

Wednesday 6 March 2024

PRINCIPAL'S message

As part of our commitment to continuous improvement, Muswellbrook South Public School is currently reviewing our homework policy. We believe that homework can play a supporting role in students' academic development, but we also recognise that it's essential to align our policies with the expectations and needs of our families.

Request for Feedback:

Your input is invaluable to us as we shape our homework policy. We kindly request that you take a moment to share your thoughts and expectations regarding homework. Your feedback will help us ensure that our policies reflect the values and preferences of our school community. You can provide your feedback by completing the survey that will be posted in our Facebook page later this week.

Reasons For Homework

 Homework has long been considered a valuable tool in reinforcing classroom learning and promoting academic success. Here are some reasons why homework is beneficial:

Com Mook 6

- Practise and Reinforcement: Homework provides students with the opportunity to practise and reinforce what they've learned in class, helping to solidify their understanding of key concepts.
- Preparation for the Future: Homework encourages students to develop important skills such as time management, organisation, and self-discipline, which are essential for success in their academic and professional lives.
- Parental Involvement: Homework can foster positive parent-child interactions and involvement in their child's education, as parents can support and guide their children through their homework assignments.
- Principal's report continued on page 2 . .



League stars clinic



Land council cultural activities



MUSWELLBROOK SOUTH PUBLIC SCHOOL

57 Maitland Street Muswellbrook NSW 2333

Ph: 02 6543 1896 F: 02 6543 3475 E: muswellbrs-p.school@det.nsw.edu.au



PRINCIPAL'S REPORT CONTINUED

- Principal's report continued from page 1 . . .

Reasons Against Homework

Despite its potential benefits, there are also valid concerns about the role of homework in a student's education:

- Overwhelming Workload: Excessive homework assignments can lead to stress, fatigue, and burnout among students, detracting from their overall well-being and enjoyment of learning.
- Inequity: Some students may not have access to necessary resources or support at home to complete their homework assignments, creating disparities in academic performance and reinforcing existing inequalities.
- Impact on Family Time: Heavy homework loads can encroach on valuable family time, limiting opportunities for relaxation, socialisation, and extracurricular activities.

We encourage you to reflect on these points and share your thoughts with us. Your feedback will help us strike the right balance in our homework policy, ensuring that it supports our students' academic growth while also promoting their overall wellbeing.

Thank you for your continued support and partnership in your child's education.

Glen Kite - Principal

AUTOMATIC SECURITY GATES

Our new automatic security gates on Maitland Street are up and running.

To enter the school between 10am and 3pm daily, please press the intercom button for office staff to provide you with entry to the school.

You will also need to press the intercom button on the inside yellow intercom pole when exiting the school. As the gates are automatic, there is no need to push the gate and on exiting please stand back to allow room for the gate to open.

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SCHOOL PHOTO DAY



Wednesday 20 March 2024

Individual and sibling photographs will be taken on the day.

Please place your order online before school photography day.

Option 1. Go to www.advancedlife.com.au and enter code:

98F 7K4 GCV

Option 2. Scan this QR code using your mobile phone camera to go straight to your school's package options and order photos.



(Orders due by 30 March 2024)

Please follow instructions to set up each child with correct name, class/year.

Sibling photographs can also be ordered online using the above code.

Please wear full summer school uniform - white or grey socks, black or white shoes.

If you have any queries concerning school photographs and ordering, please contact *advancedlife* directly:

www.advancedlife.com.au/contact



- KBLUE NEWS -

This term in KBLUE, we have been learning all about recognising numbers. KBLUE have been working hard on being able to look at a dice and know what number it is representing. We all practised this skill by creating our own dice patterns with counters. This has been a top favourite activity around the classroom.

We have also been looking at shapes and enjoyed creating shapes with our bodies. What a great start to the year for KBlue!

Miss Woodhouse - Classroom Teacher



IMPORTANT INFORMATION

NSW PREMIER'S READING CHALLENGE

The NSW Premier's Reading Challenge commenced on Monday 26 February.

