

# MUSWELLBROOK SOUTH PUBLIC SCHOOL

## Newsletter

Wednesday 13 October 2021

Term 4 Week 2

### PRINCIPAL'S message

Welcome back. I hope you were able to enjoy a change of pace over the school holidays, to take some time out for yourself and refresh for Term 4.

I would like to thank all families for their outstanding support of our school during the stay-at-home period. Parents demonstrated extreme flexibility, excellent cooperation and strength of character in what was a very challenging time, at home and at work. Our teachers also need to be acknowledged. Their work in contacting families, developing learning activities and running lessons online, while also coming in to work on site, has shown what an amazing group of hard working, caring and committed people they are. A great team effort all round. I applaud you all.

This week we welcomed all students and staff back to school. We know that the best learning environment for students is in the classroom and we are excited for them to be back with their friends, engaging in quality learning activities.

As a reminder, here's what our families and student can expect when returning to school sites under COVID-safe [Level 3 conditions](#):

- Staff will be required to wear masks indoors and outdoors while on school grounds.
- Masks or face coverings are recommended for primary students in indoor and outdoor settings on school grounds.
- We will reduce overall mingling of our different student years which means no school assemblies or sport (outside of existing PDHPE classes), excursions or field trips.
- Only essential visitors will be allowed on site and will be required to check in and wear masks at all times.
- Canteens are open with appropriate hygiene measures in place.
- Parents and carers will need to remain outside of school grounds, follow physical distancing and avoid gathering for drop-offs and pick-ups.

- Principal's report continued page 2



Back to school excitement



Playground fun



Friends reunited onsite

- Principal's report continued from page 1

- There will be enhanced daily cleaning of the school and wherever possible we will ensure classrooms will be well-ventilated with open windows.

We have worked closely with NSW Health in developing our return to school roadmap and COVID-safe school plan. NSW Health will continue to monitor vaccination rates and transmission levels in our LGA and will advise us if settings need re-evaluation.

We are continuing to work closely with NSW Health and other relevant authorities to support our school staff to receive 2 doses of a COVID-19 vaccination by 8 November. This will help protect our staff and students and we encourage our entire school community to also get vaccinated as soon as possible.

All students are expected - and will be supported - to return to school for face-to-face learning. I encourage you to get in touch with us directly and visit the [Wellbeing for students and families page](#) for support materials.

Please have a look at the helpful tips for [primary students](#) to support them in preparing to start the term.

Thank you for your ongoing support.

*Glen Kite*  
*Principal*

NSW Department of Education

## COVID-Safe School Operations



	Overview	Guidance on mask wearing
<b>Level 1</b>  School operating in a COVID-safe/ COVID-normal way	<ul style="list-style-type: none"> <li>Schools can operate in a COVID-normal way</li> <li>Students and staff to not attend school if they have symptoms; negative COVID-19 test required prior to returning to school</li> <li>Parents, carers and visitors are allowed on-site</li> <li>QR code check-in and check-out required for all staff and visitors</li> <li>COVID safety plans required in line with NSW Health advice (such as large gatherings or events)</li> <li>Activities such as singing, chanting, choirs, bands and school performances allowed in line with broader Health settings</li> </ul>	<ul style="list-style-type: none"> <li>Staff and students are supported to wear a mask or face covering should they choose to do so.</li> </ul>
<b>Level 2</b>  COVID-safe; restrictions on activities and non-essential visitors	<p>As per Level 1, except:</p> <ul style="list-style-type: none"> <li>Non-essential visitors not allowed on-site (including parents and carers)</li> <li>Mask wearing recommendations</li> <li>Staff identified as vulnerable supported to work from home</li> <li>Activities such as singing, chanting, choirs, bands and school performances allowed in outdoor settings only</li> <li>Assemblies must have COVID-Safe practices in place and no parents/ carers are allowed</li> </ul>	<ul style="list-style-type: none"> <li>Excursions within Local Government Area only, and strongly recommended to be outdoors and within walking distance</li> <li>Further detailed guidance available on the Department's website.</li> </ul>
<b>Level 3</b>  COVID-safe; further restrictions on activities and non-essential visitors	<p>As per Level 2, except:</p> <ul style="list-style-type: none"> <li>Mask wearing requirements</li> <li>Introduction of staggered breaks and reduced mingling of student cohorts wherever possible</li> <li>Activities such as singing, chanting, choirs, bands and school performances not permitted</li> <li>No assemblies</li> <li>No excursions</li> </ul>	<ul style="list-style-type: none"> <li>No community use (except early childhood services and OOSH services)</li> <li>No uniform shops</li> <li>No SRE/SEE (externally provided religion and ethics classes)</li> <li>No Community Language School on site</li> <li>Further detailed guidance available on the Department's website.</li> </ul>
<b>Level 4</b>  Learning from home encouraged, schools are open for families who need it	<ul style="list-style-type: none"> <li>Families are encouraged to keep their children at home, with no student to be turned away</li> <li>Schools activate plans to support continuity of education for all students learning from home.</li> </ul>	<p>Where students and staff are at school, Level 3 guidelines apply, except:</p> <ul style="list-style-type: none"> <li>No community use (except early childhood services)</li> <li>No canteens</li> <li>Further detailed guidance available on the Department's website.</li> </ul>



