

# MUSWELLBROOK SOUTH PUBLIC SCHOOL

## Newsletter

Wednesday 21 February 2024

Term 1 Week 4



Green Team - Welcome back



Tennis Australia clinic



Sport in Schools Australia

## PRINCIPAL'S MESSAGE

### Core expectations

At the moment, all our classes are in the process of establishing effective learning routines and defining clear expectations about behaviour in the classroom and the playground. We believe that it's crucial that we explain, in detail, what is expected at school. This gives us a strong foundation to fall back on when things don't go to plan. When students inevitably do slip up and don't meet our expectations, we take the time to revise those expectations and discuss the associated behaviours. For example, if students are calling out in class, teachers will reteach how to ask a question in a respectful way that doesn't interfere with learning. Teachers will then practise the skill and acknowledge when students are demonstrating the expected behaviours. After a short period of adjustment, these new behaviours become the norm and learning is maximised.

Our core expectations are:

- **Be respectful** – speak politely, be kind, look after others' property
- **Be responsible** - we are here to learn, follow instructions, be in the right place at the right time
- **Be safe** – keep your hands and feet to yourself

Over the following weeks, teachers will be running lessons to teach these expectations to all students. Please support us by continuing the conversations at home.

### Demonstrating respect through our uniform

We believe strongly in teaching our students the importance of respect. We model respectful behaviour every day in every interaction we have with members of our school community. We expect that our students behave in respectful ways to each other, to teachers and to members of the community.

- *Principal's report continued on page 2...*



# MUSWELLBROOK SOUTH PUBLIC SCHOOL

57 Maitland Street Muswellbrook NSW 2333

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- Principal's report continued from page 1...

We do this because we believe that respectful behaviours build strong positive relationships, which in turn, create a sense of belonging and connection that is critical for successful learning and pivotal in creating the kind of world we want to live in.

One of the ways that we believe our students can show respect for the school and themselves is through wearing their uniform proudly. Our uniform connects students to our school, helping to create unity and strengthening belonging. It's also comfortable, looks great and is reasonably priced. Much time and effort has been spent refining our uniform to meet the needs of parents and students. Please support us in setting high expectations and creating a cohesive school environment by ensuring your child wears full school uniform to school each day, including their hat. We want as many students up on the oval as possible, running around having fun. To do so, they need their hat.

If for any reason you are having trouble with outfitting your children in uniform, please come in and speak to us. We are more than happy to help out.

*Glen Kite - Principal*

# SCHOOL PHOTO DAY

## Muswellbrook South Public School

Day of Photography

# 20/03/2024

1. Please wear your full school uniform
2. Please place your order online before the day of photography  
- Go to **[www.advancedlife.com.au](http://www.advancedlife.com.au)** and enter this code:  
**98F 7K4 GCV**
3. Payment can be made using Visa, Mastercard or PayPal
4. If you are unable to order online, please hand your completed order envelope directly to the photographers on the day of photography

If you have any queries concerning school photographs and ordering, please contact **advancedlife** directly:  
**[www.advancedlife.com.au/contact](http://www.advancedlife.com.au/contact)**

# - KRED NEWS -

KRED started the term by setting our class expectations and promising to follow them by adding our coloured salt promises into a jar. Each student took a turn to make a promise to make green choices in KRED. This was a big hit and the children loved the action of using chalk to colour in the salt.

We have been learning each other's names and enjoying play breaks in our school. KRED have started strong in English, learning initial sounds and practising how to write and say each letter's sound. In Mathematics we have begun exploring patterns and seeing small numbers within larger numbers.

Look at us working hard!

*Mrs McClean - Classroom Teacher*





## SPORT IN SCHOOLS AUSTRALIA (SISA)



# - 6RED NEWS -

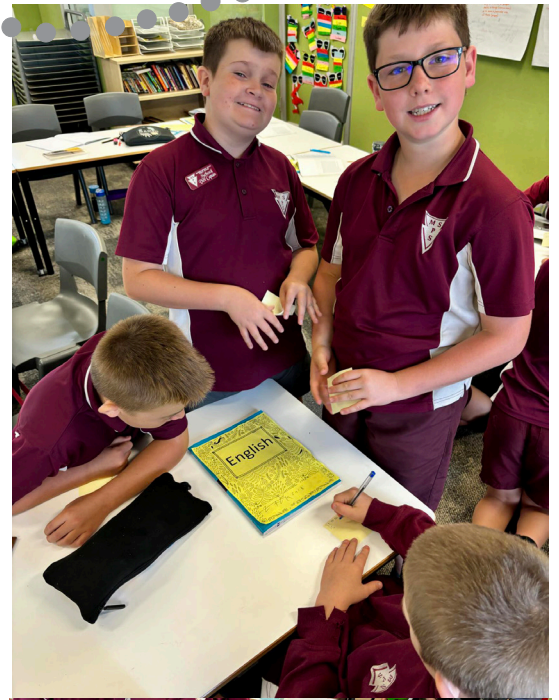
Welcome to 2024. 6RED have started the year well. We have been busy getting into our new units. In English we have been reading and exploring the novel 'Storm Boy'. Students are engaging in this well. Maths has been focused on decimals thus far.

As a class we enjoy our brain breaks of 'silent ball' (not so silent) and fitness on the oval.

