotiations and to vote on a recommendation for a new Salaries and Conditions Award. Staff from Muswellbrook South Public School will attend a local venue to be part of this meeting.

Minimal supervision arrangements will be in place for students who attend school for the duration of the meetings. School will resume as normal from 11am.

2020 Return to School



Tuesday 28th January 2020 - Staff Development Day (office only open).

Tuesday 28th January 2020 – Special Uniform Shop opening time from 10am to 2pm then normal 9am to 10am operating hours for the remainder of the week.

Wednesday 29th January 2020 – Students in Grades 1 to 6 return to school.

Thursday 30th January 2020 – Kindergarten students start school. A letter will be posted to all Kindergarten students advising their starting time.

HONOUR STUDENT

Honour students will be recognised at our Presentation Day on Friday 13th December.

To be an honour student, children need to have received four (4) merit awards and a PBL Platinum award (100 PBL's) in 2019. If your child has received both these, please bring the awards in to their classroom teacher by Tuesday 10th December.

Honour students will receive an award at Presentation Day and have a special luncheon with Mr Kite on Tuesday 17th December.

Muswellbrook South Public School are having an end of year second-hand jumper



sale. These are all jumpers that have not been labelled with children’s names. They have lived in our lost property bins and stored for a long time and could be used by families.

All jumpers are priced at \$2.00 each

Dates: Monday 9th Dec and Tuesday 10th Dec 2019

Time: 9.00am - 9.25am in the primary quad.

WEEK 7 PBL AWARDS

Congratulations to the following students who received Platinum PBL awards at last week’s infants school assembly. MSPS are proud of your efforts!

Bronze Award (25 Pebbles) – Ruby L, Jessie V, William W, Meila B, Oliver T, Skila G, Chloe C, Grace A, Tristan R, Alyiah R, Zach B, Skyler P, Lillian S, Vitaliy O, Mason E-P and Alexander S-J.

Silver Award (50 Pebbles) – Warryn H, Catelyn G, Shelby M, Sadie J, Lucas D, Tristan R, Jalari S, Evoleht H, Dominic B, Tiarna R, Archer D, Prestyn B, Mia W, Tyler P, Danika G and Isla S.

Gold Award (75 Pebbles) – Emily S, Mia S, Laura C, Ryder W, Latrell C, Maison B, Brydon A, Tia B, Lacey W, Charlotte T, Samuel R, Ella L, Elaina M, Kyesha S, Izzabella S, Cooper P, Jayden B, Bailey T, Tyler P and Chase J.

Platinum (100 Pebbles) – Indi H, Ella L, Samuel R and Charlotte T.

PJ says . . .
“Hands are for high fives and feet are for dancing!”



SCHOOL COMMENCEMENT JANUARY 2020

If any student will be on holidays and not attending school at the beginning of Term 1 2020, please provide written documentation addressed to Mr Kite and hand in at the school office before the end of Term 4, 2019. Thank you.

In planning for 2020 classes, we ask that any families who won’t be returning in 2020 please notify the office as soon as possible.
 If you know of any new families who may be considering MSPS in 2020, please ask them to contact the office on 02 6543 1896 to provide student details.

Attendance Hero

Each week we like to acknowledge those students who come to school each day, ready to learn, by awarding students as ‘Attendance Heroes’. These lucky students receive a lunch order to the value of \$5 to be used during the week.

To be an Attendance Hero and get your name in the draw, you must be

Here
Every day
Ready
On-time!



(Please note if your child is sick, please do not send your child to school, as it may cause others to be unwell).

Congratulations to the Term 4 Week 6 Attendance Heroes pictured below.

Infants –

Tayla B of KBLUE, Zarah Y of KBLUE, Dallas F of 1BLUE and Mason E-P of 2BLUE.



Primary –

Bracken S of 3/4YELLOW, Sharnella P-P of 4RED, Cassidy S of 5BLUE and Amber M of 6BLUE.



SWIMMING LOST PROPERTY

We have collected a number of swimming items over the weeks following the Learn to Swim program. If your child has lost any items at swimming please contact the school office and describe what your child is missing. Thank you.



SPORTS REPORT

It would be great to see everyone at the 2019 Sports Presentation this Friday at MSPS starting at 9:45am. It's a great opportunity to recognise all of the fantastic efforts throughout the year from our students and school community. We are also excited to have special guest Joseph Hamson, National Age Swimming Champion, attend our Sports Presentation on Friday. We hope to see you there.



Joseph Hamson – National Age Swimming champion will be special guest at our Sports Presentation on Friday.

Our Learn to Swim program is in its final weeks. Students are polishing their swimming strokes and survival skills which is great to see.