## JAN IRELAND

*Jan Ireland our Assistant Principal from Support has retired.*

*She has been at our school for over 12 years, and has supervised the growing amount of classes in our support unit.*

*When Jan arrived at Muswellbrook South Public School, there were only 3 support classes. Our school now has 7 support classes giving all of our students with special needs access to our school's support services.*

*We wish her all the best for her retirement and her future endeavours.*



## ROBYN HOLZ

*You have walked our halls a thousand times, listened to the stories of many who have shared, watched generations of students come and go, laughed at the outfits and the crazy hair, talked to teachers - young and old, and have made so many differences to the many who have known you here.*

*Our school is saying farewell, not goodbye, to our Robyn Holz for the last 30 years.*

*May you sleep in, take long walks, enjoy many coffee dates and have long lunches at the club!*

*You will always be a member at our South Club.*



# IMPORTANT NEWS

## SPORT CHANGES

In line with Level 3 Restrictions there will be no sport at school. However sporting activities can be carried out during PDHPE lessons during class. PDHPE is on the following days for each Stage group -

Early Stage 1 (Kindergarten) - Friday

Stage 1 – Tuesday

Stage 2 – Thursday

Stage 3 – Wednesday

Support - Monday

Students can wear their school sports uniform (Maroon shorts/pants, maroon polo shirt, school bucket hat & white or black joggers) on these days.

This is in addition to the PE lesson that Mr Doolan already holds with classes. Classroom teachers will advise students what days they will have Mr Doolan for PE in which it may be best for girls to wear sports uniform instead of their school dress on this day also.



## YEAR 5 EXCURSION CANCELLED

As previously advised, the 2021 Year 5 camp to Point Wolstoncroft Centre was unfortunately cancelled a few months ago. Notes were mailed out to parents/carers asking to advise the school if they would like any payments made, to be held in credit or refunded. Please phone the office if you would like another note sent home with your child. A reminder payments can be held at school to go towards the 2022 Year 6 Excursion, Year 6 shirts or Year 6 Farewell.

## YEAR 4 EXCURSION CANCELLED

Unfortunately the 2021 Year 4 Excursion to Sydney has been cancelled. Notes were mailed home to parents/carers last week requesting parents/carers to advise the school whether they would like any payments made, to be held in credit or refunded. If you did not receive this note or require another note please phone the school office and we can send another one home with your child. A reminder payments can be held at school to go towards the 2022 Year 5 Excursion or any other school related costs.

## WARRAE WANNI

Due to Department's COVID restrictions, Warrae Wannu is currently closed. Parents will be informed when circumstances change.

## ENTRY TO THE SCHOOL - NOT PERMITTED

This is a friendly reminder to parents and carers, that unfortunately at this time, you are NOT permitted on School Grounds. This advice has been issued by the Department of Education. We kindly ask in the event you are required to pick your child up from school early to please stop at the gate and phone the office on 6543 1896.

The office ladies are always more than happy to help.

Please note this rule also applies to dropping your child/children off in the morning and collecting them in the afternoon, please stand outside the school grounds and adhere to the social distancing guidelines.

If you have any questions in relation to the above advice please phone the office on 6543 1896 and speak with our Principal, Glen Kite.

## A REMINDER TO YEAR 6 FAMILIES

If your child is attending Year 7 at Muswellbrook High School in 2022, please return completed enrolment forms ASAP. Enrolment forms can be sent in with your child and we will pass them on to the high school.

Thank you to the families who have already returned forms.

## KINDER 2022 UPDATE

Unfortunately due to COVID restrictions we have had to cancel our planned Kindergarten information night.

If you have any questions regarding your child starting school in 2022 please contact our school.

In order for our Kindergarten transition program to commence, Department guidelines state that we must have received completed enrolment forms and required documents. Please return your documents ASAP to help with our planning. Enrolment forms can be completed online at <https://muswellbrs-p.schools.nsw.gov.au/about-our-school/enrolment.html> or you can phone the school office on 02 6543 1896 and we can arrange contactless pick up or post. Completed enrolment forms can be placed in our front maroon school mailbox. We also require a copy of birth certificate, immunisation statement and one or two documents listing your Muswellbrook residential address.

Thank you.



## CANTEEN

Our school canteen is open 5 days - Monday to Friday.  
Lunch orders can be placed online via Munch Monitor or can be placed by students at the canteen window before 10am.

Available during Term 4 -

**Chicken caesar wraps \$6.00**  
(No egg due to allergies)

Stay tuned for more specials this term.



## UNIFORM SHOP

Unfortunately, as parents and carers are not permitted on school grounds, the uniform shop front is closed but Uniform shop orders can be sent in an envelope with cash and order form, or they can be placed online via Munch Monitor.