Notes have been sent home with the youngest child, explaining what the Challenge is all about.

You will need to fill out the names and class of the children completing the challenge. We would love to see all the children who completed the Challenge last year to take up the Challenge again and welcome any new children who would like to start the Challenge for the first time.

Children in Kindergarten, Year 1 and Year 2 can either read their books on their own or have the books read to them. Children in Stage 2 and Stage 3 have to read the books on their own.

To complete the challenge successfully and receive a certificate your child needs to read a set amount of books in the time period, specifically selected from the New South Wales Premier's Reading Challenge List. The school library has all the Premier's Reading books that children can borrow. Once you have registered your child's interest, a reading log sheet will be sent home in a plastic sleeve. All Premier's reading sheets will be entered on line

by the school. Reading log sheets need to be completed and returned to school by Friday 23 August.

If your reading log sheet has a little misadventure, don't worry, we have plenty of spares.

If you have any questions about the reading challenge please call the school on 0265 431 896.

NAPLAN SAVE THE DATE

MSPS would like to inform parents that this year's NAPLAN for Year 3 and 5 is approaching. Test dates will be in Week 7 & Week 8 of this term. Please see your child's classroom teacher if you have any concerns around your child sitting the tests.



CLOTHING DONATIONS

If you have any old school uniforms, socks or shoes at home that no longer fit your child would you please consider donating them to the school.

WARRAE WANNI

Warrae Wanni currently has positions available in their Prior to School Program. Warrae Wanni is for children who have turned 4 and are toilet trained. Applicant's must live in the Muswellbrook South Public School zone and will be enrolling at MSPS for Kindergarten the following year.

The program prioritises placements for Aboriginal and Torres Strait Islander families. All applications must adhere to the enrolment criteria.

Please phone the school office for further information and to receive an expression of interest form.

A MESSAGE FROM OSBORN'S TRANSPORT -

BUS PASSES

Students from Kindergarten-Year 2 are eligible if:

- * They are a resident of NSW, or an overseas student eligible for free government education.
- * Aged 4 years 6 months, or older.

No minimum walking distance criteria applies to these students.

BUT THEY MUST APPLY FOR THE TRAVEL TO BE FREE

Primary school students from Years 3-6 are eligible if:

- * They are a resident of NSW, or an overseas student eligible for free government education.
- * The straight line distance from their home address to school is more than 1.6 km.
- * The walking distance from home to school is 2.3 km or further.

BUT THEY MUST APPLY FOR THE TRAVEL TO BE FREE

*If a student is not eligible for FREE travel they must either pay their daily fare or purchase a term/yearly pass for 2024, some students may be eligible to apply for special circumstances / medical grounds. The 2024 mandatory period is now finished - any student who does not have a travel pass or money will be refused travel.

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IMPORTANT INFORMATION

YEAR 6 SHIRT

Permission notes for Year 6 Shirts were emailed to families last week. If you have not received an email (please also check junk mail), please phone the school office to confirm the email address we have recorded on file.

Permission/order forms can be completed online.

Payment can be made online via School Bytes (link at very bottom of permission note), via cash or EFTPOS at the front office between 9am and 3pm.

To pay online via school bytes, after completing the online form, at the bottom of the form there is a section to 'Make Online Payment - Open Link'.

If you would like to purchase two Year 6 shirts, please pay for the first one that shows on your school bytes statement of account and then select +add to add the second payment line. If you have any questions please phone the school.

Payment is due by Wednesday 13 March 2024.



YEAR 6 OPEN DAY - WEDNESDAY 27 MARCH 2024

On Wednesday 27 March 2024, Year 6 students will be going for their Open Day at Muswellbrook High School. All students in Year 6 will attend, regardless of what high school they will be attending next year.

Students are to meet their teachers at school as normal and need to be at school before 9:25am. Students with their general consent forms signed and submitted to the school will be walking with their teachers to

Muswellbrook High School. In the event of wet weather, we will organise a bus to transport the students to and from the high school.