SAVE THE DATE

Muswellbrook South Public School

2020 Swimming Carnival



Date: Thursday 6th February 2020

Time: 9.25am assemble at school
approx. 10am start at pool

Venue: Muswellbrook Pool

Cost: To be advised

Who: Children turning 8 years or older during 2018 that are confident swimmers able to swim at least 25metres and enter from the deep end.

Permission notes will be sent home next year.



Cricketers, don't miss these fantastic holiday camps over the break.



You are warmly invited to attend this year's

Muswellbrook South Public School

SPORTS PRESENTATION

Friday 6th December 2019

Commencing at 9:45am
in our school hall.

This assembly includes the presentation of

- School Sporting Awards and Trophies
- Naming of 2020 Sports House Captains

and special Guest Speaker "Joseph Hamson",
Muswellbrook born National Age
Swimming Champion.

We hope you can join us in recognising
these special achievements.

SIXERS HOLIDAY PROGRAMS



Woolworths Cricket Blast INTRODUCTORY PROGRAM teaches boys and girls new skills in a Big Bash inspired fun and safe environment!! Blasters can choose a cricket or craft adventure during a 'Free Play Session'.



The 6ers Holiday Camp is ideal for boy and girls playing JUNIOR FORMAT STAGE 1 with their local club. Players will be exposed to contemporary coaching activities lead by experienced coaches.

Date Time	Suburb (Postcode)	Introductory Program (5-9 yrs.)	Junior Format Stage 1 (9-11 yrs.)
13 Jan 2020 9am-3pm	Lorn (2320)	\$80	\$100
14 Jan 2020 9am-3pm	New Lambton (2305)	\$80	\$100
15 Jan 2020 9am-3pm	Cameron Park (2285)	\$80	\$100
16/17 Jan 2020 9am-12pm	Ourimbah (2258)	\$99	\$100
20/21 Jan 2020 9am-12pm	Erina (2250)	\$99	\$100

REGISTRATION INSTRUCTIONS

Introductory Program - www.playcricket.com.au

Search for camp by: age filter and suburb (as listed above)

Look for Program title "Sydney Sixers Holiday Program"

Junior Format Stage 1 - www.trybooking.com

Click Buy on the landing page and then search "Sydney 6ers" and the suburb (as listed above)



Mr Adams - PE teacher



Wellbeing Challenge #8

Share a family recipe or Christmas tradition that feels special to you.



YEAR 6 FAREWELL

The Year 6 Farewell is being held on Tuesday 10th December from 6pm to 8.30pm at Muswellbrook RSL Club.

Dress code is smart casual.

This is an event for Year 6 students and staff only. Parents are invited to arrive at 8pm to watch the Presentation section of the evening. The Farewell is scheduled to finish by 8.30pm.



** HEAD LICE **

Please be advised there has been an outbreak of head lice throughout the school.

We would ask all parents to check their children's hair and treat them and any siblings, if necessary.



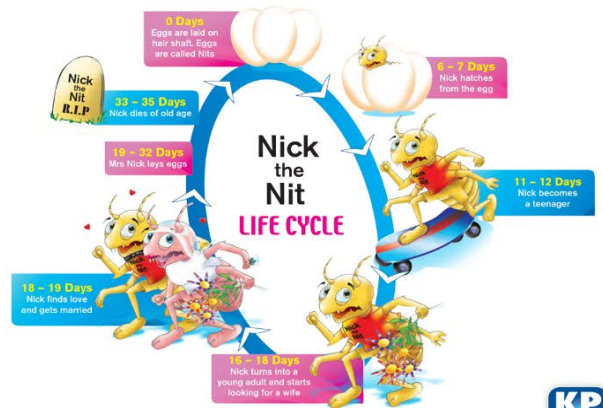
How to control head lice

- 1 Detect**
Use metal comb and combing solution to detect and remove head lice and their eggs
- 2 Treat**
KP24 has different types of head lice treatments; the latest RAPID, medicated and natural treatments. Use either treatment to kill head lice and break their life cycle.
- 3 Prevent**
Use egg remover and a metal comb to kill eggs and remove them from the head
- 4 Repeat**
Repeat the process after 7 days to effectively kill the cycle
- 5 Clean**
Wash bed linen and clothes in warm water with soaking solution to get rid of lice from home



How to identify head lice

- Head lice can be anything from greyish white to white in colour
- They are the size of a sesame seed
- Nits are the eggs, yellowish white in colour and are found on the hair shaft generally at the nape of the neck
- Adult lice may be found anywhere on the head
- Red bite marks or scratch marks are often seen on the back of the neck
- The eggs are sometimes mistaken for dandruff
- It takes several weeks exposure to the lice before itching develops
- Remember:
 - Head lice has nothing to do with hygiene
 - Head lice don't like short and plaited hair
 - The lice don't hop, jump or fly
 - Don't share hats, head bends or pillows



FAST! and effective head lice treatment



Head lice outbreak at school

Dear Parent/Guardian, Following an outbreak of head lice in the area, the school is recommending that each child be thoroughly examined and treated at home. Please find below a summary guide of how to identify, treat and break the head lice cycle.