Once your uniform shop order has been processed a staff member will contact you to organise a suitable time to collect or it can be sent home with your child.

## SOUTHIES CAR SCAVENGER HUNT

Unfortunately we have had to postpone our planned "Southies Car Scavenger Hunt" that was scheduled for Sunday 31 October 2021. When a future date is decided we will advertise.

Thank you for your understanding.



SAVE TIME with our ONLINE CANTEEN

Muswellbrook South Public School  
accepts online orders using MunchMonitor



Setting up an online account is easy!

1. Go to [www.munchmonitor.com](http://www.munchmonitor.com)
2. Click LOGIN
3. Click REGISTER
4. Enter
  - School ID: **mbsouthps**
  - Password: **munch2337**
5. Click **Submit**
6. Enter your email address
7. Enter the password you want. Make sure you can remember your password
8. Review and tick on the Terms of use
9. Click **Create your Account**
10. Click on the **Activation Link** in the email we sent
11. Follow the steps to **create your Parent Profile**
12. **Add Students** to your account
13. Click on **Account Top-up** to transfer money into your account
14. **You are now ready to order online!**

### Quick Information

#### Using MunchMonitor Online Ordering

- You can place orders online up to 4 weeks in advance
- Top-up your account online using VISA DEBIT/VISA/MasterCard
- List allergies to alert canteen staff
- You can order anytime you want using web browsers such as Chrome or Safari
- You can use desktops, laptops, tablets or smart phone with internet access
- It only costs \$ 3.65 (incl GST) per school term for the family account
- No sign up fee
- No transaction fee

Call us at 1300 796 190 or email us at [help@munchmonitor.com](mailto:help@munchmonitor.com)  
if you require further assistance.

**MunchMonitor...making your school day easier**



Like us on Facebook [Facebook.com/MunchMonitor](https://www.facebook.com/MunchMonitor)



Muswellbrook South Public School parent Jan Kamstra and grandparent Leonie Craft have been selected by the Where there's a Will Foundation to help create an outbreak of wellbeing in Muswellbrook by becoming 'Wellbeing Superspreaders'.

Jan and Leonie will work with a Wellbeing Coach for the next few months learning how simple actions and goal setting can enhance wellbeing in their lives. They'll then be on a mission to infect as many people as possible with this knowledge resulting in symptoms like improved happiness, better physical health and greater life satisfaction being felt right across the community.

If you know Jan or Leonie please reach out to them in the coming months, ask what they've been doing and consider whether implementing similar actions could enhance wellbeing in your own life.

You'll also be able to follow their progress via specially created social media accounts: facebook - @muswellbrookwellbeingsuperspreaders, Instagram – mbkwellbeingsuperspreaders.”







## NSW parent and carer mental health education sessions

headspace National is hosting free mental health education sessions in New South Wales, for Parents, Carers and Community Members, on ways they can support their young person when they are concerned about their mental health.

### The sessions aim to:

- Strengthen your understanding of mental health and mental health difficulties.
- Increase awareness of the impacts of COVID-19 on wellbeing.
- Strengthen your understanding and skills in how to have a conversation with your young person.
- Build awareness of local services and the various supports available.
- Strengthen relationships between local area mental health services, local schools, headspace centres and other community organisations.

Proudly funded by the NSW Government and delivered by headspace National Youth Mental Health Foundation Ltd.

### Session format

The format of the sessions will include the delivery of mental health-related content, followed by a panel of community stakeholders sharing information about the supports available to young people and how to access their services.

### Mode of delivery

Sessions will be held online via Zoom or face to face.

### Duration

Lunchtime sessions are 1hr and 15mins. Evening sessions are 1hr and 15mins with a panel.

### How to register

Click on or copy the following URL into a web browser to locate upcoming sessions in your community: <https://bit.ly/3lchh8U>

### Contact

For more information email: [programsupport@headspace.org.au](mailto:programsupport@headspace.org.au)



# YEAR 5 LEADERSHIP

On Wednesday, Thursday and Friday last week, our Year 5 students participated in some online Leadership sessions with our Year 5 teachers. These sessions were meant to be face-to-face but unfortunately we had to go to our online backup due to our extended lockdown. The sessions were a great success with students participating in various activities to help them on their leadership journey.

The session on Wednesday focused on "What is a leader?" with the positive qualities of a good leader being the main point of discussion. They also discussed how to become a leader at MSPS, which included:

- Be a responsible role model
- Help organise group activities
- Follow our school values all the time
- Show empathy to everyone, even if they're not your friends
- Take responsibility for your actions – everyone makes mistakes sometimes!
- Attend school regularly
- Think before you speak/take action
- Take care of yourself and others

Thursday's session had the students focusing on "Leadership at MSPS", the benefits of being a leader at MSPS and the expectations of our leaders at MSPS.