PDHPE - we have been looking at our strengths and how these can benefit us in both the classroom and playground.

As a class we are all very excited to see where the year takes us and all the possibilities that may arise.

*Mrs Pryke - Classroom Teacher*



# IMPORTANT INFORMATION

## MEDICAL CONDITIONS AND ASTHMA PLANS

We are currently completing our annual review of student's medical details.

If a child is diagnosed with a new medical condition or their current condition is changed, a parent / carer must contact the school office ASAP.

Forms may need to be completed and an appointment made with Mr Kite to complete required DET documents.

Children diagnosed with Asthma need to have a current Asthma Action Plan from a doctor.

*"Remember, your asthma changes over time so your plan should be reviewed at least once a year to make sure it's still useful"* - [asthmaaustralia.org.au](http://asthmaaustralia.org.au)

The Asthma Foundation policy is that every student who has, or has had asthma needs an action plan from their doctor. Action plans must be reviewed by a doctor every 12 months.

Please hand Asthma Action Plans, reliever puffers and spacers to the front office. Other documents may need to be completed with the school.

New 'request to administer medication' forms will need to be completed for each individual having prescribed medication or asthma puffers at school.

Please be proactive when requested to provide or complete forms.

Thanking you in advance for your cooperation with this important matter.

## FINANCIAL SUPPORT FOR YOUR CHILD

Statement of Accounts for voluntary school contributions were emailed to families last week.

The voluntary school contribution is \$25 per child. These are voluntary but form a vital part of our school budget and help provide resources and a variety of opportunities at MSPS.

Payments can be made online (following email link) or accessing your School Bytes portal.

Alternatively, payment can be made at the school office by cash or EFTPOS between 9am and 3pm daily.

If you have not received a Statement of Account via email, please contact the school office to confirm your email address.

We look forward to the support of all our families at Muswellbrook South.

## SCHOOL NEWSLETTERS

Our school newsletter is published each fortnight and can be found on our school website -

<https://muswellbrs-p.schools.nsw.gov.au/newsletter.html> It is also saved on the Sentral Parent Portal app.

Our school newsletter can be emailed to families. Please contact the school office on 0265 431 896 if you would like to be added to the newsletter distribution list. Unfortunately our newsletter is no longer printed.

## MSPS SCHOOL SPORTS DAYS

During Term 1 sport will be held on the following days -

Early Stage 1 - Thursdays

Stage 1 (Year 1 & 2) - Tuesdays

Stage 2 (Year 3 & 4) - Tuesdays

**PLEASE NOTE CHANGE OF DAY FOR STAGE 3 STUDENTS -**

Year 5 - Tuesdays

Year 6 - Mondays



## IMPORTANT INFORMATION REGARDING BUS TRAVEL

Just a reminder that all students K-2 must apply for a bus pass to be entitled to FREE travel.

All students who travel without a bus pass must pay a fare of \$1.00 per trip in town or \$2.00 per trip out of town or travel may be refused.

# IMPORTANT INFORMATION

## Code of conduct for school students on buses

It is every student's responsibility to behave in a manner that ensures the safety and comfort of passengers and drivers. This includes:

### Behaviour on buses

- Use appropriate language not offensive or racist language.
- Fighting, spitting, feet on seats, throwing things in or from the bus is not permitted.
- No eating or drinking (other than water) - unless for medical reasons or the bus operator gives written permission.
- Offer seats to adults including people with a disability, elderly or expectant mothers.
- Do not push or shove other people.
- Do not bully or harass other passengers or the driver.
- Avoid attracting the attention of the driver except in the case of emergency.
- Do not play music at such volume that it may distract the bus driver or other passengers.

### Safety on and near buses

- Obey reasonable directions from the driver (e.g. where to sit or to remain in the bus).
- Remain in your seat - do not move around the bus unnecessarily.
- If standing, remain behind the front passenger seat and keep a secure hand hold at all times.
- Keep bags and other items clear of the aisle.
- Do not allow any part of your body to protrude out of the bus at any time.
- Wait for the bus in a quiet and orderly manner - including at bus interchanges.
- Stand away from the roadside until the bus comes to a complete stop.
- Allow other passengers to leave the bus before stepping onto the bus in a single line.
- Wait until the bus stops before moving to get off the bus at your designated stop.
- Cross the road where and when it's safe to do so, use crossings/traffic lights where available.

### Legal considerations on buses

- Wear the seat belt properly adjusted and fastened, if one is available.
- Obey the law that bans smoking on buses.
- Ensure that buses are not vandalised - report any damage, e.g. graffiti and window etching, to the driver.
- Do not interfere with bus property, equipment and signage.
- Do not leave rubbish on the bus, or at bus stops or interchanges.

### Using bus passes:

- Show travel passes or tickets to the driver on boarding and to Authorised Revenue Protection Officers, NSW Police Officers or bus company representative when requested.
- Use the travel pass only for its intended purpose - do not lend your pass to other students or borrow a pass from them.

Disobeying these rules may lead to the withdrawal of bus travel passes, banning students from travelling on buses and/or police prosecution and court action.

## Bus Stop Safety

Students are reminded to be safe and responsible when waiting at bus stops of a morning. Students and a supervising parent should get to the bus stop five minutes before the bus is due to arrive.

