



MUSWELLBROOK SOUTH PUBLIC SCHOOL

Newsletter

Wednesday 3 April 2024

Term 1 Week 10



Easter Hat Parade



Harmony Day



Harmony Day Yarn Up Breakfast

PRINCIPAL'S MESSAGE

Communication expectations

As a parent or carer, you are an important part of our school community. We know that you play a crucial role in helping your child become a motivated learner. Communication between our school and our community is critical for us to partner together.

To give our teachers the opportunity to recharge, spend time with their families and bring their best creative selves to work, we are setting clear expectations for when and how they respond to communication outside school operating hours. This means teachers may not reply to non-emergency messages or emails outside of school operating hours.

Please use the school's email address for non-emergencies in the first instance. Our staff will respond to your queries within 2 school days under normal circumstances.

For longer discussions or complex matters, we ask parents and carers to make an appointment to speak to teachers directly, at a time that works best for everyone.

For emergencies, please contact 6543 1896. Emergencies include serious student health, safety and wellbeing issues.

Our staff will always stay in touch because open communication is what's best for your child and their education. We don't want you to stop communicating with your teachers – we still want to hear from you if you have any questions or need to discuss a matter about your child. We know it's often easier to send emails or messages after work. We will make sure we read and respond in school operating hours.

Our dedicated teachers want to help our students achieve their best – we're on the same team.

School hours

While our school operates from 9:25am to 3:25pm, it's crucial for parents to note that supervision for students begins at 9:00am. This means that our staff are present and ready to ensure the safety and well-being of your children from this time onwards.

- Principal's report continued on page 2 ...



MUSWELLBROOK SOUTH PUBLIC SCHOOL

57 Maitland Street Muswellbrook NSW 2333

Ph: 02 6543 1896 F: 02 6543 3475 E: muswellbrs-p.school@det.nsw.edu.au

- Principal's report continued from page 1

Why is this important? Ensuring that students are under supervision before school starts is essential for their safety. It allows us to monitor their movements on school grounds, ensure they arrive safely, and provide any assistance they may need as they prepare for the day ahead.

We understand that mornings can be hectic for families, and we appreciate your cooperation in ensuring that your child arrives at school in time to benefit from our supervision services. If you require any assistance with drop-off times or have any concerns about student supervision, please don't hesitate to contact our office.

As always, the safety and well-being of our students are our top priorities, and we thank you for your continued support in helping us maintain a safe and nurturing learning environment for all.

Homework policy

As part of our commitment to continuous improvement, Muswellbrook South Public School is currently reviewing our homework policy. We believe that homework can play a supporting role in students' academic development, but we also recognise that it's essential to align our policies with the expectations and needs of our families.

Your input is invaluable to us as we shape our homework policy. We kindly request that you take a moment to share your thoughts and expectations regarding homework. Your feedback will help us ensure that our policies reflect the values and preferences of our school community. You can provide your feedback by completing the survey [here](#).

Glen Kite - Principal



MURAL FOR NEW BUILDING

Now that the new building has been completed, we are going to be adding a mural to the space. Students in Stage 3 have been consulted about what design features they would like to see in the artwork, and we would like community input for design ideas. Please scan the QR code to access to have your say in the new design process.



- KGREEN NEWS -

KGREEN have been working hard to write sentences this week. We have been learning that a sentence needs a capital letter, finger spaces and a full stop. We are practising writing our letters using correct formation.

Mrs Cullen - Classroom Teacher



EASTER EGG GUESSING COMPETITION

MSPS SRC held an Easter Egg guessing competition. Approximately \$157 was raised.

Thank you to everyone who supported the fundraiser.

The winner was announced at last Thursday's Easter Hat Parade.

Congratulations to Roxy, who correctly guessed 301 chocolates! When Roxy's name was announced it took her by surprise and she showed lots of tears of happiness!

Congratulations Roxy and enjoy your jar of yummy chocolates!