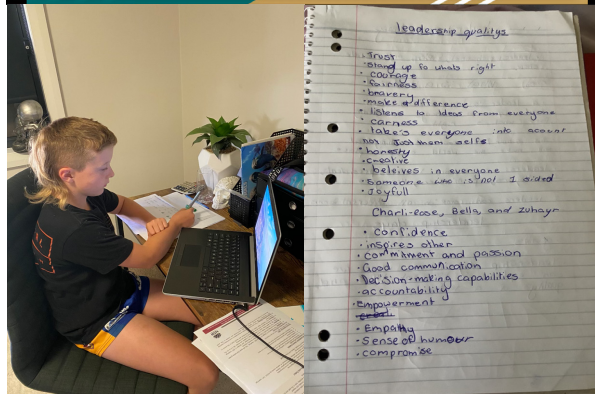
There are many great things about being a school leader:

- It helps you learn how to communicate with a variety of different people
- It builds your self-confidence and empowerment
- It gives you opportunities to learn more about yourself
- It shows you as a role model to others (students, teachers and guests!)
- It teaches you the skills you need to undertake your role

Expectations of our leaders at MSPS:

It is expected that our school leaders be students that show our school values on a regular basis. Our leaders should uphold the values of MSPS by being Safe, Respectful and Responsible.

When going for a leadership position, past incidents may have an impact on your success as a nominee, as teachers will be looking at the suitability of students in specific roles. That is, someone who has made poor choices on a regular basis may not be invited to proceed to speeches.



- Year 5 leadership continued

The last session on Friday focused on “What happens next?” and how to write a good leadership speech. Some tips for writing your speech:

- Your speech should be short, to the point and relevant. It needs to grab the attention of everyone in the audience!
- Remember to make it engaging for all year levels.
- You need to be confident. It's okay to be nervous, just take a breath before you begin and keep your voice slow. Don't rush! It makes it hard to understand you.
- Your speech should be appropriate and honest. This means you shouldn't include empty promises, or silly behaviours.
- Leadership is a privilege and should be treated with maturity.

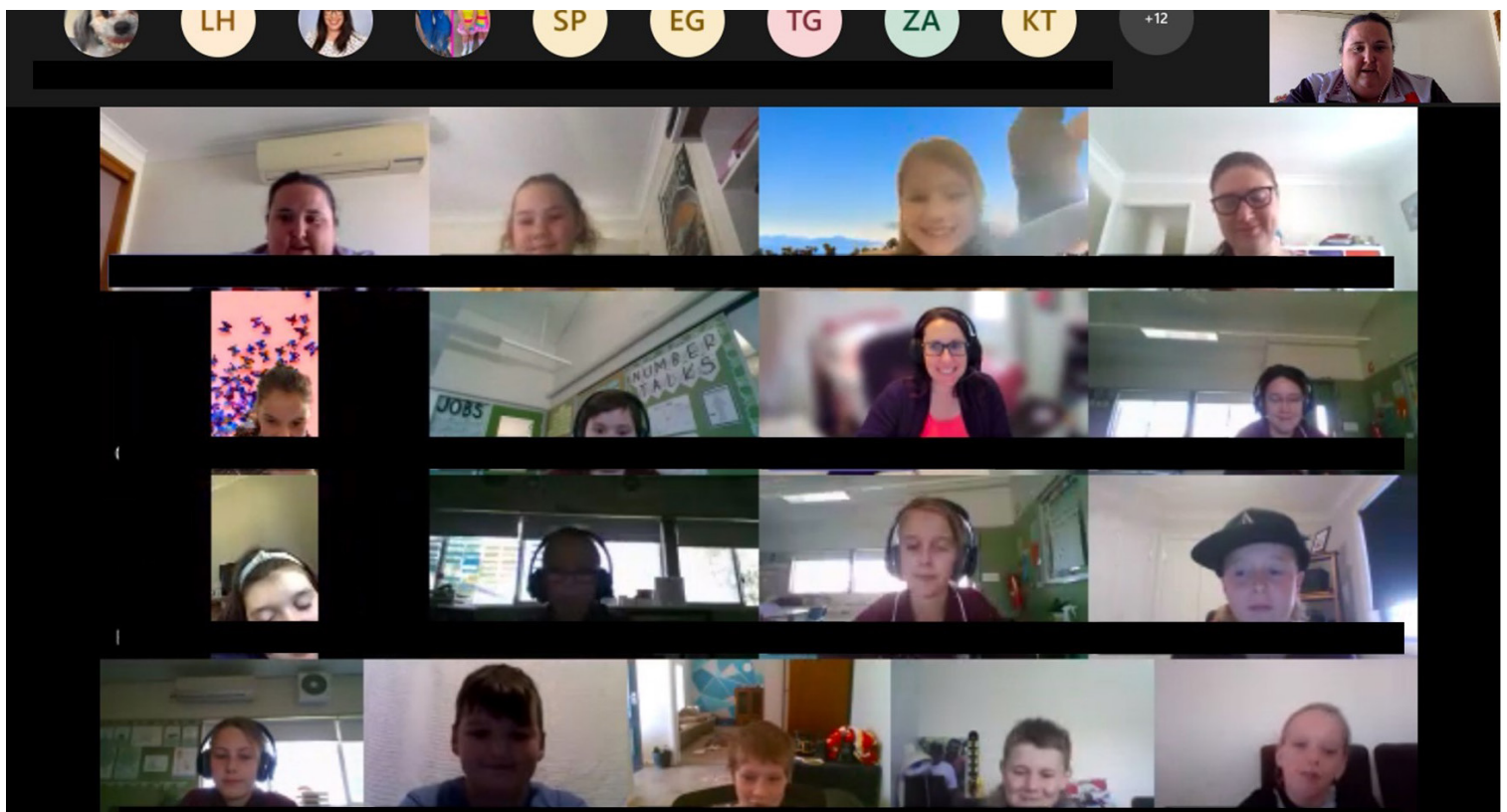
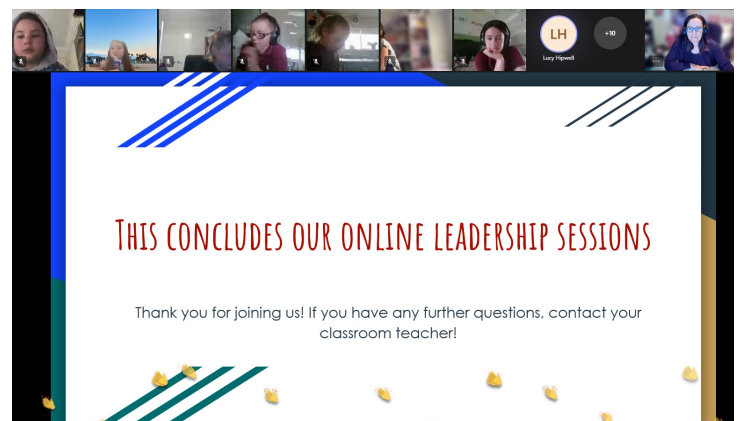
The leadership sessions were a fantastic experience for our students. Thank you to Miss Hipwell for her organisation and dedication to ensuring our students are as prepared as possible for their future roles as leaders of MSPS and good luck to all those who are looking to pursue a leadership role.