Please ensure students are in full school uniform, including a school hat. They will also need to pack a full lunchbox with a water bottle. No lunch orders will be taken at the canteen for Year 6 as we will not be at school.

YEAR 7 2025 EXPRESSION OF INTEREST - NOW OPEN

To enrol your child in Year 7 for 2025, you will need to complete an Expression of Interest for Year 6 to Year 7 transition. The Expression of Interest (EOI) lets you indicate which school(s) you would like your child to attend in Year 7.

To complete an EOI please visit the 'Moving to High School' page via the enrolment section on our school website https://year7.enrol.education.nsw.gov.au/?schoolCode=3876

If your child will not be attending a NSW Government high school next year, please let us know by completing a Placement Not Required form also found on the 'Moving to High School' website.

If you are unsure whether they will be attending a NSW Government school (you've applied for a private school, or you are moving interstate), we ask that you still complete an EOI and follow up with the high school once a decision has been made.

The online process will guide you through your options and collect the information required to make the process as smooth as possible.

For parents/carers who are not able to complete an application online, a paper EOI form can be collected from the school office.

All Expression of Interests need to be completed by 28 March 2024.

After you submit an EOI and it has been assessed, your child will be offered a place at a high school.



NSW Department of Education



Every Day Matters



When it comes to attending school, every day matters

If your child misses as little as

1 day per fortnight, they will
miss 4 weeks of school per year,
which adds up to over 1 year
missed over their school life.



Scan the QR code to learn more

Make sure your child doesn't miss out on the important things like:



Learning



Strengthening friendships



Build skills through fun

PLAY NRL LEAGUE STARS CLINIC

Muswellbrook South has been very lucky to participate in the league stars program this term. Mr Corey Ridley has been putting our students through their paces as they learn to dodge and outrun opponents and catch an NRL ball.

All students have been having a wonderful time, developing their skills in these game based activities.

So far we have participated for 2 weeks and have another 3 weeks of the NRL League Stars clinic to go.



SPORTS REPORT

UPPER HUNTER SWIMMING CARNIVAL

On Thursday 22 February our school was thrilled to take 10 students to UHPSSA Zone Swimming Carnival. Elsie, Meila, Grace, Caroline, Isabella, Sophie, Braygen, Nicholas and Mikayla proudly participated in 9 events across the day. For Nicholas, Braygen, Isabella, Sophie, Meila, Grace and Mikayla this was their first time representing the school at UHPSSA swimming and we hope they continue to build their skills and represent MSPS in the years to come.



All our attending students are to be congratulated for their efforts, as all students were able to beat their school swimming carnival times, but also for their exceptional behaviour and sportsmanship towards other competitors and staff on the day.

Unfortunately, while the students were all able to record quicker times than their previous races, none of our swimmers placed first, second or third and did not qualify for the regional carnival.

Thank you to all the parents who attended the day, supported their children in their races, and supported the running of the swimming carnival by taking on various roles throughout the day. Your support ensures these events are able to continue and run smoothly for all students involved.

We also acknowledge Mrs Foot who acted as the official referee on the day, walking up ad down the pool all day. On behalf of all the schools involved in the UHPSSA we say a massive thank you to you.

Mrs Cuthbert - Sports Co Ordinator

UPPER HUNTER PSSA RUGBY LEAGUE TRIALS

Last Friday 1 March, we had 6 students make the trip to Pirtek Park in Singleton to participate in the Upper Hunter Rugby League Trials. Tallis L (Under 11's) division and Nathan P, Ethan W, Patrick G, Charlie J and Rylan B (Under 12's) division.







Each student played 4, 10 minute games in a round robin where they got the chance to showcase their skills to the selectors. On a very hot day, the boys played with plenty of enthusiasm and determination, and they all should be proud of their effort.

Congratulations to Tallsi Lahay, Ethan Walsh and Patrick Gosden who made it into the Upper Hunter team. These boys will now travel to Salamander Bay on the 27 March to compete in the Hunter trials. Best of luck boys.

