

Muswellbrook South Public School Newsletter



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"Muswellbrook South Public School Official"

TERM 1 WEEK 4

Wednesday 19 February 2020

PRINCIPAL'S MESSAGE

Our school is constantly engaging in improvement. Our students set learning goals in class to track their progress. Our teachers set professional learning goals to guide their development. And as a school we set a range of long term and short term goals to monitor our performance. We do all this because we want every student in our school to receive at least one year's growth for one year's teaching. For that to happen we want everyone in our school to be striving to be the best version of themselves possible.

Our whole school goals centre on our key projects which include:

- **Quality teaching**

- Our teachers will be provided with feedback from observations, helping them to provide explicit quality criteria for each lesson, set challenging work for all students regardless of ability and provide specific feedback to help students improve.

- **Explicit teaching**

- The research is clear: students make the most progress when teachers provide clear learning goals and show students exactly what success looks like in regards to those learning goals. Our teachers will be involved in professional learning throughout the year to improve their ability to deliver high quality lessons.

- **Wellbeing**

- Our goal here is to increase a sense of belonging amongst our students and to ensure every student has an adult that they trust and feel comfortable speaking to.

- **Data analysis**

- Our teachers will be developing their skills in collecting and analysing student assessment data to ensure that all students are improving, that they are all provided with the right level of challenging work and that what teachers are doing in the classroom is having an impact.

- **Positive Behaviour for Learning**

- We want all our students acting in responsible, respectful and safe ways. We want them all to understand these expectations and to be

explicitly taught how to demonstrate those expectations.

We believe that these key projects have the ability to transform our school and ensure that every student is known, valued and cared for.

Glen Kite

Principal

Infants Assembly – Week 4

Friday 21 February is an Infants Assembly that will start at 11am in the school hall.

1YELLOW will be presenting a class item.

PBL and class merit awards will be presented.

All parents & carers are warmly invited to attend.

Please note entry is via the front gate only.

Financial Support for Your Children

All Statement of Accounts are being sent home this week as some were sent out last week without all details included. The voluntary school contribution remains at **\$25 per child**. These funds are a vital part of our school budget and help provide resources and a variety of opportunities at MSPS. Please pay your voluntary school contribution online by following the "make a payment" link on our school website <https://muswellbrs-p.schools.nsw.gov.au/> or at the school office by cash or cheque.

We look forward to the support of all our families at Muswellbrook South.



On Friday 28 February 2020 students will be participating in Clean Up Australia Day. Clean Up Australia Day raises awareness of keeping our environment clean and encourages students to take pride in their school

environment. Students will spend a short time after second break cleaning up within the school grounds before returning to class.

Students will need to bring gloves and a plastic bag.

Thank you for your support.

SPORTS REPORT

Hi all,

What fantastic efforts have been made over the past week by our MSPS students in sport. We had 5 boys participate in the zone cricket trials on Friday 14 February at Weeraman fields. Bailey Chick was selected to represent Upper Hunter at the Hunter trials on Friday 6 March. Congratulations to all of the boys who trialed and Bailey for making it through to the next trial.



We had a team of 25 eager MSPS students participate in the Upper Hunter Zone swimming carnival on Tuesday 18 February. There were personal best times getting blown out of the pool all day. The MSPS students were fantastically behaved all day and their perseverance in the water was tremendous.



Congratulations to the following students who will be heading to the Hunter Swimming carnival on Tuesday 3 March at Lambton Pool:

Noa Kamstra - 11 Years 50 Backstroke, 50 Butterfly and 50 Freestyle

Riley Jeans - 11 Years 50 Backstroke and 50 Butterfly

Paxton Hann - 11 Years 50 Backstroke and Senior Boys Relay

Harrison Foot - Senior 50 Backstroke, 50 Freestyle, 100 Freestyle and Senior Boys Relay

Wayde Simpson - Senior 50 Butterfly and Senior Boys Relay

Brodie Schmarr - Senior Boys Relay

Well done and good luck!!!

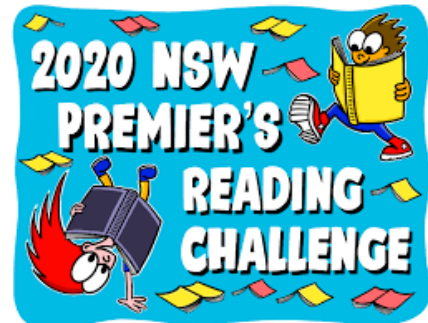
Thank you to all of the parents and family that attended the carnival yesterday and cheered on our students.