Miss Hipwell, Mrs Pryke and Mrs Winning

## GO MAD: MAKE A DIFFERENCE!

How can you make a difference at MSPS?

- Be yourself
- Show leadership qualities
- Be an upstander
- Commit to the job
- Have fun





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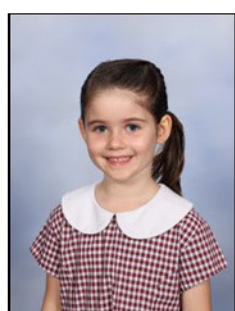
MUSWELLBROOK SOUTH PUBLIC SCHOOL

TERM 3 WEEK 10 PBL CHAMPS

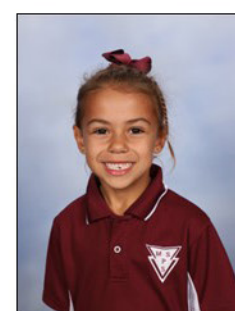
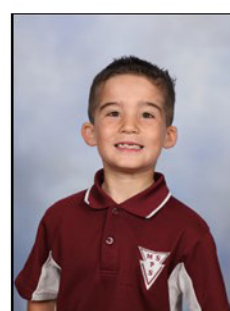
Congratulations to the following  
students for being

**SAFE, RESPECTFUL & RESPONSIBLE**

by following all six whole school  
PBL Expectations



Early Stage 1



Stage 1 - Year 1



Stage 1 - Year 2



Stage 2 - Year 3



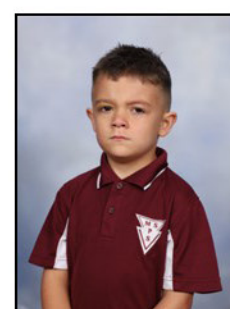
Stage 2 - Year 4



Stage 3 - Year 5



Stage 3 - Year 6



Support





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TUE

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# every learner every day

## ABSENCES ADD UP!



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MISSING MORE  
THAN**1**YEAR OF  
LEARNING IN**12**

YEARS

## DID YOU KNOW

**1 IN 4**

SECONDARY STUDENTS ARE NOT  
ATTENDING SCHOOL REGULARLY!

## EACH DAY MISSED:

- ▶ Puts your child behind and makes it harder for them to catch up
- ▶ Can lead to lower achievement in reading, writing and numeracy
- ▶ Can lead to gaps in learning and social connections

## WHAT PARENTS CAN DO



## IT'S NEVER TOO LATE TO IMPROVE ATTENDANCE

- Going to school more often can make a difference.
- Attendance habits will follow your child into work and life



## SCHOOLS ARE THERE TO HELP

If you're having attendance issues with your child, speak to your school about ways to address it.