When waiting for the bus children should not run or play around near the bus stop and in people's yards. This includes not playing with or kicking balls.

Children shouldn't play on the road or attempt to approach the bus until it has completely stopped.

Students need to stand well back from the kerb as the bus pulls in and be sure that the bus driver can see you and you can see the driver.



## Be Bus Aware Campaign Bus Safety Week

Term 1 2024 from Monday 20 February 2024 – Sunday 26 February 2024



### Key Messages

#### Pedestrians

- Plan ahead and don't rush for the bus.
- Stand back from the kerb and hail the bus with plenty of notice.
- Stay alert, obey signs and signals and cross the road with care.
- Wait until the bus has gone and find a safe place to cross the road, ideally a pedestrian crossing or traffic lights. If these aren't available, use a pedestrian refuge, or other place where you have good visibility. At a pedestrian refuge, wait for cars to pass and look left and right continuously as you cross.
- Buses are heavy vehicles and can't stop quickly. Don't step out in front of buses.
- Buses have blind spots in front, at the back and at the sides. If you can't see a bus's mirrors, the driver can't see you.
- Zero Emission Buses can be quieter than traditional buses, so remember to always stay alert when walking around buses and traffic.

#### Parents and Carers

- You are responsible for getting your child to and from the bus stop safely.
- When travelling by bus, your child is most at risk in the minutes after they get off the bus.
- Always supervise your child and hold their hand when walking to and from the bus stop and when crossing the road, until they are at least 10 years old.
- Meet your child at the designated stop time on the same side of the road as the bus stop –never call your child across the road.
- Remind your children to always **wait until the bus has gone before choosing a safe place to cross the road**
- Talk to your children about Stop! Look! Listen! Think! every time they cross the road:
- Stop one step back from the kerb
- Look continuously both ways
- Listen for the sounds of approaching traffic
- Think whether it is safe to cross and keep checking until safely across.

For more information visit: <https://roadsafety.transport.nsw.gov.au/campaigns/be-bus-aware/bus-flashing-lights.html>

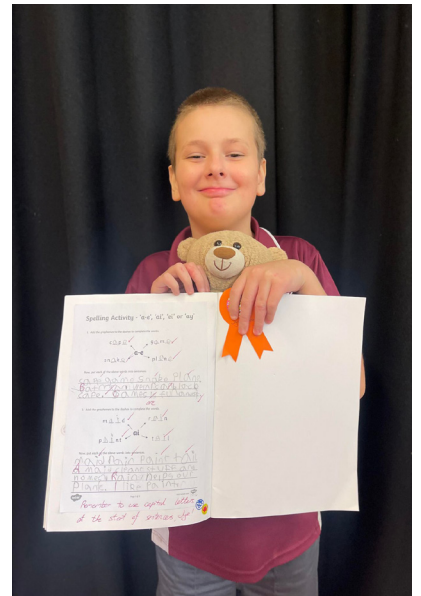
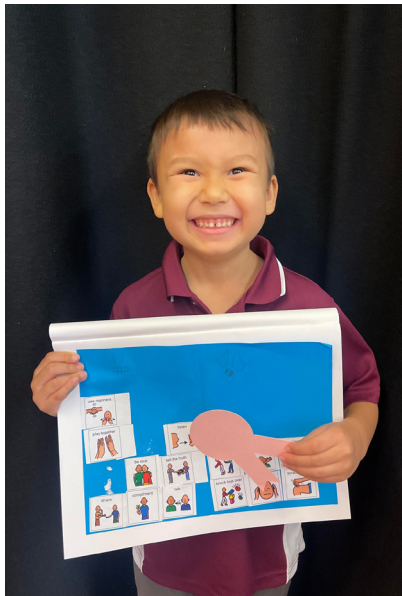
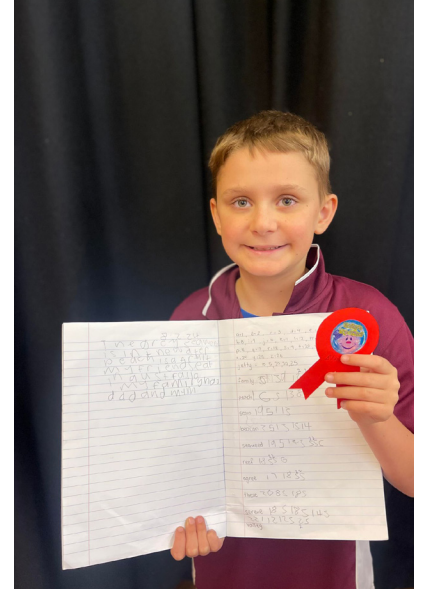
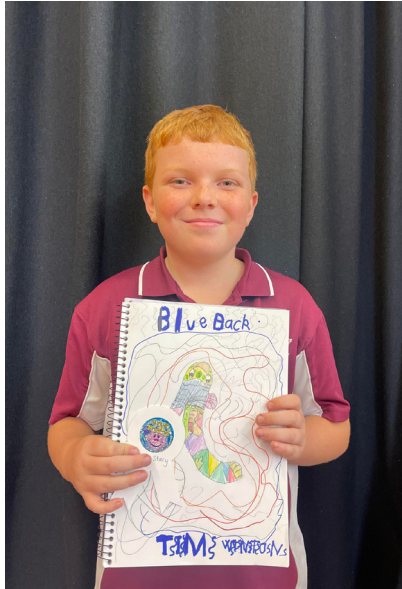


# SUPPORT & INCLUSION TENNIS

Muswellbrook South Public School was selected by Tennis Australia to receive some specialised tennis coaching for our students in Support and Inclusion. We received equipment, including a range of tennis balls, nets and racquets as well as time with a professional coach, Chris Herden, who has been introducing tennis to our students. Chris, with the support of Tennis Australia, also offers Hot Shots tennis classes for all ages and abilities in Muswellbrook. Give him a call on 0400331553 if you are interested in the Hot Shots program.