Also thank you to Kristal Foot and Tara Jeans for your help during the day.

Mr Adams

PE teacher

PJ says . . .
"at MSPS we are
learning to make
responsible choices!"



Dear Parents,

The NSW Premier's Reading Challenge will commence again in a couple of weeks on **Monday 9 March**. There will be a yellow note coming home next week, with the youngest child, explaining what the Challenge is all about. It will need the names of the children completing it and a parent or guardian's signature. I would love to see all the children who completed the Challenge last year to take up the Challenge again and I welcome any new children who would like to start the Challenge for the first time. Just a reminder that children in Kindergarten, Year 1 and Year 2 can either read their books or have the books read to them. Children in Stage 2 and Stage 3 have to read the books on their own. I have all the Premier's Reading books at school which the children can borrow in their Library lesson. If you would like to see the lists you simply need to type Premier's Reading Challenge 2020 in Google. The Reading Log sheets which will come home in a plastic sleeve. We just need to have the Title, Author and your signature. Do not worry about the ID number, we will complete that at school. **All Premier's Reading Sheets will be entered on line at school.** Once the sheets are completed they need to be brought back to school by **Friday 28 August**. If your reading Log sheet has a little misadventure, don't worry I have plenty of spares. Once they have been returned they will be registered and certificates will be handed out to students at a presentation ceremony at the end of the year. Parents, if you have any concerns about the Reading Challenge or any other matters please call me or come and see me in the Library, I am more than happy to hear from you and help in any way.

Thanking You

Anne Solman- Teacher Librarian

At the end of each day in 1 Yellow, we sit in a circle and share our “favourite part of the day”. This allows us to share something positive with each other and helps us to see that something good happens in every day! Here is a snippet from a day in Week 3...

“Being good and playing with my friends” - Alora

“Coming to school and spending time with Miss Kelly” - Jalari

“Hugging my old teacher” - Ruby

“Hugging teachers” - Evoleht

“Accidently getting my hat stuck on the roof” - Kaiden

“Playing handball with my brother” - Marliya

My favourite part of the day is...

“Everything!” - Tara

“Learning our assembly item” - Bailey

“Playing with my friends” – Mason

“Loving the teachers” - April

“Playing beyblades” – Jahmarli

“Seeing Mrs Blanch” - Sadie

“Playing with some friends” - Declan

“Being good” - Memphis

“Doing maths” - Tyler

“Skipping in the big skipping rope” - Danika

“Going on the laptop” - Aliyah

“Loving all of the teachers” - Chase

“Playing with my friends” - Ameya



One or two days a week doesn't seem much but . . .

If your child misses . . .	That equals . . .	Which is . . .	And over 13 years of schooling that's . . .
1 day per fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years
1 day per week	40 days per year	8 weeks per year	Over 2 ½ years
2 days per week	80 days per year	16 weeks per year	Over 5 years
4 days per week	120 days per year	24 weeks per year	Over 7 years

How about 10 minutes late a day? Surely that won't affect my child? . . .

He/she is only missing just . . .	That equals . . .	Which is . . .	And over 13 years of schooling that's . . .
10 minutes per day	50 minutes per week	Nearly 1 ½ weeks per year	Nearly ½ year
20 minutes per day	1h 40mins per week	Over 2 ½ weeks per year	Nearly 1 year
30 minutes per day	Half a day per week	4 weeks per year	Nearly 1 ½ years
1 hour per day	1 day per week	8 weeks per year	Over 2 ½ years

Every day counts!



MSPS Dates for the Diary – Term 1 2020

<i>weeks</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
Feb Wk4	17	18	19	20	21 INFANTS ASSEMBLY
Feb/Mar Wk5	24 UH PSSA Basketball Trials	25	26 UH PSSA Zone Rugby League Trials Stg 3 Graffiti Talk 12:25pm	27	28 WHOLE SCHOOL ASSEMBLY Clean Up Australia Day Hunter Tennis Trials
March Wk6	2	3 Hunter Swimming	4	5	6 Hunter Cricket Trials UH PSSA Netball Trials
March Wk7	9	10	11 UH PSSA Football Trials	12	13 PRIMARY ASSEMBLY
March Wk8	16 Hunter Rugby League Trials	17 Hunter AFL Trials	18 SCHOOL PHOTOS	19	20 INFANTS ASSEMBLY
March /Apr Wk9	23 Life Ed Van	24 Life Ed Van	25 Life Ed Van	26 Life Ed Van Hunter Boys Football Trials	27 Life Ed Van Hunter Netball Trials
Mar/ April Wk10	30 Life Ed Van	31 Life Ed Van	1 Life Ed Van	2 Life Ed Van	3 WHOLE SCHOOL ASSEMBLY
April Wk11	6	7	8	9	10 Good Friday Public Holiday

2K20

Teacher Feature



Name: Tara Anderson

School Position: Deputy Principal.