# Muswellbrook South Public School

## ENROL NOW FOR 2022 KINDERGARTEN

Children turning 5 on or before 31 July 2022  
are eligible to enrol.

**Please contact the school office on 0265 431 896**

to register your child's name and to pick up an enrolment form.



## *Muswellbrook South Public School*

### Kindergarten Transition Program

A special invitation is extended to all children who have enrolled at Muswellbrook South Public School for 2022 or who are going to enrol, to attend our

#### ***Kindergarten Transition Program.***

There will be lots of exciting activities such as art and craft, singing and dancing. This is a chance to become familiar with the school environment and teachers for next year.

Please contact the School Office on **65 431896** by Friday 15 October to register your child and nominate the session you would like your child to attend.

**Where:** Muswellbrook South Public School

**When:** Term 4: 27 October, 3 & 10 November 2021.  
(3 week program).

**Time:** Sessions will be held on a **Wednesday**

Students are invited to attend the same timeslot each Wednesday (limited spaces in each timeslot so please register asap).

- 10.00am to 11.30am

- 12.00pm to 1.30pm

- 2.00pm to 3.25pm


**What to bring:** A piece of fruit/snack and a bottle of water.



# Term 4 2021

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Oct</b> <b>Wk 2</b>	11	12	13	14	15
<b>Oct</b> <b>Wk 3</b>	18	19	20	21	22 <b>Year 5 Leadership Nominations due</b>
<b>Oct</b> <b>Wk 4</b>	25	26	27 <b>Kinder 2022 transition</b>	28	29
<b>Nov</b> <b>Wk 5</b>	1	2	3 <b>Kinder 2022 transition</b>	4 <b>Year 5 speeches and voting</b>	5
<b>Nov</b> <b>Wk 6</b>	8	9	10 <b>Kinder 2022 transition</b>	11	12
<b>Nov</b> <b>Wk 7</b>	15	16 <b>Sports leadership Speeches and voting</b>	17	18	19
<b>Nov</b> <b>Wk 8</b>	22	23 <b>SRC Speeches and voting</b>	24	25	26
<b>Nov/</b> <b>Dec</b> <b>Wk 9</b>	29	30	1	2	3
<b>Dec</b> <b>Wk 10</b>	6	7	8	9	10 <b>MODIFIED PRESENTATION</b>
<b>Dec</b> <b>Wk 11</b>	13	14	15	16 <b>Year 6 archway</b> <b>LAST DAY FOR STUDENTS</b>	17 <b>STAFF DEVELOPMENT DAY</b>





Parents and carers can now receive operational status updates for NSW public schools.



**NSW Department of Education**

## Introducing the NSW Education Parent App

Stay up to date with the latest news and events from your school. Download the new, free app for parents and carers today.

- Access news from all relevant schools in the one place.
- Add events to your calendar with ease.
- Personalise your own feed by school year.
- Find contact details for your school.

Download on the **App Store** | GET IT ON **Google Play**

[education.nsw.gov.au](http://education.nsw.gov.au)



## Healthy Lunch Box recipe

### Couscous cakes



#### Ingredients

- ¾ cup couscous, preferably wholemeal
- 1 tsp reduced-salt vegetable stock powder
- 1 cup boiling water
- 1 clove garlic, crushed
- ¼ cup parsley or coriander
- ½ cup tinned chickpeas, drained & rinsed
- 2 large eggs, lightly beaten
- 1 lemon, zested
- Olive oil

- Makes 8 patties

#### Method

Place the couscous and stock powder in a large bowl and add boiling water. Stir, cover and sit for 5 minutes.

Chop the garlic in a food processor. Add the parsley or coriander and pulse until finely chopped. Add the chickpeas and pulse until chopped.

Fluff the couscous with a fork. Add the chickpea mix, eggs and lemon zest and mix well. Refrigerate for 15 minutes. Press into a ¼ measuring cup to create cakes. Repeat with the remaining mix.

Heat olive oil in a frypan over medium heat. Add the couscous cakes in batches so not to over crowd. Press them down gently with a spatula to flatten. Cook until golden on both sides.

For more recipes visit:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)



**Cancer Council**  
Healthy Lunch Box



*Come and join us . . .*

## MUSWELLBROOK AMATEUR RSL YOUTH Swimming Club

Swim club is held at Muswellbrook Pool every **Thursday night** during the summer season (October to March) starting at 6:00pm.