Mr Doolan - Rugby League Co Ordinator



MSPS CROSS COUNTRY CARNIVAL

SAVE THE DATE:

MSPS Cross Country

When: Tuesday 2 April 2024 (Week 10) Where: Muswellbrook Showground Further information to come closer to the

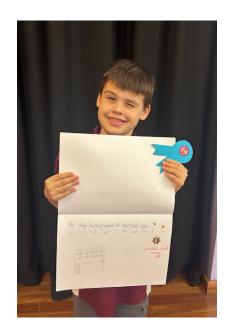
event.

Upper Hunter Zone Cross Country will be held on Friday 10 May (Term 2 Week 2).

** SUPPORT ** WORKERS OF THE WEEK















Muswellbrook South Public School

"Building Solid Foundations for Life"



Easter Hat Parade Thursday 28 March 2024

Dear Parents and Carers,

Our Easter Hat Parade will be held on Thursday 28 March. Warrae Wanni and K-2 students will be parading their Easter hat. Year 3-6 students are welcome to show off an Easter hat or come with crazy hair.

Students will have the opportunity to make hats at school, however students are welcome to make one at home.

<u>2:00pm to 2:25pm</u> Second break (parents welcome to join).

Cold drinks and snacks will be available from the

school canteen.

<u>2:35pm</u> Easter Hat Parade will begin.

We look forward to seeing you there!

Thank you,

Haylie Edwards



GREEN TEAM NEWS

Last Thursday 29 February, Warrior Disability Services celebrated Random Acts of Kindness Day 2024. Not only did they bake and deliver cupcakes and notes throughout the community, they arrived at MSPS with an incredibly generous donation of \$500! This donation was given to our amazing Green Team so they can continue to run lunchtime activities and maintain the gardens and chicken coop. Thank you to Warrior Disability Services for supporting MSPS!





STAR STRUCK



Tickets on sale

Tuesday 30th April @10am

☆TICKETEK

Performances

Friday 14 June @11am & 7pm Saturday 15 June @1pm & 7pm













NEWCASTLE Graphika.



P&C NEWS



IMPORTANT DATES

P&C Meeting Dates 2024

3rd Tuesday of every month (during school term) - 6.30pm

20 February 18 June

15 October

19 March (AGM) 20 August

21 May 17 September

19 November

MSPS PARENTS & CITIZENS (P&C) AGM MEETING - TUESDAY 19 MARCH 2024

MSPS P&C Annual General Meeting (AGM) is being held on Tuesday 19 March 2024. P&C meetings are held on the third Tuesday of the month (during school terms) at 6.30pm in the school library.

Joining the P&C is a great way to be kept informed and to contribute to your child's education. Your contribution can be as small or as large as you can manage.

It is a great opportunity to help in school decision making and to help shape the future.

We look forward to seeing some new faces attend.

MSPS UNIFORM SHOP

The Uniform Shop is open every Monday and Wednesday from 9.30am to 12pm. Adults can purchase items from the uniform shop, orders can be sent in an envelope with cash, or orders can be placed online via Munch Monitor. Once your uniform shop order has been processed a staff member will contact you to organise a suitable time to collect or it can be sent home with your child.

The Uniform Shop/canteen accepts cash, cheque and EFTPOS payments from parents over the phone. Layby system is also available. No items can be taken without full payment.

CANTEEN NEWS

The school canteen is open from 9am to 2.15pm. It is open every day for 1st break and 2nd break.

Lunch orders can be placed online via Munch Monitor or students can hand them in at the canteen window before 10am. Lunch orders must be handed to the canteen before 10am with child's name and class clearly marked on the lunch bag. No hot food lunch orders will be taken after this time for 1st break.

CANTEEN VOLUNTEERS REQUIRED

Our school canteen requires more volunteers. If we can't get more volunteers the canteen is at risk of closing some days. The kids love seeing Mums, Dads, Grandparents, Aunts & Uncles helping out in the canteen. Grab a friend and make a day of it.

If you are interested and available to help out in the canteen please call in or phone Gina.

We are looking forward to another great year.

PIZZAS AVAILABLE!