# ★ SUPPORT ★ WORKERS OF THE WEEK



## GREEN TEAM NEWS

### RETURN AND EARN

Our school environment and sustainability group, The Green Team, is continuing to recycle plastic bottles, cans and cartons through the Return and Earn initiative. Red bins are placed throughout the playground in which students place their recyclable drink bottles, cartons and poppers. Each week, members of the Green Team collect the bottles then staff members take them to the local Return & Earn depots. All money raised goes towards other Green Team initiatives and programs.



# GREEN TEAM NEWS

The Green Team is back into full swing with our students planting seeds and seedlings, and helping to maintain the chicken coop including gathering the eggs.

All classes have begun collecting food scraps for our worms and compost areas and are eager to see how much we can earn this year through the Return and Earn program.

It's going to be another fun and busy year!



## Organic matter in your red lid bin contributes to:

- Greenhouse gas emissions
- Risk of pollution of air, soil and water
- Risk of health hazards to humans and animals
- More resources used
- More space needed for landfill



## Organic matter in your FOGO bin contributes to:

- Compost that enhances soil structure and quality
- Better soil structure that prevents runoff to waterways
- Better products for local farmers to grow healthy food
- Better sporting fields, parks and gardens
- Better land rehabilitation



To find out more about why we are going **FOGO** visit [www.muswellbrook.nsw.gov.au/fogo](http://www.muswellbrook.nsw.gov.au/fogo)



Friday 16 February 2024

### League Stars 2024

Dear Parent/Carer,

National Rugby League Australia have designed a League Stars program intended for students, giving them the opportunity to participate in a fun and exciting non-contact skills program. The League Stars program encourages high involvement for all ages and abilities, delivered by qualified game development staff. The aim of this program is to develop the skills, knowledge, confidence, and motivation to students while promoting the benefits of living active and healthy lives.

The League Stars Program will run every Monday and Tuesday for 5 weeks, with each class attending 1 session per week. The League Stars coaches will begin their coaching sessions on Monday 26 February until Tuesday 9 April.

Muswellbrook South Public School have generously decided to cover the cost of the League Stars program. The program will be free for all students across K-6 to attend including Support and Inclusion classes.

**Who:** K-6

**Where:** School

**When:** Session will run Monday and Tuesday in weeks 5/6/7/8/9/11

**Cost:** Free

**What to bring:** Students are to wear their sports uniform. Please ensure they bring their hat, and a water bottle.

**INSURANCE:** Parents please note there is no personal injury insurance cover provided by the NSW Department of Education and Training for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, zone, area and state school associations when deciding whether additional insurance cover, above that provided by Medicare, is required.

Please keep this information page as a reminder for what to bring and the days that this program will be running.

Regards,

Emma Cuthbert

Sports Coordinator

Glen Kite

Principal



# P&C NEWS



## IMPORTANT DATES

### P&C Meeting Dates 2024

*3rd Tuesday of every month (during school term) - 6.30pm*

20 February	19 March (AGM)	21 May
18 June	20 August	17 September
15 October	19 November	

### **MSPS PARENTS & CITIZENS (P&C) AGM MEETING - TUESDAY 19 MARCH 2024**

MSPS P&C Annual General Meeting (AGM) is being held on Tuesday 19 March 2024. P&C meetings are held on the third Tuesday of the month (during school terms) at 6.30pm in the school library.

Joining the P&C is a great way to be kept informed and to contribute to your child's education. Your contribution can be as small or as large as you can manage.

It is a great opportunity to help in school decision making and to help shape the future.

We look forward to seeing some new faces attend.

### **MSPS UNIFORM SHOP**

The Uniform Shop is open every Monday and Wednesday from 9.30am to 12pm. Adults can purchase items from the uniform shop, orders can be sent in an envelope with cash, or orders can be placed online via Munch Monitor. Once your uniform shop order has been processed a staff member will contact you to organise a suitable time to collect or it can be sent home with your child.

The Uniform Shop/canteen accepts cash, cheque and EFTPOS payments from parents over the phone. Layby system is also available. No items can be taken without full payment.

### **CANTEEN NEWS**

**The school canteen is open from 9am to 2.15pm. It is open every day for 1st break and 2nd break.**

Lunch orders can be placed online via Munch Monitor or students can hand them in at the canteen window before 10am. Lunch orders must be handed to the canteen before 10am with child's name and class clearly marked on the lunch bag. No hot food lunch orders will be taken after this time for 1st break.

### **CANTEEN VOLUNTEERS REQUIRED**

Our school canteen requires more volunteers. If we can't get more volunteers the canteen is at risk of closing some days. The kids love seeing Mums, Dads, Grandparents, Aunts & Uncles helping out in the canteen. Grab a friend and make a day of it.