**Cost \$100.00 per swimmer and \$25 for a non-swimmer.**

Register at <https://swimcentral.swimming.org.au>

**TWO FREE TRIAL NIGHTS**

For further information  
Find us on **Facebook** or email  
[muswellbrookswimming@gmail.com](mailto:muswellbrookswimming@gmail.com)

**REDEEM YOUR ACTIVE KIDS VOUCHER IF AVAILABLE!**

<b>Children's Mobile Playgroup</b>	0-6 years of age
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October 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	4th PUBLIC HOLIDAY	5th Moonan	6th Moonan	7th Moonan	8th Wingen
2	11th McCullys Gap	12th Wybong	13th Gundy	14th Hebden	15th Cassilis
3	18th Jerrys Plains	19th Moonan	20th Bunnan	21st Settlement	22nd Wingen
4	25th McCullys Gap	26th Wybong	27th Gundy	28th Hebden	29th Cassilis

November 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	<u>1st</u> Jerrys Plains	<u>2nd</u> Moonan	<u>3rd</u> Bunnan	<u>4th</u> Settlement	<u>5th</u> Wingen
6	<u>8th</u> McCullys Gap	<u>9th</u> Wybong	<u>10th</u> Gundy	<u>11th</u> Hebden	<u>12th</u> Cassilis
7	<u>15th</u> Jerrys Plains	<u>16th</u> Moonan	<u>17th</u> Bunnan	<u>18th</u> Settlement	<u>19th</u> Wingen
8	<u>22nd</u> McCullys Gap	<u>23rd</u> Wybong	<u>24th</u> Gundy	<u>25th</u> Hebden	<u>26th</u> Cassilis

December 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	29th Jerrys Plains	30th Moonan	1st Bunnan	2nd Settlement	3rd Wingen
1	6th	7th	8th	9th	10th
0	McCullys Gap	Wybong	Gundy	Hebden	Cassillis

facebook- Toybox Uhcs

Minds are like parachutes, they only function when they are OPEN!!



This service is proudly provided to you by:  
Upper Hunter Community Services Inc.  
QEI Community Centre • Cnr Bridge & Market Sts • Muswellbrook  
Phone: 02 6542 3555 • [www.uhcs.org.au](http://www.uhcs.org.au)



MENS | BIG MENS | WORKWEAR | NEW ARRIVALS | SALE

# 3 DAY EVENT

## 14<sup>TH</sup> - 16<sup>TH</sup> OCTOBER

## ZERO & REWARDS CARD HOLDERS



**20% OFF\***  
**SCHOOLWEAR**  
**& EVERYTHING ELSE!**

**DON'T HAVE A CARD? APPLY IN-STORE OR  
ONLINE & START ENJOYING THE BENEFITS**

\*T&C'S APPLY, SAVINGS OFF ORIGINAL PRICES. INSTORE & ONLINE



SHOP SCHOOLS ONLINE



SHOP SCHOOLWEAR

## LOWES PRACTISES COVID SAFE MEASURES.

## PAY-AS-YOU-WEAR!

Flatten your expense curve by paying off your LOWES purchases over 12-months with your Zero Card.

**PLUS take an EXTRA 5% OFF your purchases.**



CLICK TO FIND OUT MORE ABOUT LOWES ZERO CARD >





## 90 years of teaching children about money.

### School Banking Parent Guide.

Dear Parent/Guardian,

For 90 years we have been supporting schools and teaching children about money. Thanks to your participation and support, we've reached this incredible milestone.

Here's how our School Banking program works:

#### Weekly saving



Children can save any amount of money each week and bring it to school on their designated School Banking day.



The money is deposited into their Youthsaver account and they can track their progress in their School Banking Dollarsmites deposit wallet.

#### Fun and rewarding



Each time your child makes a deposit at school, they'll receive a silver Dollarsmites token.



Once they collect 10 Dollarsmites tokens they can redeem them for a small reward.

#### Depositing outside of School Banking?

There are a number of ways your child can make deposits into their Youthsaver account;



Deposit in branch, make sure you bring their deposit book with their account information filled out so they can track their savings.



You can also make deposits into your child's account using internet banking, NetBank or the CommBank app for CommBank customers.



Use our intelligent deposit machines and ATMs

Remember, if you use these services to make deposits into your child's account they will not receive tokens towards redeeming a School Banking reward.

#### Helping your school fundraise

As your child banks through School Banking, your school will receive fundraising support to recognise the administration required. To find out more on how we help schools fundraise and how this is calculated, visit [commbank.com.au/sbinfo](http://commbank.com.au/sbinfo)

#### Getting started

If you'd like your child to take part in School Banking, they'll need a Youthsaver account. Designed for anyone under 18 years of age, this account has no monthly fees or withdrawal fees. They'll also earn bonus interest when they grow their balance each month\* on balances up to and including \$50,000.

There are three easy ways to get an account:



Apply online at [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking)



Visit any CommBank branch.



Log on to your CommBank app (if you bank with CommBank). From the menu in the bottom left corner, select 'Products and offers', then 'Bank accounts' and 'Student and youth accounts', scroll down to Kids and tap 'Open account'.

#### What you'll need

Personal identification for you and your child. You can use a birth certificate, passport, driver's licence or citizenship certificate\*. If applying in branch, please bring your child's birth certificate and/or an applicable Court Order to help us identify you as the parent or legal guardian.

When you open a Youthsaver account, your child will receive a Dollarsmites deposit wallet in branch, or we'll mail it to you if you opened the account online.