- 5/6 YELLOW NEWS -

5/6 YELLOW have made a great start to the year! With a mix of Year 5 and 6 students, it has been an exciting time to foster new friendships, extend ourselves in our learning and develop leadership skills.

Our class recently took a trip to Muscle Creek for some English fun. Surrounded by nature, the students learnt about the environmental significance of this local area. Following the excursion, we have been engaged in writing a report on how and why we need to conserve this important waterway.

In maths, we've been learning about fractions and sharpening our addition, subtraction and number skills.

For sport, 5/6 YELLOW have been participating in a rugby league clinic where we have learnt about teamwork and sportsmanship while having a ton of fun.

With so many more exciting things planned for the remainder of the year, we can't wait to share these amazing experiences together.

*Mrs Murphy -
Classroom Teacher*





12 March 2024

Muswellbrook Cup – Half-day Public Holiday

Dear Families

Muswellbrook Shire Council area will have a half day public holiday event from **12:00pm Friday 5 April 2024**.

Schools in the Muswellbrook Shire Council (Muswellbrook High School, Muswellbrook Public School, Muswellbrook South Public School, Denman Public School, Martindale Public School) will adhere to the gazetted 2024 Local Public Holidays Act by ministerial order and published on the NSW legislation website.

Muswellbrook South Public School will operate from 9:00am until 12:00pm on 5 April 2024.

Students can be picked up from the exit gates and will **not** need to be signed out from the office.

Local bus companies have advised the school they will **not** be doing their normal afternoon pick-ups from our school on this day.

There will be no midday pick up by the bus companies. In addition, there will be no teacher supervision after 12:00pm.

Regards

Glen Kite
Principal



MHS OPEN DAY

Last Wednesday our Year 6 students visited Muswellbrook High for their Open Day. Students participated in lots of great elective options including:

Visual arts - where they looked at the artwork of Mulga who designed the artworks on the 7 eleven slurpy cups, and created an animal artwork in his style.

Textiles & Design - where they made Easter egg ornaments from laser cut timber.

Archaeology - where they excavated chocolate chips out of a cookie.

Woodwork - where the kids created a moving kangaroo.

Sporting excellence - student's visited the gym where they rested all the gym equipment and played some games.

Aboriginal studies - created a pouch to store their new set of scatterstones in. They decorated their scatterstones with Aboriginal symbols.

Food tech where they learnt about food safety and created their own mini pizzas. They are ready to cook dinner for the family!

Mrs Winning - Stage 3 Assistant Principal







EASTER CRAFT
During the week students had an opportunity to participate in a range of Easter craft activities.
A colouring in competition was held and winners were announced at last Thursday's Easter Hat parade.
Well done to all the winners.



IMPORTANT INFORMATION

YEAR 3 EXCURSION - DEPOSIT REQUIRED

Online permission notes for Year 3 Anna Bay & Murrook Excursion were emailed to families on Wednesday 13 March 2024.

If you have not received the email (please check junk mail), please phone the school office.

The \$50 deposit to secure your child's place is due by Thursday 23 May 2024.

Please complete the permission note online first, then make payment.

Payment can be made online via the School Bytes app, in cash directly to the office, or by EFTPOS, which is available at the front office from 9am to 3pm.

YEAR 5 EXCURSION - DEPOSIT REQUIRED

Online permission notes for Year 5 Great Aussie Bush Camp were emailed to families on Thursday 14 March 2024.

If you have not received the email (please check junk mail), please phone the school office.

The \$50 deposit to secure your child's place is due by Monday 8 April 2024.

Please complete the permission note online first, then make payment.

Payment can be made online via the School Bytes app, in cash directly to the office, or by EFTPOS, which is available at the front office from 9am to 3pm.

YEAR 6 EXCURSION - DEPOSIT REQUIRED

Online permission notes for Year 6 Excursion to Sydney were emailed to families on 11 March 2024.