If you are interested and available to help out in the canteen please call in or phone Gina.

We are looking forward to another great year.

### **PIZZAS AVAILABLE!**

Hawaiian and Meatlovers mini pizza's are available from the school canteen - \$4 each.

### **MUNCH MONITOR**

Please ensure you update your child's class on Munch Monitor. Your child's class must be updated from "update", "K2023" or "NEW2023" before you place an online order otherwise you risk your child's lunch being misplaced in the wrong class group.

# P&C NEWS

## BIRTHDAY BUCKETS

Does your child have a birthday coming up?

**NOW AVAILABLE FROM THE SCHOOL CANTEEN**

**- Birthday Buckets - \$17.00**

Your child will receive one of these birthday buckets delivered to their classroom with an ice block for each student in their class.

Your Birthday child will also receive a balloon (pictured) to keep and a \$2.50 canteen voucher to purchase anything of their choice to the value of \$2.50.

Please give at least 24 hours notice and **PAYMENT MUST BE MADE AT TIME OF ORDER.**

\*Voucher **MUST** be used within 5 school days from date of delivery.



## EASTER RAFFLE TICKETS

P&C Easter Raffle tickets will be sent home with students this week.

The raffle will be drawn on Tuesday 26 March 2024.

Please return all tickets and money by Monday 25 March 2024.

If you require extra tickets please phone the school office and some will be sent home.

The P&C are currently gathering donations for the raffle.

Please drop any Easter egg donations in to the school office by Monday 18 March 2024. Thank you very much for your support.



**Easter egg hampers  
TICKETS \$1 each**

**Drawn on  
Tuesday 26 March 2024**

**Please return all tickets and  
money to the school office by  
Monday 25 March**

**P&C  
Easter  
EGG  
STRAVAGANZA**

**Donations required**

**Donations Required**

**Donations required**

**Donations required**

**Donations required**

**The P&C is currently organising an  
Easter Egg Raffle and needs your help!  
If you are able to donate any Easter  
Eggs or other items for our Easter  
Raffle, please bring them to the school  
office. Thank you!**

# P&C NEWS

Muswellbrook South Public School P&C has started the year on a high receiving the exciting news that they were successful in receiving a grant from the 2024 Country Arts Support Program (CASP). The grant will go towards funding Musica Viva - Colours of Home performances in Term 2.



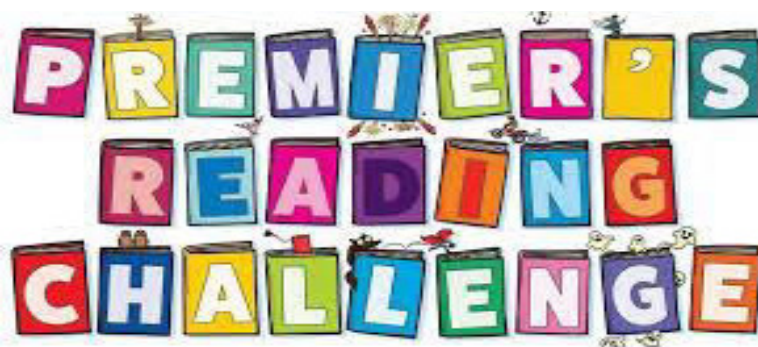
Colours of Home invites students into the vibrant world of oboist Celia Craig, who experiences Chromesthesia - where sound evokes an involuntary experience of colour. Celia joins forces with guitarist Caspar Hawksley to deepen students' understanding of music through colour and mood. This exciting combination features a rich musical palette inspired by landscapes and personal connections to place, giving students the tools to create music based on their own unique worldview. The students are looking forward to the performance in Term 2.

A huge thank you to Arts Upper Hunter for your support and our hard-working P&C who work tirelessly to help fund resources and programs for our students.

**arts** UPPER HUNTER



*Right: MSPS P&C Treasurer Rachel Smith, presenting a cheque to MSPS Principal, Mr Kite. The funds will go towards Musica Viva performances in Term 2.*



The NSW Premier's Reading Challenge will commence on **Monday 26 February**.

Notes were sent home last week, with the youngest child, explaining what the Challenge is all about.

You will need to fill out the names and class of the children completing the challenge. We would love to see all the children who completed the Challenge last year to take up the Challenge again and welcome any new children who would like to start the Challenge for the first time.

Children in Kindergarten, Year 1 and Year 2 can either read their books on their own or have the books read to them. Children in Stage 2 and Stage 3 have to read the books on their own.

To complete the challenge successfully and receive a certificate your child needs to read a set amount of books in the time period, specifically selected from the New South Wales Premier's Reading Challenge List. The school library has all the Premier's Reading books that children can borrow. Once you have registered your child's interest, a reading log sheet will be sent home in a plastic sleeve. All Premier's reading sheets will be entered on line by the school. **Reading log sheets need to be completed and returned to school by Friday 23 August.**

If your reading log sheet has a little misadventure, don't worry, we have plenty of spares.

If you have any questions about the reading challenge please call the school on 0265 431 896.



## NSW PREMIER’S READING CHALLENGE - 2024

The Premier’s Reading Challenge is a special initiative of the Premier of NSW presented by the NSW Department of Education to foster a love of literature and to encourage children to read widely. There are three sections.