- 1 Identification**
 - Check your child's hair for live lice and either yellowish white eggs (live nits) or brown or black eggs (dead nits)
 - Hatched eggs are white and flat, like grains of salt or dandruff

- 2 Treatment**
 - Your local pharmacy should have KP24, a trusted brand in headlice treatment.
 - KP24 head lice treatments are available in 3 forms:
 - KP24 RAPID
 - KP24 Medicated Lotion & Foam
 - KP24 Advanced Natural Lotion Kit & Natural Mousse
 - Consult your pharmacist about which product is best suited for your child
 - Re-treatment should be carried out about 7 days after the first treatment to kill off any juvenile lice that may have hatched since the first treatment

- 3 Elimination**
 - Remove eggs and lice by using KP24 Metal Comb and KP24 Egg Remover or KP24 Combing Solution

- 4 Prevention**
 - Use KP24 Lice Spray to help prevent infestation

- 5 Precaution**
 - Use KP24 Soaking Solution to clean all pillows, linen etc to avoid re-infestation

COLOUR RUN FUN



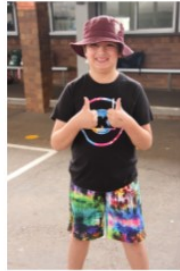
VISIBLE WELLBEING AND POSITIVE BEHAVIOUR FOR LEARNING

In class, we are looking at developing our resilience. Resilience is like a muscle that we can build upon and strengthen. Resilience is similar to a ball - when we bounce it on the ground we want it to 'bounce back' - when life throws us hard times, setbacks, mistakes or sadness we eventually want to 'bounce back' also. So how can you help your child develop resilience??



“Colour Your Threads” for PosEd

Thank you to everyone who supported our “Colour Your Threads” for PosEd day last Friday. Students wore their brightest, loudest and most colourful outfits in support of Where There's a Will and Positive Education.



INVITATION

*You are warmly invited to attend this year's
Muswellbrook South Public School*

Presentation Day

Friday 13th December 2019

*To accommodate the growth of our school,
our presentation celebrations will be split into two
ceremonies.*

*Infants (K-2) ceremony will commence at 9:45am
Primary (Grades 3-6) ceremony will commence at
approximately 11am.*

*K-6 class awards will be presented as well as
special awards and the induction of the new school
leaders for 2020.*

Our choir and band will also be performing for us.

*Come and celebrate our success and share in this
special end of year event.*

***All students are expected to wear full summer school uniform with the
correct shoes.***

MSPS Dates for the Diary – Term 4 2019

weeks	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dec Wk8	2	3	4	5	6 Sports Presentation 9.45am
Dec Wk9	9	10 Year 6 Farewell	11	12	13 Presentation Day K-2 9.45am 3-6 11am
Dec Wk10	16 End of Year Celebration	17 Honour Award lunch	18 Last day for students	19 SDD	20 SDD

2020 IMPORTANT DATES

Staff Development Day – Tuesday 28th January 2020

2020 Grade 1 to 6 students return Wednesday 29th January 2020

2020 Kindergarten students start on Thursday 30th January 2020



Nutrition Snippet

The simplest way

... to make healthy party food.

Celebration season is upon us – but party food doesn't have to be unhealthy. Fruit and veg are bright and colourful and make the perfect ingredient for special party foods. Try these fun ideas:

- Watermelon fruit salad bowl
- Pita bread Christmas trees
- Frozen yoghurt pops
- Watermelon cookie cutter shapes
- Banana and strawberry candy cane








healthylunchbox.com.au

MSPS Band

We currently have several positions available in the school band for 2020. Music lessons are run during school time by the Upper Hunter Conservatorium of Music. Band is held before school on Thursday mornings each week as well as some Thursday afternoons during the afternoon session.



We have Trumpets, Clarinets, Saxophones and flutes for hire \$35 per term plus a one-off bond fee. We have places for Trumpet, Saxophone, Flute, and Clarinet.

Some lesson scholarships are available. If your child is interested in joining please return the slip below to Mrs Tonon and a pack will be sent home.

Name: _____

Class: _____

Preferred Instrument: _____

Parent Name: _____

Parent contact phone number: _____

Parent email: _____