If you have not received the email (please check junk mail), please phone the school office.

The \$50 deposit to secure your child's place is due by Monday 12 April 2024.

Please complete the permission note online first, then make payment.

Payment can be made online via the School Bytes app, in cash directly to the office, or by EFTPOS, which is available at the front office from 9am to 3pm.

CLOTHING DONATIONS

If you have any old school uniforms, socks or shoes at home that no longer fit your child would you please consider donating them to the school.

HEAD LICE

Please be advised there has been an outbreak of head lice throughout the school.

We would ask all parents to check their children's hair and treat them and any siblings, if necessary.

STAR STRUCK

Muswellbrook South Public School Year 3-6 dance group will be participating at Star Struck (Newcastle) in June.

Tickets go on sale on Tuesday 30 April at 10am. Families and friends are invited to purchase tickets to attend Friday 7pm night or Saturday 1pm matinee concerts.

MSPS dance group are Cast B.

ANZAC DAY TOWN MARCH

The Muswellbrook RSL Sub-Branch are busy organising the Muswellbrook Shire ANZAC Day Town March and Ceremony to be held Thursday 25 April.

The Muswellbrook South Community is invited to come along and march to acknowledge the men and women of Australian and New Zealand military personnel who have served in wars to protect our country.

MSPS Students are required to assemble at 9.30am on Market Street (near Simpson Park) in front of our school sign and be in full school uniform.



SAVE THE DATE

Star Struck
Love it 2024

Tickets on sale
Tuesday 30th April @10am

Performances
Friday 14 June @11am & 7pm
Saturday 15 June @1pm & 7pm

TICKETEK

NSW GLENCORE HERALD 2HD NEWCASTLE Graphika

You're invited to the

ANZAC Day Town March

Students are invited to join staff members in participating in the Muswellbrook Shire Council Anzac Day Town March and Service on Thursday 25th April 2024 commencing at 10am. Students are required to assemble at 9.30am in Simpson Park and be in full school uniform.



SOUTH SUPERSTAR



Name: Miss Kristy

What is your favourite food?

Surf and turf.

What is your all time favourite movie?

The Proposal.

Where did you go to Primary School?

Wyong Grove.

If you were stuck on an island and could only take 2 things, what would they be?

Phone and chocolate.

Every Day Matters

Make sure your child doesn't miss out on the important things like:

Learning



Strengthening friendships



Emotional development



When it comes to attending school, every day matters.

Scan the
QR code to
learn more



HARMONY DAY YARN UP BREAKFAST

MSPS welcomed parents & friends to our school for a yarn and yummy breakfast. On Thursday 21 March we celebrated Harmony Day. Harmony Day recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone. It was a lovely morning spent with parents, grandparents and friends. Thank you to our wonderful staff for organising.



HARMONY DAY

On 21 March MSPS staff & students were invited to come to school dressed in orange clothes or National dress.

Orange is the colour chosen to represent Harmony Day.

Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect.

Classes completed Harmony Day activities and discussed the central message that 'everyone belongs', reinforcing the importance of inclusiveness to all Australians.



GREEN TEAM NEWS

Last Thursday MSPS Environment and Sustainability Group, The Green Team, visited Tarinpa (Hunter Beach) to test the health of the water of the Hunter River.

This activity is part of the Hunter River Health Check, an initiative of Belltrees Public School and the NSW Local Land Services and is supported by Muswellbrook Shire Council.

Each of the Green Team members need to be commended on their outstanding behaviour and good manners. They were great ambassadors for our school.

Thank you to Mick and Wendy who instructed and helped the kids with each activity and Muswellbrook Shire Council for supplying the bus to transport the students.

It was a great morning at the river.