1. **K - 2:** for students in Kindergarten, Year 1 and Year 2
2. **3 - 4 :** for students in Year 3 and Year 4
3. **5 - 6 :** for students in Year 5 and Year 6

The Premier’s Reading Challenge for 2024 will run from **Monday 26 February, 2024 until Friday 23 August, 2024.** To complete the challenge successfully and receive a certificate your child needs to read a set amount of books in this time period that have been specially selected from the New South Wales Premier’s Reading Challenge List. For K – 2 students the challenge is to experience 30 books. This can mean listening to a book, participating in a shared reading of the book or reading this book independently. For the 3 – 4 and 5 – 6 students the challenge is to read 20 books independently. Please return the form below no later than **Wednesday 21 February, 2024.** There will be more information to follow once we are registered. Please return the slip below to the library or your class teacher. All Student Reading Records will be submitted online by the school.

### NSW Premier’s Reading Challenge 2024

Please return to your child’s teacher or library by Wednesday 21 February.

CHILD’S NAME \_\_\_\_\_ CLASS \_\_\_\_\_

\_\_\_\_\_ CLASS \_\_\_\_\_

\_\_\_\_\_ CLASS \_\_\_\_\_



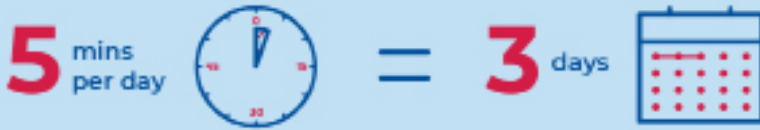


# Minutes lost = days lost per year

A couple of minutes here and there doesn't seem like much, but...

When your child misses just...

they miss days per year



Patterns of lateness can have a serious impact on your child's education.

# Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life



NSW Department of Education

# Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Make friends



Build skills through fun

## SCHOOL BYTES

We have transitioned smoothly to our new School Bytes finance system.

You can access School Bytes either via the Parent Portal website or via the School Bytes app (NEW).



The graphic features a dark blue background with the School Bytes logo (a cube icon) and the text 'School Bytes Parent App Available now!' in white and light blue. A central smartphone displays the app's interface, surrounded by circular icons representing various features: a calendar, a credit card, a document with a checkmark, a bell for notifications, a group of people, and a Wi-Fi signal. Below the phone, there are buttons for 'GET IT ON THE App Store' and 'GET IT ON Google Play'. A 'Key Features' box on the left lists the following:

- Get real time push notifications from your school
- Stay signed in and save your card for secure payments for fees and excursions
- Give consent, sign forms and respond to attendance alerts
- View the school calendar and news

School Bytes parent portal enables you to view all your children in one portal and process payments for multiple siblings in one transaction.

Once your portal is activated you can use it to give consent for events and process online payments.

### To make an online payment -

1. Log into the parent portal – <https://portal.schoolbytes.education/auth/login> or via School Bytes App.

2. Select the statement of account icon.

3. Select the charges to pay.

By default, all the students linked to your account will be displayed, select a student's name to view the charges linked with that student.

If the charge is related to an activity consent must be given before making payment.

4. Confirm or edit the balance to be paid for each charge (if required).

5. Optionally select 'add other item' to add a sundry item (e.g. Year 6 graduation souvenir) that is not linked to the statement of account. When adding a new sundry item, select the relevant student.

6. Select pay now (optionally select pay with saved credit card details if previously saved).

7. Review payment details.

9. Select pay. You will be redirected to a secure Service NSW payment page to enter your credit/debit card details to finalise payment.

10. Payment successful. Click anywhere outside the receipt prompt to return to the parent portal.

A receipt will be automatically emailed to you.

Cash payments can still be made at school. Please note receipts for these cash payments will be emailed to the email address held on file at school. Please contact the school if you need to update your email address.

If you are a parent/carer using an Outlook email address (i.e. @outlook.com, @hotmail.com, @live.com.au) and you're not receiving emails from your child's school sent through School Bytes or if the emails are going to the junk folder you can follow the steps below to add School Bytes to your Outlook safe senders list.

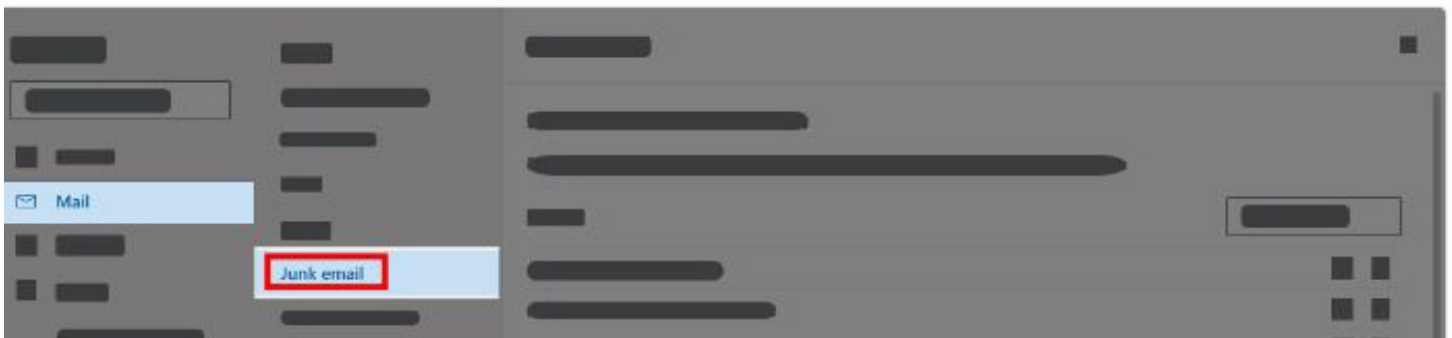
1. From your Outlook home page, select the 'Settings' cog in the top right corner of the menu bar.