Hawaiian and Meatlovers mini pizza's are available from the school canteen - \$4 each.

MUNCH MONITOR

Please ensure you update your child's class on Munch Monitor. Your child's class must be updated from "update", "K2023" or "NEW2023" before you place an online order otherwise you risk your child's lunch being misplaced in the wrong class group.

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P&C NEWS

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BIRTHDAY BUCKETS

Does your child have a birthday coming up?

NOW AVAILABLE FROM THE SCHOOL CANTEEN

- Birthday Buckets - \$17.00

Your child will receive one of these birthday buckets delivered to their classroom with an ice block for each student in their class.

Your Birthday child will also receive a balloon (pictured) to keep and a \$2.50 canteen voucher to purchase anything of their choice to the value of \$2.50. Please give at least 24 hours notice and PAYMENT MUST BE MADE AT TIME OF ORDER. *Voucher MUST be used within 5 school days from date of delivery.



EASTER RAFFLE TICKETS

P&C Easter Raffle tickets have been sent home with students. If you require extra tickets please phone the school office and some will be sent home.

The raffle will be drawn on Tuesday 26 March 2024. Please return all tickets and money by Monday 25 March 2024.

The P&C are currently gathering donations for the raffle. Please drop any Easter egg donations in to the school office by Monday 18 March 2024. Thank you very much for your support.





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8:30AM THURSDAY 21 MARCH 2024

Come and enjoy a light breakfast, refreshment and have a chat with your child's teacher.

Students to wear orange clothing.



CORNER

Congratulations to the following Term 1 Week 6 Primary PBL award winners -

Bronze PBL award (25 PBLs) Tyler P, Lucas H, Connor S, Rylann B.

SAFE • RESPECTFUL • RESPONSIBLE

.:. SCHOOL BYTES

SCHOOL BYTES

We have transitioned smoothly to our new School Bytes finance system.

You can access School Bytes either via the Parent Portal website or via the School Bytes app (NEW).



School Bytes parent portal enables you to view all your children in one portal and process payments for multiple siblings in one transaction.

Once your portal is activated you can use it to give consent for events and process online payments.

To make an online payment -

- **1. Log into the parent portal** https://portal.schoolbytes.education/auth/login or via School Bytes App.
- 2. Select the statement of account icon.
- 3. Select the charges to pay.

By default, all the students linked to your account will be displayed, select a student's name to view the charges linked with that student.

If the charge is related to an activity consent must be given before making payment.

- 4. Confirm or edit the balance to be paid for each charge (if required).
- 5. Optionally select 'add other item' to add a sundry item (e.g. Year 6 graduation souvenir) that is not linked to the statement of account. When adding a new sundry item, select the relevant student.
- 6. Select pay now (optionally select pay with saved credit card details if previously saved).
- 7. Review payment details.
- **9. Select pay.** You will be redirected to a secure Service NSW payment page to enter your credit/debit card details to finalise payment.
- 10. Payment successful. Click anywhere outside the receipt prompt to return to the parent portal.

A receipt will be automatically emailed to you.

Cash payments can still be made at school. Please note receipts for these cash payments will be emailed to the email address held on file at school. Please contact the school if you need to update your email address.

SCHOOL BYTES

If you are a parent/carer using an Outlook email address (i.e. @outlook.com, @hotmail.com, @live.com.au) and you're not receiving emails from your child's school sent through School Bytes or if the emails are going to the junk folder you can follow the steps below to add School Bytes to your Outlook safe senders list.

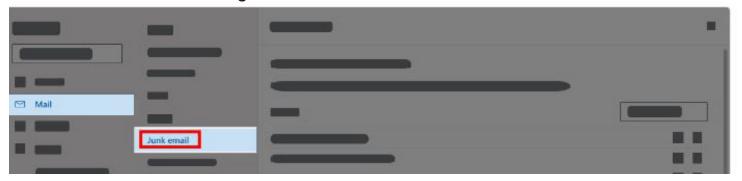
1. From your Outlook home page, select the 'Settings' cog in the top right corner of the menu bar.