#### Saving is rewarding.

This year we're celebrating the most popular rewards from past years. This will include the popular tomato seed kit, water skimming ball, and much more!

Our most up to date reward wallet insert can be found at [commbank.com.au/sbc](http://commbank.com.au/sbc)

#### How to redeem rewards:

1. Make 10 School Banking deposits – receive one silver Dollarsmites token each time your child makes a deposit (maximum one Dollarsmites token per week).
2. Choose a reward from the wallet insert and fill in the coupon that goes with it.
3. Place the completed reward wallet insert and your child's 10 Dollarsmites tokens in their Dollarsmites deposit wallet and take it to school on the next School Banking day.

#### Simple rules:

1. To reward individual saving, Dollarsmites tokens can't be combined with other students' or siblings' tokens.
2. All rewards can be redeemed from Term 1, and are available whilst stocks last.
3. Our School Banking program is suitable for children in primary school.

School Banking rewards are not suitable for children 3 years and under. For safety reasons, remove any tags, labels and packaging before use and refer to the usage instructions.

\*Things you should know: "Excluding interest and bank-initiated transactions. You can set this up when applying for a new account. Existing customers simply visit a CommBank branch with identification for you and your child's birth certificate, or if you can see your child's account in your NetBank or CommBank app, you can set this up online at [commbank.com.au/youthapp](http://commbank.com.au/youthapp). The CommBank Youth app is free to download, however your mobile network provider may charge you for accessing data on your phone. The Bank will accept one of the following documents as acceptable identification on its own. Please note citizenship certificate can only be used as identification in branch. Birth certificate or the birth extract issued by an Australian state or territory. Birth Certificate issued by a foreign government, the United Nations (UN) or an agency of the UN. Citizenship certificate issued by the Commonwealth. Citizenship certificate issued by a foreign government. Note: If written in a language not understood by the person carrying out the verification, the document must be accompanied by an English translation from either a translator at the level of Professional Translator (or above) currently accredited by the National Accreditation Authority for Translators and Interpreters Ltd (NAATI) or another accredited translator who currently holds an equivalent accreditation. NAATI is the Australian government owned National Accreditation Authority for Translators and Interpreters. Where a parent/legal guardian is a signatory to the child's account, they are required to be identified to the acceptable identification standard. The target market for this product will be found within the product's Target Market Determination, available at [commbank.com.au/tmd](http://commbank.com.au/tmd). Commonwealth Bank of Australia, ABN 48 123 124 ADV1506/9 050221. The target market for this product will be found within the product's Target Market Determination, available at [commbank.com.au/tmd](http://commbank.com.au/tmd). Commonwealth Bank of Australia, ABN 48 123 124 ADV1506/9 050221

## Upper Hunter Local AECG Meeting Notice

Where: Zoom

When: Thursday 14th October 2021

Time: 4:00pm

Our AECG's focus is on communities having input into Aboriginal Education.

We strive to empower our communities to become involved in all levels of Education and Training for the positive effect this can have on our students.

To find out further information or to RSVP to our meeting please contact:

Raylene Price – President of UHAECG

[raylene.price@aes.org.au](mailto:raylene.price@aes.org.au)

0499 112 669 or 0407 216 648

Renee Coward - Secretary UHAECG

[renee.coward2@det.nsw.edu.au](mailto:renee.coward2@det.nsw.edu.au)

0265 432 500

**FREE WEBINAR**

7pm - 8pm

Tuesday, November 9, 2021

Presented by Upper Hunter Family Day Care & Upper Hunter Shire Council

### A STRENGTHS BASED APPROACH TO SUPPORTING YOUR CHILD'S TRANSITION TO SCHOOL

WITH ANNABELLE KNIGHT - DIRECTOR OF STRENGTHS CANVASS

Join Annabelle as she shares her experience and expertise in empowering and building children's resilience in preparation for school using a strength based approach.

With 40-plus years' experience in early childhood, primary and secondary education, Annabelle Knight is well positioned to guide her clients on leadership, wellbeing and performance. Her core focus is to enable children, adolescents, parents and teachers to be the best they can be.

Annabelle has been facilitating the Visible Wellbeing Strengths Stars framework in early childhood services throughout the Upper Hunter and coaching educational leaders in schools. This is an initiative

of Where there's a Will and their mission is to effect cultural change in Upper Hunter schools, families and community through improved literacy of wellbeing and mental health.

Annabelle has a Master of Applied Positive Psychology and has presented at many national and international conferences, including the World Thinking Skills Conference, World Positive Education Accelerator and the International Symposium for Coaching and Positive Psychology. Above all Annabelle is a teacher and a learner, she has four children and eight grandchildren.

**Register by Monday, 8 November**

Provide your name and whether you will be attending as a parent, school or service.

To register on behalf of a group, please provide the names of all participants.

**Email:**

[uhfcd@upperhunter.nsw.gov.au](mailto:uhfcd@upperhunter.nsw.gov.au)

**Phone:** 6540 1151

You will receive an email with instructions on accessing the webinar through Zoom.

