

MUSWELLBROOK SOUTH PUBLIC SCHOOL

Wednesday 15 September 2021

IPAL?

IPAL? Newsletter

PRINCIPAL'S message

Schools in the Upper Hunter remain at Level 4 restrictions. This means that NSW Health have advised that families are to keep children home unless they absolutely need to attend school, for example, because they are the child of an essential worker.

The safety and wellbeing of our staff and students is of paramount importance to us at all times. As such we will continue to work closely with NSW Health to ensure that all necessary health advice is adhered to.

Further information on COVID-19 is available on the NSW Government website.

Further information about the **NSW** Department of Education response to COVID-19 is available on the Department's website.

As always I am hopeful that the lockdown will be lifted and students will be welcomed back soon. Please check our school Facebook page throughout the school holidays for updates on when students will return to school.

While spending time in lockdown over the school holidays will be challenging, we have seen restrictions lifted for our neighbours to the north and for those that are vaccinated. I'm sure there are many more positive moves to come

Glen Kite Principal

Have a safe and relaxing holiday break



Learning in the sunshine



Concentration . . .

MUSWELLBROOK SOUTH PUBLIC SCHOOL

57 Maitland Street Muswellbrook NSW 2333

Ph: 02 6543 1896 F: 02 6543 3475 E: muswellbrs-p.school@det.nsw.edu.au



IMPORTANT NEWS

I NSW Department of Education

COVID-Safe School Operations



	Overview		Guidance on mask wearing
Level 1 School operating in a COVID-safe/ COVID-normal way	Schools can operate in a COVID-normal way Students and staff to not attend school if they have symptoms; negative COVID-19 test required prior to returning to school Parents, carers and visitors are allowed on-site QR code check-in and check-out required for all staff and visitors COVID safety plans required in line with NSW Health advice (such as large gatherings or events) Activities such as singing, chanting, choirs, bands and school performances allowed in line with broader Health settings	Inter-school sport in line with community sport guidleines Community use in line with broader Health settings SRE/SEE (externally provided religion and ethics classes) operational Community Language Schools operational P&C on site Additional cleaning measures in place Further detailed guidance available on the Department's website.	Staff and students are supported to wear a mask or face covering should they choose to do so.
Level 2 COVID-safe; restrictions on activities and non-essential visitors	As per Level 1, except: Non-essential visitors not allowed on-site (including parents and carers) Mask wearing recommendations Staff identified as vulnerable supported to work from home Activities such as singing, chanting, choirs, bands and school performances allowed in outdoor settings only Assemblies must have COVID-Safe practices in place and no parents/carers are allowed	Excursions within Local Government Area only, and strongly recommended to be outdoors and within walking distance Further detailed guidance available on the Department's website.	While in indoor settings in schools, masks or face coverings are recommended for all staff, and all students in Year 7 and above.
COVID-safe; further restrictions on activities and non-essential visitors	As per Level 2, except: Mask wearing requirements Introduction of staggered breaks and reduced mingling of student cohorts wherever possible Activities such as singing, chanting, choirs, bands and school performances not permitted No assemblies No excursions	No community use (except early childhood services and OOSH services) No uniform shops No SRE/SEE (externally provided religion and ethics classes) No Community Language School on site Further detailed guidance available on the Department's website.	While in indoor settings in schools, masks or face coverings are required for all staff, and all students in Year 7 and above.
Level 4 Learning from home encouraged, schools are open for families who need it	Families are encouraged to keep their children at home, with no student to be turned away Schools activate plans to support continuity of education for all students learning from home.	Where students and staff are at school, Level 3 guidelines apply, except: No community use (except early childhood services) No canteens Further detailed guidance available on the Department's website.	While in indoor settings in schools, masks or face coverings are mandatory for all staff, and all students in Year 7 and above.

education.nsw.gov.au As at 12 July 2021



"Take time to do things that make you feel good.

It is important to ensure we talk about how we are feeling and know how to make ourselves feel okay.

We can talk to our parents, take a walk, go for a bike ride, read a book or think about what we are grateful for."

SUPPORT

This term has been very interesting for Support Yellow and the boys should be praised for their effort and consistency despite

boys should be praised for their effort and consistency despite the disruption to our regular routine. We began the term with positive attitudes and great behaviour

We began the term with positive attitudes and great behaviour which allowed us to have extra reward time on most days. The boys absolutely love the new play equipment and getting out in the sun each day.