KINDERGARTEN STUDENTS

This Friday 5 April 2024 (half day)

are invited to come dressed in their class colours

KYELLOW

KBLUE

KRED

KGREEN

SUPPORT ORANGE

SPORTS REPORT

MSPS CROSS COUNTRY CARNIVAL

On Tuesday, we held our annual school cross country carnival. As construction has now finished, it was wonderful to be able to hold the carnival back on school grounds. All students aged 8 and older participated, and they all showed great determination and perseverance running the cross country track, and finishing all before the rain set in.

Congratulations to all students who finished top 3 in their age groups. Placegetters will receive their ribbons on Thursday at our whole school assembly at 1pm in the hall.

The Upper Hunter Zone Cross Country Carnival will be held on Friday 10 May (Term 2 Week 2). Permission notes will be given to the students who have qualified for zone as soon as we receive the zone carnival information.

8/9-year boys

1st William H
2nd Thomas B
3rd Oliver W

8/9-year girls

1st Kianna R
2nd Ruby S
3rd Kovi W

10-year boys

1st Liam W
2nd Kolby G
3rd Charlie R

10-year girls

1st Savannah R
2nd Scarlet S
3rd Aria W

11-year boys

1st Oscar T
2nd Christopher G
3rd Flynn P

11-year girls

1st Savannah R
2nd Indianna N
3rd Lyla L

12/13-year boys

1st Nathan P
2nd Rylann B
3rd Byron N

12/13-year girls

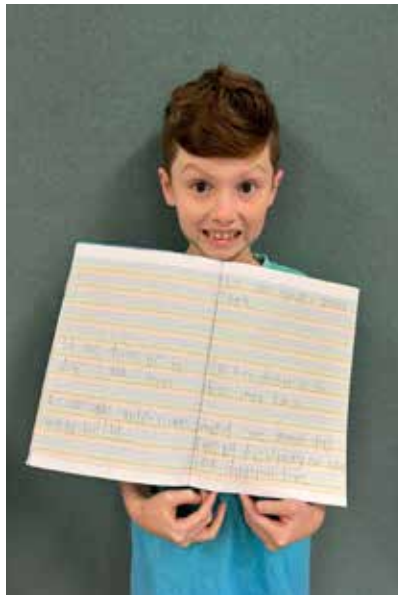
1st Loralai B
2nd Naomi C
3rd Meila B

Mrs Cuthbert - Sports Co Ordinators





SUPPORT WORKERS OF THE WEEK





Muswellbrook South
Public School



Wednesday 10th of April 2024

Come Dressed as a Teacher



Gold Coin donation for the
Leukaemia Research Foundation

P&C NEWS

IMPORTANT DATES

P&C Meeting Dates 2024

3rd Tuesday of every month (during school term) - 6.30pm

20 February	19 March (AGM)	21 May
18 June	20 August	17 September
15 October	19 November	

DUE TO THE HALF DAY PUBLIC HOLIDAY ON FRIDAY 5 APRIL, THE SCHOOL CANTEEN WILL NOT BE OPEN.
SORRY FOR ANY INCONVENIENCE.

P&C MEETING

The next P&C Meeting will be held on Tuesday 21 May at 6.30pm in the school library. Parents, carers & teachers are welcome to attend.

It would be great to see more people join our P&C and help with different events throughout the year. More information can be obtained through the school office.

NEW MEMBERS ARE ALWAYS WELCOME!

Joining the P&C is a great way to be kept informed and to contribute to your child's Education.

Your contribution can be as small or as large as you can manage.

It is a great opportunity to help in school decision making and to help shape the future.

To become a member simply complete a membership form and pay 50cents membership fee, this will give you the opportunity to vote on decisions being made.

JOIN NOW!

MSPS UNIFORM SHOP

The Uniform Shop is open every Monday and Wednesday from 9.30am to 12pm. Adults can purchase items from the uniform shop, orders can be sent in an envelope with cash, or orders can be placed online via Munch Monitor. Once your uniform shop order has been processed a staff member will contact you to organise a suitable time to collect or it can be sent home with your child.