2. Select the 'View all Outlook settings' link at the bottom of the panel.



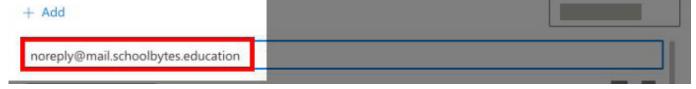
3. Select the 'Junk email' heading.



4. Select the blue '+ Add' button from the 'Safe senders and domains' heading. A text input box will show.



5. Type in the email address — noreply@mail.schoolbytes.education



- 6. Once the email address has been typed in, press 'Enter' on your keyboard.
- 7. Select the blue 'Save' button.



.. COMMUNITY NEWS

<mark>Nut</mark>rition Snippet

SNACK SOLUTIONS

Do you always hear 'I'm hungry - I need a snack!' but are stuck for healthy snack ideas?



We've got you covered - download your FREE copy of our <u>healthy snack guide</u> today!

healthylunchbox.com.au







Start the day right with brekky

Eating breakfast fuels the body and gives kids more energy to concentrate and focus at school. It also gives kids the energy to be physically active!

Here are some tips to encourage kids to eat breakfast everyday:

- fi Involve kids in planning, shopping and making breakfast. This teaches them to plan, prepare and cook meals
- Prepare the night before i.e., get the kitchen utensils out ready to use, bowls, plates, cups, cut up fruit and pop it in the fridge
- Try healthy grab and go options: fruit, trail mix, yoghurt, fruit smoothies, baked beans or wholegrain cereal bites
- Encourage your kids to start each day with breakfast! Make time to sit and enjoy eating breakfast together





HNELHD-GoodForKids@health.nsw.gov.au https://goodforkids.nsw.gov.au



Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as the first people of this country, and pay our respects to Elders past and present.

CONNECTING FAMILIES

TALKING POINT

If you could have any view from your bedroom window, what would it be?

MSPS ARE GOING TO GIVE YOU A TOPIC EACH WEEK TO DISCUSS AT YOUR DINNER TABLE, KEEPING FAMILIES CONNECTED



What makes a balanced lunchbox?

A balanced lunchbox is made up of everyday foods from the five food groups: grain foods, fruit, vegetables, dairy/alternatives and meat/alternatives. Eating a range of everyday foods will give kids energy to learn, grow and play!

Follow this guide for packing an easy everyday lunchbox:

Crunch&Sip®: 1 serve of vegetables or fruit

Recess: 1 serve of vegetables or fruit & 1-2 everyday snacks

Lunch: A meal made with everyday ingredients such as sandwich, wrap, roll or leftovers

Drink: Water and/or reduced fat plain milk

Don't forget to pack an **ice brick** or **frozen water bottle** to keep food cool and safe!





HNELHD-GoodForKids@health.nsw.gov.au https://goodforkids.nsw.gov.au



Good for Kids acknowledge the traditional owners and custodians of the land that we live and work on as

• COMMUNITY NEWS



Year 5 & 6 Open Night

Parents and future students are invited to visit MHS and see the amazing opportunities our school can offer.

Wednesday 27th March 2024 From 5 pm Muswellbrook High School MPC

Contact Us: Office Hours: Mon - Fri 8.45 am till 3.30pm 0265 431033 muswellbro-h.school@det.nsw.edu.au







More Information contact: Sarah Doyle muswellbro-h.school@det.nsw.edu.au



2024 **NAIDOC Art Competition**



Prizes Include

Primary 1st place \$50 gift card Primary 2nd place \$30 gift card

> Open 1st place \$200 Eftpos Card Open 2nd place \$100 Eftpos Card

** Open – Year 7-12 & Adults



This competiton is open to the community, art work entires need to reflect the 2024 NAIDOC theme 'Keep the Fire Burning! Blak, Loud and Proud'. All entries must be delivered to the Wanaruah LALC at 19 Maitland Street Muswellbrook by Friday 12th of April 2024 by 4pm. For more information please contact us at admin@wanaruahlandcouncil.com.au or phone

LOWES

VIP EVENT

zerc **EVERYTHING***

March 6th 7th & 8th



INSTORE & ONLINE

. COMMUNITY NEWS

April School Holidays

COST: \$53 per day **AGES:** 6 -12 years **TIME:** 9:00am - 3:00pm

BOOK NOW



ADDITIONAL INFO: Please remember to bring - water bottle, morning tea, lunch, afternoon tea, enclosed shoes and a hat!