Favourite movie: "Love Actually" and "Pay It Forward".

Born in: Quirindi.

Favourite phone app: Instagram.

An embarrassing moment was: Leaning over a desk and talking to a student, (and my nose was running) and it dripped on their hand.

Naughtiest thing you've done: Not telling on the grounds it may incriminate me.

If you could change 1 thing in our world, what would it be: That people were kind first, and questioned later.

Why did you become a teacher: Because everyone deserves to have "keys" to open the door to the world they want to live in.

Good for Kids good for life

Time for Healthy Habits



Children who develop healthy habits from a young age are more likely to continue these habits into adulthood.

Do you have a child between the ages of 2-6 years and live in NSW?

Do you wonder if they are eating enough of the right foods, being active enough or getting enough sleep?

We are offering a **free** program to help parents give their young children the healthiest start to life.

You can participate in one of these programs: online modules, telephone support calls or printed information. All programs will provide practical information and tips that will help with healthy eating, physical activity, screen time and sleep.



For more information and to register please visit www.timeforhealthyhabitsnsw.com/ or contact time-healthyhabits@uow.edu.au

Proudly funded by



Health
Hunter New England
Local Health District

HNEHLD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



Nutrition Snippet

The simplest way

... to make healthy drinks interesting.

Plain tap water is the best drink choice. It's cheap and quenches your thirst. However, if you're looking for something different here are some good options:

- Plain milk
- Sparkling water
- Milk blended with fruit of your choice for a delicious filling smoothie
- Water flavoured with slices of lemon, strawberries or mint



Try to avoid sugar sweetened drinks such as soft drinks, iced tea, flavoured water and fruit dink as they do not contain any nutrients our bodies need but add a lot of kilojoules which can lead to weight gain. If having juice, have only a small serve and consider diluting with water or ice.

healthylunchbox.com.au

Upper Hunter AECG Meeting

Please come along and join us for the first Upper Hunter AECG meeting of 2020.

Where: Shop 6, 30-34 Brook Street
Afternoon tea will be provided

When: Thursday 27th February, 2020

Time: 4:30pm

Our AECG's focus is on communities having input into Aboriginal Education.

We strive to empower our communities to become involved in all levels of Education and Training for the positive effect this can have on our students.

Please note: Memberships are up for renewal at this meeting. (\$2 membership fee)

If you would like an item placed on the agenda for discussion please email the Secretary.

To find out further information or to RSVP to our meeting please contact:

Raylene Price – President of UHAECG
raylene.price@aes.org.au
0499 112 669 or 0407 216 648

Renee Coward – Secretary of UHAECG
renee.coward2@det.nsw.edu.au
04350 100 883



Dates for 2020 Upper Hunter AECG Meetings (Week 5, Thursday):
28th May
20th Aug
12th Nov



COMING TO MPS ON WEDNESDAY 4TH MARCH 2020

Session 1 – where did I come from? Starting at 6:00pm
(Aimed at students in year 3-4)

Session 2 – preparing for puberty? Starting at 7:15pm
(Aimed at students in years 5-6)

**The cost is \$32 per family for 1 session
and \$37 per family for 2 sessions.**

**PLEASE NOTE PAYMENT MUST BE MADE IN
CASH TO THE MUSWELLBROOK PUBLIC
SCHOOL OFFICE!**

everyone is welcome to Attend!

Please see session overview and permission flyer below for additional detail.



For more information call
the School on 6543 2500



MUSWELLBROOK HIGH SCHOOL
INVITES YOU TO OUR

DISABILITY AND WELLBEING EXPO 2020

MUSWELLBROOK HIGH SCHOOL
MULTI PURPOSE CENTRE (MPC)

**27TH FEBRUARY,
2020**

OPEN FROM 3PM-5PM

COME ALONG TO SPEAK TO AND
RECEIVE INFORMATION FROM LOCAL
SERVICE PROVIDERS

LIGHT REFRESHMENTS AVAILABLE

IF YOU REQUIRE MORE INFORMATION PLEASE CALL 6543 1033

Family Program Bundle 2



overview & session outline

Session 1: Where did I come from? (Years 3 & 4)

Objectives

- To help children aged 8-10 years gain an understanding of the structure and functions of the reproductive system in males and females.
- To provide information on conception (describing sexual intercourse, associated with love in the context of a caring relationship), foetal development and birth of a baby.
- To provide opportunities for parents and children to discuss various aspects of reproduction in an informal way.
- To reinforce the role of parents as a source of information on matters pertaining to sexuality and reproduction.