The Uniform Shop/canteen accepts cash, cheque and EFTPOS payments from parents over the phone. Layby system is also available. No items can be taken without full payment.

CANTEEN NEWS

The school canteen is open from 9am to 2.15pm. It is open every day for 1st break and 2nd break.

Lunch orders can be placed online via Munch Monitor or students can hand them in at the canteen window before 10am. Lunch orders must be handed to the canteen before 10am with child's name and class clearly marked on the lunch bag. No hot food lunch orders will be taken after this time for 1st break.

CANTEEN VOLUNTEERS REQUIRED

Our school canteen requires more volunteers. If we can't get more volunteers the canteen is at risk of closing some days. The kids love seeing Mums, Dads, Grandparents, Aunts & Uncles helping out in the canteen. Grab a friend and make a day of it.

If you are interested and available to help out in the canteen please call in or phone Gina. We are looking forward to another great year.

P&C NEWS

BIRTHDAY BUCKETS

Does your child have a birthday coming up?

NOW AVAILABLE FROM THE SCHOOL CANTEEN

- Birthday Buckets - \$17.00

Your child will receive one of these birthday buckets delivered to their classroom with an ice block for each student in their class.

Your Birthday child will also receive a balloon (pictured) to keep and a

\$2.50 canteen voucher to purchase anything of their choice to the value of \$2.50.

Please give at least 24 hours notice and **PAYMENT MUST BE MADE AT TIME OF ORDER.**

*Voucher **MUST** be used within 5 school days from date of delivery.



EASTER RAFFLE

A huge thank you to everyone who donated items for our Easter Raffle and to everyone who purchased tickets. We raised approximately \$1500 and had 22 impressive prizes.

The lucky winners were;

- | | |
|-----------------------|--------------------------|
| 1st - Ash B | 12th - Audrey H |
| 2nd - Gina Philpott | 13th - Mia-Maria |
| 3rd - Nellie B | 14th - Aria McDonald |
| 4th - Nevaeh M | 15th - D Roberts |
| 5th - Elizabeth T | 16th - Oshiarna Reis |
| 6th - Fiona Lin | 17th - Petersen family |
| 7th - Tammy Towns | 18th - Lucas H 5/6YELLOW |
| 8th - Emma London | 19th - Ayre family |
| 9th - Tairon Smith | 20th - J & S Leclercq |
| 10th - Gillian Bridge | 21st - Noah Betteridge |
| 11th - Levi Aird | 22nd - Isabella Stephens |



EASTER TREATS

Look at some of the amazing Easter treats we had available for the students to purchase from the school canteen last week. Thank you to our amazing canteen managers and volunteers.



SAVE THE DATE - MOTHER'S DAY STALL

The P&C's annual Mother's Day stall will be held on Tuesday 7 May 2024. Gifts, cards and gift bags will be available to purchase with prices ranging from \$1 to \$7.

Any remaining gifts will be available to purchase from the school canteen at first break for the remainder of the week until sold out.





Congratulations to the following Term 1 Week 8, 9 & 10 PBL award winners -

Bronze PBL award (25 PBLs) -

Emily S, Ella L, Nevaeh O, Kianna R, William H, Sophia A, Kaiden L-W, Alexa R, Jackson L, Reuben S, Charlotte W, Steven H, Karlee A, Levi B, Sophie J, Hunter B, Harry M, Jack C, Eva K, Ethan P, Camber C, Isabella J, Layla B, Ellie G, Sasha S, Livia D-B, Patrick G, Ruby L, Megan M G, Roxy F, Mia M, Amelia M, Hannah D-B, Lucas W, Oliver T, Chase J, Rosanna G, Grace A, Phoenix R, Alyiah R, Jai O-C, Charm H, Archer D, Riley B, Maison B, Joziah A, Andrew M, Zachary C, Sienna W, Lyric P, Jax C, Ivy T, Ava R, Cooper W, Thomas B, Sarah C, Mikayla P, Levi B, Kyron D, Jackson F, Alexander D, Adam L, Abigail W, Reneigh L-E, Jasmine W, Hannah M, Willow W, Kayden S, Tyson O, Phoebe M, Marlee G, Ivy W, Indie T, Elijah T, Indi B, Nellie B, Reuben B, Zac B, Marley S, Madison P, Oliver W, Miranda B, Holly S, Diana C, Austin B, Skylah P, Tucker S, Bonnie M, Alarnnah Grace F, Blaige P, Kali S, Kaven K P, Edward M, Zayne T and Jack B.