We began to learn about our bodies and what we can eat to make sure that we are our very best learners in class. Support Yellow have loved learning their spelling and sight words in a play based approach each day and have all improved significantly.

This term saw the inclusion of electives in the support unit and the boys thoroughly enjoyed joining a different class and making new friends all whilst learning about topics such as cooking, art and technology.



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Congratulations to the following Term 3 award winners. Awards are being announced in this week's class check ins and have been posted in the mail.

Bronze Award (25 Pebbles) -

Skyla, Ava, Levi, Starla, Isaac, Tyler, Toretto, Mahlee, Lexi, Lyla, Leana, Alanii Jean, Raidyn, Samuel, Holly, Skylah, Tabitha, Kayden, Kyden, Nikita, Loraine, Taylah, Marlee, Jesiah, Jacob, Aurora, Kobi, Shakira, Phoenix, Paxton, Stevie, Patrick, Alicia, Tai-ron, Tyson, Indigo, Jack, Ava, Ella, Eligh, Zayne and Elliot.

Silver Award (50 Pebbles) -

Kianna, George, Rochelle, Adam, Kayleigh, Abigail, Alex, Mikayla, Nevaeh, Jaxon, Jabir, Ayida, Nate, Jack, Annabelle, Brayden, Juliquia, Steven, Ahria, Macey, Mahlee, Cooper, Koby, Eleira-Rose, Tallon, Nevaeh, Lylah, Damien, Logan, Macey, Jaxson, Makynzie, Alyiah, Tallis, Lucas, Riley, Autumn, Levi, Orion, Chase, Evoleht, Dominic, Poppy, Savannah, Warryn, Danika, Ben, Lyla, Memphis, Jahmarli-Tye, Sam, Declan, Savannah, Phoenix, Brydon, Brooklyn, Schyler, Rylan, Nathan, Brayton, Lucas, Jacob, Emma, Nikita, Emma, Erica, Tayah, Marlee, Tabitha, Bella, Kade, Loraine, Cadence, Cassidii, Brendan, Shayla, Avani, Lillie, Connie, Shyanne, Michael, Ramon, Linkin, Tyler, Destiny, Jasmine, Flynn and Kayne.

Gold Award (75 Pebbles) -

Annalee, Charlotte, Urijah, Rhylen, Ruby, Karlee, Braygen, Harry, Marryann, Lachlan, Connor, Lacie, Sophie, Ellie, Jayden, Charlotte, Keith, Archer, Violet, Ameya, Caroline, Zack, Tara-Lee, Oshiarna, Tyler, Zarah, April, Connor, Grayson, Nathan, Nykkie, Chloe, Violet, Iesha, Damon, Tristan, Mayra, Grace, Amelia, Sasha, Patrick, Livia, Jayden, Gabbie, Ethan, Charlie, Oliver, Loky, Lucas, Ruby, Charli-Rose, Tabitha, Emma, Cadence, Siena, Jacob, Bella, Erica, Tayah, Briettah-Nicole, Cooper, Lillie, Sophie, Jayden, Brodie, Ruby, Bracken, Hannah, Ezra, Jorja, Riley and Kiara.

Platinum Award (100 Pebbles) -

Zuhayr, Ella, Jackson, Maddison, Kaori and Lillie.

Early Stage 1 Merit Awards -

Amelia, Kyron, Cooper, Kaiden, Charlotte, Ruby-Rose, Liliana, Carl, Charlie, Zavenah, Lateysha, Levi, Kayleigh, Alex, Zachary, Rochelle, Mikayla, Kaiden, Yndigo, Skyla, Abigail, Kathleen, Roxy, Isaac, Casey, Thomas, Sarah, Jackson, Evelyn, Beth, Ivy, Dominic, Andrew and Xavier.

Stage 1 Merit Awards -

Ahria, Ayida, Jaylah, Kolby, Heidi, Ethan, Steven, Nate, Charlotte, Braygen, Annalee, Harry, Mahlee, Karlee, Sophie, Hannah, Leana, Macey, Isabella, Liam, Tatum, Chloe, Alyiah, Lauren, Alanii Jean, Tyler, Chloe, Keith, Archer, Caroline, Charm, Jai, Poppy, Memphis, Alexander, Ben, Isla, Ayden, Tyler and Phoenix.