2. Select the 'View all Outlook settings' link at the bottom of the panel.



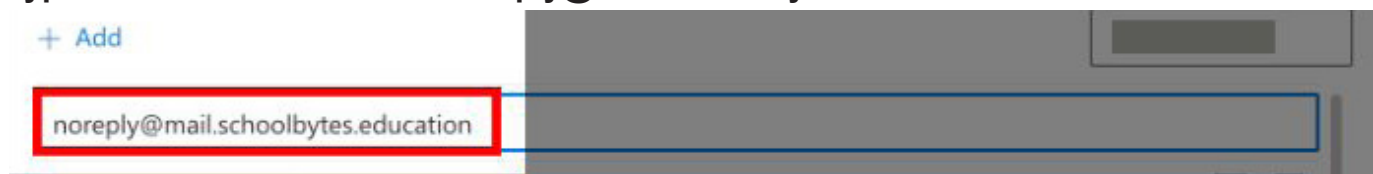
3. Select the 'Junk email' heading.



4. Select the blue '+ Add' button from the 'Safe senders and domains' heading. A text input box will show.



5. Type in the email address — noreply@mail.schoolbytes.education



6. Once the email address has been typed in, press 'Enter' on your keyboard.



7. Select the blue 'Save' button.

Any future emails sent by your child's school through School Bytes will now go directly to your 'Inbox' folder.

## Sunsmart Snippet

### 6 tips for staying SunSmart this summer:

1. Learn to understand the UV index;
2. Slip on sun protective clothing;
3. Slap on SPF 30 (or higher) broad-spectrum, water-resistant sunscreen
4. Slap on a SunSmart hat
5. Seek shade
6. Slide on wrap-around sunglasses



[sunsmartnsw.com.au](http://sunsmartnsw.com.au)



## CONNECTING FAMILIES TALKING POINT

*What are you most proud of?*

MSPS ARE GOING TO GIVE YOU A TOPIC EACH WEEK TO DISCUSS AT YOUR DINNER TABLE, KEEPING FAMILIES CONNECTED

MUSWELLBROOK'S

DISABILITY

**EXP**

**2024**

DATE: THURSDAY 4TH APRIL  
VENUE: MHS HALL  
TIME: 3:30PM - 5PM  
WHO: EVERYONE IS WELCOME

FREE ENTRY  
Free Sausage sizzle  
Free merchandise

Variety of local services will be attending:  
Employment Agencies, NDIS Supports, Early Childhood Supports, Health Supports, OT, Speech Therapists, Community Supports and local Service Providers



More Information contact: Sarah Doyle  
[muswellbro-h.school@det.nsw.edu.au](mailto:muswellbro-h.school@det.nsw.edu.au)  
65431033

## Towarrri Physie

Dance  
Acceptance  
Strive

Classes from  
2yrs to Ladies

Muswellbrook  
Classes  
resume  
19th February



Come See and Try



## 2024 NAIDOC Art Competition



**KEEP THE FIRE BURNING! BLAK, LOUD AND PROUD**

7-14 JULY 2024

## Prizes Include

Winners art work from the open category will be printed on shirts

Primary 1st place \$50 gift card

Primary 2nd place \$30 gift card

\*\* Kindergarten - Year 6

Open 1st place \$200 Eftpos Card

Open 2nd place \$100 Eftpos Card

\*\* Open - Year 7-12 & Adults

This competition is open to the community, art work entries need to reflect the 2024 NAIDOC theme 'Keep the Fire Burning! Blak, Loud and Proud'. All entries must be delivered to the Wanaruah LALC at 19 Maitland Street Muswellbrook by Friday 12th of April 2024 by 4pm. For more information please contact us at [admin@wanaruahlandcouncil.com.au](mailto:admin@wanaruahlandcouncil.com.au) or phone 6543 1288



## Afternoon Program Muswellbrook

Aboriginal dance workshop & Cultural mentoring

Location: Stan Thies Building Victoria Park Muswellbrook

Days: Thursday Starts 22nd February

Time: 4-5pm

FREE Program | Afternoon Tea Provided | All Welcome

Email: [admin@waagangalga.com](mailto:admin@waagangalga.com) | Follow us!



## Come & Try Rugby League



**Tuesday 12th March 2024**  
4-5pm

Olympic Park Muswellbrook

U6-17 year old boys and girls

- Come try your hand at catching, passing, tagging and tackling.
- Meet the coaches.
- Lots of Fun Rugby League Skill-based games.
- Help with club registrations while the kids play!



## Registrations Now Open



## Be a Ram in 2024

What is on offer?