SAFE ● RESPECTFUL ● RESPONSIBLE

SCHOOL BYTES

We have transitioned smoothly to our new School Bytes finance system.

You can access School Bytes either via the Parent Portal website or via the School Bytes app (NEW).

School Bytes
Parent App
Available now!

Key Features

- Get real time push notifications from your school
- Stay signed in and save your card for secure payments for fees and excursions
- Give consent, sign forms and respond to attendance alerts
- View the school calendar and news

Download on the App Store
GET IT ON Google Play

School Bytes parent portal enables you to view all your children in one portal and process payments for multiple siblings in one transaction.

Once your portal is activated you can use it to give consent for events and process online payments.

To make an online payment -

1. Log into the parent portal – <https://portal.schoolbytes.education/auth/login> or via School Bytes App.

2. Select the statement of account icon.

3. Select the charges to pay.

By default, all the students linked to your account will be displayed, select a student's name to view the charges linked with that student.

If the charge is related to an activity consent must be given before making payment.

4. Confirm or edit the balance to be paid for each charge (if required).

5. Optionally select 'add other item' to add a sundry item (e.g. Year 6 graduation souvenir) that is not linked to the statement of account. When adding a new sundry item, select the relevant student.

6. Select pay now (optionally select pay with saved credit card details if previously saved).

7. Review payment details.

9. Select pay. You will be redirected to a secure Service NSW payment page to enter your credit/debit card details to finalise payment.

10. Payment successful. Click anywhere outside the receipt prompt to return to the parent portal.

A receipt will be automatically emailed to you.

Cash payments can still be made at school. Please note receipts for these cash payments will be emailed to the email address held on file at school. Please contact the school if you need to update your email address.

If you are a parent/carer using an Outlook email address (i.e. @outlook.com, @hotmail.com, @live.com.au) and you're not receiving emails from your child's school sent through School Bytes or if the emails are going to the junk folder you can follow the steps below to add School Bytes to your Outlook safe senders list.

1. From your Outlook home page, select the 'Settings' cog in the top right corner of the menu bar.



2. Select the 'View all Outlook settings' link at the bottom of the panel.



3. Select the 'Junk email' heading.



4. Select the blue '+ Add' button from the 'Safe senders and domains' heading. A text input box will show.



5. Type in the email address — noreply@mail.schoolbytes.education



6. Once the email address has been typed in, press 'Enter' on your keyboard.



7. Select the blue 'Save' button.

Any future emails sent by your child's school through School Bytes will now go directly to your 'Inbox' folder.

Nutrition Snippet

APPLE AND CINNAMON SLICE

Serves: 16 Prep time: 15 mins Cooking time: 25 mins



Ingredients

- ½ cup apple purée
- ½ cup caster sugar
- 2 eggs
- ½ cup reduced-fat natural Greek yoghurt
- 1 tsp ground cinnamon
- 1 cup wholemeal self-raising flour
- 200g tinned apple slices

Method

- Step 1:** Preheat the oven to 180°C. Grease and line a 20cm x 20cm square baking tin.
- Step 2:** Add the apple purée and sugar to a large bowl and whisk until combined.
- Step 3:** Whisk in the eggs, one at a time until combined.
- Step 4:** Add the yoghurt and cinnamon and whisk to combine. Add the flour and gently fold through until combined.
- Step 5:** Spoon the mixture into the prepared tin. Arrange the apple slices on top. Bake for 20-25 minutes, until a skewer inserted in the center comes out clean.
- Step 6:** Stand in tin for 10 minutes before turning out onto a wire rack to cool. Slice and serve.