Content

- Introduction
- Family structure and family relationships
- Male/female babies – which is which?
- Protective behaviours
- Male/female reproductive systems
- Sexual intercourse & conception including assisted
- Foetal development
- Twin explanation
- Birth
- Conclusion

Session 2: Preparing for Puberty (Years 5 & 6) (Years 3 & 4 at parent's/guardian's discretion)

Objectives

- To provide information on puberty for 10-13 year olds, in relation to the physical changes and emotional changes (in particular, helping them feel comfortable about their bodies and its functions; preparing them for the changes during puberty and dispelling the myths and providing accurate, understandable information).
- To help young people feel okay about being different. Everyone develops at a different rate, especially during puberty.
- To confirm their individuality and promote self-esteem.
- To facilitate communication between parents and their children and encourage young people to take their questions, problems and concerns to their parents.

Content

- Introduction
- Revision of Session 1
- How, why and when of puberty
- Physical and emotional changes to both boys and girls
- Changes to boys only
- Changes to girls only
- Why are these changes happening?
- Conclusion

Cost: \$32 (incl. GST) per family to attend one session
\$37 (incl. GST) per family to attend both sessions
Includes an Interrelate Educator

Please Note: A minimum charge of \$590 per school (\$649 incl. GST) applies where attendance numbers do not meet or exceed this amount. This charge covers both sessions.

Family Program Bundle 2



Permission Flyer

Session 1: Where Did I Come From?

Time: 6:00pm

Audience: Year 3 and 4 students and their parents/carers

Sessions: 1 x 60-minute session

Program focus:

- Discuss the male and female reproductive systems, foetal development and the birth process
- Personal safety and protective behaviours

Note: Older students are encouraged to attend if they have not previously seen this program.

Session 2: Preparing For Puberty

Time: 7:15pm

Audience: Year 5 and 6 students and their parents/carers

Sessions: 1 x 60-minute session

Program focus:

- Discuss the physical changes of puberty, emphasising that it can be different for everyone
- Develop students' understanding of periods and sperm production, as well as the physical, emotional, social and intellectual changes associated with puberty for both boys and girls
- Enhance awareness of children's personal safety and protective behaviours

Note: Younger students are welcome to attend at the discretion of their parents/carers.

Family cost: 1 session \$32 per family | 2 sessions \$37 per family
Please note that this cost is GST inclusive

Where: Muswellbrook Public School

When: 04-Mar-2020

(Specialty books are available for purchase on the night)

Please complete and return to your school with cash/cheque payment in an envelope
(please make cheques payable to the school)

Family name: _____

No. attending: Session 1: Where did I come from? _____ Session 2: Preparing puberty _____

in Interrelate's 'Family Evening Program Bundle 2'. Enclosed is my payment of \$ _____

Signed _____ Date _____
Parent / Guardian

Tel: (02) 8882 7875 • schoolservicesnsw@interrelate.org.au • www.interrelate.org.au

say cheese

School Photo Day is

18 March 2020

Have your child's school memories captured forever

Please take time to read the relevant information on the MSP Photography payment envelopes and remember these helpful points:



- Don't seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day
- Family envelopes are available at the school office upon request
- Please enclose correct money as no change is given.
- Credit card payments are available online - You will need your personalised shoot key located on your child's envelope to place your order online.

For any enquiries, please feel free to contact us

e admin.nhvcc@mvp.com.au

p +61 2 4966 8292

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Group Photograph + 1x 10" x 8" + 1x 5" x 7" + 2x 5" x 3.5" + 2x 3.5" x 2.5" + 4x 1.7" x 1.2" Portrait Download (best print quality)

\$43 Value Pack

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\$41 Essential Pack

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\$38 Basic Pack

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Gift Pack* \$15

All 12 Items: 3x 2" x 1.4" + 1x 5" x 7" + 1x 5" x 3.5" + 1x 5" x 3.5" + 1x 5" x 3.5" + 1x 5" x 3.5" + 1x 5" x 3.5" + 1x 5" x 3.5" + 1x 5" x 3.5" + 1x 5" x 3.5" + 1x 5" x 3.5" + 1x 5" x 3.5"

Group Only \$25

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\$20 Standard Pack

Group Photograph + 1x 5" x 7" + 2x 5" x 3.5" + Portrait Download (best print quality)

Please collect family Envelopes from Office

\$15 Gift Pack*

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