U6s Mixed League Tag

U7s Mixed TackleReady

U8-12s Mixed Tackle

U11-17s Girls Tackle

U13-16s Boys Tackle

U12-16s Girls League Tag

### SEASON LAUNCH

Saturday 9th March 2024

10am-2pm

Free Sausage Sizzle - Jumping Castle - Inflatable Putt Putt - Fairy Floss - Face Painting - Raffles - Prizes and Lots of Fun Activities

For more information, contact:

Felicity Attkins - Club Secretary

Phone: 0477 149 143

Email: [muswellbrookjuniorrams@gmail.com](mailto:muswellbrookjuniorrams@gmail.com)

## Girls Day Out

WOMEN IN SPORT

**IS TAKING ON MUSWELLBROOK  
MARCH 2ND AT OLYMPIC PARK**

The Girls Day Out Program is a fun day for girls aged 5-16 years to come and try a new sport, meet their sporting heroes and make new friends!

On Saturday 2nd March we are heading to Olympic Oval from 9am - 2pm where you can try some of the following sports:

- Rugby League with the Newcastle Knights
- Football (Soccer) with leading Premier League Women players
- Cheerleading with All Star Coaches
- AFL with the Sydney Swans
- Netball with Hunter Netball players

Clinics are only \$5 per sport and are jam-packed full of fun! Each child will receive a tote bag at check in with awesome goodies from our sponsors.

A huge thank you to NSW Mining for powering this event and supporting young girls participating in sports in the Muswellbrook community.

Tickets are on sale via our website from 7pm on 16th of February - grab a friend & book yours now.  
[www.girlsdayout.com.au](http://www.girlsdayout.com.au)



[@](#) [f](#) [in](#) [girlsdayoutwomeninsport](http://girlsdayoutwomeninsport)

"A BRAVE HEART IS YOUR BEST WEAPON..."

hunter drama

# THE JUNGLE BOOK

A PLAY ADAPTED BY MONICA FLORY  
FROM THE STORIES OF RUDYARD KIPLING

**APRIL 18th-27th 2024**

TICKETS AVAILABLE AT [WWW.CIVICTHEATRENEWCASTLE.COM.AU](http://WWW.CIVICTHEATRENEWCASTLE.COM.AU)  
AN AMATEUR PRODUCTION BY ARRANGEMENT WITH ORIGIN™ THEATRICAL, ON BEHALF OF PLAYSRIPTS INC.



## A fresh start for the new year

Our school is proud to be a SWAP IT school- encouraging students to eat everyday foods to help them grow, learn and play! Start the year strong by packing lunchboxes full of everyday foods and drinks.

### What's in an everyday lunchbox?

- **Veg & Fruit Break:** Fresh vegetables or fruit
- **Recess:** Vegetables or fruit and one other everyday snack e.g. air-popped popcorn, reduced fat yoghurt, rice crackers
- **Lunch:** A sandwich, wrap, roll or alternative such as pasta salad
- **Drink:** Water and/or plain milk
- **Something to keep the lunchbox cool:** e.g. an ice brick

An everyday lunchbox gives kids energy to learn and play all day at school.



# Term 1 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Feb Wk 4	19	20	21	22 ES1 Sport UHPSSA Swimming	23 SISA
Feb / Mar Wk 5	26 K-6 League Star Program  Year 6 Sport	27 Year 5 Sport Stage 1 Sport Stage 2 Sport K-6 League Star Program	28 I&S Tennis	29 ES1 Sport Whole School Assembly 1pm	1 SISA UHPSSA Rugby League trials
Mar Wk 6	4 I&S Assembly 1pm K-6 League Star Program Year 6 Sport	5 Year 5 Sport Stage 1 Sport Stage 2 Sport K-6 League Star Program Primary Assembly 2.30pm	6 I&S Tennis  Steve Simpson Rugby League - Cook Park, Singleton	7 ES1 Sport	8 SISA Rugby Union 7s Gala Day (Singleton)
Mar Wk 7	11 K-6 League Star Program Year 6 Sport	12 Year 5 Sport Stage 1 Sport Stage 2 Sport K-6 League Star Program	13 NAPLAN	14 ES1 Sport  NAPLAN Infants Assembly 1pm	15 SISA
Mar Wk 8	18 I&S Assembly 1pm  NAPLAN	19 Stage 1 Sport Stage 2 Sport  NAPLAN	20 SCHOOL PHOTOS	21 ES1 Sport  NAPLAN	22 SISA  NAPLAN
Mar Wk 9	25 K-6 League Star Program Year 6 Sport  NAPLAN	26 Year 5 Sport K-6 League Star Program Stage 1 Sport Stage 2 Sport Primary Assembly 2.30pm	27 HUNTER RUGBY LEAGUE TRIALS	28 ES1 Sport Infants Assembly 1pm	29 GOOD FRIDAY PUBLIC HOLIDAY
Apr Wk 10	1 EASTER MONDAY PUBLIC HOLIDAY	2 Stage 1 Sport Stage 2 Sport I&S Assembly 1pm	3	4 ES1 Sport Whole School Assembly 1pm	5 SISA
Apr Wk 11	8 Year 6 Sport K-6 League Star Program	9 Year 5 Sport K-6 League Star Program Stage 1 Sport Stage 2 Sport	10	11 ES1 Sport	12 SISA