For this recipe and more visit:
healthylunchbox.com.au



CONNECTING FAMILIES TALKING POINT

Would you rather be able to fly or turn invisible?

MSPS ARE GOING TO GIVE YOU A TOPIC EACH WEEK TO DISCUSS AT YOUR DINNER TABLE, KEEPING FAMILIES CONNECTED

Good for kids
good for life



Recipe: Fried rice salad

Serves: 4
Ingredients:

- 2 tsp vegetable oil
- 1 onion, diced
- 1 red capsicum, diced
- 1 green capsicum, diced
- 1 carrot, diced
- 50g ham
- 4 cups cooked brown rice
- 125g canned corn kernels, drained
- 6 shallots, finely sliced
- 1/4 cup reduced salt soy sauce
- 8 cherry tomatoes, halved



Method:

1. Heat oil in large fry pan over high heat.
2. Saute onion, capsicum, carrot and ham for 3-4 minutes.
3. Add rice, corn, shallots and soy sauce. Sitr fry for 2-3 minutes, mixing well.
4. Transfer to a bowl to cool.
5. Spoon into air-tight containers and top with cherry tomatoes.
6. Store in the fridge until ready to be placed in the lunchbox.
7. Pack in your lunchbox with an ice brick to keep food cool and safe.

Source: SWAP IT (<https://www.swapit.net.au>)

Developed by Hunter New England LHD



HNELHD-GoodForKids@health.nsw.gov.au
<https://goodforkids.nsw.gov.au>



Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.



Free School Holiday Program

Monday 15th April-

The wholesome collective ages 8+

Friday 26th April- Cooking with Malcolm

Monday 22nd April-

Biscuit Decorating

Friday 19th April- Cooking with Malcolm

10am-2pm. Bookings essential

Any enquiries please contact Wanaruah

LALC at

admin@wanaruahlandcouncil.com.au or call

6543 1288



April School Holidays

COST: \$53 per day
AGES: 6 -12 years
TIME: 9:00am - 3:00pm

BOOK NOW



ADDITIONAL INFO: Please remember to bring - water bottle, morning tea, lunch, afternoon tea, enclosed shoes and a hat!

Monday 15th April	Multi Ball sports, tug a war and dodgeball - Active voucher
Tuesday 16th April	Scavenger hunt, Pickleball & team sports - Active voucher
Wednesday 17th April	Young inventor day - Science experiments, STEM activities and paper aeroplane making - Creative voucher
Thursday 18th April	Tie Dye, Puzzles and indoor games - Creative voucher
Friday 19th April	Mini Olympics, indoor soccer & sack races - Active voucher
Monday 22nd April	Cupcake decorating, Jewellery making & board games - Creative Voucher
Tuesday 23rd April	Messy Day - Dress in your 'messiest' mixed matched outfit, Slime making and outdoor painting fun - Creative voucher
Wednesday 24th April	Gymnastics workshop, indoor soccer and ball games - Active Voucher
Thursday 25th April	CLUB CLOSED - PUBLIC HOLIDAY
Friday 26th April	Disco Party Day - A fun day of karaoke, Disco and Party games

CONTACT US:
 Ph: (02) 6541 1434 Email : muswellbrook@pcycnsw.org.au

PCYC | MUSWELLBROOK
 IS LIFE CHANGING



DATE: THURSDAY 4TH APRIL
VENUE: MHS HALL
TIME: 3:30PM - 5PM
WHO: EVERYONE IS WELCOME

FREE ENTRY
 Free Sausage sizzle
 Free merchandise

Variety of local services will be attending:
 Employment Agencies, NDIS Supports, Early Childhood Supports, Health Supports, OT, Speech Therapists, Community Supports and local Service Providers



More Information contact: Sarah Doyle
 muswellbro-h.school@det.nsw.edu.au
 65431033

PARENTS NOT PARTNERS

Circle of Security is a program designed for parents and carers of children aged 0-12 years who want to strengthen the bonds with their children and would like support to help their children to build secure relationships.