Stage 2 Merit Awards -

Catelyn, Jacinda, Abdullah, Schyler, Tzion, Dallas, Michaela, Levi, Tanner, Alyssa, Nykkie, Violet, Damon, Lucas, Iesha, Grayson, Nathan, Tristan, Chloe, Nathaniel, Jessie, Grace, Elsie, Rylann, Cooper, Connor, Rosanna, Lucas, Tylor, Livia, Ethan, Sasha, Gabbie, Amelia, Ruby, Patrick, Lucas, Loky, Oliver, Chloe, Kaylan, Mia, Preston, Ruby, Zane, Ruby, Rhylee, Laila, Seth, Aston, Zach, Karley, Leyhton, Eli, Abby, Khloe, Connor, Joshua, Ryder, Cohan, Nevaeh, Archie, Tillie, Lucas, Alicia-Anne, Amelia, Callum, Mia, Vitaliy and Jacob.

Stage 3 Merit Awards -

Erica, Samuel, Jacob, Siena, Scott, Tabitha, Charli-Rose, Bella, Nikita, Emma, Ella, Shayla, Brendan, Zuhayr, Shakira, Briettah-Nicole, Cooper, Jackson, Avani, Cheyenne, Liam, Lincoln, Kalaya, Zander, Jacob, Samantha, Jackson, Tyler, Kaori, Lillie, Jasmine, Tai-ron, Connie, Linkin, Alicia, Ramon, Paxton, Phoenix, Sophie, Jayden, Brodie, Noa, Ruby, Hannah, Bracken, Kayne, Riley and Kiara.

Support Merit Awards -

Luka, Chase, Jayden, Jack, Jasper, Stella and Myles.

LEARNING FROM HOME





Muswellbrook
South Public School

ENROL NOW FOR 2022 KINDERGARTEN

Children turning 5 on or before 31 July 2022 are eligible to enrol.

Please contact the school office on 0265 431 896

to register your child's name and to pick up an enrolment form.





Muswellbrook South Public School

A special invitation is extended to all children who have enrolled at Muswellbrook South Public School for 2022 or who are going to enrol, to attend our

Kindergarten Transition Program.

There will be lots of exciting activities such as art and craft, singing and dancing. This is a chance to become familiar with the school environment and teachers for next year.

Please contact the School Office on **65 431896** by Friday 15 October to register your child and nominate the session you would like your child to attend.

Kindergarten Transition Program

Where: Muswellbrook South Public School

When: Term 4: 27 October, 3 & 10 November 2021.

(3 week program).

Time: Sessions will be held on a Wednesday

Students are invited to attend the same timeslot each Wednesday (limited spaces in each timeslot so please register asap).

- 10.00am to 11.30am

- 12.00pm to 1.30pm

- 2.00pm to 3.25pm

What to bring: A piece of fruit/snack and a bottle of water.



Term 3 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Sept Wk 10	13	14	15	16	17 LAST DAY OF TERM 3

Term 4 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Oct Wk 1	4 PUBLIC HOLIDAY	5 FIRST DAY OF TERM 4	6	7	8

"SPOONVILLE"

Upper Hunter Youth Services have created a 'Spoonville' on their front fence (facing highway).

It would be great to see our community become involved in this project and put a bit of fun and brightness into the lives of others. If you can please make your spoony person and tie them to the fence with zippy ties, string, wool etc.



Rules:

- * Place your spoon person during your exercise trip
- * Please make sure bits won't fly off your spoon person (we don't want litter)
- * Come and see our spoony people but don't stay long and no touching
- * Make sure spoon people can withstand the rain legs and arms can be made from sticks in your garden etc
- * Have fun being creative!!!!

Let's brighten up Muswellbrook!!!

MANAGING CORONA VIRUS (COVID-19) ANXIETY

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For You

- Avoid excessive exposure to media coverage
- Connect through calls / text / internet
- Add extra time for daily stress relief
- Practice self-care
- Focus on your mental health



For Kids

- Reassure them that they're safe
- Let them talk about their worries
- Share your own coping skills
- Limit their news exposure
- Create a routine and structure



For Quarantine / Isolation

- Keep in contact with your loved ones via social media, texts, and phone calls
- Create a daily self-care routine
- Keep yourself busy: games, books, movies
- Focus on new relaxation techniques