Monday 15th April	Multi Ball sports, tug a war and dodgeball - Active voucher
Tuesday 16th April	Scavenger hunt, Pickleball & team sports Active voucher
Wednesday 17th April	Young inventor day - Science experiments, STEM activities and paper aeroplane making Creative voucher
Thursday 18th April	Tie Dye, Puzzles and indoor games - Creative voucher
Friday 19th April	Mini Olympics, indoor soccer & sack races - Active voucher
Monday 22nd April	Cupcake decorating, Jewellery making & board games - Creative Voucher
Tuesday 23rd April	Messy Day - Dress in your 'messiest' mixed matched outfit, Slime making and outdoor painting fun - Creative voucher
Wednesday 24th April	Gymnastics workshop, indoor soccer and ball games - Active Voucher
Thursday 25th April	CLUB CLOSED - PUBLIC HOLIDAY
Friday 26th April	Disco Party Day - A fun day of karaoke, Disco and Party games
CONTACT US: Ph: (02) 6541 1434	Email : muswellbrook@pcycnsw.org.au







ATTENTION JUNIOR SQUASH PLAYERS!!!



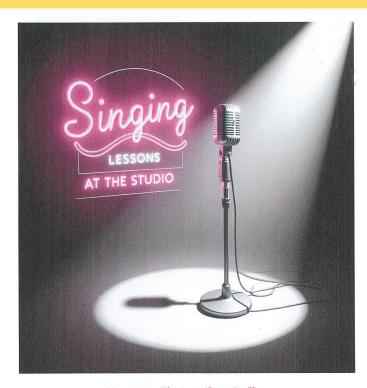
The Hunter Region is looking for juniors to play in their team and will be holding training and development days leading up to the tournament.

Teams consist of 4 Boys and 3 Girls in the U17, U15, U13 and U11 Divisions (total 28 players) with the first training day happening at Cardiff Squash Centre from 9.30am to 12pm on Saturday 2nd March. Cost is FREE.

Second training day will be at Singleton on Saturday 16th March.

Anyone wishing to attend (or would like more information) please contact Adrian Barwick on 0400303618

If you would like to just play squash on a local level then all juniors are welcome every Sunday from 10am to 12pm at the Muswellbrook Squash Centre.



Now enrolling at **the studio**; located near Muswellbrook High School.

Learn the fundamentals of contemporary voice, and performance.

All ages and abilities are welcome.

To enquire, contact Mitch on 0457 309 704.

• COMMUNITY NEWS



Our tennis/multisportskillzz programs are designed to help children feel confident and competent to play and enjoy playing tennis. Our aim is to improve every child's physical skills, introduce different sports skills to complement those required for tennis, boost their confidence and develop teamwork - whilst having lots of fun!

> **Head Coach:** Chris Herden-Tennis Australia Club Professional, Former Top Ranked NSW Junior, NCAA USA College player with over 30 years international and Australian coaching experience, PE degree.



Scone Tennis Club



Muswellbrook Tennis Club



Red Ball (Ages 5-6)

PLAY 1/2 court with 25% compression ball!

Orange Ball (Ages 7-8)

PLAY 3/4 court with 50% compression ball!

Green Ball (Ages 9-10)

PLAY full court with 75% compression ball!

https://hotshots.tennis.com.au/

Yellow Ball (Ages 11+)

PLAY full court, 100% compression ball!

School holiday camps

For kids 4-17 yrs all levels - every holidays.