Participants are encouraged to look beyond their children's behaviour to identify and respond to the emotional needs to help prevent issues in the family.

Over the course of the program, participants gain a new understanding of how they can strengthen the bonds with their children, in turn helping them to feel secure.

Throughout this program, participants will:

- Understand their child's emotional world
- Learn to 'read' their child's emotional needs
- Support their child's ability to successfully manage their emotions
- Enhance the development of their child's self-esteem



Bookings essential
Pre Payment Required
 1800 473 528

MONDAYS
 10:30 AM - 12:30 PM
 From 13 May to
 24 June 2024

6 sessions to be attended at:
 2/160 Bridge Street,
 Muswellbrook

Cost: \$150 or \$90 concession

interrelate
 relationship experts since 1928



swop
 everyday in the lunchbox

Top Nutrition = Top Marks

Welcome to SWAP IT!

SWAP IT supports you to make informed choices about your child's health and wellbeing. Good nutrition leads to greater wellbeing for your child and can even have a positive impact on how well they do in class.

One swap from a sometimes food to an everyday food can make a big difference.

Here are some great ideas you can swap today:

- Cake to scone.
- Chips to popcorn.
- Juice to plain milk.

SWAP FROM



Chocolate cake



SWAP TO



Fruit scone

You will receive weekly tips and ideas about healthy swaps you can make!

For more tips on making a swap visit: www.swapit.net.au/swaps

Term 1 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Apr Wk 10	1 EASTER MONDAY PUBLIC HOLIDAY	2	3	4 ES1 Sport Whole School Assembly 1pm	5 MBK SHIRE HALF DAY PUBLIC HOLIDAY (SCHOOL CLOSED FROM 12PM)
Apr Wk 11	8 Year 6 Sport K-6 League Star Program	9 Year 5 Sport K-6 League Star Program Stage 1 Sport Stage 2 Sport	10 SRC Fundraiser - Come dressed as a teacher	11 ES1 Sport	12 SISA

Term 2 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
April Wk 1	29 STAFF DEVELOPMENT DAY	30 STUDENTS RETURN SCHOOL ANZAC DAY CEREMONY	1	2	3 Zone Touch Football Trials
May Wk 2	6 MHS CAPA Road Show 1pm Star Struck rehearsal	7 Hunter Golf Trials Mother's Day Stall	8 Zone Netball Trials	9 Mother's Day Afternoon Tea 2pm	10 ZONE CROSS COUNTRY

Organic matter in your red lid bin contributes to:

- Greenhouse gas emissions
- Risk of pollution of air, soil and water
- Risk of health hazards to humans and animals
- More resources used
- More space needed for landfill

Organic matter in your FOGO bin contributes to:

- Compost that enhances soil structure and quality
- Better soil structure that prevents runoff to waterways
- Better products for local farmers to grow healthy food
- Better sporting fields, parks and gardens
- Better land rehabilitation

From July 2024

To find out more about why we are going FOGO visit www.muswellbrook.nsw.gov.au/fogo

muswellbrook shire council

FOGO IS COMING JULY 2024!

What is FOGO?

Food Organics Garden Organics (FOGO) is a residential kerbside collection service where food is added to the existing green lid bin so it can be recycled into valuable compost instead of being sent to landfill.

BEFORE the service starts, you'll get a kitchen caddy, compostable bags, and info pack.

AFTER the service starts, you can use your green lid bin for both food and garden organics. Green lid FOGO bins will change to weekly collections and red lid bins will be collected fortnightly.