Perceptual Motor/Blue Ball Launch Pad (Ages 4-5)

The Art of Teaching Tennis with Storytelling! Designed for the imaginative minds of pre-school aged children, the Launch Pad program combines colourful storytelling and play based learning to immerse children into a wonderfully interactive adventure fostering the first foundation skills of tennis, physical dexterity, emotional growth and even early literacy and math skills!

High Performance Pathway

Provide a pathway for juniors who want to reach the highest levels in the game. Our programs are designed to develop all aspects of their game through modern coaching initiatives, goal setting, tournament travel and psychological components.

Squads-

Orange/Green/Yellow Ball

By invitation.

Match Play

A great compliment to your coaching course.

Private Lessons (Adults & Children)

Private lessons can be one-on-one tuition or shared, catering specifically for more personalised tuition and rapid improvement.

Adults Cardio Tennis

For all levels. Learn skills, drills, match play and a great workout



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'Girl Game Set Match!'

Upper Hunter Tennis Academy launches a new girls-only program to inspire the next generation of female Upper Hunter Australian tennis players.

Here you will find out all you need to know to support you through your first experience of tennis in one of our **6 week program**, or our brand new Girls only Starter courses! Plus an amazing follow on offer to see where your tennis journey takes you, either making new friends, learning new skills or just enjoying being on court with other like minded girls!

Tennis helps with building confidence by creating a sense of achievement and independence. It can provide new experiences, allow for the building of and mastery of new skills, and these programs provide a safe environment to connect with new people and make new friends.

Tennis Australia 'No Limits Girls Only Squads" For girls aged 8-10yrs (subsidised - try out criteria applies)



More info Scan QR:





Enquires Phone 0400 331 553



Upper Hunter Tennis & Sports

Term 12024

	Term 1	2024			
	Monday	Tuesday	Wednesday	Thursday	Friday
Mar Wk 6	4	5	6	7 ES1 Sport	8 SISA Rugby Union 7s Gala Day (Singleton)
Mar Wk 7	11 K-6 League Star Program Year 6 Sport	12 Year 5 Sport Stage 1 Sport Stage 2 Sport K-6 League Star Program	13 NAPLAN	14 ES1 Sport NAPLAN Infants Assembly 1pm	15 SISA
Mar Wk 8	18 I&S Assembly 1pm NAPLAN	19 Stage 1 Sport Stage 2 Sport NAPLAN	20 SCHOOL PHOTOS	21 ES1 Sport	22 SISA NAPLAN
Mar Wk 9	25 K-6 League Star Program Year 6 Sport NAPLAN	26 Year 5 Sport K-6 League Star Program Stage 1 Sport Stage 2 Sport Primary Assembly 2.30pm	27 HUNTER RUGBY LEAGUE TRIALS	28 ES1 Sport Infants Assembly 1pm	29 GOOD FRIDAY PUBLIC HOLIDAY
Apr Wk 10	1 EASTER MONDAY PUBLIC HOLIDAY	2 Stage 1 Sport Stage 2 Sport I&S Assembly 1pm	3	4 ES1 Sport Whole School Assembly 1pm	5 SISA
Apr Wk 11	8 Year 6 Sport K-6 League Star Program	9 Year 5 Sport K-6 League Star Program Stage 1 Sport Stage 2 Sport	10	11 ES1 Sport	12 SISA

Come & Try Rugby League



Tuesday 12th March 2024 4-5pm

Olympic Park Muswellbrook

U6-17 year old boys and girls

- Come try your hand at catching, passing, tagging and tackling.
- Meet the coaches.

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- Lots of Fun Rugby League Skillbased games.
- Help with club registrations while the kids play!



Registrations Now Open



Be a Ram in 2024

What is on offer? **U6s Mixed League Tag U7s Mixed TackleReady U8-12s Mixed Tackle** U13-16s Boys Tackle

U12-16s Girls League Tag

SEASON LAUNCH

Free Sausage Sizzle - Jumping Castle -Inflatable Putt Putt - Fairy Floss - Face Painting

For more information, contact: Felicity Attkins - Club Secretary Phone: 0477 149 143 Email: muswellbrookjuniorrams@gmail.com